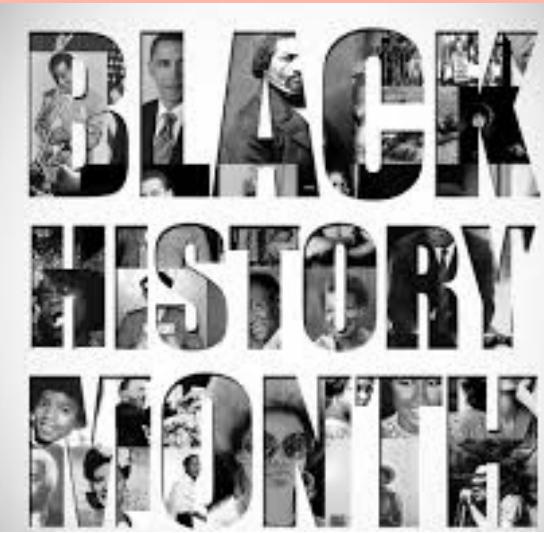




## Via Rápida FYE

# February 2021



## Academic Calendar

- **February 1** - Semester Length/First 8-Week Classes Begin
- **February 1-14** - Add/Drop Period (full semester classes)
- **February 11** - Last Day to Apply P/NP-1st 8-Week Session
- **February 12 & 13** - Holiday (Lincoln's Birthday)
- **February 14** - Last Day to Drop Full Semester Classes without a "W"
- **February 15** - Holiday (Washington's Birthday)

## Meet with a Mentor!

As you begin your second semester of college please remember your mentors are here to support you! Reach out to your peer mentor with any questions you may have. If you have not done so already, log in to **WC Online** and schedule an appointment with your peer mentor today! Make sure you select "VR FYE Students Only SP 21". Did you know you can also request **tutoring** through WC online? Here is a [short video](#) explaining how to use tutoring services.

## Contact us:



[Grossmont.viarapida@gcccd.edu](mailto:Grossmont.viarapida@gcccd.edu)



[@vrfye2021](https://twitter.com/vrfye2021)



[@viarapidagc](https://www.instagram.com/viarapidagc)



[UndocuAlly](#)



## Grossmont Health & Wellness

Grossmont Health & Wellness is offering mental health appointments and nurse advice via remote technology as well as referrals to community resources via email. All currently enrolled students are eligible to use these services. If you are interested in these services, please fill out the form through the link [HERE](#).

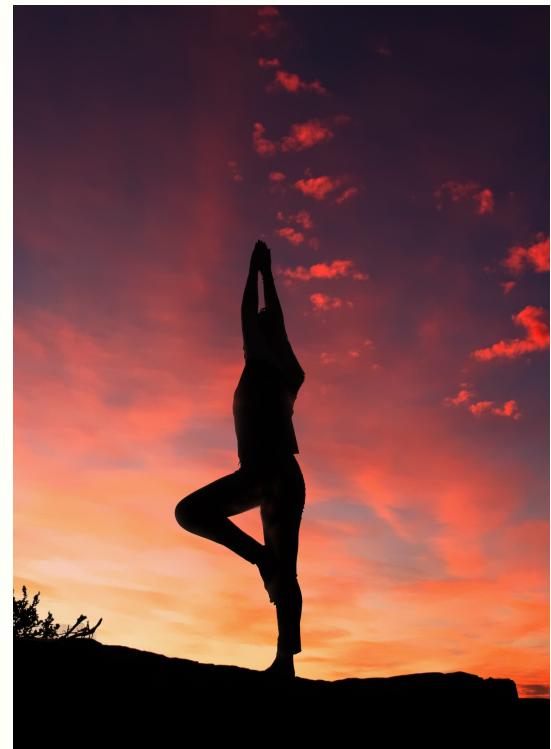
**Business hours:** Monday-Thursday: 9am - 5pm; Friday: 9am - 1pm)

## Undecided on your Career Path?

The Grossmont Career Center is virtually offering the services below:

- Attend an Exploring Majors Workshop
- Schedule a Career Counseling Appointment
- Learn about College Majors and Career Exploration tools/resources
- Complete Career Assessment(s)

Submit a Career Services Request [HERE](#).



