



# OCTOBER 2020

Via Rápida - First Year Experience  
Monthly Newsletter



## ACADEMIC CALENDAR

**October 9:** Last Day to Apply for Fall 2020 Degree/Certificate

**October 10:** First 8-Week Session Ends

**October 12:** Second 8-week Session Begins

**October 15:** 1st 8-week Session grade deadline

**October 23:** Last Day to Apply for P/NP-2nd 8-Week Session



## OCTOBER IS DOMESTIC VIOLENCE AWARENESS MONTH

**Take A Stand** is a call to action meant to bring attention to the issue of domestic violence for Domestic Violence Awareness Month (DVAM) and throughout the year. By taking a stand The National Coalition Against Domestic Violence's (NCAADV) intends to remind the nation that there are still countless people--victims and survivors, their children and families, their friends and family, their communities--impacted by domestic violence. We, all of us, should not stop until society has zero tolerance for domestic violence and until all victims and survivors can be heard.

## IMPORTANT DATES:

**October 1:** Federal Student Aid 21-22 application opens!

**October 5-9th:** CSU Week

**October 23:** Deadline to apply to Via Rápida - FYE for spring semester and complete all onboarding steps

Looking for ideas on what you can do today to raise awareness about domestic violence?  
Visit the [NCADV Website](#).



## UNDOCUMENTED STUDENT WEEK OF ACTION

OCTOBER 19-23, 2020

Supported statewide by the California Community Colleges Chancellor's Office, Undocumented Student Action Week (USAW) is a system-wide campaign to advocate and provide support resources for our undocumented student population. During the week of October 19-23, 2020, Grossmont College will host a series of events to promote advocacy and stand in solidarity with undocumented students in the community. For further information click [here](#).

## ACADEMIC SERVICES

Are you struggling with classes? Grossmont College has services to support you! Do not struggle with classes on your own, if you need a helping hand check out the [tutoring center](#). Even while you are schooling from home there is [NetTutor](#) offering free 24/7 online support. It is available in your canvas courses and you can also go online at [www.nettutor.com](http://www.nettutor.com) and use our access code: 032-445-9091. Click [here](#) to learn how to use NetTutor.

If you are still struggling with accessing these services make sure to reach out to your peer mentor via [WCOonline](#).



## OCTOBER 23RD DEADLINES

**October 23rd** is the last day Via Rápida FYE students have to complete all onboarding steps in order to receive **priority registration** in Spring 2020 semester. If you're unsure whether you've completed the steps reach out to us at: [grossmont.viarapida@gcccd.edu](mailto:grossmont.viarapida@gcccd.edu)

### Onboarding Steps:

- Online Orientation
- Placement Questionnaire
- Advising
- Meet with a [counselor](#) (this can count towards the online advising step)

The first three steps can be done via [WebAdvisor](#).

**October 23rd** is also the deadline to petition for Pass/No Pass if your are taking 2nd 8-Week classes. Before making this decision make sure to talk to a counselor by clicking [here](#).

**Federal Student Aid**  
An OFFICE of the U.S. DEPARTMENT of EDUCATION

### Apply to Federal Student Aid!

Starting **October 1st** you can complete your new 21-22 federal student aid application via the [Federal Student Aid Website](#).



## CSU TRANSFER WEEK OCT 5-9, 2020

The CSU Chancellor's Office and all 23 campuses are excited to provide an alternative to in-person college fairs. Each campus will present a short live session to provide a campus overview, information about the admission process and a question and answer portion. If you are not able to attend, all sessions will be recorded. Registration is required. For more information, including the schedule of events, and to register, please visit

[CSU Week Transfer Days/College Nights.](#)



## STUDENT OF THE MONTH

**Katherine** is really creative and has a passion for art and is considering Art as her major. Katherine has a lot of paintings she has painted herself and uses them as decor. She also loves to be around her siblings a lot. Katherine is always staying in contact with her mentor. She is always asking for help when she needs it. She is always involved with school by joining events if she's available. And most importantly Katherine follows her PEP form. Great job Katherine, the Via Rápida team is rooting for you!



Contact Us:

grossmont.viarapida@gcccd.edu



@vrfye2021



@viarapidagc



# CAFÉ CON VIA RÁPIDA

JOIN US EVERY OTHER  
FRIDAY FROM 10-11AM

- October 9, 23
- November 6, 20
- December 11



CLICK HERE  
FOR ZOOM  
ACCESS



Grab your coffee or beverage of choice and come chat with the Via Rápida lead staff about anything that comes to mind. All FYE students are welcome, no registration is required.



VIRTUAL INFORMATION SESSION:

# Via Rápida First Year Experience Program at Grossmont College!



Currently  
Accepting FYE  
Applications!



