

COURSES OF INSTRUCTION



COURSE OFFERINGS BY DIVISION

ALLIED HEALTH AND NURSING

Cardiovascular Technology, Health Sciences, Nursing, Occupational Therapy Assistant, Orthopedic Technology, Respiratory Therapy

ARTS, LANGUAGES AND COMMUNICATION

American Sign Language, Arabic, Art, Chinese, Communication, Dance, French, German, Humanities, Italian, Japanese, Media Communications, Music, Photography, Russian, Spanish, Theatre Arts

CAREER AND TECHNICAL EDUCATION/WORKFORCE DEVELOPMENT

Administration of Justice, Business, Business Office Technology, Child Development, Computer Science Information Systems, Culinary Arts, Education, Family Studies

COUNSELING SERVICES

Counseling, Personal Development-Special Services

ENGLISH AND SOCIAL/BEHAVIORAL SCIENCES

Anthropology, Cross-Cultural Studies, Economics, English, English as a Second Language, History, Philosophy, Political Science, Psychology, Religious Studies, Sociology

MATHEMATICS, NATURAL SCIENCES, EXERCISE SCIENCE AND WELLNESS

Astronomy, Biological Sciences, Chemistry, Exercise Science, Geography, Geology, Health Education, Mathematics, Oceanography, Physical Science, Physics, Science

EXPLANATION— COURSES OF INSTRUCTION

The courses of study offered at Grossmont College are presented alphabetically in this section. Courses are designated as either associate degree credit courses or nondegree credit courses. Associate degree credit courses may be used as required or elective courses in a degree or certificate program. Nondegree credit courses are designed to assist the student in preparation for college level course work. Units earned in nondegree credit courses may not be applied toward a degree or certificate. Above each course

description is information, including course title, designation of associate degree credit or nondegree credit status, unit value granted for the course, indication of the hours of lecture and/or laboratory, and any required prerequisite(s) and/or corequisite(s). If no designation is indicated, the hours are lecture (exceptions are 199, 298, 299As and 299Bs). Courses listed in sequence punctuated by hyphens, unless otherwise indicated, must be taken in order of listing.

Every course at Grossmont College is designed to be of collegiate value and created to contribute to the fulfillment of objectives of the college and its students. Thus, each student will discover opportunities to explore general education curricula, developmental programs and courses equivalent to those of lower division curricula at four-year colleges and universities. In addition, Grossmont offers career programs which provide technical skills for immediate employment, retraining and advancement.

Transferability should be determined through consultation with the counseling staff. Articulation agreements with transfer institutions are available in the Counseling Center. Although course numbers in the 100 series are usually taken prior to those in the 200 series, prerequisites determine when they can be taken. Therefore, certain courses in the 200 series with no prerequisites may be taken in the freshman year. The student may wish to consult with a counselor as to the advisability of such programming.

PREREQUISITES, COREQUISITES AND ADVISORIES ON RECOMMENDED PREPARATION

See page 39.

SUPERVISED TUTORING (198)

Supervised tutoring courses use a variety of educational tools to assist students with various learning needs. These courses can be used to assist students to strengthen prerequisite skills prior to enrolling in a specific course or to receive supplemental assistance while enrolled in another course. Students must be referred by an instructor to enroll in supervised tutoring classes. Supervised tutoring courses may be repeated with different content in various departments. There is no fee charged and no credit given for supervised tutoring.

SPECIAL STUDY (199)

The Special Study (199) is for the purpose of allowing students to increase their knowledge of a subject matter not

included in regular course offerings. Because the Grossmont College curriculum provides an opportunity for the student to explore a wide variety of subject matter disciplines (art, computer science, music, etc.) the Special Study (199) should be limited to unusual circumstances.

Special studies shall be available to those students who have accumulated the skills and breadth of academic experience necessary to utilize the special learning method. Special study credit shall be limited to nine (9) units at Grossmont College. The unit value for a special study or project will be determined on the basis of one (1) unit for each forty-eight (48) hours of work.

A one-page paper describing the goals and methods of the special study or project is to be written by the student and attached to the contract. This paper will be used as a criterion for acceptance or rejection of the proposal. This paper will also be used by the instructor to evaluate the extent to which the stated goals of the special study have been achieved. Grades will be assigned by the instructor based on the level of this achievement. The Grossmont College grading policy applies to 199s.

Contracts for special studies or projects are available in the Admissions and Records Office. The deadline for enrolling in a special study or project will be the end of the second week for full-term classes and the end of the first week for eight (8)-week and summer session classes.

Special studies or projects generally do not qualify as units for purposes of applying for financial aid. Students on financial aid should check with the Financial Aid Office.

298 COURSES-SELECTED TOPICS

Courses of this type are new and experimental and may be found in the various disciplines of the college. They are not regular catalog offerings and may be offered in a seminar, lecture and/or laboratory format. Course content and unit credit will be determined by the discipline offering the course. A description of the current offerings may be found in the class schedule. Pass/ No Pass only. Non-associate degree applicable.

299 A-B COURSES-SELECTED TOPICS

Courses of this type are new and experimental and may be found in the various disciplines of the college. They are not regular catalog offerings, nor do they qualify for general education credit. The topics may be offered in a

seminar, lecture, and/or laboratory format. Course content and unit credit will be determined by the discipline offering the course. A description of the current offerings can be found in the class schedule. **299A** courses are associate degree level and may not transfer to four-year universities. **299B** courses are baccalaureate level and transfer to California State Universities. Contact the four-year university you wish to attend for information regarding the acceptance of individual 299 courses.

COMMUNITY SERVICE LEARNING EXPERIENCE

Grossmont College offers students the opportunity to earn academic credit while volunteering in the community. Community Service Learning Experience provides thoughtfully organized service experiences which meet community needs and which are integrated into academic course work. As part of our nation's service agenda, Grossmont is extending student learning beyond the classroom and into the community. Speak to the department chairperson for more information.

ADMINISTRATION OF JUSTICE (AOJ)

ADMINISTRATION OF JUSTICE

100 A-B †

PC 832 Laws of Arrest (48 hours)

2 units, 2 hours lecture, 1 hour laboratory
Meets the basic requirements of Penal Code Section 832, Laws of Arrest, as required by P.O.S.T. Extended format includes eight additional hours of instruction in arrest and control. Recommended for those interested in pursuing employment requiring powers of arrest and desire additional instruction in arrest and control. AOJ 100 is offered in a 48-hour extended format. There is no firearm instruction in this course. This course is offered on a Pass/No Pass basis only.

ADMINISTRATION OF JUSTICE

101 A-B-C-D †

Firearms for PC 832 Laws of Arrest

.5 unit, .5 hour lecture, 1 hour laboratory
Prerequisite: Students must not have any felony or domestic violence convictions and must meet state and federal requirements for possessing a firearm.

This course meets the basic requirements for those who need California Peace Officer powers of arrest course with firearms. Meets the requirements of Penal Code Section 832, Laws of Arrest with firearms, as

required by P.O.S.T. This course is offered on a Pass/ No Pass basis only.

ADMINISTRATION OF JUSTICE

102 A-B †

PC 832 Laws of Arrest (40 hours)

1.5 units, 1.5 hours lecture, .5 hours laboratory

Meets the basic requirements of Penal Code Section 832, Laws of Arrest, as required by P.O.S.T. Recommended for those with current employment in a position requiring powers of arrest. This may include search and rescue, lifeguards, animal control, probation officers and allows for some limited support duties by Level III Reserves. AOJ 102 is offered in a 40 hour intensive format. There is no firearm instruction in this course. This course is offered on a Pass/No Pass basis only.

The following applies to Police Academy courses, AOJ 103, 104: There are three levels of law enforcement training, Module III, Module II, and Module I. Each has a specific curriculum designed to correlate with the actual duties Reserve and Regular Police Officers perform. Grossmont College does not offer Module I at this time. After completing Module II at Grossmont College, those seeking Module I certification must transfer to a college that offers Module I. The Police Academy is a structured paramilitary environment. Uniforms and equipment must be purchased by the student. According to state law, record checks for criminal history must be made prior to acceptance into the program. Students must not have any felony or domestic violence convictions, and must meet state and federal requirements for possessing a firearm. Students should note that the courses are certified by the California Commission on Peace Officer Standards (P.O.S.T.) and P.O.S.T. specifies strict attendance, performance, and testing policies.

ADMINISTRATION OF JUSTICE

103 A-B-C-D †

Police Academy (Module III)

6.5 units, 5.9 hours lecture, 4.3 hours laboratory

Prerequisite: Students must not have any felony or domestic violence misdemeanor convictions and must meet state and federal government requirements for possession of a firearm.

A study of professionalism, leadership, ethics, community policing, criminal law, search and seizure, laws of arrest, investigations, note-taking, report writing, human relations, use of force, firearms, arrest and control, vehicle operation, first aid/CPR, and chemical agents. Meets requirements of Penal Code Section 832 for laws of arrest and search and seizure as well as the requirements for limited support duties of Level III Reserve Police Officers as specified by P.O.S.T. Limited duties

include traffic control, security at public events, prisoner and evidence transportation, parking enforcement and report writing. This course is offered on a Pass/ No Pass basis only.

ADMINISTRATION OF JUSTICE

104 A-B-C-D †

Police Academy (Module II)

9.5 units, 7.88 hours lecture, 6.25 hours laboratory

Prerequisite: A "Pass" grade in AOJ 103A-B-C-D or equivalent. Students must not have any felony or domestic violence misdemeanor convictions and must meet state and federal government requirements for possession of a firearm.

Topics include report writing, laws of arrest, firearms, search and seizure, cultural awareness, and weapons violations. Meets P.O.S.T. Module II requirements and allows Reserve Police Officers to perform more law enforcement related duties than Level III Reserve Police Officers. Successful completion of Modules III and II may qualify the student for entry into a P.O.S.T. –certified Module I program. Students may repeat this course every three years because certification expires unless one is appointed as an officer. This course is offered on a Pass/No Pass basis only.

ADMINISTRATION OF JUSTICE 107 †

Corrections Academy

10.5 units, 9.5 hours lecture, 4.3 hours laboratory

Prerequisite: Students must not have any felony or domestic violence misdemeanor convictions and must meet state and federal government requirements for possession of a firearm.

