



Via Rápida FYE

Febrero 2021



Calendario Académico

- **Febrero 1** - Clases de duración del semestre/Inicio de las primeras 8 semanas de clases
- **Febrero 1-14** - Período de Agregar / Eliminar (clases de semestre completo)
- **Febrero 11** - Último día para aplicar P / NP-Primera sesión de 8 semanas
- **Febrero 12 & 13** - Vacaciones (cumpleaños de Lincoln)
- **Febrero 14** - Último día para abandonar clases de semestre completo sin una "W"
- **Febrero 15** - Vacaciones (cumpleaños de Washington)

Haga una cita con un mentor!

Al comenzar el segundo semestre de let colegio, recuerda que tus mentores están aquí para ayudarte. Comuníquate con tu mentor con cualquier pregunta que puedas tener. Si aún no lo has hecho, programa una cita por **WC Online** hoy mismo. Asegúrate de seleccionar "VR FYE Students Only SP 21". ¿Sabías que también puedes solicitar tutoría a través de WC en línea? Aquí hay un [video corto](#) que explica cómo usar los servicios de tutoría.

Contactenos:



Grossmont.viarapida@gccd.edu



@vrfye2021



@viarapidagc



UndocuAlly



¿Indeciso en su trayectoria profesional?

El Centro de Carreras de Grossmont ofrece virtualmente los siguientes servicios:

- Asista a un taller de Exploración de Majors
- Programa una cita de orientación profesional
- Aprende sobre herramientas/recursos de exploración de carreras
- Evaluación de carrera completa

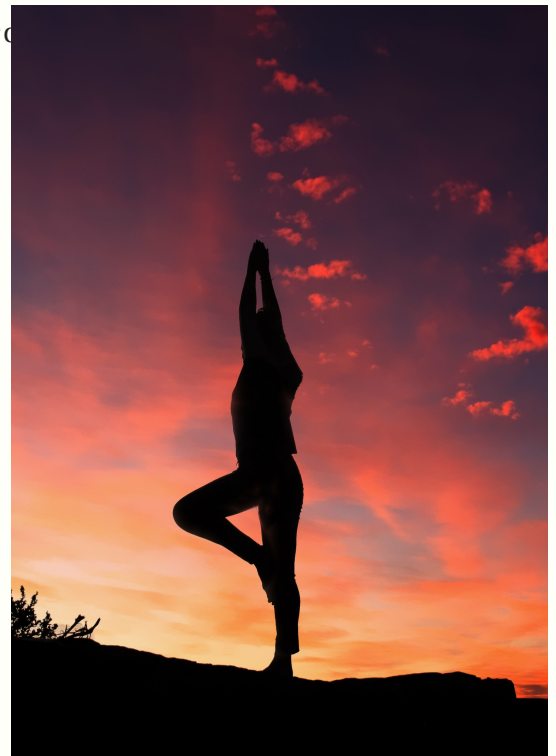
Envíe una solicitud de servicios

pro

Salud y Bienestar en Grossmont

Grossmont Health & Wellness ofrece citas de salud mental y asesoramiento de enfermería a través de tecnología remota, y también referencias a recursos comunitarios por correo electrónico. Todos los estudiantes actualmente matriculados son elegibles para utilizar estos servicios. Si está interesado en estos servicios, complete el formulario a través del enlace [AQUÍ](#).

Horario comercial: de lunes a jueves: de 9 a. M.



COCINA DE GIZMO DRIVE A TRAVÉS DE LA DESPENSA DE ALIMENTOS FECHAS PRIMAVERA 2021

Gizmo's Kitchen es **GRATIS** para todos los estudiantes actuales de Grossmont. Es necesario registrarse para asistir. El enlace de registro y más detalles se enviarán por correo electrónico.

- Martes, 16 de febrero - 12: 00-2: 00pm
- Martes, 16 de marzo - 12: 00-2: 00pm
- Martes, 20 de abril - 12: 00-2: 00pm
- Martes, 18 de mayo - 12: 00-2: 00pm
- Martes, 15 de junio - 12: 00-2: 00pm

ESTUDIANTE DEL MES

Andrés está pensando en especializarse en negocios y combinar su especialización con uno de sus pasatiempos, como ser dueño de un negocio de fotografía. Disfruta de todo lo que tenga que ver con el arte, incluido el dibujo, el baile, la fotografía y la cocina. Andrés siempre se ha comunicado a su mentor cuando tiene una pregunta o inquietud. Siempre usa el apoyo que se le brinda para tener éxito durante su primer año en el colegio.