**THURSDAY, OCT. 1 - 5:30-7:00PM  
FRIDAY, OCT. 2 - 12:00-1:30PM  
YOU ONLY NEED TO ATTEND ONE SESSION!**

 [CLICK  
HERE TO  
REGISTER](#)

Are you a first-time college student? Want more information about Grossmont College and our program? If so, make sure you attend an info session! Learn about our program benefits including:

- Priority Registration
- Peer Mentorship
- Counseling
- Much More!

You will also hear from current Grossmont students and get a chance to ask your own questions.



@viarapidagc

Questions? [Grossmont.viarapida@gcccd.edu](mailto:Grossmont.viarapida@gcccd.edu)





# SPRING 2021 FYE LEARNING COMMUNITIES

## TRACK 1

Counseling 120: College and Career Success  
T/Th 8-9:20am (#8190)

+

Cross-cultural Studies 118: U.S. History Chicano/a  
Perspective T/Th 9:30-10:45am (#8195)

+

English 120: College Composition (#8763) + English 020  
Support (#4589) T 11am-1:20pm & Th 11am-12:15pm



## TRACK 2

Counseling 130: Study Skills and Time Management  
W 9-10:50am (#8177)

+

Cross-cultural Studies 114: Sociology of Minority Group  
Relations M/W 12:30-1:45pm (#8792)

+

English 124: Advanced Composition  
M/W 2-3:15pm (#6621)

**CLICK HERE TO APPLY TODAY!**

**- Join the Via Rápida First Year Experience & Project Success Program**

- Make powerful connections across multiple subjects**
- Develop deeper relationships with fellow students**
- Knock out your General Ed requirements for CSU/UC**
- Benefit from a team of faculty and staff there to support you**

**FOR MORE INFO AND TO JOIN THE FYE PROGRAM, PLEASE CONTACT**

**GROSSMONT.VIARAPIDA@GCCCD.EDU**

**OR VISIT [HTTPS://TINYURL.COM/Y48EJ7VL](https://tinyurl.com/y48ej7vl)**



# LATINX HERITAGE MONTH 2020

## SAVE THE DATE

→ Click the Title for Event Link

 Racial and Economic Disparities of COVID-19: An exploration of National and Local Trends

**WEDNESDAY, SEPTEMBER 9**

**9:45 AM - 10:45 AM**

Presenters: Dr. Marissa Salazar & Dr. Hala Madanat

 Dismantling Educational Disparities Amongst Latinx and African American College Students to Increase College Attainment

**WEDNESDAY, SEPTEMBER 16**

**12:30 PM - 2:00 PM**

Presenters: Juan Carlos Reyna & Dr. Victoria Christine Rodriguez

 Africana Latinidad: A Conversation of Black Lives and Latinx Unity

**THURSDAY SEPTEMBER 17**

**11:00 AM - 12:30 PM**

Presenter: Raymundo Quezada

Latinx Scholarship Workshop

**WEDNESDAY, SEPTEMBER 23**

**11:00 AM - 12:30 PM**

Presenters: Barbara Gallego, Josceline Torres, Lorena Nava Ruggero

Exploring the Canvas of Black & Brown Solidarity

**THURSDAY, OCTOBER 1**

**11:00 AM - 12:30 PM**

Feature panelists: Dr. Jessica J. Williams, Sinai Cota, Dr. Fabiola Bagua, Gianni Rodriguez,

Raising Anti-Racist Humans: Dismantling Colorism and Racism

**TUESDAY, OCTOBER 6**

**11:00 AM - 12:15 PM**

Presenters: Dr. Kendra Flores-Carter & Leslie Priscilla Arreola-Hillenbrand

History of Dance in Mexico

**TUESDAY, OCTOBER 13**

**11:00 AM - 12:15 PM**

Presenter: Dr. Victoria Christine Rodriguez

 From El Salvador to San Diego - A Personal Journey

**WEDNESDAY, SEPTEMBER 23**

**12 PM - 1:30 PM**

Presenters: Dr. Javier Ayala

Undocumented Student Week of Action

**OCTOBER 19 - 23**

Join the Dream Center for a series of events that support undocumented students

## EVENTS



**SPONSORED BY:**  
Grossmont College, Latinx Alliance, HSI Title V, Dream Center, ASGC, Equity

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# CAREER EXPO

OCTOBER 28, 2020  
10 AM TO 1 PM

MEET AND NETWORK WITH  
EMPLOYERS FROM VARIOUS  
IN-DEMAND INDUSTRIES

FREE VIRTUAL EVENT FOR  
EMPLOYERS AND JOB  
SEEKERS!