## GIZMO'S KITCHEN DRIVE THRU FOOD PANTRY SPRING 2021 DATES

Gizmo's Kitchen is **FREE** to all current Grossmont students. Registration is required to attend. Sign-up link and further details will be sent via email.

- Tuesday, February 16 - 12:00-2:00pm
- Tuesday, March 16 - 12:00-2:00pm
- Tuesday, April 20 - 12:00-2:00pm
- Tuesday, May 18 - 12:00-2:00pm
- Tuesday, June 15 - 12:00-2:00pm

# STUDENT OF THE MONTH

Andres is looking into majoring in business and combining his major with one of his hobbies such as owning a photography business. He enjoys anything that involves art including drawing, dancing, photography, and cooking. Andres has always reached out to his mentor when he has a question or concern. He always uses the support given to him to be successful throughout his first year in college.



## Grossmont College Presents Black History Month 2021



### THE POWER OF THE VOTE 2020: America's Black Vote, Black Women Voters, and our Nation's First Black Woman Vice President

2:30 PM, FEB. 2  
VIRTUAL

Join us for this forum hosted by faculty members from Grossmont College's Sociology, History & Cross-Cultural Studies Departments.

### BLACK HEALING: A Forum on Addressing and Healing from Anti-Blackness & Racism

3PM, WED., FEB 10  
VIRTUAL

Join special guest speaker Dr. Jessica Williams for this healing circle dedicated to healing from anti-Blackness and racism.



### BLACK LEADERSHIP IN ATHLETICS: Highlighting Black Professionals and Their Experiences in Athletics and The Pathways to Careers in Athletics

11 AM, FEB. 18  
VIRTUAL

Hosted by Associate Dean of Athletics Nedra Brown, join us for this panel of Black professionals working in the athletics industry.

### A DAY IN THE LIFE: Black Women & Men Working in STEM Fields & How to Gain More Representation in These Fields

4 PM, FEB. 24  
VIRTUAL

Hosted by Counselor Taneisha Hellon, hear from Black professionals working in STEM fields.



Use the link  
HERE to view  
events

Black History Month programming is sponsored by the World Arts and Cultures Committee and the Umoja Program. All events are free and open to the public.

For additional information, please contact Dr. Jason Allen: 619.844.3089



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**Starting Monday, February 8th!**

# **ChismeMondays**

*with Heriberto*

**From deadline reminders and events to social movements and social media trends, come to chismear and connect with Grossmont College's Director of Student Development.**

**Every Monday  
12:00 pm - 12:50 pm**

**Zoom ID: 998 5937 5289  
or Instagram Live @gc\_campuslife**





Week of Welcome One Week... endless possibilities!

Tues 2/2

Wed 2/3

Thurs 2/4

Fri 2/5



Spring 2021

Career Education | Work-Based Learning | Job Placement Services  
10:00 a.m. - 11:00 a.m.  
**Must Register:** [bit.ly/2Mt5ntk](https://bit.ly/2Mt5ntk)

Club Engagement Office Hours  
11:00 a.m. & 3:00 p.m.  
**Zoom ID:** [915 3600 5839](https://bit.ly/2M7E7kr)

Club Engagement Office Hours  
11:00 a.m. & 3:00 p.m.  
**Zoom ID:** [915 3600 5839](https://bit.ly/3pocCkW)

Career Education | Work-Based Learning | Job Placement Services  
9:00 a.m. - 10:00 a.m.  
**Must Register:** [bit.ly/36gpaDA](https://bit.ly/36gpaDA)

Club Engagement Office Hours  
11:00 a.m. & 3:00 p.m.  
**Zoom ID:** [915 3600 5839](https://bit.ly/9153600)

Mental Health: Intention Setting  
Workshop  
11:30 a.m. - 12:30 p.m.  
**Zoom ID:** [986 5851 1066](https://bit.ly/9865851)

Club Engagement Office Hours  
11:00 a.m. & 3:00 p.m.  
**Zoom ID:** [915 3600 5839](https://bit.ly/9153600)

