



OCTOBER 2020

*Via Rápida - First Year Experience
Monthly Newsletter*



ACADEMIC CALENDAR

October 9: Last Day to
Apply for Fall 2020
Degree/Certificate

October 10: First 8-Week
Session Ends

October 12: Second 8-week
Session Begins

October 15: 1st 8-week
Session grade deadline

October 23: Last Day to
Apply for P/NP-2nd 8-
Week Session



OCTOBER IS DOMESTIC VIOLENCE AWARENESS MONTH

Take A Stand is a call to action meant to bring attention to the issue of domestic violence for Domestic Violence Awareness Month (DVAM) and throughout the year. By taking a stand The National Coalition Against Domestic Violence's (NCAADV) intends to remind the nation that there are still countless people--victims and survivors, their children and families, their friends and family, their communities--impacted by domestic violence. We, all of us, should not stop until society has zero tolerance for domestic violence and until all victims and survivors can be heard.

Looking for ideas on what you can do today to raise awareness about domestic violence? Visit the [NCAADV Website.](#)

IMPORTANT DATES:

October 1: Federal
Student Aid 21-22
application opens!

October 5-9th:
CSU Week

October 23: Deadline
to apply to Via Rápida
- FYE for spring
semester and
complete all
onboarding steps

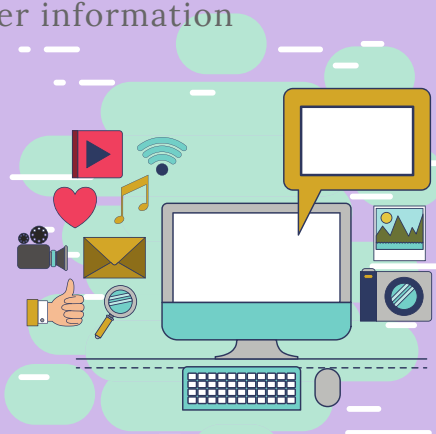


UNDOCUMENTED STUDENT WEEK OF ACTION

OCTOBER 19-23, 2020

Supported statewide by the California Community Colleges Chancellor's Office, Undocumented Student Action Week (USAW) is a system-wide campaign to advocate and provide support resources for our undocumented student population. During the week of October 19-23, 2020, Grossmont College will host a series of events to promote advocacy and stand in solidarity with undocumented students in the community. For further information click [here](#).

ACADEMIC SERVICES



Are you struggling with classes? Grossmont College has services to support you! Do not struggle with classes on your own, if you need a helping hand check out the [tutoring center](#). Even while you are schooling from home there is [NetTutor](#) offering free 24/7 online support. It is available in your canvas courses and you can also go online at www.nettutor.com and use our access code: 032-445-9091. Click [here](#) to learn how to use NetTutor.

If you are still struggling with accessing these services make sure to reach out to your peer mentor via [WOnline](#).

OCTOBER 23RD DEADLINES

October 23rd is the last day Via Rápida FYE students have to complete all onboarding steps in order to receive **priority registration** in Spring 2020 semester. If you're unsure whether you've completed the steps reach out to us at:

grossmont.viarapida@gcccd.edu

Onboarding Steps:

- Online Orientation
- Placement Questionnaire
- Advising
- Meet with a [counselor](#) (this can count towards the online advising step)

The first three steps can be done via [WebAdvisor](#).

October 23rd is also the deadline to petition for Pass/No Pass if you are taking 2nd 8-Week classes. Before making this decision make sure to talk to a counselor by clicking [here](#).

Federal Student Aid
AN OFFICE OF THE U.S. DEPARTMENT OF EDUCATION

Apply to Federal Student Aid!

Starting **October 1st** you can complete your new 21-22 federal student aid application via the [Federal Student Aid Website](#).



CSU TRANSFER WEEK OCT 5-9, 2020

The CSU Chancellor's Office and all 23 campuses are excited to provide an alternative to in-person college fairs. Each campus will present a short live session to provide a campus overview, information about the admission process and a question and answer portion. If you are not able to attend, all sessions will be recorded. Registration is required. For more information, including the schedule of events, and to register, please visit

[CSU Week Transfer Days/College Nights.](#)



STUDENT OF THE MONTH

Katherine is really creative and has a passion for art and is considering Art as her major. Katherine has a lot of paintings she has painted herself and uses them as decor. She also loves to be around her siblings a lot.

Katherine is always staying in contact with her mentor. She is always asking for help when she needs it. She is always involved with school by joining events if she's available. And most importantly Katherine follows here PEP form. Great job Katherine, the Via Rápida team is rooting for you!