This course addresses specific instructional and performance objectives for those seeking employment as corrections officers in local or county jails, adult probation, and community correctional facilities in California, as well as privately-contracted federal correctional facilities. This course meets the requirements for PC 6035 Adult Corrections Officer Core Course as specified by the State of California, Board of Corrections, Standards and Training for Corrections (STC) for entry-level adult corrections officers.

† This course meets all Title 5 standards for Associate Degree Credit.

ADMINISTRATION OF JUSTICE 110 † **Introduction to** **Administration of Justice**

3 units, 3 hours lecture

This course introduces students to the characteristics of the criminal justice system in the United States. Focus is placed on examining crime measurement, theoretical explanations of crime, responses to crime, components of the system, and current challenges to the system. The course examines the evolution of the principles and approaches utilized by the justice system and the evolving forces which have shaped those principals and approaches. Although justice structure and process is examined in a cross cultural context, emphasis is placed on the US justice system, particularly the structure and function of US police, courts, and corrections. Students are introduced to the origins and development of criminal law, legal process, and sentencing and incarceration policies.

Satisfies General Education for: Grossmont College D1; CSU D; IGETC 4

Transfers to: CSU, UC

ADMINISTRATION OF JUSTICE 111 † **Introduction to Security** **Management**

3 units, 3 hours lecture

An introduction to private as well as public security management. The historical, philosophical and legal bases for security services are examined. Emphasis is placed on: the role of the security organization and security personnel in modern society; concepts of professionalism and ethics; types and functions of security operations; counterterrorism; and career pathways in security management.

Transfers to CSU

ADMINISTRATION OF JUSTICE 119 † **Public Safety Hiring** **Procedures**

1 unit, 1 hour lecture

A course designed to assist the student in preparing for civil service exams related to public safety. This course is recommended for students who are interested in a career in Forensics, Law Enforcement or other Public Safety related careers and is offered on a Pass/No Pass basis only.

ADMINISTRATION OF JUSTICE 120 † **Community Policing and** **Patrol Procedure**

3 units, 3 hours lecture

This course involves an examination of the philosophy, principles, and practices of community policing as well as a discussion of the responsibilities, techniques, and methods of police patrol. Emphasis is placed on strategies designed to engage and assist a community in the development and implementation of solutions to police related problems. Operations, supervision, and leadership within the context of contemporary policing are studied.

Transfers to CSU

ADMINISTRATION OF JUSTICE 122 † **Traffic Law and Enforcement**

3 units, 3 hours lecture

A study of traffic management and control. Emphasis is placed on traffic law enforcement procedures, motor vehicle code violations, public safety, and collision investigations.

Transfers to CSU

ADMINISTRATION OF JUSTICE 125 † **Introduction to Corrections**

3 units, 3 hours lecture

This course provides a critical analysis of punishment, the various types of punishment, alternatives to punishment, and the impact of punishment on the Criminal Justice System. A critical examination of the types of correctional institutions and the clients housed in each institution.

Transfers to CSU

ADMINISTRATION OF JUSTICE 126 † **Control and Supervision in** **Corrections**

3 units, 3 hours lecture

This course offers an overview of the supervision of inmates in local, state, and federal correctional institutions. The concepts and application of control in a continuum from institutional daily living through crisis situations will be introduced and discussed. The course will emphasize the roles played by the offender and the correctional worker.

Transfers to CSU

ADMINISTRATION OF JUSTICE 128 † **Arrest and Control**

1 unit, 1 hour lecture, 1 hour laboratory

Prerequisite: Completion of 6 semester units with a "C" grade or higher or "Pass" in AOJ coursework or equivalent.

A study of the legal and moral aspects of the use of force and protection against persons armed with dangerous weapons. Emphasis is placed on

demonstration and drill in defense tactics and procedures to arrest and control a suspect.

Transfers to CSU

ADMINISTRATION OF JUSTICE 140 † **Correctional Counseling and** **Interviewing**

3 units, 3 hours lecture

This course is an overview of the techniques in counseling and interviewing available to practitioners in corrections. The student will learn the use of appropriate techniques and theories in confidence-building which may be used by the correctional employee in client interviews and counseling.

Transfers to CSU

ADMINISTRATION OF JUSTICE 142 † **Legal Systems and** **Court Management**

3 units, 3 hours lecture

This course is designed to provide the student with an understanding of the development and purposes of the California court system. It will examine the relationship between the elements of the criminal justice system. It will include principles and practices in civil and criminal courts, the various career paths of non-judicial court support personnel, a basic legal vocabulary, comprehensive aspects of the jury system, issues in court administration and management, as well as the future of the court system.

Transfers to CSU

ADMINISTRATION OF JUSTICE 148 † **Fingerprint Identification**

3 units, 2 hours lecture, 3 hours laboratory.

Prerequisite: A "C" grade or higher or "Pass" in AOJ 110 or equivalent or concurrent enrollment in AOJ 110.

A study of the history and application of fingerprints for personal identification, including the proper techniques for recording fingerprints. Emphasis is placed on recognition of fingerprint patterns, fingerprint classification systems, preparing fingerprints for computer searches, and aspects of individualizing fingerprints.

Transfers to CSU

ADMINISTRATION OF JUSTICE 150 † **Forensic Photography**

4 units, 3 hours lecture, 3 hours laboratory

Corequisite: Concurrent enrollment or a "C" grade or higher or "Pass" in AOJ 110 or equivalent.

This course is designed to provide students with an emphasis on the technical application of basic investigative photography. This course would be of benefit for public safety

† This course meets all Title 5 standards for Associate Degree Credit.

investigators, and those who are interested in forensic photography. The course includes using the types of cameras, lighting, enlargers, etc., most often used by law enforcement agencies. Students will be expected to demonstrate proficiency in the use of this equipment, using simulated crime scenes. Legal issues related to criminal investigations will also be discussed.
Transfers to CSU

ADMINISTRATION OF JUSTICE 155 † Mobile Forensics

3 units, 2 hours lecture, 3 hours laboratory
This course provides an introduction to the forensic analysis of mobile devices (most commonly used cell phones, smart phones, tablets) and focuses on the procedures, policies, and technology utilized in mobile digital evidence recovery. Emphasis is placed on the collection, preservation, and analysis of digital evidence from personal mobile devices. This course also prepares students with knowledge in investigative principles and applicable case law that is applicable to both civil and criminal investigations.
Transfers to CSU

ADMINISTRATION OF JUSTICE 158 † Emergency Dispatch Operator

7 units, 7 hours lecture, 1 hour laboratory
Methods and operation of law enforcement and public safety communications. The course will include federal communications regulations, data retrieval systems, and applications in communications. Students will be analyzing data to determine priorities for making decisions under stress. This course is offered on a Pass/No Pass basis only.
Transfers to CSU

ADMINISTRATION OF JUSTICE 171 A-B-C-D † Security Academy

4 units, 3.5 hours lecture, 1.5 hours laboratory
The criminal justice system and the role of the security sector: the law and procedures relative to arrest, search and seizure, interrogation, custody, civil liability, and the moral, legal and ethical use of force for security personnel. Emphasis is placed on security operations, emergency procedures, public relations, report writing, CPR/first aid, AED techniques, chemical agents, preparation for employment, and career opportunities in contract as well as proprietary security services. Satisfies California Department of Consumer Affairs, Bureau of Security and Investigative Services, licensing or requalification requirements for guard registration (guard card), baton, exposed firearms

permits for security officers.
Transfers to CSU

ADMINISTRATION OF JUSTICE 200 † Criminal Law

3 units, 3 hours lecture
This course offers an analysis of the doctrines of criminal liability in the United States and the classification of crimes against persons, property, morals, and public welfare. Special emphasis is placed on the classification of crime, the general elements of crime, the definitions of common and statutory law, and the nature of acceptable evidence. This course utilizes case law and case studies to introduce students to criminal law. The completion of this course offers a foundation upon which upper-division criminal justice courses will build. The course will also include some limited discussion of prosecution and defense decision making, criminal culpability and defenses to crimes.
Transfers to: CSU, UC

ADMINISTRATION OF JUSTICE 201 † Legal Aspects of Security Management

3 units, 3 hours lecture
This course assesses the legal issues that affect security officers and security management. Emphasis is placed on laws of arrest, search and seizure, detention, interrogation, and use of force. This course will also cover civil liability, property and privacy rights, and security management policy consideration.
Transfers to CSU

ADMINISTRATION OF JUSTICE 202 † Criminal Evidence

3 units, 3 hours lecture
Recommended Preparation: A "C" grade or higher in AOJ 200 or equivalent.
This course examines categories of evidence and legal rules governing its admission and exclusion in the criminal process. Discussions will include the origin, development, philosophy and constitutional basis of evidence; constitutional and procedural consideration affecting arrest, search and seizure, and custodial interrogations; kinds and degrees of evidence and rules governing admissibility; and judicial decisions involving criminal evidence.
Transfers to CSU

ADMINISTRATION OF JUSTICE 204 † Criminal Trial Process

3 units, 3 hours lecture
This course provides an examination and analysis of due process in criminal proceedings from pre-arrest through trial and appeal utilizing statutory law and state and constitutional law precedents.
Transfers to CSU

ADMINISTRATION OF JUSTICE 206 † Criminal Investigation

3 units, 3 hours lecture
This course addresses the techniques, procedures, and ethical issues in the investigation of crime, including organization of the investigative process, crime scene searches, interviewing and interrogating, surveillance, source of information, utility of evidence, scientific analysis of evidence and the role of the investigator in the trial process.
Transfers to CSU

ADMINISTRATION OF JUSTICE 207 † Investigative Techniques for Security Management

3 units, 3 hours lecture
An overview of civil as well as criminal investigations in a security management setting. Emphasis is placed upon procedures, legalities, and technical aspects of specialized investigations relating to crime, pre-employment screening, sexual harassment, unlawful employment discrimination, accidents, unexplained losses, and other business activities. Proper documentation of a security investigation is also discussed.
Transfers to CSU

ADMINISTRATION OF JUSTICE 208 † Juvenile Procedures

3 units, 3 hours lecture
This course is an examination of the origin, development, and organization of the Juvenile Justice System as it evolved in the American Justice System. The course explores the theories that focus on enforcement, adjudication and correctional policies associated with juvenile justice in addition to the constitutional protections extended to juveniles administered in the American Justice System.
Transfers to CSU

† This course meets all Title 5 standards for Associate Degree Credit.