Sudent Government  
Meet & Greet  
9:00 a.m. - 11:00 a.m.  
**Zoom ID:** [687 449 3975](https://bit.ly/687449)

## Virtual Help Centers

Mon 2/1

Career Services: Griffin Works  
Internship Program  
11:00 a.m. - 12:00 p.m.  
**Zoom ID:** [920 6195 1536](https://bit.ly/9206195)

Transfer Center Open House  
11:00 a.m. - 1:00 p.m.  
**Must Register:** [bit.ly/3pIJJs67](https://bit.ly/3pIJJs67)

Gizmo's Kitchen Fresh Meals  
12:00 p.m. - 1:00 p.m.  
While Supplies Last  
Grossmont College  
Near Flag Pole by Bldg. 10  
(drive thru event)

Enrollment: admissions, registration, crashing  
classes, add codes & more!  
(Mon & Tue 8AM - 6PM, Wed & Thur 8AM - 5PM, Fri 8AM - 1PM)  
**Zoom ID:** [243 308 044](https://bit.ly/243308044)

Tues 2/2

Club Engagement Office Hours  
11:00 a.m. & 3:00 p.m.  
**Must Register:** [915 3600 5839](https://bit.ly/2M7E7kr)

Club Engagement Office Hours  
11:00 a.m. & 3:00 p.m.  
**Zoom ID:** [915 3600 5839](https://bit.ly/3pocCkW)

Club Engagement Office Hours  
11:00 a.m. & 3:00 p.m.  
**Zoom ID:** [bit.ly/36gpaDA](https://bit.ly/36gpaDA)

Wed 2/3

Career Services: Spring 21  
Virtual Open House  
10:00 a.m. - 12:00 p.m.  
**Must Register:** [915 3600 5839](https://bit.ly/9153600)

Club Engagement Office Hours  
11:00 a.m. & 3:00 p.m.  
**Zoom ID:** [915 3600 5839](https://bit.ly/9153600)

Club Engagement Office Hours  
11:00 a.m. & 3:00 p.m.  
**Zoom ID:** [915 3600 5839](https://bit.ly/9153600)

Thurs 2/4

Career Services: Spring 21  
Virtual Open House  
10:00 a.m. - 12:00 p.m.  
**Must Register:** [915 3600 5839](https://bit.ly/9153600)

Club Engagement Office Hours  
11:00 a.m. & 3:00 p.m.  
**Zoom ID:** [915 3600 5839](https://bit.ly/9153600)

Club Engagement Office Hours  
11:00 a.m. & 3:00 p.m.  
**Zoom ID:** [915 3600 5839](https://bit.ly/9153600)

Fri 2/5

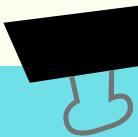
Career Services: Spring 21  
Virtual Open House  
10:00 a.m. - 12:00 p.m.  
**Must Register:** [915 3600 5839](https://bit.ly/9153600)

Club Engagement Office Hours  
11:00 a.m. & 3:00 p.m.  
**Zoom ID:** [915 3600 5839](https://bit.ly/9153600)

Club Engagement Office Hours  
11:00 a.m. & 3:00 p.m.  
**Zoom ID:** [915 3600 5839](https://bit.ly/9153600)

We are here  
to help!

# Undecided on your Career Path?



**[February 22nd] 2:00 - 3:00 PM**

**[March 12th] 9:00 - 10:00 AM**

**[March 17th] 1:00 - 2:00 PM**

**[April 26th] 2:00 - 3:00 PM**

**[May 14th] 9:00 - 10:00 AM**

**[May 19th] 1:00 - 2:00 PM**

Exploring Majors  
Workshops Schedule  
[Select date to register]



**Karl**



**Becky**

Explore Majors and Training Programs

Meet with a Career Counselor

Complete Career Assessment(s)

Career Center |(619)644-7614 |  
[G-Career.Counter@gcccd.edu](mailto:G-Career.Counter@gcccd.edu)

