



## DECEMBER 2020



## We're So Proud of YOU!

Griffins, CONGRATULATIONS! You're on the verge of completing your first semester as a college student! This is particularly special given that you're about to achieve this in a virtual environment! We are in the midst of a pandemic and you have continuously chosen and committed to investing in your future via a college education! Your resilience and aptitude to persevere has been noticed by the Via Rapida FYE team and we want to acknowledge your efforts. The pandemic has affected us all, some more directly and severely than others, and we want you to know that we are here for you. We highly encourage you to stay connected with us and make appointments with your [Via Rápida FYE Mentor](#), [Counselor](#), and/or Staff. Click on the link(s) to schedule your next appointment or email the Via Rápida FYE staff @ [Grossmont.viarapida@gcccd.edu](mailto:Grossmont.viarapida@gcccd.edu).



Please remember to be there for your peers as well. As the semester comes to a close, we want to encourage you to finish as strong as possible. Prepare for your finals, plan for the spring semester, and simply look ahead! We are excited to spend another semester with you as you move closer to achieving your academic, personal, and career goals.

*- Your Via Rápida Team*

### Contact Us:



[Grossmont.viarapida@gcccd.edu](mailto:Grossmont.viarapida@gcccd.edu)



[@vrfye2021](https://twitter.com/vrfye2021)



[@viarapidagc](https://www.instagram.com/viarapidagc)



**UndocuAlly**



# FINISH STRONG!

## Tips on How to be Successful During Finals Week

### 1. START EARLY

If you always start ahead of schedule, you'll never be cramming the night before an exam. Give yourself the opportunity to perform at your best by preparing for finals days in advance. An hour each day can make a difference.

### 2. PRIORITIZE STUDY TIME

Make the time to study and avoid time wasters.

Apps to help you prioritize study time:

- [Freedom](#) : Blocks distraction, both websites and apps.
- [LeechBlock](#) : Personalize how you want to block distractions.
- [Forest](#) : Helps motivate you to put down your phone.

### 3. ACCESS TUTORING RESOURCES

Take advantage of the tutoring available to you as a student. Help is available if you access it.

- [Grossmont Tutors](#)
- [NetTutor](#)

### 4. ATTEND DE-STRESS WEEK STUDY JAMS : 11/30 - 12/03

- 1:00 pm - 5:00pm STUDY HALL
- 2:00 pm - 5:00pm TUTORS
- 9am - 8pm MATH DROP IN

[REGISTER AT tinylink.net/UzwEw](http://tinylink.net/UzwEw)

# Academic Calendar

- **December 7** - End of Second 8-Week Session
- **December 8 - 14** - Final Exams
- **December 14** - Fall Semester Ends
- **December 15 - January 31** - Winter Recess (for students)
- **December 18** - Instructor Grade Deadline
- **December 24 - January 3** - College & District Virtual Offices CLOSED
- **January 4 - 30** - Intersession Courses

**VR FYE Virtual Office will be closed: 12/24 - 1/3**

## Winter Intersession Classes

### Finish a course in four weeks!

These classes are considered part of your spring semester and for that reason will be calculated in your overall unit course load for the semester. It is important to keep in mind that these classes are fast paced and time consuming as you will be taking a class in one month that is generally taken in four. Your registration date for spring Intersession is the same date as your registration or spring.



## Student of the Month

**Kimberly** is an incredibly **hard-working student**. Kimberly always asks questions and is willing to learn more about Grossmont college and programs, and she is punctual. Her hobbies are cooking, makeup, and Ballet Folklorico. Great Job Kimberly! The Via Rápida FYE team is rooting for you!

DECEMBER 2020



# Happy Holidays!

## Three Kings Day

January 6



## Kwanzaa

December 6 - January 1



## Hannukah

December 10 - December 18



## Christmas

December 25





VIA RAPIDA FIRST-YEAR EXPERIENCE  
PRESENTS:

# CODE LAVENDER

A virtual workshop addressing mental health topics such as anxiety and stress. We will go over tools to help cope with today's stressors, including those related to COVID-19.

**WEDNESDAY, DECEMBER 2ND  
12PM-1PM**

**CLICK HERE TO JOIN**  
ZOOM ID: 923 4573 7067

Questions? Please contact us at:  
[grossmont.viarapida@gcccd.edu](mailto:grossmont.viarapida@gcccd.edu)



# DE-STRESS WEEK STUDY JAM

Mon. 11/30 - Thurs. 12/03

- **Study Hall** 1:00 - 5:00
- **Tutors** 2:00 - 5:00
- **Math Drop-In** to 8:00 pm

**Students must register prior to attending:**

- [@gc\\_campuslife](https://www.instagram.com/gc_campuslife)
- [tinylink.net/UzwEw](https://tinylink.net/UzwEw)



GROSSMONT  
COLLEGE





# El Exito

# Workshops

## Math & English

**Professors will go over strategies that will help you be better prepared for your Math and/or English class in Spring 2021. Sessions will be offered during Winter Intersession.**

### MATH

JANUARY 11, 1PM-3PM  
JANUARY 13, 1PM-4PM  
JANUARY 15, 1PM-3PM

Focus will be on:

Math 120, Math 160,  
Math 170, Math 175, &  
Math 176

### English

January 12, 1PM-3PM  
January 14, 1PM-3PM

Focus will be on:

ENG 120, ENG 120/020, &  
ENG 124

[CLICK HERE AND APPLY TODAY!](#)

LIMITED SPACES

Questions? Contact us at [grossmont.viarapida@gcccd.edu](mailto:grossmont.viarapida@gcccd.edu)

**CAFÉ CITO  
CON VIA  
RÁPIDA**

JOIN US EVERY OTHER  
FRIDAY FROM **10-11AM**

- October 9, 23
- November 6, 20
- December 11

**CLICK HERE  
FOR ZOOM  
ACCESS**  
Zoom ID: 943 2723 4711

Grab your coffee or beverage of choice and come chat with the Via Rávida lead staff about anything that comes to mind. All FYE students are welcome, no registration is required.