ADMINISTRATION OF JUSTICE 210 † Public Safety Administration

3 units, 3 hours lecture

An examination of the principles and practices of organization, administration and management in public safety and security environments (law enforcement, courts, corrections, fire service, environmental safety, and security). Emphasis is placed on planning, budgeting, human resources development, operations, supervision, evaluation, leadership, and ethical decision making.

Transfers to CSU

ADMINISTRATION OF JUSTICE 214-215 † Public Service Internship

2 units, 10 hours work experience per week
120 volunteer hours or 150 paid hours

Prerequisite: A "C" grade or higher or "Pass" in AOJ 110 or equivalent.

Work experience as a sworn, reserve or volunteer person with a local public or private agency. For work experience requirements, see page 44.

Transfers to CSU

ADMINISTRATION OF JUSTICE 218 † Forensic Technology

4 units, 3 hours lecture, 3 hours laboratory

Prerequisite: A "C" grade or higher in AOJ 150 or equivalent.

Recommended Preparation: A "C" grade or higher in AOJ 148 or equivalent.

This course is specially designed to prepare students to work in the field of forensic technology. This includes recognizing items of evidentiary value, preservation of the crime scene, crime scene photography, sketching. The student will demonstrate proficiency in various forensic processing techniques and will prepare a court room ready presentation.

Transfers to CSU

ADMINISTRATION OF JUSTICE 220 † Advanced Forensic Technology

4 units, 3 hours lecture, 3 hours laboratory

Prerequisite: A "C" grade or higher in AOJ 218 or equivalent.

This course will examine the scientific method as it applies to the collection and processing of physical evidence associated with crime scenes. Lectures and labs will be utilized to explore techniques and theories related to collecting and processing trace evidence, fingerprints, footwear/tire impressions, firearms, ballistics, questioned documents, toxicology and serology.

Transfers to CSU

ADMINISTRATION OF JUSTICE 224-225 † Forensic Public Service

Internship

2 units, 10 hours work experience per week
120 volunteer hours or 150 paid hours

Prerequisite: A "C" grade or higher or "Pass" in AOJ 148 and 150 or equivalent.

Forensic work experience as a sworn, reserve or volunteer person with a local public or private agency. For work experience requirements, see page 44.

Transfers to CSU

ADMINISTRATION OF JUSTICE 230 † Public Safety Communications

3 units, 3 hours lecture

This course deals with all aspects of public safety communications. It will cover the techniques of effectively communicating facts, information and ideas in a clear and logical manner for a variety of public safety reports; i.e., crime/violation/incident reports, letters, memoranda, directives and administrative reports. Students will gain practical experience in interviewing, note taking, report writing and testifying.

Transfers to CSU

ADMINISTRATION OF JUSTICE 240 † Community and the Justice System

3 units, 3 hours lecture

Recommended Preparation: A "C" grade or higher in AOJ 110 or equivalent.

This course examines the complex, dynamic relationship between communities and the justice system in addressing crime and conflict with an emphasis on the challenges and prospects of administering justice within a diverse multicultural population. Topics covered may include crime prevention, restorative justice, conflict resolution, and ethics.

Transfers to: CSU, UC

ADMINISTRATION OF JUSTICE 249 A-B-C-D † Advanced Officer Course

.5 units, 8 (total) hours lecture

Prerequisite: Peace Officer status or paraprofessional in a related field.

A basic introductory course designed for peace officers or paraprofessionals in a related field, who have completed their probationary period and are required to update their knowledge of current laws and procedures. Topics may include, but not be limited to: illegal substances, auto theft, gangs, telecommunications update, homeland security, blood spatter interpretation, forensic photography, CAD (computer aided design), leadership and ethics, digital imaging, crime scene investigation, field evidence technology, report writing, and physical training. This course is offered

as a Pass/No Pass basis only.

Transfers to CSU

ADMINISTRATION OF JUSTICE 250 A-B-C-D † Advanced Officer Course

1.5 units, 24 (total) hours lecture

Prerequisite: Peace Officer status or paraprofessional in a related field.

A basic introductory course designed for peace officers or paraprofessionals in a related field, who have completed their probationary period and are required to update their knowledge of current laws and procedures. Topics may include, but not be limited to: illegal substances, auto theft, gangs, telecommunications update, homeland security, blood spatter interpretation, forensic photography, CAD (computer aided design), leadership and ethics, digital imaging, crime scene investigation, field evidence technology, report writing, and physical training. This course is offered as a Pass/No Pass basis only.

Transfers to CSU

ADMINISTRATION OF JUSTICE 251 A-B-C-D † Advanced Officer Course

2.5 units, 40 (total) hours lecture

Prerequisite: Peace Officer status or paraprofessional in a related field.

A basic introductory course designed for peace officers or paraprofessionals in a related field, who have completed their probationary period and are required to update their knowledge of current laws and procedures. Topics may include, but not be limited to: illegal substances, auto theft, gangs, telecommunications update, homeland security, blood spatter interpretation, forensic photography, CAD (computer aided design), leadership and ethics, digital imaging, crime scene investigation, field evidence technology, report writing, and physical training. This course is offered as a Pass/No Pass basis only.

Transfers to CSU

ADMINISTRATION OF JUSTICE 252 † Advanced Forensic Photography

4 units, 3 hours lecture, 3 hours laboratory

Prerequisite: A "C" grade or higher in AOJ 150 or equivalent.

Students will learn advanced investigative photographic techniques using still photographs, video tape, and digital imaging for evidentiary presentations. The latter method will include computerized applications of forensic photography. These special techniques will be practiced and demonstrated by students for use in police training, public information, police investigation, evidence preparation, court demonstration, crime prevention and police community relation applications.

Transfers to CSU

† This course meets all Title 5 standards for Associate Degree Credit.

ADMINISTRATION OF JUSTICE 254 † Advanced Fingerprint Identification

3 units, 2 hours lecture, 3 hours laboratory
Prerequisite: A "C" grade or higher in AOJ 148 or equivalent.

This course covers analyses, comparison and evaluation of friction ridge skin with emphasis on individualization of finger and palm prints including learning the topography of palms and soles. This course would be of benefit to criminal investigators, and those who are interested in forensic identification. Students will learn methods and procedures for developing and preserving visible and latent crime scene impressions. Students will be expected to demonstrate proficiency in identification of finger and palm prints..

Transfers to CSU

ADMINISTRATION OF JUSTICE 260 † (Computer Science Information Systems 260) Information Security

3 units, 3 hours lecture

This course focuses on procedures, policies, and equipment designed to protect private and government proprietary and intellectual information and investigate breaches of security. This course also examines the collection, analysis, and preservation of digital evidence from computer crime scenes. Emphasis is placed upon knowledge of investigative principles, applicable case law, physical and technical security, security management responsibilities, and countermeasures designed to protect and analyze information collection, storage, processing, and transmission.

Transfers to CSU

ADMINISTRATION OF JUSTICE 264 † Terrorism and Homeland Security

3 unit, 3 hours lecture

This course is an introduction to global and domestic terrorism, and the homeland security response of the United States government and local agencies. Also examined is how international and domestic terrorist groups affect the U.S. to include their history, ideological beliefs, motivation, funding, and methods of operation. The effort of the U.S. military, intelligence, and law enforcement to combat terrorism will be examined as well as how effective the response has been and what impact it's had on civil liberties and homeland security.

Transfers to CSU

ADMINISTRATION OF JUSTICE 271 † Action Planning for Ethical Leadership

1.5 units, 1.5 hours lecture

This is a twenty-four hour course, designed for all sworn and civilian law enforcement personnel to provide a forum for them to explore and address self-identified contemporary leadership and ethical issues. The purpose of this course is to build on basic and advanced leadership, management and ethical courses to enhance personal and professional growth in ethics and leadership. This course will concentrate on learner-identified issues pertinent to each learner's experience and organization. The learners will work in small groups to create a prioritized list of leadership and ethical challenges and competencies facing their organizations and law enforcement in general.

Learners will assess their leadership styles and competencies, and assist in determining the content for the course. The learners will research identified issues, and develop action plans to address those issues. Each learner and small group will be required to create action plans and present a portion of their plans to the larger learning group. This course is offered on a Pass/No Pass basis only.

Transfers to CSU

AMERICAN SIGN LANGUAGE (ASL)

AMERICAN SIGN LANGUAGE 120 † American Sign Language I

4 units, 4 hours lecture

Introduction to American Sign Language as it is used within the Deaf culture. Instruction in the basic structure of the language and development of its use. Skill development practice. Introduction to the history of Deaf culture and the language. Introduction to the Deaf perspective on the establishment of Deaf communities and ASL.

Satisfies General Education for: Grossmont College C2; CSU C2; IGETC 6A

Transfers to: CSU, UC

AMERICAN SIGN LANGUAGE 121 † American Sign Language II

4 units, 4 hours lecture

Prerequisite: A "C" grade or higher or "Pass" in ASL 120 or equivalent.

This course is a continuation of American Sign Language 120. Students will increase their knowledge of ASL, the Deaf community, and the deaf culture. Students will develop conversational skills by learning to use grammar functions that increase fluency.

Complex narratives will be used to expand vocabulary and apply linguistic features of ASL. This course will provide an opportunity for students to improve and enhance their ability to communicate in American Sign Language.

Satisfies General Education for: Grossmont College C2; CSU C2; IGETC 3B, 6A
Transfers to: CSU, UC

AMERICAN SIGN LANGUAGE 122 † Conversation Lab I

1 unit, 3 hours laboratory

Prerequisite: A "C" grade or higher or "Pass" in ASL 120 or equivalent.

The practicum course is designed for the beginning ASL student to reinforce and expand the student's expressive and receptive signing ability. The practicum utilizes hands-on experiences by continuing practice of the skills learned in ASL 120 and that correlates with ASL 121. Students will practice signing exercises, view native signers, and evaluate visual comprehension activities. Students will enhance their ability to use vocabulary and grammar structures that will enable them to function in ASL in everyday contexts with Deaf people.

Transfer to: CSU

AMERICAN SIGN LANGUAGE 130 † American Sign Language: Fingerspelling

3 units, 3 hours lecture

Prerequisite: A "C" grade or higher or "Pass" in ASL 120 or equivalent ability to sign.

This course is taught using American Sign Language. The manual alphabet of fingerspelling and its use within native signers is introduced. The emphasis is placed on learning decoding strategies using a cognitive science approach. Upon completion of this course, students will demonstrate increased ability to accurately produce and comprehend fingerspelling and number systems when they appear in narratives. Extensive practice of cognitive approaches for both receptive and expressive use will be applied. This is the first course in a two sequence series.

