



MAY 2021

Via Rápida FYE - Monthly Newsletter

How to Prepare for your Second Year of College

- Attend our FYE **Transition Workshop** (further info on pg. 2)
- Research careers in your field of interest and confirm your major and career goals.
- Meet with a counselor to map out your classes accordingly.
- Strive for academic excellence. If you struggled in your first year, this is the time to bring up your GPA. Visit the Tutoring Center for additional support.
- Begin to build your professional network. Get in touch with your professors and outside professionals in your desired field.
- Gain relevant work experience. This can be done by internships, volunteering, or part-time employment. The Career Center can be a great tool.
- Participate in co-curricular activities. Visit the ASGC website.
- Seek out other support programs on campus such as EOPS and Umoja

Academic Calendar:

- **May 2** - Last Day to Drop Semester Length Classes (with "W")
- **May 29** - End of Second 8-Week Session
- **May 31** - Holiday (Memorial Day)

CONTACT US:

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Grossmont.viarapida@gcccd.edu



@vrfye2021



@viarapidagc



UndocuAlly

May, 17
3:30-
5:00pm

Transition Workshop

Our Virtual Workshop will provide you the tools needed to be successful next year without FYE!

Workshop Highlights:

- Learn what self-advocacy is and how to use it.
- Guest Speakers from various Grossmont programs and services.
- Hear from current peer mentors who were mentees in the past.

Click [HERE](#) to register

GIZMO'S KITCHEN DRIVE THRU DISTRIBUTION

This event is for all currently enrolled students at Grossmont College. Sign up through the link [HERE](#).

Spring 2021 Dates Left:

- May 18th
- June 15th

Student of the Month

Christian has a passion for gaming and streaming as well as music, especially jazz. He puts a lot of work into school, he always has so much to do but it never stops him from enjoying the things he loves. Such as music and games. He's a student who's dedicated to both school as well as his passions.



UC San Diego

APPLY ONLINE AT

admissions.ucsd.edu/transferacademy

Deadline: Monday, May 31, 2021

UC SAN DIEGO

VIRTUAL TRITON SUMMER TRANSFER ACADEMY

JULY 27 – 29, 2021



FREE virtual opportunity exclusively for prospective transfer students attending a California Community College.

- Meet with UC San Diego Admissions Officers for pre-admissions advising.
- Explore cutting-edge research & connect with faculty, staff and former UC San Diego transfer students.
- Get your questions answered by Financial Aid counselors.
- Connect with California Community College students from across the state.

GROSSMONT
COLLEGE



WEEKLY MEALS

with Kitchen For Good

Register:

<https://forms.gle/CAKt1HEi6cUTAcXY6>

WHO

Grossmont students
*Must be pre-registered

WHERE

Bldg. 10 (by the flag pole)
Must remain in car

WHEN

Every Wednesday
12:00 - 1:00

WHO

Grossmont students
Grossmont employees

WHERE

Bldg. 10 (by the flag pole)
Must remain in car

WHEN

Every 3rd Tuesday
12:30-2:00

03/16 • 04/20 • 05/18 • 06/15

Register:

<https://forms.gle/DJgLkBMJGx2bj8Q28>

MONTHLY MEALS

with San Diego Food Bank

GROSSMONT'S KITCHEN
Spring 2021 Food Distribution
grossmont.edu/student-support





ON-POINT May 2021

The Official Grossmont College Career Services Newsletter

Request Services

tinyurl.com/uellmzx



Meet with a Career Counselor

Explore Majors & Training Programs

Career Readiness

Interpretation of Assessment(s)

Prepare for Future Employment

Schedule your virtual appointment today

tinyurl.com/68z7k9u4



**Sheilah
Cameron**

Day in the Life

May 11th @ 12:00 PM

Interested in a career in
Marriage & Family Therapy?
Hear from a Licensed
Marriage & Family Therapist

tinyurl.com/c6fp44sd

Virtual Front Desk

Connect with a Career Ambassador

Mon/Wed

2:00 PM - 5:00 PM

Tue/Thu

9:00 AM - 5:00 PM

Friday

9:00 AM - 12:00 PM

Meeting ID: 932 3045 3786

Telephone: 669-900-6833



Resume Assistance is Available!

We are happy to review your existing
resume or assist you in creating a new one.

tinyurl.com/uellmzx

Griffin Works Internship Program

- Gain a wide range of skills in your area of interest
- Network with others and build connections
- Obtain experience in your field while earning money

Schedule an Appointment Today

tinyurl.com/hph5t5j4

CCN Info Session

Learn about our free
student online
job board

Registration

bit.ly/CCNmay

May
18th

@
2PM

WORKSHOPS MAY 2021



Exploring Majors Workshops

Explore majors and training programs

Meet with a Career Counselor

Complete a Career Assessment(s)

May 14th

9:00 AM - 10:00 AM

May 19th

1:00 PM - 2:00 PM



Facebook



Instagram



Webpage



21st Century Skills Workshops

Creating an
Elevator Pitch

May 5th

11:00 AM - 12:00 PM

The Art of Asking
for Help

May 7th

10:00 AM - 11:00 AM

Preparing for
Interviews

May 7th

11:00 AM - 12:00 PM

Effective
Communication

May 11th

11:00 AM - 12:00 PM

Developing Emotional
Intelligence: Why and What for?

May 14th

10:00 AM - 11:00 AM

Customer
Service

May 14th

11:00 AM - 12:00 PM

Beyond Words
(The Subconscious Language
of Body and Dress)

May 21st

10:00 AM - 11:00 AM

Tools to Land
the Job

May 28th

10:00 AM - 11:00 AM

"Choose a job you love,
and you will never have
to work a day in your
life."

— Confucius

Complete 12 workshops & earn the "Job
Readiness Training Academy" certificate

GO TO tinyurl.com/6c398c9f

Career Center
619-644-7614

Student Employment
619-644-7611
G-Career.Counter@GCCCD.EDU

Adult Re-Entry
619-644-7697