**REGISTER HERE**  
[BIT.LY/2EZUTMM](https://bit.ly/2EZUTMM)

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Career Services

THANK YOU TO OUR PARTNERS & SPONSORS:





# Manufacturing Expo 2020



**October 1, 2020  
1:00 - 4:00 PM  
FREE Virtual  
Manufacturing Expo**



## Creators Wanted: Celebrate Manufacturing Day

FREE Virtual Event Open to Students, Jobseekers, and the General Public

### Manufacturing Day Expo:

- Inspire the next generation of manufacturers
- Promote employment opportunities in the manufacturing sector
- Meet with East County manufacturing companies
- Job Seekers and Students can learn more and explore different career fields

Event Features- Live virtual manufacturing demos, resume building workshops, student activities, live virtual education & business panels, job opportunities & networking *PLUS* giveaways and free scavenger hunt. One lucky attendee will win a drone from Grossmont College!

**[www.mfgexpo2020.eventbrite.com](https://www.mfgexpo2020.eventbrite.com)**

Sponsored by:



A Sempra Energy utility



Solutions that Matter



Career Technical Education  
Workforce Development

## TO ENCOURAGE PERSONAL AND PROFESSIONAL DEVELOPMENT

# 21ST CENTURY SKILLS VIRTUAL WORKSHOPS

## FALL 2020

THESE SKILLS ARE INTENDED TO HELP INDIVIDUALS KEEP UP WITH THE LIGHTENING-PACE OF TODAY'S MODERN MARKETS. EACH SKILL IS UNIQUE IN HOW IT HELPS STUDENTS, BUT THEY ALL HAVE ONE QUALITY IN COMMON. THEY'RE IN THE AGE OF THE INTERNET.

# COMPLETE 12 DIFFERENT WORKSHOPS AND EARN THE JOB READINESS TRAINING ACADEMY CERTIFICATE

**All workshop sessions are free and open to the general public!**

## RSVP HERE:

[HTTPS://TINYURL.COM/Y5PGKY49](https://tinyurl.com/y5pgky49)

## Questions?

**Phone: (619) 644-7614**

E-Mail: G-Career.Counter@gcccd.edu

Facebook: Grossmont College Career Services

Instagram: Grossmont Career Center



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## Career Services



LIKE US ON  
FACEBOOK!

@grossmontcareercenter



FOLLOW US ON  
INSTAGRAM!

@grossmont\_career\_center

Career Services

# CAREER CENTER

CONNECT WITH US

CAREER COUNSELING  
APPOINTMENT

<https://tinyurl.com/y5xn2z5r>

CAREER SERVICES REQUEST

<https://tinyurl.com/uellmzx>

For more information contact:

(619) 644-7614  
G-Career.Counter@gcccd.edu

OFFICE HOURS

Mon: 9 AM - 6 PM | Tue-Thu: 8 AM - 5 PM | Fri: 8 AM - 1 PM

PART 1 OF BEHIND THE SCENES OF  
THE CRIMINAL JUSTICE SYSTEM  
WEBINAR SERIES  
FEATURING COMMUNITY COLLEGE ALUMS



# CRIMINAL LAW CAREER INSIGHT PANEL & UNDERSTANDING YOUR CONSTITUTIONAL RIGHTS

*SPEAKERS:*

San Diego County District Attorney Summer Stephan  
Judge Marcy McLaughlin of SD Superior Court  
Deputy District Attorney Martin Nunez  
Public Defender Spencer Scott  
Community Partnership Prosecutor Monique Myers

**SEPTEMBER 16, 2020, 12:00-1:30 P.M.**

**REGISTRATION LINK:**

[HTTPS://TINYURL.COM/CTEWEBSERIES1](https://tinyurl.com/ctewebseries1)

**Click on the links below to register for the upcoming web series**

**PART II WEBINAR: CAREERS IN THE DISTRICT ATTORNEY'S OFFICE & LAW  
ENFORCEMENT**

Learn about other career opportunities: IT, Media, Legal Support, & Forensics

OCTOBER 14, 2020 12 P.M.-1 P.M.