Transfers to: CSU, UC

† This course meets all Title 5 standards for Associate Degree Credit.

AMERICAN SIGN LANGUAGE 131 + American Sign Language: Fingerspelling II

3 units, 3 hours lecture

Prerequisite: A "C" grade or higher or "Pass" in American Sign Language 130 or equivalent or one year of high school American Sign Language fingerspelling or equivalent.

This course is a continuation of American Sign Language 130 using fingerspelling skills at an intermediate to advanced level. Students will increase their ability to produce and comprehend fingerspelling and number systems at an intermediate level and beyond. Expressive skills will focus on "Rapid," "Careful," and "Lexicalized" types of fingerspelling, as well as, shortcuts at near-native fluency rates. Receptive skills will focus on comprehension of fingerspelling at near-native fluency rates.

Transfers to CSU

AMERICAN SIGN LANGUAGE 140 † Inside Deaf Culture

3 units, 3 hours lecture

This course will introduce students to the unique aspects of the Deaf culture. Students will examine political and social issues, past and present trends, historical perspectives, and distinguish the community from the culture. The unique structure of sign language and its linguistic components will also be studied. Students will be introduced to the dynamics of families when there are both hearing and Deaf family members and how hearing and Deaf cultures impact the family unit. The cultural values and behaviors unique to Deaf people will also be explored through their heritage, literature, and Deaf artists.

Satisfies General Education for: Grossmont College C1; CSU C2; IGETC 3B

Transfers to: CSU, UC

AMERICAN SIGN LANGUAGE 220 † American Sign Language III

4 units, 4 hours lecture

Prerequisite: A "C" grade or higher or "Pass" in ASL 121 or equivalent.

This course continues the study of American Sign Language. Students will continue their development of sign language vocabulary, grammar structures, and conversational skills. This course will provide an opportunity for students to greatly improve their ability to communicate in American Sign Language by studying the nuances and intricacies of the language. Students will continue to enhance their studies and awareness by focusing on the Deaf community as a culture and

issues that arise between the hearing and Deaf cultures.

Satisfies General Education for: Grossmont College C2; CSU C2, IGETC 3B, 6A

Transfers to: CSU, UC

AMERICAN SIGN LANGUAGE 221 † American Sign Language IV

4 units, 4 hours lecture

Prerequisite: A "C" grade or higher or "Pass" in ASL 220 or equivalent.

This course is taught using American Sign Language. This is an advanced course designed to increase vocabulary, examine the use of semantic and body classifiers, expand and develop conversational signing ability through the use of appropriate grammar structures and storytelling. Popular Deaf culture stories are learned through the development of storytelling techniques.

The rich heritage of Deaf people is studied through biographies of those who are famous for their contribution.

Satisfies General Education for: Grossmont College C2, CSU C2, IGETC 3B, 6A

Transfers to: CSU, UC

AMERICAN SIGN LANGUAGE 222 † Conversation Lab II

1 unit, 3 hours laboratory

Prerequisite: A "C" grade or higher or "Pass" in ASL 121 and ASL 122 or equivalent.

The practicum course is designed for the intermediate ASL student to develop techniques in the various forms of creative storytelling. This course provides hands-on experiences by utilizing practice exercises, presentations and videotaping. Students will strengthen their mastery of ASL by practicing vocabulary, classifier use, facial expression, sequencing, spatial references, and character development learned in ASL 121 and 122 and correlates with ASL 220 and 221.

Transfers to CSU

AMERICAN SIGN LANGUAGE 250 † Introduction to the Language Structure of ASL

3 units, 3 hours lecture

Prerequisite: A "C" grade or higher or "Pass" in ASL 220 or equivalent.

Introduction and practice of the fundamental grammar structures of ASL. This course will examine the function and use of classifiers, syntax, semantics, phonology, morphology, discourse, sentence types, fingerspelling and lexicalized (loan) signs. Cultural aspects of language, bilingualism and society are presented. This course is designed for the student majoring in ASL.

Satisfies General Education for: Grossmont College C2

Transfers to CSU

ANTHROPOLOGY (ANTH)

ANTHROPOLOGY 120 † Cultural Anthropology

3 units, 3 hours lecture

An introduction to the study of cultural aspects of humans. The course explores human diversity through comparative, cross-cultural study of subsistence practices, economics, language, social organization, political structure, religion, and social identity including gender, class and ethnicity. Theories and methods used by anthropologists to study culture are presented.

Satisfies General Education for: Grossmont College D2; CSU D; IGETC 4

Transfers to: CSU, UC

ANTHROPOLOGY 130 † Introduction to Physical Anthropology

3 units, 3 hours lecture

An introduction to physical anthropology, the study of human biology and behavior from an evolutionary perspective. Topics covered include evolutionary theory, principles of genetics, biology and behavior of nonhuman primates, the fossil evidence for human and primate evolution, and modern human biological and cultural diversity.

Satisfies General Education for: Grossmont College B1; CSU B2; IGETC 5B

Transfers to: CSU, UC

ANTHROPOLOGY 131 † Physical Anthropology Laboratory

1 unit, 3 hours laboratory

Corequisite: A "C" grade or higher or "Pass" or concurrent enrollment in ANTH 130 or equivalent.

A laboratory experience designed to reinforce and expand ideas introduced in Anthropology 130. Students will use physical anthropological methods and tools to solve problems in the areas of genetics, human variation, human osteology, primate biology and behavior, and human evolution.

Satisfies General Education for: Grossmont College B1; CSU B3; IGETC 5C

Transfers to: CSU, UC

ANTHROPOLOGY 140 † Introduction to Archaeology

3 units, 3 hours lecture

An introduction to the field of archaeology, the study of past human societies through their material remains. The course will provide an introduction to field methods, categories of data and theoretical approaches in archaeology. Major developments in world prehistory will be examined using archaeological

† This course meets all Title 5 standards for Associate Degree Credit.

evidence. The relevance of archaeological research to contemporary society will also be addressed.

Satisfies General Education for: Grossmont College D2; CSU D; IGETC 4
Transfers to: CSU, UC

ANTHROPOLOGY 215 †

(Psychology 215, Sociology 215)

Statistics for the Behavioral Sciences

4 units, 3.5 hours lecture, 1.5 hours laboratory

Prerequisite: A "C" grade or higher in MATH 103 or 110 or equivalent.

Methods and experience in defining and solving quantitative problems in the behavioral sciences. Emphasis is on the design of experiments and the application of a variety of parametric and nonparametric techniques to the analysis of data.

Satisfies General Education for: Grossmont College A3; CSU B4; IGETC 2A

Transfers to: CSU, UC (credit limited: see page 53)

ARABIC (ARBC)

ARABIC 120 † Arabic I

5 units, 5 hours lecture

An introductory course to the Arabic language and the cultures of its speakers. This course is designed for students with very little or no knowledge of Arabic. It facilitates the practical application of the language in everyday oral and written communication at the beginning level. Since the focus will be on basic communication skills, the class will be conducted in Arabic as much as possible. Students will learn structures that will enable them to function in Arabic in everyday contexts while becoming familiar with the Arabic speaking world.

Satisfies General Education for: Grossmont College C2; CSU C2; IGETC 6A

Transfers to: CSU, UC

ARABIC 121 † Arabic II

5 units, 5 hours lecture

Prerequisite: A "C" grade or higher or "Pass" in Arabic 120 or two years of high school Arabic or equivalent.

This second course will continue to develop oral skills based on practical everyday needs and written skills based on the formal communication on practical everyday needs. Students with three years of high school Arabic should enroll in Arabic 220.

Satisfies General Education for: Grossmont College C2; CSU C2; IGETC 3B, 6A

Transfers to: CSU, UC

ARABIC 122 † Arabic for the Native Speaker I

5 units, 5 hours lecture

Fundamentals of spoken and written Arabic for the bilingual speaker. This course is designed to help Arabic-speaking students further improve their oral and written communication skills. Emphasis on writing, reading comprehension, and vocabulary building at the intermediate level in a cultural context. Exposure to the diversity within the cultures of the Arabic-speaking world. This course is designed to provide the bilingual speaker with the linguistic and learning skills required for successfully completing upper division courses in Arabic. The course will be taught in Arabic.

Satisfies General Education for: Grossmont College C2; CSU C2; IGETC 6A

Transfers to: CSU, UC

ARABIC 123 † Arabic for the Native Speaker II

5 units, 5 hours lecture

Prerequisite: A "C" grade or higher or "Pass" in Arabic 122 or equivalent.

This course is designed to help Arabic-speaking students further improve their oral and written communication skills. In addition, it provides the bilingual speaker with the linguistic and learning skills required for successfully completing upper division courses in Arabic.

Satisfies General Education for: Grossmont College C2; CSU C2; IGETC 3B, 6A

Transfers to: CSU, UC

ARABIC 148 † Language, Culture, and Literature of the Arab World

3 units, 3 hours lecture

Social, literacy and cultural study of the modern Arab societies. Introduction to the peoples and culture of the Arab world as reflected in language and literature. Discussion of linguistic variations as well as differences in cultural habits and practices. Literature, television and culture will form the basis of discussions on major themes. Reading will include novels, newspapers articles and short stories. The course will be taught in English.

Satisfies General Education for: Grossmont College C1; CSU C2; IGETC 3B

Transfers to: CSU, UC

ARABIC 196 † Community Service Learning Experience

1 unit, 5 hours work experience per week

60 volunteer hours or 75 paid hours

Prerequisite: A "C" grade or higher or "Pass" in Arabic 120 or equivalent.

Community Service Learning Experience (CSLE) is a community outreach program, which promotes the national agenda of volunteer engagement. The purpose of this course is to provide the student an opportunity to practice and use the Arabic language in a community based site and to explore different career options. For work experience requirements, see page 44.

Transfers to: CSU

ARABIC 220 † Arabic III

5 units, 5 hours lecture

Prerequisite: A "C" grade or higher or "Pass" in Arabic 121 or three years of high school Arabic or equivalent.

This third course will emphasize a higher level application of the language in oral, listening, reading and writing in order to acquire proficiency in Arabic while further becoming familiar with the Arabic speaking world. Students with four years of high school Arabic should enroll in Arabic 221.

