



MAY 2021

Via Rápida FYE - Monthly Newsletter

How to Prepare for your Second Year of College

- Attend our **FYE Transition Workshop** (further info on pg. 2)
- Research careers in your field of interest and confirm your major and career goals.
- Meet with a counselor to map out your classes accordingly.
- Strive for academic excellence. If you struggled in your first year, this is the time to bring up your GPA. Visit the Tutoring Center for additional support.
- Begin to build your professional network. Get in touch with your professors and outside professionals in your desired field.
- Gain relevant work experience. This can be done by internships, volunteering, or part-time employment. The Career Center can be a great tool.
- Participate in co-curricular activities. Visit the ASGC website.
- Seek out other support programs on campus such as EOPS and Umoja

Academic Calendar:

- **May 2** - Last Day to Drop Semester Length Classes (with "W")
- **May 29** - End of Second 8-Week Session
- **May 31** - Holiday (Memorial Day)

CONTACT US:



Grossmont.viarapida@gcccd.edu



[@vrfye2021](https://vrfye2021.sched.org)



[@viarapidagc](https://www.instagram.com/viarapidagc)



[UndocuAlly](https://undocually.com)

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May, 17
3:30-
5:00pm

Transition Workshop

Our Virtual Workshop will provide you the tools needed to be successful next year without FYE!

Workshop Highlights:

- Learn what self-advocacy is and how to use it.
- Guest Speakers from various Grossmont programs and services.
- Hear from current peer mentors who were mentees in the past.

Click [HERE](#) to register

Student of the Month

Christian has a passion for gaming and streaming as well as music, especially jazz. He puts a lot of work into school, he always has so much to do but it never stops him from enjoying the things he loves. Such as music and games. He's a student who's dedicated to both school as well as his passions.



GIZMO'S KITCHEN DRIVE THRU DISTRIBUTION

This event is for all currently enrolled students at Grossmont College. Sign up through the link [HERE](#).

Spring 2021 Dates Left:

- May 18th
- June 15th

UC San Diego

APPLY ONLINE AT

admissions.ucsd.edu/transferacademy

Deadline: Monday, May 31, 2021

UC SAN DIEGO **VIRTUAL**
TRITON SUMMER
TRANSFER ACADEMY
JULY 27 – 29, 2021



FREE virtual opportunity exclusively for prospective transfer students attending a California Community College.

- Meet with UC San Diego Admissions Officers for pre-admissions advising.
- Explore cutting-edge research & connect with faculty, staff and former UC San Diego transfer students.
- Get your questions answered by Financial Aid counselors.
- Connect with California Community College students from across the state.

GROSSMONT
COLLEGE



GYMNO'S KITCHEN
Food Distribution
grossmont.edu/student-support

WHO
Grossmont students
Grossmont employees

WHERE
Bldg. 10 (by the flag pole)
Must remain in car

WHEN
Every 3rd Tuesday
12:30-2:00

03/16 • 04/20 • 05/18 • 06/15

Register:
<https://forms.gle/DJgLkBMJGx2bj8Q28>

MONTHLY MEALS
with San Diego Food Bank

WEEKLY MEALS

with Kitchen For Good

Register:
<https://forms.gle/CAKt1HEi6cUTAcXY6>

WHO
Grossmont students
*Must be pre-registered

WHERE
Bldg. 10 (by the flag pole)
Must remain in car

WHEN
Every Wednesday
12:00 - 1:00





ON-POINT

May 2021

The Official Grossmont College Career Services Newsletter



Meet with a Career Counselor

Explore Majors & Training Programs

Career Readiness

Interpretation of Assessment(s)

Prepare for Future Employment

Schedule your virtual appointment today

tinyurl.com/68z7k9u4



Sheilah Cameron

Day in the Life

May 11th @ 12:00 PM

Interested in a career in
Marriage & Family Therapy?
Hear from a Licensed
Marriage & Family Therapist

tinyurl.com/c6fp44sd

Virtual Front Desk

Connect with a Career Ambassador

Mon/Wed
2:00 PM - 5:00 PM

Tue/Thu
9:00 AM - 5:00 PM
Friday
9:00 AM - 12:00 PM



Meeting ID: 932 3045 3786
Telephone: 669-900-6833

Resume Assistance is Available!
We are happy to review your existing
resume or assist you in creating a new one.

tinyurl.com/uellmzx

Griffin Works Internship Program

- Gain a wide range of skills in your area of interest
- Network with others and build connections
- Obtain experience in your field while earning money

— Schedule an Appointment Today —

tinyurl.com/hph5t5j4

CCN Info Session

Learn about our free
student online
job board

May
18th
@
2PM

Registration

bit.ly/CCNmay

WORKSHOPS MAY 2021

Exploring Majors Workshops

Explore majors and training programs

Meet with a Career Counselor

Complete a Career Assessment(s)

May 14th

9:00 AM - 10:00 AM

May 19th

1:00 PM - 2:00 PM



[Facebook](#)



[Instagram](#)



[Webpage](#)

21st Century Skills Workshops

Creating an Elevator Pitch

May 5th

11:00 AM - 12:00 PM

The Art of Asking for Help

May 7th

10:00 AM - 11:00 AM

Preparing for Interviews

May 7th

11:00 AM - 12:00 PM

Effective Communication

May 11th

11:00 AM - 12:00 PM

Developing Emotional Intelligence: Why and What for?

May 14th

10:00 AM - 11:00 AM

Customer Service

May 14th

11:00 AM - 12:00 PM

Beyond Words (The Subconscious Language of Body and Dress)

May 21st

10:00 AM - 11:00 AM

Tools to Land the Job

May 28th

10:00 AM - 11:00 AM

“Choose a job you love,
and you will never have
to work a day in your
life.”

— Confucius

Complete 12 workshops & earn the “Job
Readiness Training Academy” certificate

GO TO tinyurl.com/6c398c9f

Career Center
619-644-7614

Student Employment
619-644-7611
G-Career.Counter@GCCCEDU

Adult Re-Entry
619-644-7697