For more info submit a Career Services Request:  
<https://tinyurl.com/uellmzx>



TO ENCOURAGE PERSONAL AND PROFESSIONAL DEVELOPMENT

# 21ST CENTURY SKILLS VIRTUAL WORKSHOPS

Spring 2021



**THIS SET OF UNIQUE SKILLS PREPARE INDIVIDUALS  
WITH TODAY'S MODERN INDUSTRIES**

**COMPLETE 12 WORKSHOPS & EARN THE JOB READINESS  
TRAINING ACADEMY CERTIFICATE**

**All workshop sessions are free and  
open to the general public!**

**See next page to register, by clicking on topic(s) of choice**

**Questions?**

**Phone: (619) 644-7614**

**G-Career.Counter@gcccd.edu**

**Facebook: Grossmont College Career Services**

**Instagram: Grossmont\_Career\_Center**

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Career Services

# MARCH

<b>The Art of Asking for Help</b>	<b>Friday 5th</b>	<b>10:00 AM</b>
<b>Resume Writing</b>	<b>Friday 5th</b>	<b>11:00 AM</b>
<b>Creating an Elevator Pitch</b>	<b>Tuesday 9th</b>	<b>11:00 AM</b>
<b>Discovering your Creative Abilities</b>	<b>Friday 12th</b>	<b>10:00 AM</b>
<b>Developing Emotional Intelligence: Why and What for?</b>	<b>Friday 12th</b>	<b>11:00 AM</b>
<b>Empathy &amp; Self Awareness</b>	<b>Tuesday 16th</b>	<b>11:00 AM</b>
<b>Financial Literacy- Budgeting 101-</b>	<b>Friday 19th</b>	<b>10:00 AM</b>
<b>Preparing for Interviews</b>	<b>Friday 19th</b>	<b>11:00 AM</b>
<b>Social Diversity Awareness</b>	<b>Friday 26th</b>	<b>10:00 AM</b>
<b>Time and Stress Management</b>	<b>Friday 26th</b>	<b>11:00 AM</b>

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# APRIL

<b>The Art of Asking for Help</b>	<b>Friday 9th</b>	<b>10:00 AM</b>
<b>Customer service</b>	<b>Friday 9th</b>	<b>11:00 AM</b>
<b>Empathy &amp; Self-Awareness</b>	<b>Tuesday 13th</b>	<b>11:00 AM</b>
<b>Beyond Words: The Subconscious Language of Body and Dress</b>	<b>Friday 16th</b>	<b>10:00 AM</b>
<b>Time &amp; Stress Management</b>	<b>Friday 16th</b>	<b>11:00 AM</b>
<b>Effective Communication</b>	<b>Tuesday 20th</b>	<b>11:00 AM</b>
<b>In-Demand Jobs During Post COVID 19</b>	<b>Friday 23rd</b>	<b>10:00 AM</b>
<b>Resume Writing</b>	<b>Friday 23rd</b>	<b>11:00 AM</b>
<b>Social Diversity Awareness</b>	<b>Friday 30th</b>	<b>10:00 AM</b>
<b>Tools to Land the Job</b>	<b>Friday 30th</b>	<b>11:00 AM</b>

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# MAY

<b>Creating an Elevator Pitch</b>	<b>Wednesday 5th</b>	<b>11:00 AM</b>
<b>The Art of Asking for Help</b>	<b>Friday 7th</b>	<b>10:00 AM</b>
<b>Preparing for Interviews</b>	<b>Friday 7th</b>	<b>11:00 AM</b>
<b>Effective Communication</b>	<b>Tuesday 11th</b>	<b>11:00 AM</b>
<b>Developing Emotional Intelligence: Why and What for?</b>	<b>Friday 14th</b>	<b>10:00 AM</b>
<b>Customer Service</b>	<b>Friday 14th</b>	<b>11:00 AM</b>
<b>Beyond Words: The Subconscious language of Body and Dress</b>	<b>Friday 21st</b>	<b>10:00 AM</b>
<b>Financial Literacy- Budgeting 101</b>	<b>Friday 21st</b>	<b>11:00 AM</b>
<b>Tools to Land the Job</b>	<b>Friday 28th</b>	<b>10:00 AM</b>
<b>In-Demand Jobs During and Post COVID 19</b>	<b>Friday 28th</b>	<b>11:00 AM</b>

Click on topic to register. Dates and times are subject to change.