Satisfies General Education for: Grossmont College C2; CSU C2; IGETC 3B, 6A

Transfers to: CSU, UC

ARABIC 221 † Arabic IV

5 units, 5 hours lecture

Prerequisite: A "C" grade or higher or "Pass" in Arabic 220 or four years of high school Arabic or equivalent.

This fourth course will continue to develop, at an increasingly complex level, the practical application of the Arabic language. The course will focus on the oral, reading, writing and listening skills as well as cultural awareness in order to obtain advanced proficiency in Arabic while further becoming familiar with the Arabic speaking world.

Satisfies General Education for: Grossmont College C2; CSU C2; IGETC 3B, 6A

Transfers to: CSU, UC

† This course meets all Title 5 standards for Associate Degree Credit.

ARABIC 250 † Conversational Arabic I

3 units, 3 hours lecture

Prerequisite: A "C" grade or higher or "Pass" in Arabic 121 or 122 or 123 or 220 or 221 or three years of high school Arabic or equivalent.

This course focuses on intermediate level conversation development with vocabulary building and improvement of speaking proficiency in the context of Arabic culture. Conversations in the Egyptian dialect are based on everyday situations and cultural events.

Satisfies General Education for: Grossmont College C2; CSU C2; IGETC 6A

Transfers to: CSU, UC

ARABIC 251 † Conversational Arabic II

3 units, 3 hours lecture

Prerequisite: A "C" grade or higher or "Pass" in Arabic 250 or four years of high school Arabic or equivalent.

This course continues to focus and expand on intermediate level conversation development with more complex and varied vocabulary building and improvement of speaking proficiency in the context of Arabic-speaking culture. Conversations on Egyptian dialect are based on current and cultural events.

Satisfies General Education for: Grossmont College C2; CSU C2; IGETC 6A

Transfers to: CSU, UC

ART (ART)

Unless specifically required by a transfer institution for preparation for an Art major, students are limited to four enrollments in any combination of courses related in content (families). Students intending to major in Art at a California State University or University of California campus that requires more than the limit should see a counselor. Refer to page 36 to see "Limitations on Enrollment" for specific groups of families in art.

ART 100 † Art Appreciation

3 units, 3 hours lecture

This course provides a general introduction to art through the analysis of art theory, terminology, themes, design principles, media, and techniques. This course also introduces the visual arts across time and through diverse cultures with an emphasis on function, meaning, and style. This course includes topics such as: Defining Art: Functions; Visual Elements of Art;



Principles of Design, Media and Techniques; Methodologies of Art History and Art Criticism; museum and gallery visits; and an overview of art history from a local and global perspective.

Satisfies General Education for: Grossmont College C3; CSU C1; IGETC 3A

Transfers to: CSU, UC

ART 120 † Two-Dimensional Design

3 units, 2 hours lecture, 4 hours laboratory

Introduction to two-dimensional arts through the study of historical, theoretical and cultural works of the human imagination. Examine form and content through the application of the art elements and the principles of organization to elicit unity in visual communication.

Satisfies General Education for: Grossmont College C3; CSU C1, IGETC 3A

Transfers to: CSU, UC

ART 121 † Painting I

3 units, 2 hours lecture, 4 hours laboratory

Prerequisite: A "C" grade or higher or "Pass" in Art 120 or Art 124 or equivalent.

Emphasizes painting tools, materials, techniques and color principles. Students will develop skill in handling form, space, and plastic aspects of acrylic and/or oil paints.

Transfers to: CSU, UC

ART 124 † Drawing I

3 units, 2 hours lecture, 4 hours laboratory

Introduction to drawing through the study of historical, theoretical, and cultural works of the human imagination. Examine form and content through conceptual and stylistic developments of drawing as a vehicle

for social and cultural expression.

Satisfies General Education for: Grossmont College C3

Transfers to: CSU, UC

ART 125 † Drawing II

3 units, 2 hours lecture, 4 hours laboratory

Prerequisite: A "C" grade or higher or "Pass" in Art 124.

Drawing II stresses the media techniques and craftsmanship of both traditional and contemporary drawing. There will be a greater analysis and emphasis on the expressive possibilities of drawing as well as its aesthetic component. Exploration of conceptual and stylistic developments of drawing as a vehicle for social and cultural expression.

Transfers to: CSU, UC

ART 126 † Ceramics I

3 units, 2 hours lecture, 4 hours laboratory

Ceramics I is the examination of historical and contemporary ceramic art. Ceramic artwork from differing cultures, time periods, and artists will be analyzed and critiqued while investigating how societal and technological beliefs and developments have influenced the evolution of the ceramic arts. Fundamental, essential historic and intellectual approaches of ceramic art creation will be explored, as well as both functional and conceptual applications. Assignments and projects for this course require no prior knowledge of tools, equipment or ceramic materials. This is a comprehensive introductory ceramics course that will aid in gaining knowledge of historical and contemporary works of ceramic art and could lead to further study of ceramics or 3-D and 2-D based art courses and

† This course meets all Title 5 standards for Associate Degree Credit.

professions.

Satisfies General Education for: Grossmont College C3; CSU C1

Transfers to: CSU, UC

ART 127 † Ceramics II

3 units, 2 hour lecture, 4 hours laboratory

Prerequisite: A "C" grade or higher or "Pass" in Art 126 or equivalent.

A course for those who wish to understand the principles of ceramic material, technologies related to the field of ceramics, and design within a problem-solving environment. Specific aesthetic and technical criteria will be examined and individual development will be emphasized. Health and safety concerns are stressed.

Transfers to: CSU, UC

ART 128 † Ceramics III

3 units, 2 hours lecture, 4 hours laboratory

Prerequisite: A "C" grade or higher or "Pass" in Art 127 or equivalent.

A course for those who wish to develop more advanced skills of clay technique and glaze formulation and increase their knowledge of ceramics as an art form. Historical and contemporary works will be emphasized. Health and safety concerns are stressed.

Transfers to: CSU, UC

ART 129 † Three-Dimensional Design

3 units, 2 hours lecture, 4 hours laboratory

Three-Dimensional Design is an introduction to the fundamental principles of three-dimensional composition emphasizing the formal elements and language of design. Basic visual, tactile and conceptual methods of defining space are examined in a series of compositional exercises. A variety of materials are used to explore the Elements of line, shape, mass, texture and volume through the application of design Principles such as balance, emphasis, rhythm, harmony, contrast, repetition, proportion, scale and unity. The historical development of design and aesthetics is studied along with how social, political and cultural beliefs have influenced artists and design professionals. Assignments in this course are non-technical and do not require prior knowledge of tools and equipment. Three-dimensional design is a comprehensive introductory course that could lead to future study in a diverse range of art and design professions.

Satisfies General Education for: Grossmont College C3

Transfers to: CSU, UC

ART 130 † Sculpture I

3 units, 2 hours lecture, 4 hours laboratory

An examination of the theories, methods and materials used in modern sculpture. The focus of this course will be on the conceptual and technological developments of sculpture in the twentieth century with an historical examination of sculpture as a vehicle for social, political and cultural expression. An emphasis is placed on skill development, the ability to control media, and the exploration of communication and personal expression through the aesthetic object.

Satisfies General Education for: CSU C1, IGETC 3A

Transfers to: CSU, UC

ART 131 † Jewelry Design I

3 units, 2 hours lecture, 4 hours laboratory

A beginning course that introduces fundamentals of design and execution of jewelry forms. A variety of materials and processes will be used to explore jewelry as a vehicle of aesthetic expression. The historical development of Metal Casting, Metal Smithing, Precious Stones and Found Objects as body adornment will be introduced along with an examination of cultural influence on the small-scale metal and jewelry designer.

Transfers to CSU

ART 132 † Jewelry Design II

3 units, 2 hours lecture, 4 hours laboratory

Prerequisite: A "C" grade or higher or "Pass" in Art 131 or equivalent.

An intermediate course continuing the development of skills introduced in Jewelry Design I. This course will introduce the design and technical skills required for the execution of more complex jewelry forms. A variety of materials and processes will be explored through a series of design problems. Historical development of metalsmithing and advanced casting processes will be examined.

Transfers to CSU

ART 133 † Jewelry Design III

3 units, 2 hours lecture, 4 hours laboratory

Prerequisite: A "C" grade or higher or "Pass" in Art 132 or equivalent.

An advanced course continuing the development of skills achieved in Jewelry Design II. This course will emphasize new techniques and fabrication skills as well as development of personal aesthetics and design goals. New processes are introduced and will be explored through individually selected projects appropriate to meet the student's objectives.

Transfers to CSU

ART 136 † Glaze Formulation

3 units, 2 hours lecture, 4 hours laboratory

Prerequisite: A "C" grade or higher or "Pass" in Art 126 or equivalent

A course for those who wish to develop skills in glaze formulation, calculation, and response to defects for cone 6 glazes. The course will also discuss issues of health and safety. The class will not include construction of any objects to be glazed other than test tiles.

Transfers to CSU

ART 140 † History of Western Art I: Pre-Historic to 1250 A.D.

3 units, 3 hours lecture

This course provides an overview of western artworks and architecture from prehistory through the Middle Ages with an emphasis on content, context, and style. This course covers subject matter, function, iconography, patronage, artistic methods and influences, and social and cultural contexts of artworks and monuments. This course includes art from: the Paleolithic and Neolithic periods; Mesopotamia, Egypt, the Aegean, Greece, Etruscan, and Roman times; Early Christian, Byzantine, Islamic, and Early Medieval periods; Romanesque; and Gothic.

Satisfies General Education for: Grossmont College C3; CSU C1; IGETC 3A

Transfers to: CSU, UC

ART 141 † History of Western Art II: Circa 1250 A.D. to Present Time

3 units, 3 hours lecture

This course provides an overview of art and architecture, from the Renaissance to the modern era with an emphasis on content, context, and style. This course covers subject matter, function, iconography, patronage, artistic methods and influences, and social and cultural contexts of artworks and monuments. This course includes art from: the Italian Renaissance, Mannerism, Fifteenth- and Sixteenth-Century Flemish art, Baroque, Rococo, Neo-Classicism, Romanticism, Realism, Impressionism, Post-Impressionism, and art of the major movements of the twentieth century.

Satisfies General Education for: Grossmont College C3; CSU C1; IGETC 3A

Transfers to: CSU, UC

† This course meets all Title 5 standards for Associate Degree Credit.