Contact Us:



grossmont.viarapida@gcccd.edu



[@vrfye2021](https://wa.me/vrfye2021)



[@viarapidagc](https://www.instagram.com/viarapidagc)



CAFECITO CON VIA RÁPIDA

JOIN US EVERY OTHER
FRIDAY FROM 10-11AM

- October 9, 23
- November 6, 20
- December 11



[CLICK HERE
FOR ZOOM
ACCESS](#)



Grab your coffee or beverage of choice and come chat with the Via Rápida lead staff about anything that comes to mind. All FYE students are welcome, no registration is required.

VIRTUAL INFORMATION SESSION:

Via Rápida First Year Experience Program at Grossmont College!



**Currently
Accepting FYE
Applications!**



THURSDAY, OCT. 1 - 5:30-7:00PM

FRIDAY, OCT. 2 - 12:00-1:30PM

YOU ONLY NEED TO ATTEND ONE SESSION!

 **CLICK
HERE TO
REGISTER**

Are you a first-time college student? Want more information about Grossmont College and our program? If so, make sure you attend an info session! Learn about our program benefits including:

- Priority Registration
- Peer Mentorship
- Counseling
- Much More!

You will also hear from current Grossmont students and get a chance to ask your own questions.



Questions? Grossmont.viarapida@gccd.edu

[@viarapidage](https://www.instagram.com/viarapidage)





SPRING 2021 FYE LEARNING COMMUNITIES

TRACK 1

Counseling 120: College and Career Success
T/Th 8-9:20am (#8190)

+

Cross-cultural Studies 118: U.S. History Chicano/a
Perspective T/Th 9:30-10:45am (#8195)

+

English 120: College Composition (#8763) + English 020
Support (#4589) T 11am-1:20pm & Th 11am-12:15pm



TRACK 2

Counseling 130: Study Skills and Time Management
W 9-10:50am (#8177)

+

Cross-cultural Studies 114: Sociology of Minority Group
Relations M/W 12:30-1:45pm (#8792)

+

English 124: Advanced Composition
M/W 2-3:15pm (#6621)

CLICK HERE TO APPLY TODAY!

- Join the Via Rápida First Year Experience & Project Success Program
- Make powerful connections across multiple subjects
- Develop deeper relationships with fellow students
- Knock out your General Ed requirements for CSU/UC
- Benefit from a team of faculty and staff there to support you



FOR MORE INFO AND TO JOIN THE FYE PROGRAM, PLEASE CONTACT
GROSSMONT.VIARAPIDA@GCCCD.EDU
OR VISIT [HTTPS://TINYURL.COM/Y48EJ7VL](https://tinyurl.com/Y48EJ7VL)

LATINX HERITAGE MONTH 2020

SAVE THE DATE




Click the Title for Event Link

 **Racial and Economic Disparities of COVID-19: An exploration of National and Local Trends**

WEDNESDAY, SEPTEMBER 9

9:45 AM - 10:45 AM

Presenters: Dr. Marissa Salazar & Dr. Hala Madanat

 **Dismantling Educational Disparities Amongst Latinx and African American College Students to Increase College Attainment**

WEDNESDAY, SEPTEMBER 16

12:30 PM - 2:00 PM

Presenters: Juan Carlos Reyna & Dr. Victoria Christine Rodriguez

 **Africana Latinidad: A Conversation of Black Lives and Latinx Unity**

THURSDAY SEPTEMBER 17

11:00 AM - 12:30 PM

Presenter: Raymundo Quezada

Latinx Scholarship Workshop

WEDNESDAY, SEPTEMBER 23

11:00 AM - 12:30 PM

Presenters: Barbara Gallego, Josceline Torres, Lorena Nava Ruggero

Exploring the Canvas of Black & Brown Solidarity

THURSDAY, OCTOBER 1

11:00 AM - 12:30 PM

Feature panelists: Dr. Jessica J. Williams, Sinai Cota, Dr. Fabiola Bagua, Gianni Rodriguez,

 **Raising Anti-Racist Humans: Dismantling Colorism and Racism**

TUESDAY, OCTOBER 6

11:00 AM - 12:15 PM

Presenters: Dr. Kendra Flores-Carter & Leslie Priscilla Arreola-Hillenbrand

History of Dance in Mexico

TUESDAY, OCTOBER 13

11:00 AM - 12:15 PM

Presenter: Dr. Victoria Christine Rodriguez

From El Salvador to San Diego - A Personal Journey

WEDNESDAY, SEPTEMBER 23

12 PM - 1:30 PM

Presenters: Dr. Javier Ayala

Undocumented Student Week of Action

OCTOBER 19 - 23

Join the Dream Center for a series of events that support undocumented students

EVENTS

SPONSORED BY:

Grossmont College, Latinx Alliance, HSI Title V, Dream Center, ASGC, Equity

GROSSMONT
COLLEGE



GROSSMONT COLLEGE

CAREER EXPO

OCTOBER 28, 2020
10 AM TO 1 PM

MEET AND NETWORK WITH
EMPLOYERS FROM VARIOUS
IN-DEMAND INDUSTRIES

FREE VIRTUAL EVENT FOR
EMPLOYERS AND JOB
SEEKERS!