Grossmont College presenta el Mes de la Historia Afroamericana 2021



THE POWER OF THE VOTE 2020: America's Black Vote, Black Women Voters, and our Nation's First Black Woman Vice President

2:30 PM, FEB. 2
VIRTUAL

Join us for this forum hosted by faculty members from Grossmont College's Sociology, History & Cross-Cultural Studies Departments.

BLACK HEALING: A Forum on Addressing and Healing from Anti-Blackness & Racism

3PM, WED., FEB 10
VIRTUAL

Join special guest speaker Dr. Jessica Williams for this healing circle dedicated to healing from anti-Blackness and racism.



BLACK LEADERSHIP IN ATHLETICS: Highlighting Black Professionals and Their Experiences in Athletics and The Pathways to Careers in Athletics

11 AM, FEB. 18
VIRTUAL

Hosted by Associate Dean of Athletics Nedra Brown, join us for this panel of Black professionals working in the athletics industry.

A DAY IN THE LIFE: Black Women & Men Working in STEM Fields & How to Gain More Representation in These Fields

4 PM, FEB. 24
VIRTUAL

Hosted by Counselor Taneisha Hellon, hear from Black professionals working in STEM fields.



Utilice el enlace **AQUÍ** para ver eventos

Black History Month programming is sponsored by the World Arts and Cultures Committee and the Umoja Program. All events are free and open to the public. For additional information, please contact Dr. Jason Allen: 619.844.3089



GROSSMONT
COLLEGE



Comenzando Lunes, Febrero 8!

Chisme Mondays

with Heriberto

From deadline reminders and events to social movements and social media trends, come to chismear and connect with Grossmont College's Director of Student Development.

Every Monday
12:00 pm - 12:50 pm

Zoom ID: 998 5937 5289
or Instagram Live @gc_campuslife



Week of Welcome
Spring 2021



One week... endless possibilities!

Mon 2/1

Club Engagement Office Hours
11:00 a.m. & 3:00 p.m.
Zoom ID: 915 3600 5839



Tues 2/2

Career Education | Work-Based Learning | Job Placement Services
10:00 a.m. - 11:00 a.m.
Must Register: bit.ly/2Mt5ntk

Club Engagement Office Hours
11:00 a.m. & 3:00 p.m.
Zoom ID: 915 3600 5839

Career Services: Griffin Works Internship Program
11:00 a.m. - 12:00 p.m.
Zoom ID: 920 6195 1536

Transfer Center Open House
11:00 a.m. - 1:00 p.m.
Must Register: bit.ly/3pIJJs67

The Power of the Vote: America's Black Vote, Black Women Voters, and our Nation's' First Black Woman Vice President
2:30 p.m.
Watch @ Grossmont College's YouTube Channel

Navigating College Central Network-Online Job Board
1:00 p.m - 2:00 p.m.
Must Register: bit.ly/2Yhawrh

Inter-Club Council Meeting
3:00 p.m. - 5:00 p.m.
Zoom ID: 969 4554 3164

Wed 2/3

Info Session: Drone Technology
10:00 a.m. - 11:00 a.m.
Must Register: bit.ly/2M7E7kr

Club Engagement Office Hours
11:00 a.m. & 3:00 p.m.
Zoom ID: 915 3600 5839

Mental Health: Intention Setting Workshop
11:30 a.m. - 12:30 p.m.
Zoom ID: 986 5851 1066

Gizmo's Kitchen Fresh Meals
12:00 p.m. - 1:00 p.m.
While Supplies Last
Grossmont College
Near Flag Pole by Bldg.10
(drive thru event)

Wellness Wednesdays
1:00 p.m. - 2:00 p.m.
Zoom ID: 923 3684 6616

Career Education | Work-Based Learning | Job Placement Services
2:30 p.m. - 3:30 p.m.
Must Register: bit.ly/3qTWgAX

Thurs 2/4

Caer Services: Spring 21 Virtual Open House
10:00 a.m. - 12:00 p.m.
Must Register: bit.ly/3pocCkW

Club Engagement Office Hours
11:00 a.m. & 3:00 p.m.
Zoom ID: 915 3600 5839

Fri 2/5

Career Education | Work-Based Learning | Job Placement Services
9:00 a.m. - 10:00 a.m.
Must Register: bit.ly/36gpaDA

Sudent Government Meet & Greet
9:00 a.m. - 11:00 a.m.
Zoom ID: 687 449 3975

Virtual Help Centers

Enrollment: admissions, registration, crashing classes, add codes & more!
(Mon & Tue 8AM - 6PM, Wed & Thur 8AM - 5PM, Fri 8AM - 1PM)
Zoom ID: 243 308 044

Financial Aid: FAFSA, CADA, Scholarships, and more!
(Mon - Thur 8AM - 5PM, Fri 8AM - 1PM)
Zoom ID: 989 8732 9572

Technology Help: GCCD Network, Canvas, WebAdvisor, Self-Service, or other electronic resource
(Mon - Friday 8AM - 5PM)
Phone: (619) 644-7742 & email: g-helpdesk@gcccd.edu

We are here to help!