ART 142 † **Art of Africa, Oceania and the Americas**

3 units, 3 hours lecture

This course provides an overview of visual culture within select regions in Africa, Oceania, and the Americas with an emphasis on content, context, and style. This course covers subject matter, function, iconography, patronage, artistic methods and influences, and social and cultural contexts of artworks and monuments. This course includes art from: Africa, Oceania, Indigenous North America, Mesoamerica, and South America.

Satisfies General Education for: Grossmont College C3; CSU C1; IGETC 3A

Transfers to: CSU, UC

ART 143 † **Modern Art**

3 units, 3 hours lecture

This course provides an overview of art and architecture from the Western modern period of the nineteenth and the twentieth centuries with an emphasis on content, context, and style. This course covers subject matter, function, iconography, patronage, artistic methods and influences, and social and cultural contexts of artworks and monuments. This course includes art from: Neo-Classicism, Romanticism, Realism, Post-Impressionism, Symbolism, Art Nouveau, Fauvism, Cubism, Non-Objectivity, Expressionism, Dada, Surrealism, and Post WWII art forms in Europe and America.

Satisfies General Education for: Grossmont College C3; CSU C1; IGETC 3A

Transfers to: CSU, UC

ART 145 † **Contemporary Art History: 1945-Present**

3 units, 3 hours lecture

This course provides a survey of periods, artworks, and architecture in Contemporary Art with an emphasis on content, context, and style. This course covers subject matter, iconography, patronage, artistic methods and influences, and social and cultural contexts of artworks and monuments within local and global cultures. This course includes art from: Abstract Expressionism, Pop-Art, Feminist Art, Photo Realism, Postmodernism including Neo-Expressionism, Performance Art and Conceptualism, Site-specific Installations and Environmental Art, Appropriation and New Media, global and local art movements collectively called Contemporary Art.

Satisfies General Education for: Grossmont College C3; CSU C1; IGETC 3A

Transfers to: CSU, UC

ART 146 † **Asian Art**

3 units, 3 hours lecture

This course provides a select overview of art and architecture from India, Southeast Asia, China, Korea, and Japan, from prehistory to modern times with an emphasis on content, context, and style. This course covers subject matter, function, iconography, patronage, artistic methods and influences, and social and cultural contexts of artworks and monuments. This course includes art from: the Indus Valley, Early Buddhist and Hindu Art in Southeast Asia, later Indian art including Mughal, Neolithic through early Imperial China, Northern Wei through Tang dynasties, later China through contemporary era, Korea, archeological Japan through Heian, and later Japan through contemporary era.

Satisfies General Education for: Grossmont College C3; CSU C1; IGETC 3A

Transfers to: CSU, UC

ART 147 † **American Art**

3 units, 3 hours lecture

This course provides a survey of periods, artwork, and architecture of the United States from 1600 to the present with an emphasis on content, context, and style. This course covers subject matter, function, iconography, patronage, artistic methods and influences, and social and cultural contexts of artworks and monuments. This course includes art from: the Colonial, Federal, Romantic, American Renaissance, Early Modern, and Postwar Modern periods.

Satisfies General Education for: Grossmont College C3; CSU C1; IGETC 3A

Transfers to: CSU, UC

ART 171 † **Introduction to Digital Art**

3 units, 2 hours lecture, 4 hours laboratory

Introductory studio course into the fundamental theories, concepts and practices of digital art production. The course provides for an in-depth study and experimentation in various digital visualization theories, processes, and used in the visual arts. Topics include integration of traditional design, color, and compositional principles with contemporary digital tools and emerging technologies. Lectures, demonstrations, and practice with digital illustration and painting, digital photography and image manipulation, typography and page layout, digital animation and/or time-based media.

Satisfies General Education for Grossmont College C3

Transfers to: CSU, UC

ART 172 † **Interactive Media Art**

3 units, 2 hours lecture, 4 hours laboratory

Introductory course that focuses on the aesthetics of digital media and emerging technology elements and issues surrounding usability in interactive environments. Through the integration of historical studies, theory and practice, students will address issues central to interactivity in art making and design. Students will engage in projects that incorporate a variety of digital media and emerging technology strategies, including lens-based, time-based, on-screen, sound and physical computing and immersive environments within the contexts of art, business and marketing, design, gaming, interactivity, the physical space as well as the forum of the web. Students are introduced to authoring techniques and technologies as they learn how to create and develop basic projects in which interactivity is the focus.

Transfers to: CSU, UC

ART 175 † **Digital Imaging and Art**

3 units, 2 hours lecture, 4 hours laboratory

In introduction to the principles of digital imaging for artists, using computers as a primary image manipulation tool. Course content will include fundamentals of the computer imaging environment, digital scanning, image enhancement through current raster-based software applications and optimized printing strategies for both photographs, graphics and drawings. Image restoration, experimental manipulations, merging of visual files and digital sequential presentations will provide students with an elementary understanding of the scope and range the computer provides for today's digital imaging artists.

Transfers to CSU

ART 177 † **Digital Drawing and Painting**

3 units, 2 hours lecture, 4 hours laboratory

This introductory course will survey traditional drawing and painting strategies using the simulated tools and textures of current computer technologies such as painting software, drawing tablets, scanners and still video for input and the final image output will utilize color printers for optimum results. These digital technologies will allow for immediate investigation of the fundamental pictorial elements of line, shape, space, color, and texture, as well as the formal relationship of these elements to image composition, harmony, contrast and balance. Various image formats and presentation modes will be explored including description, narrative, illustration, collage, and image sequencing.

Transfers to: CSU, UC

† This course meets all Title 5 standards for Associate Degree Credit.

ART 184 † Drawing for Animation

3 units, 2 hours lecture, 4 hours laboratory
Prerequisite: A "C" grade or higher or "Pass" in Art 120 or Art 124 or equivalent.

Drawing and visual design are required skills to be successful in the field of animation. The principles of motion, story telling and conceptual development, as well as the application of these disciplines to current technology, will develop for the student an understanding of animation. By examining these essential steps and skills involved for visual artists, Drawing for Animation will emphasize such classical drawing topics as perspective, composition and color theory as well as develop life-drawing skills through the study of proportion, line of action, structure and basic anatomy. The rudiments of animation such as layout and character design are introduced, as are clean-up, inbetweening and assisting. Students will develop an understanding of animation through the exploration of timing and movement via digital vector graphics, digital ink and paint software and digital editing software to complete an animated sequence.

Transfers to CSU

ART 189 † (Media Communication 189, Music 189, Theatre Arts 189)

Multimedia and the Creative Arts

3 units, 3 hours lecture

The creative potential that multimedia allows us cannot be studied in a vacuum. Today's powerful new technologies demand a critical examination of the disciplines of art, music, theatre, audio-video and film to fully understand the impact that multimedia can have in every aspect of our contemporary lives. This cross-disciplinary survey course will provide the perspective needed to fully understand the computer's relevance to the creative endeavors of visual and performing artists, photographers, musicians, filmmakers and videographers. This course will present a short history of each discipline, attempting to isolate important issues within a larger historical context as well as providing the cultural, aesthetic and ethical implications each medium has encountered with the introduction of the computer as a creative tool. Students will be guided toward defining the relevance of each medium within the broader context of multimedia, as well as exploring the convergence of these disciplines within the broader context of multimedia, as well as exploring the convergence of these disciplines within the ever-changing new technologies of

this century.

Satisfies General Education for Grossmont College C3

Transfers to: CSU, UC (credit limited: see page 53)

ART 220 † Painting II

3 units, 2 hours lecture, 4 hours laboratory
Prerequisite: A "C" grade or higher or "Pass" in Art 121.

Continuation of Painting I with emphasis on stylistic analysis and development of personal expression.
Transfers to: CSU, UC

ART 226 † Ceramics IV

3 units, 2 hours lecture, 4 hours laboratory
Prerequisite: A "C" grade or higher or "Pass" in Art 128 or equivalent.

A course for those who wish to develop a specific body of ceramic works with an emphasis on the aesthetic development of a personal style. The fundamentals of exhibiting and professionalism will be discussed as well as portfolio development.

Transfers to: CSU, UC

ART 227 † Ceramics Exhibition and Portfolio

3 units, 2 hours lecture, 4 hours laboratory
Prerequisite: A "C" grade or higher or "Pass" in Art 226 or equivalent.

A course for those who wish to focus on creating a cohesive and individual body of handbuilt or thrown ceramic works with the goal of presenting it as an exhibition or portfolio for advanced education or exhibition purposes. This would include photographing of the work for archival purposes and creating an artist statement and resume.

Transfers to CSU

ART 229 † Sculpture II

3 units, 2 hours lecture, 4 hours laboratory
Prerequisite: A "C" grade or higher or "Pass" in Art 130 or equivalent.

An expansion of the concepts covered in Art 130. This course is for those who wish to develop a more advanced conceptual and technological knowledge of contemporary sculpture. The history, theories and techniques used in contemporary sculpture will be emphasized. An examination of personal direction and communication skills through mixed media will be explored.

Transfers to: CSU, UC

ART 230 † Figure Drawing I

3 units, 2 hours lecture, 4 hours laboratory
Prerequisite: A "C" grade or higher or "Pass" in Art 124 or equivalent.

Introduction to the theory, practice, and history of drawing the human figure from life. Study surface anatomy related to the skeletal and muscular systems of the human form. Examine issues pertaining to larger cultural views of the body and seek to create individual meaning in the act of drawing the figure.

Transfers to: CSU, UC

ART 231 † Figure Drawing II

3 units, 2 hours lecture, 4 hours laboratory
Prerequisite: A "C" grade or higher or "Pass" in Art 230 or equivalent.

Builds on concepts and skills developed in Art 230. Study surface anatomy related to the skeletal and muscular systems of the human form. Emphasize stylistic analysis and interpretation as well as development of individual expression working from the nude model. Examine issues pertaining to larger cultural views of the body in art. Explore working on a larger scale and using an assortment of dry and wet media in contemporary styles.

Transfers to: CSU, UC

ART 240 † Drawing the Human Head

3 units, 2 hours lecture, 4 hours laboratory
Recommended Preparation: A "C" grade or higher or "Pass" in Art 124 or equivalent.

The investigation of the human head through portraiture is the basis for drawings of both representational and expressive styles. Students will study the human face by means of fundamental shapes, axes, and formal devices as guides for correct proportions and structured compositions. The student will learn the names of the various bones that make up the skull and the musculature of the human head. The history of portraiture will be examined as well as its aesthetic and cultural implications as a genre in society. The course examines how portraiture may express ideas about power, status, stages of life, gender, and identity and considers the many functions of portraiture as work of art, biography, document, commemoration and memorial.