REGISTER HERE
BIT.LY/2EZUTMM

G R O S S M O N T
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Career Services

THANK YOU TO OUR PARTNERS & SPONSORS:





Manufacturing Expo 2020



October 1, 2020
1:00 - 4:00 PM
FREE Virtual
Manufacturing Expo



Creators Wanted: Celebrate Manufacturing Day

FREE Virtual Event Open to Students, Jobseekers, and the General Public

Manufacturing Day Expo:

- Inspire the next generation of manufacturers
- Promote employment opportunities in the manufacturing sector
- Meet with East County manufacturing companies
- Job Seekers and Students can learn more and explore different career fields

Event Features- Live virtual manufacturing demos, resume building workshops, student activities, live virtual education & business panels, job opportunities & networking **PLUS** giveaways and free scavenger hunt. One lucky attendee will win a drone from Grossmont College!

www.mfgexpo2020.eventbrite.com

Sponsored by:



TO ENCOURAGE PERSONAL AND PROFESSIONAL DEVELOPMENT

21ST CENTURY SKILLS VIRTUAL WORKSHOPS

FALL 2020

THESE SKILLS ARE INTENDED TO HELP INDIVIDUALS KEEP UP WITH THE LIGHTENING-PACE OF TODAY'S MODERN MARKETS. EACH SKILL IS UNIQUE IN HOW IT HELPS STUDENTS, BUT THEY ALL HAVE ONE QUALITY IN COMMON. THEY'RE IN THE AGE OF THE INTERNET.

**COMPLETE 12 DIFFERENT
WORKSHOPS AND EARN THE
JOB READINESS TRAINING
ACADEMY CERTIFICATE**

**All workshop sessions are
free and open to the general
public!**

RSVP HERE:

[HTTPS://TINYURL.COM/Y5PGKY49](https://tinyurl.com/Y5PGKY49)

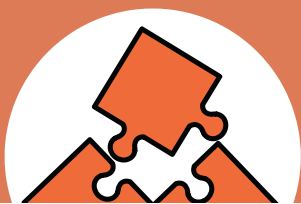
Questions?

Phone: (619) 644-7614

E-Mail: G-Career.Counter@gcccd.edu

Facebook: Grossmont College Career Services

Instagram: [Grossmont_Career_Center](#)



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LIKE US ON
FACEBOOK!

@grossmontcareercenter



Career Services



FOLLOW US ON
INSTAGRAM!

@grossmont_career_center

CAREER CENTER

CONNECT WITH US

CAREER COUNSELING APPOINTMENT

<https://tinyurl.com/y5xn2z5r>

CAREER SERVICES REQUEST

<https://tinyurl.com/uellmzx>

For more information contact:

(619) 644-7614

G-Career.Counter@gcccd.edu

OFFICE HOURS

Mon: 9 AM - 6 PM | Tue-Thu: 8 AM - 5 PM | Fri: 8 AM - 1 PM

PART 1 OF BEHIND THE SCENES OF
THE CRIMINAL JUSTICE SYSTEM
WEBINAR SERIES

FEATURING COMMUNITY COLLEGE ALUMS



CRIMINAL LAW CAREER INSIGHT PANEL & UNDERSTANDING YOUR CONSTITUTIONAL RIGHTS

SPEAKERS:

San Diego County District Attorney Summer Stephan
Judge Marcy McLaughlin of SD Superior Court
Deputy District Attorney Martin Nunez
Public Defender Spencer Scott
Community Partnership Prosecutor Monique Myers

SEPTEMBER 16, 2020, 12:00-1:30 P.M.

REGISTRATION LINK:

[HTTPS://TINYURL.COM/CTEWEBSERIES1](https://tinyurl.com/CTEWEBSERIES1)

Click on the links below to register for the upcoming web series

PART II WEBINAR: CAREERS IN THE DISTRICT ATTORNEY'S OFFICE & LAW ENFORCEMENT

Learn about other career opportunities: IT, Media, Legal Support, & Forensics
OCTOBER 14, 2020 12 P.M.-1 P.M.

PART III WEBINAR: UNDERSTANDING HUMAN TRAFFICKING NOVEMBER 18, 2020 12 P.M. -1 P.M.