Indeciso en su Trayectoria Profesional?

[febrero 22] 2:00 - 3:00 PM

[marzo 12] 9:00 - 10:00 AM

[marzo 17] 1:00 - 2:00 PM

[abril 26] 2:00 - 3:00 PM

[mayo 14] 9:00 - 10:00 AM

[mayo 19] 1:00 - 2:00 PM

Explorando
el programa
de talleres
de especialidades
[Seleccione la fecha
para registrarse]



Karl



Becky

**Explore las especialidades
y los programas de capacitación
Reúnase con un consejero de carrera
Evaluación (es) de carrera completa**

Career Center |(619)644-7614 |

G-Career.Counter@gcccd.edu

Para obtener más información,
envíe una solicitud de servicios
profesionales: <https://tinyurl.com/uellmzx>



grossmont_career_center



**Grossmont College
Career Services**

**GROSSMONT
COLLEGE**



Career Services

TO ENCOURAGE PERSONAL AND PROFESSIONAL DEVELOPMENT

21ST CENTURY SKILLS VIRTUAL WORKSHOPS

Spring 2021



**THIS SET OF UNIQUE SKILLS PREPARE INDIVIDUALS
WITH TODAY'S MODERN INDUSTRIES**

**COMPLETE 12 WORKSHOPS & EARN THE JOB READINESS
TRAINING ACADEMY CERTIFICATE**

**All workshop sessions are free and
open to the general public!**

See next page to register, by clicking on topic(s) of choice

Questions?

Phone: (619) 644-7614

G-Career.Counter@gcccd.edu

Facebook: Grossmont College Career Services

Instagram: Grossmont_Career_Center

**G R O S S M O N T
C O L L E G E**



Career Services

MARCH

The Art of Asking for Help	Friday 5th	10:00 AM
Resume Writing	Friday 5th	11:00 AM
Creating an Elevator Pitch	Tuesday 9th	11:00 AM
Discovering your Creative Abilities	Friday 12th	10:00 AM
Developing Emotional Intelligence: Why and What for?	Friday 12th	11:00 AM
Empathy & Self Awareness	Tuesday 16th	11:00 AM
Financial Literacy- Budgeting 101-	Friday 19th	10:00 AM
Preparing for Interviews	Friday 19th	11:00 AM
Social Diversity Awareness	Friday 26th	10:00 AM
Time and Stress Management	Friday 26th	11:00 AM

APRIL

The Art of Asking for Help	Friday 9th	10:00 AM
Customer service	Friday 9th	11:00 AM
Empathy & Self-Awareness	Tuesday 13th	11:00 AM
Beyond Words: The Subconscious Language of Body and Dress	Friday 16th	10:00 AM
Time & Stress Management	Friday 16th	11:00 AM
Effective Communication	Tuesday 20th	11:00 AM
In-Demand Jobs During Post COVID 19	Friday 23rd	10:00 AM
Resume Writing	Friday 23rd	11:00 AM
Social Diversity Awareness	Friday 30th	10:00 AM
Tools to Land the Job	Friday 30th	11:00 AM

MAY

Creating an Elevator Pitch	Wednesday 5th	11:00 AM
The Art of Asking for Help	Friday 7th	10:00 AM
Preparing for Interviews	Friday 7th	11:00 AM
Effective Communication	Tuesday 11th	11:00 AM
Developing Emotional Intelligence: Why and What for?	Friday 14th	10:00 AM
Customer Service	Friday 14th	11:00 AM
Beyond Words: The Subconscious language of Body and Dress	Friday 21st	10:00 AM
Financial Literacy- Budgeting 101	Friday 21st	11:00 AM
Tools to Land the Job	Friday 28th	10:00 AM
In-Demand Jobs During and Post COVID 19	Friday 28th	11:00 AM

Click on topic to register. Dates and times are subject to change.