Transfers to: CSU, UC

† This course meets all Title 5 standards for Associate Degree Credit.

ART 280 † **Sculpture III: The Structure of Sculpture**

3 units, 2 hours lecture, 4 hours laboratory
Prerequisite: A "C" grade or higher or "Pass" in Art 229 or equivalent.

This course concentrates on the role of structure in sculpture of all media. Basic principles of balance and structural stability; fabrication of shapes and elements; and the design of frameworks, membranes, plates, shells and connection elements will be examined. Students will demonstrate their understanding of the course curriculum by producing individual sculptures. The course offers students the opportunity to learn how medium to large scale sculpture is conceived, planned, constructed and installed.

Transfers to: CSU, UC

ART 281 † **Studio Workshop in Public Sculpture**

3 units, 2 hours lecture, 4 hours laboratory
Prerequisite: A "C" grade or higher or "Pass" in Art 229 or equivalent

This course is designed for students that have an interest in public art theory as applied to planning and applying for commissions in a public context. The course will examine issues of planning and public art design, as well as examining public art theory through case studies and planning models. Issues examined will include funding models, issues of community context, collaboration with public and private agencies, contracts, liability issues, and strategies for planning and implementation. Students will design a public art proposal, a detailed budget, and prepare a presentation within a lab context. In most cases, students and the department will attempt to secure an actual commission in conjunction with the course.

Transfers to: CSU

ART 282 † **Public Art Fabrication and Installation**

3 units, 2 hours lecture, 4 hours laboratory
Prerequisite: A "C" grade or higher or "Pass" in Art 229 or equivalent.

This course is designed for students that have an interest in fabricating sculpture for a public context and/or Public Art through a commissioning process. The course will cover several aspects and methods used in the physical production of commissioned works. Issues examined will include sub-contractor negotiation, design and

budget issues with the procurement of materials, fabrication techniques, and installation methodology. Students will implement skills, techniques and concepts learned in sculpture courses to design and produce sculpture for a public context. In most cases, the department will attempt to secure an actual commission during the course.

Transfers to: CSU

ART 283 A-B-C-D † **Foundry Technology and Equipment**

2 units, 1.5 hours lecture, 2.5 hours laboratory
Prerequisite: A "C" grade or higher or "Pass" in Art 130 or equivalent.

The practice, operation and fabrication of sculpture foundry equipment and casting production tools. Students will demonstrate their understanding of the course curriculum by participating in metal casting through the actual operation of furnaces and related foundry equipment. The course will offer students a rare opportunity to learn the theory and practice of refractory, burner and combustion safety systems indispensable to the production of contemporary sculpture. Students may wish to produce their own castings in conjunction with course activities.

Transfers to: CSU

See Cross-Cultural Studies for Chicano/Chicana and Mexican Art (CCS 126) and Introduction to American Indian Art (CCS 134) on page 185.

ASTRONOMY (ASTR)

ASTRONOMY 105 † **Practice in Observational Astronomy**

1 unit, .5 hours lecture, 1.5 hours laboratory
A lecture/field course designed to enhance the student's appreciation of the night sky. Topics include optics and telescopes, constellation study, and interpretation of astronomical phenomena observable with the unaided eyes, binoculars, and telescopes. Evening field trips will be scheduled.

Transfers to: CSU

ASTRONOMY 110 † **Descriptive Astronomy**

3 units, 3 hours lecture

This course enables students to view the historical development of astronomy, to be aware of the tools of astronomy, and to critically analyze collected data to achieve an appreciation of the nature of the universe. This study begins with the ancient concept of the heavens, through medieval investigations of natural laws, and leads to present concepts in

planetary systems, stellar evolution, cosmology and exobiology.
Satisfies General Education for: Grossmont College B2; CSU B1; IGETC 5A
Transfers to: CSU, UC

ASTRONOMY 112 † **General Astronomy Laboratory**

1 unit, 3 hours laboratory

Prerequisite: A "C" grade or higher or "Pass" or concurrent enrollment in ASTR 110 or ASTR 120 or equivalent..

Designed to accompany and augment Astronomy 110 or Astronomy 120. Topics can include constellations and astronomical coordinates, astronomical instruments, the solar system, stars and stellar systems, and the Universe. These will be addressed using naked eye and telescope observations, laboratory experiments, computer simulations and calculations.

Satisfies General Education for: Grossmont College B2; CSU B3; IGETC 5C
Transfers to: CSU, UC

ASTRONOMY 120 † **Exploration of the Solar System**

3 units, 3 hours lecture

This course investigates the origin of our Solar System and how its contents change with time. The course surveys and analyzes the physical properties of solar system contents, including the Sun, planets, moons, rings, comets and asteroids. Methods of space exploration will be discussed as related to past, current, and future efforts. Topics include: origins of the chemical elements in our solar system, formation and evolution of the solar system; comparative planetology (geology and atmosphere), gravitational and thermal effects on solar system objects, space exploration, and recent developments in the search for extrasolar planets.

Satisfies General Education for: Grossmont College B2; CSU B1; IGETC 5A
Transfer to: CSU, UC

BIOLOGICAL SCIENCES (BIO)

BIOLOGY 105 † **Life in the Sea**

4 units, 3 hours lecture, 3 hours laboratory

Recommended Preparation: A "Pass" grade in MATH 090 and a "C" grade or higher or "Pass" in ENGL 110 or equivalent.

An introductory college-level course using marine plants and animals and their interrelations with their aquatic environment to develop an understanding of modern biological principles and processes basic to all forms of life.

Information dealing with several aspects of taxonomy, evolution, ecology, behavior and

† This course meets all Title 5 standards for Associate Degree Credit.

physiology of marine organisms is included.

Satisfies General Education for: Grossmont College B1; CSU B2; IGETC 5B

Transfers to: CSU, UC

Biology 110 † Environmental Biology

4 units, 3 hours lecture, 3 hours laboratory

Recommended Preparation: A "Pass" grade in MATH 090 or a "C" grade or higher or "Pass" in ENGL 110 or equivalent.

A basic college-level ecology course designed to acquaint the student with living systems and their environment. Local plants and animals and their habitats will be used to investigate fundamental ecological principles. Almost half of the laboratory periods will be devoted to field studies. Due to the time involved, some of these field studies will take place on Saturdays or Sundays.

Satisfies General Education for: Grossmont College B1; CSU B2; IGETC 5B

Transfers to: CSU, UC

Biology 112 † Contemporary Issues in Environmental Resources

3 units, 3 hours lecture

Through the study of basic ecological concepts, students apply their knowledge to contemporary problems dealing with renewable and nonrenewable resources.

Environmental resource problems, such as climate change, water shortage and pollution, energy shortages, air pollution, increasing human populations and wildlife conservation are integrated with political, economic and social implications. The student will consider alternate life styles as possible solutions to existing environmental problems, as well as other means of solving or dealing with these situations.

Satisfies General Education for: Grossmont College B1; CSU B2; IGETC 5B

Transfers to: CSU, UC

Biology 113 † Introduction to the Biotechnology Lab

2 units, 2 hours lecture, 1 hour laboratory

This course examines biology laboratory technology as it relates to the field of biotechnology. The class addresses skills and techniques common to the biotechnology industry including measuring activity and quantity of proteins, growth and manipulation of bacteria, genetic engineering, polymerase chain reaction and antibody methods. In addition to hands-on skills, the course will provide context for how and why these techniques are used in the industry. This course enhances the laboratory skills of students wishing to be employed by the biotechnology industry. This course is intended for a

specific target population. It is not intended as a training course for employment in the biotechnology industry. The course represents the first step in an eight-week program, which has a lengthy application process.

Transfers to: CSU

Biology 114 † Heredity, Evolution and Society

3 units, 3 hours lecture

This course presents the basic principles of heredity and evolution. Following an introduction to scientific methods and characteristics of living systems, the student learns about the process of evolution and the mechanisms of heredity. These genetic studies will equip the student to better understand a number of current issues concerning medical genetics, genetic counseling, biotechnology, the cancer problem and human diversity.

Satisfies General Education for: Grossmont College B1; CSU B2; IGETC 5B

Transfers to: CSU, UC

Biology 118 † Introduction to Human Biology

3 units, 3 hours lecture

An introduction to biological principles with a human perspective. Such basic areas as the chemistry of biological systems, cell structure and function, the structure, function, and adaptation of organisms, and cellular genetics will be covered by utilizing the human species to develop an understanding of these processes. Related topics such as Mendelian and population genetics, human evolution, ecosystem structure and environmental problems related to human populations will be introduced.

Satisfies General Education for: Grossmont College B1; CSU B2; IGETC 5B

Transfers to: CSU, UC

Biology 120 † Principles of Biology

4 units, 3 hours lecture, 3 hours laboratory

Recommended Preparation: A "Pass" grade in MATH 090 or equivalent and a "C" grade or higher or "Pass" in ENGL 110 and CHEM 115 or equivalent.

This course covers the major principles in biology. Course content includes cell structure, metabolism, genetics, evolution, systematics and ecology. The laboratory component of this course will be a hands-on laboratory experience that uses a lecture and laboratory instruction format designed to reinforce and augment the student's understanding of the principles of biology addressed in the lecture portion of the course.

Satisfies General Education for: Grossmont College B1; CSU B2; IGETC 5B

Transfers to: CSU, UC (credit limited: see page 53)

Biology 132 † Mammals of the Sea

2 units, 2 hours lecture

Recommended Preparation: A "C" grade or higher or "Pass" in MATH 090 and ENGL 110 or equivalent.

A course covering evolution and adaptation, taxonomy, behavior, zoogeography, and physiology of whales, pinnipeds, and other marine mammals. Historical and modern interactions of marine mammals with humans are also examined.

Transfers to: CSU, UC

Biology 140 † Human Anatomy

5 units, 3 hours lecture, 6 hours laboratory

Prerequisite: A "C" grade or higher or "Pass" in BIO 120 or equivalent. Only Nursing majors may fulfill the BIO 120 prerequisite with one year of high school biology with a lab.