For more information, contact:
Erika A. Shadman, erika.arangure@gcccd.edu

Exploring Majors Workshops

Fall of 2020

-LIVE ZOOM SESSIONS-



Rebecca Contreras

[August 19th] 1:00 - 2:00 PM

[September 16th] 4:00 - 5:00 PM

[October 21st] 4:00 - 5:00 PM

[November 4th] 1:00 - 2:00 PM

[December 2nd] 1:00 - 2:00 PM



Karl Cameron

[August 21st] 10:00 - 11:00 AM

[August 28th] 10:00 - 11:00 AM

[September 18th] 9:00 - 10:00 AM

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Career Services

RSVP

<https://tinyurl.com/yy62tsht>



Grossmont College
Career Services



grossmont_career_center

Career Center | Bldg. 60-140 | (619) 644-7614 | G-Career.Center@gcccd.edu

For more info submit a Career Services Request: <https://tinyurl.com/uellmzx>

Dates and times may be subject to change



GROSSMONT
COLLEGE

Career Technical Education
Workforce Development

Griffin Works Internship Program

INFO Sessions:

Tuesday, September 15, 2020 from 11-12PM

Zoom: <https://cccconfer.zoom.us/j/93142728640>

Thursday, October 22, 2020 from 1-2pm

Zoom: <https://cccconfer.zoom.us/j/93487363342>

Tuesday, November 10, 2020 from 2-3pm

Zoom: <https://cccconfer.zoom.us/j/95293660645>

Wednesday, December 2, 2020 from 12-1pm

Zoom: <https://cccconfer.zoom.us/j/95525407580>

open to current Grossmont-Cuyamaca students only

dates are subject to change

***For more info contact Erica Olmos, Career/Internship
Program Coordinator: erica.olmos@gcccd.edu***

GET A HEAD START ON YOUR CAREER!

OBTAIN EXPERIENCE IN YOUR FIELD!

**BUILD CONNECTIONS WITH LOCAL
INDUSTRIES WHILE EARNING MONEY!**

Paid Internships



UNDECIDED ON YOUR CAREER PATH?

VISIT THE
GROSSMONT COLLEGE
CAREER CENTER!



Let us be part of your **academic** journey!

- Learn about College Majors and free Career Exploration tools/resources
- Complete Career Assessment(s)
- Schedule a Career Counseling Appointment

Attend a session from home! These are virtual "LIVE Zoom" Workshops! Simply download the free zoom app on your computer or phone and tune-in.

G R O S S M O N T
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Career Services

SEPTEMBER

Effective Communication: Feedback that works
The Why
Financial Literacy & Budgeting
Communicating Effectively with your Instructor
Time & Stress Management
Developing Emotional Intelligence: Why and What works?
Empathy
LinkedIn Basics
Customer Service

Friday 11th 10:00 AM
Friday 11th 11:00 AM
Tuesday 15th 11:00 AM
Friday 18th 10:00 AM
Friday 18th 11:00 AM
Monday 21st 11:00 AM
Tuesday 22nd 12:00 PM
Friday 25th 10:00 AM
Friday 25th 11:00 AM

OCTOBER

Communicating Effectively with your Instructor
In Demand Jobs During and Post COVID 19
Self-Awareness
Effective Communication: Feedback that Works
Social-Diversity Awareness
Financial Literacy & Budgeting
Beyond Words: The Subconscious Language of Body and Dress
Resume Writing 101
Developing Emotional Intelligence: Why and What for?
Setting Goals with Accountability
Preparing for Interviews
Discovering your Creative Abilities
Tools to Land the Job

Friday 2nd 10:00 AM
Friday 2nd 11:00 AM
Tuesday 6th 12:00 PM
Friday 9th 10:00 AM
Friday 9th 11:00 AM
Tuesday 13th 11:00 AM
Friday 16th 10:00 AM
Friday 16th 11:00 AM
Tuesday 20th 11:00 AM
Friday 23rd 10:00 AM
Friday 23rd 11:00 AM
Friday 30th 10:00 AM
Friday 30th 11:00 AM

NOVEMBER

Implicit Bias
The Why
Time & Stress Management
Setting Goals with Accountability
Customer Service
Creating an Elevator Pitch
Effective Communication: Feedback that Works
In Demand Jobs During and Post COVID 19

Tuesday 3rd 11:00 AM
Friday 6th 10:00 AM
Friday 6th 11:00 AM
Friday 13th 10:00 AM
Friday 13th 11:00 AM
Tuesday 17th 12:00 PM
Friday 20th 10:00 AM
Friday 20th 11:00 AM

DECEMBER

Implicit Bias
LinkedIn Basics
Resume Writing 101
Social-Diversity Awareness
Preparing for Interviews

Tuesday 1st 11:00 AM
Friday 4th 10:00 AM
Friday 4th 11:00 AM
Friday 11th 10:00 AM
Friday 11th 11:00 AM