**PART III WEBINAR: UNDERSTANDING HUMAN TRAFFICKING**  
NOVEMBER 18, 2020 12 P.M. -1 P.M.



**For more information, contact:  
Erika A. Shadman, [erika.arangure@gcccd.edu](mailto:erika.arangure@gcccd.edu)**

# ***Exploring Majors Workshops***

***Fall of 2020***

***-LIVE ZOOM SESSIONS-***



## Rebecca Contreras

***[August 19th] 1:00 - 2:00 PM***

***[September 16th] 4:00 - 5:00 PM***

***[October 21st] 4:00 - 5:00 PM***

***[November 4th] 1:00 - 2:00 PM***

***[December 2nd] 1:00 - 2:00 PM***



## Karl Cameron

***[August 21st] 10:00 - 11:00 AM***

***[August 28th] 10:00 - 11:00 AM***

***[September 18th] 9:00 - 10:00 AM***

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## RSVP

***<https://tinyurl.com/yy62tsht>***



Grossmont College  
Career Services



grossmont\_career\_center

**Career Center | Bldg. 60-140 | (619) 644-7614 | G-Career.Center@gcccd.edu**

**For more info submit a Career Services Request: <https://tinyurl.com/uellmzx>**

Dates and times may be subject to change



# Griffin Works Internship Program

## INFO Sessions:

**Tuesday, September 15, 2020 from 11-12PM**

Zoom: <https://cccconfer.zoom.us/j/93142728640>

**Thursday, October 22, 2020 from 1-2pm**

Zoom: <https://cccconfer.zoom.us/j/93487363342>

**Tuesday, November 10, 2020 from 2-3pm**

Zoom: <https://cccconfer.zoom.us/j/95293660645>

**Wednesday, December 2, 2020 from 12-1pm**

Zoom: <https://cccconfer.zoom.us/j/95525407580>

**\*open to current Grossmont-Cuyamaca students only\***

**\*dates are subject to change\***

***For more info contact Erica Olmos, Career/Internship  
Program Coordinator: [erica.olmos@gcccd.edu](mailto:erica.olmos@gcccd.edu)***

**GET A HEAD START ON YOUR CAREER!**

**OBTAIIN EXPERIENCE IN YOUR FIELD!**

**BUILD CONNECTIONS WITH LOCAL  
INDUSTRIES WHILE EARNING MONEY!**

## **Paid Internships**



# UNDECIDED ON YOUR CAREER PATH?

VISIT THE  
**GROSSMONT COLLEGE**  
CAREER CENTER!



**Let us be part of your academic journey!**

- Learn about College Majors and free Career Exploration tools/resources
- Complete Career Assessment(s)
- Schedule a Career Counseling Appointment

Attend a session from home! These are virtual "LIVE Zoom" Workshops! Simply download the free zoom app on your computer or phone and tune-in.

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G R O S S M O N T  
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Career Services

# SEPTEMBER

Effective Communication: Feedback that works	Friday 11th	10:00 AM
The Why	Friday 11th	11:00 AM
Financial Literacy & Budgeting	Tuesday 15th	11:00 AM
Communicating Effectively with your Instructor	Friday 18th	10:00 AM
Time & Stress Management	Friday 18th	11:00 AM
Developing Emotional Intelligence: Why and What works?	Monday 21st	11:00 AM
Empathy	Tuesday 22nd	12:00 PM
LinkedIn Basics	Friday 25th	10:00 AM
Customer Service	Friday 25th	11:00 AM

# OCTOBER

Communicating Effectively with your Instructor	Friday 2nd	10:00 AM
In Demand Jobs During and Post COVID 19	Friday 2nd	11:00 AM
Self-Awareness	Tuesday 6th	12:00 PM
Effective Communication: Feedback that Works	Friday 9th	10:00 AM
Social-Diversity Awareness	Friday 9th	11:00 AM
Financial Literacy & Budgeting	Tuesday 13th	11:00 AM
Beyond Words: The Subconscious Language of Body and Dress	Friday 16th	10:00 AM
Resume Writing 101	Friday 16th	11:00 AM
Developing Emotional Intelligence: Why and What for?	Tuesday 20th	11:00 AM
Setting Goals with Accountability	Friday 23rd	10:00 AM
Preparing for Interviews	Friday 23rd	11:00 AM
Discovering your Creative Abilities	Friday 30th	10:00 AM
Tools to Land the Job	Friday 30th	11:00 AM

# NOVEMBER

Implicit Bias	Tuesday 3rd	11:00 AM
The Why	Friday 6th	10:00 AM
Time & Stress Management	Friday 6th	11:00 AM
Setting Goals with Accountability	Friday 13th	10:00 AM
Costumer Service	Friday 13th	11:00 AM
Creating an Elevator Pitch	Tuesday 17th	12:00 PM
Effective Communication: Feedback that Works	Friday 20th	10:00 AM
In Demand Jobs During and Post COVID 19	Friday 20th	11:00 AM

# DECEMBER

Implicit Bias	Tuesday 1st	11:00 AM
LinkedIn Basics	Friday 4th	10:00 AM
Resume Writing 101	Friday 4th	11:00 AM
Social-Diversity Awareness	Friday 11th	10:00 AM
Preparing for Interviews	Friday 11th	11:00 AM