A study of the structure of the systems of the human body, with emphasis divided between gross anatomy and the cellular detail (histology) of tissues. Cats or other suitable and available specimens are used as dissection specimens in the laboratory along with selected human organs and tissue slides including cadaver and computer demonstrations. The course meets the anatomy requirement for baccalaureate degrees in nursing, a variety of paramedical fields, including physical and occupational therapy, and exercise science majors.

Satisfies General Education for: Grossmont College B1; CSU B2; IGETC 5B

Transfers to: CSU, UC (credit limited: see page 53)

Biology 141 † Human Physiology

3 units, 3 hours lecture

Prerequisite: A "C" grade or higher or "Pass" in BIO 120 or equivalent. Only Nursing majors may fulfill the BIO 120 prerequisite with one year of high school biology with a lab.

Recommended Preparation: A "C" grade or higher or "Pass" in BIO 140 or equivalent.

A study of the function and interrelationships of the nervous, endocrine, muscular, circulatory, respiratory, digestive, exocrine and reproductive systems of the humans body. The course emphasizes the homeostatic and evolutionary nature of these systems with some reference to human disease state.

Satisfies General Education for: Grossmont College B1; CSU B2; IGETC 5B

Transfers to: CSU, UC (credit limited: see page 53)

† This course meets all Title 5 standards for Associate Degree Credit.

Biology 141L † **Laboratory in Human Physiology**

1 unit, 3 hours laboratory

Prerequisite: A "C" grade or higher or "Pass" in BIO 141 or equivalent or concurrent enrollment in BIO 141 or equivalent.

Recommended Preparation: A "C" grade or higher or "Pass" in Biology 140 or equivalent.

A laboratory experience utilizing a lecture and laboratory instruction format, designed to reinforce and expand the student's understanding of basic physiological principles studied in Biology 141. Emphasis is on lab-based investigations of human physiological processes.

Satisfies General Education for: CSU B3; IGETC 5C

Transfer to CSU, UC (credit limited: see page 53)

Biology 144 † **Anatomy and Physiology I**

4 units, 3 hours lecture, 3 hours laboratory

Prerequisite: A "C" grade or higher or "Pass" in BIO 120 or equivalent. Only Nursing majors may fulfill the BIO 120 prerequisite with one year of high school biology with a lab.

Study of the structure and functions of the following human systems: physiological chemistry, cell physiology tissues, bone, muscle, endocrine and nervous systems. Gross anatomy, micro-anatomy as well as the functions and interrelationships of these systems are studied. The course emphasizes the homeostatic nature of these systems with some reference to human disease states. Cat or other suitable available specimens are used as dissected specimens in lab along with selected human organs and tissue slides, cadaver and computer demonstrations. This course, along with Biology 145, meets the anatomy and physiology requirements for associate degrees and bachelor degrees in nursing as well as degrees in a variety of related paramedical fields.

Satisfies General Education for: Grossmont College B1; CSU B2; IGETC 5B

Transfers to CSU, UC (credit limited: see page 53)

Biology 145 † **Anatomy and Physiology II**

4 units, 3 hours lecture, 3 hours laboratory

Prerequisite: A "C" grade or higher or "Pass" in BIO 144 or equivalent.

This course is a continuation of Biology 144, Anatomy and Physiology I. It is a study of the anatomy and physiology of the following systems: circulatory, respiratory, digestive, excretory and

reproductive systems. The functions and interrelationships of these systems are studied. The course emphasizes the homeostatic nature of these systems with reference to human disease states. Cat or other suitable available specimens are used as dissected specimens along with selected human organs and tissue slides and computer demonstrations. This course, along with Biology 144, meets the anatomy and physiology requirements for associate degree, and baccalaureate degrees in nursing as well as degrees in a variety of other related paramedical fields from most institutions.

Satisfies General Education for: Grossmont College B1; CSU B2; IGETC 5B

Transfers to CSU, UC (credit limited: see page 53)

Biology 150 † (Geography 150, Geology 150, Oceanography 150)

Field Study of the Natural History of the Greater San Diego Region

3 units, 2 hours lecture, 3 hours laboratory

Prerequisite: A "C" grade or higher or "Pass" in BIO 110 or 120; or GEOG 120 or 121 or 140; or GEOL 110 or 111; or OCEA 112 or equivalent.

An exciting, team-taught, interdisciplinary, field-based study of the natural environment of the San Diego region, including related parts of Imperial, Riverside, and Orange Counties. Vans are utilized to visit sites that best illustrate (1) the region's physical environment (including tectonics, geologic history, geomorphology, hydrology, meteorology, climatology, and soils), (2) the evolutionary response to environmental variation (focusing on coastal sage scrub, chaparral, and desert ecosystems), and (3) the interaction of humans with the natural environment. Emphasis on field measurement includes use of GPS, compass, clinometer, maps, the current Jepson plant taxonomy, etc. Four weekends in spring semester only. Overnight campouts required. Students with credit in Biology 150 will not be able to enroll in Geography 150, Geology 150 or Oceanography 150.

Transfers to: CSU, UC (credit limited: see page 53)

Biology 152 † **Paramedical Microbiology**

5 units, 3 hours lecture, 6 hours laboratory

Prerequisite: A "C" grade or higher or "Pass" in BIO 120 or equivalent. Only Nursing majors may fulfill the BIO 120 prerequisite with one year of high school biology with a lab.

Recommended Preparation: A "C" grade or higher or "Pass" in Chemistry 115 or equivalent.

An introduction to the major groups of micro-organisms and the diseases they

cause. Emphasis in the lecture and laboratory is on concepts and techniques relevant to students entering paramedical professions: identifying and handling bacteria, basic principles of immunology, medical microbiology and epidemiology. Principles of microbial physiology, genetics, growth and control are also discussed. Biology 152 will also satisfy the introductory microbiology requirement needed by students who major in nursing and other paramedical fields, leading to a B.S. or B.A. degree. *Satisfies General Education for: Grossmont College B1; CSU B2, B3, IGETC 5B* *Transfers to CSU, UC*

Biology 215 † **Statistics for Life Sciences**

3 units, 2 hours lecture, 3 hours laboratory

Prerequisite: A "C" grade or higher or "Pass" in MATH 110 and BIO 120 or 230 or 240 or equivalent.

Methods and experience in defining and solving quantitative problems in the life sciences. Emphasis is on the design of experiments and the application of a variety of parametric and nonparametric statistical techniques to the analysis of data.

Satisfies General Education for: Grossmont College A3; CSU B4; IGETC 2A

Transfers to: CSU, UC (credit limited: see page 53)

Biology 230 † **Principles of Cellular, Molecular and Evolutionary Biology**

4 units, 4 hours lecture, 2 hours laboratory

Prerequisite: A "C" grade or higher or "Pass" in CHEM 141 or equivalent.

Recommended Preparation: A "C" grade or higher or "Pass" in BIO 120 and ENGL 110 or ESL 119 or equivalent.

This course surveys the general principles of biology at an advanced level. Emphasis is placed on the following topics: prokaryotic and eukaryotic, cellular processes including energy metabolism, membrane transport and cell cycle/cell division and molecular genetics along with recombinant DNA; Mendelian and Non-Mendelian genetics; communication between cells; and the current models for cellular evolution. The course also includes laboratory exercises emphasizing the topics listed and the application of those topics to biotechnology. This course along with Biology 240 is the recommended Biology sequence for life science majors. It is suggested that students contact the anticipated transfer institution to ascertain specific transfer requirements for their major. *Satisfies General Education for Grossmont College B1; CSU B2; IGETC 5B* *Transfers to: CSU, UC*

† This course meets all Title 5 standards for Associate Degree Credit.

Biology 240 † **Principles of Ecology, Evolution and Organismal Biology**

5 units, 4 hours lecture, 3 hours laboratory

Prerequisite: A "C" grade or higher or "Pass" in MATH 110 or equivalent.

Recommended Preparation: A "C" grade or higher or "Pass" in BIO 120 and ENGL 110 or equivalent.

This course along with Biology 230 is the recommended biology sequence for life science majors. This course surveys the general principles of biology at an advanced level. Emphasis is placed on the following topics: the history of life on Earth and modern biodiversity; structures for reproduction, nutrition, respiration, transport, regulation of the internal environment, and response to the environment, the diversity of structures that perform these processes, how these structures allow adaptation to different environments and trophic roles; fundamental ecological principles, including population growth and regulation, nutrient cycling succession and interspecific interactions; human impacts on the environment; and the theory of evolution, including population genetics, the mechanisms of evolution, and the evolutionary basis of species classification. The course includes a laboratory component emphasizing the systematic and diversity of prokaryotes, protists, fungi, plants and animals, as well as activities investigating ecological and evolutionary processes using the scientific method. It is suggested that students contact the anticipated transfer institution to ascertain specific transfer requirements for their major.
Satisfies General Education for: Grossmont College B1; CSU B2; IGETC 5B
Transfers to: CSU, UC

Biology 251 † **Human Dissection**

1 unit, 3 hours laboratory

Prerequisite: A "C" grade or higher or "Pass" in BIO 140 or equivalent.

This course provides the supervised study of human anatomy through dissection of a human cadaver. It is a course intended to enhance knowledge gained from a college-level Human Anatomy course by observing and relating those organ systems learned to an actual human cadaver. Students will begin by identifying surface landmarks and relate them to successively deeper structures. Students will develop and refine dissecting skills use on human cadavers. Instruction of human anatomy at this level is intended to assist students pursuing careers in nursing and other allied health professions. This class has limited enrollment. Preregistration counseling with instructor is required.
Transfers to: CSU, UC

BUSINESS (BUS)

BUSINESS 109 † **(Business Office Technology 109)** **Elementary Accounting**

3 units, 3 hours lecture

A one-semester introduction to elementary accounting principles. Presentation includes journals, ledgers, work sheets and financial statement for the single proprietorship. The course is designed for the clerical employee. (May not be substituted for Business 120 where required. Not open to students with credit in Business 120.)
Transfers to: CSU

BUSINESS 110 † **Introduction to Business**

3 units, 3 hours lecture

This course provides a comprehensive view of today's dynamic American business and the global economy. Specific topics include starting a small business, satisfying customers, managing operation, motivating employees and building self-managed teams, developing and implementing customer-oriented marketing plans, managing information, managing financial resources and exploring ethical and social responsibilities of American business.
Transfers to: CSU, UC

BUSINESS 115 † **Human Relations in Business**

3 units, 3 hours lecture

Examines the human aspects of the organization with an emphasis on the role of the individual in the formal and informal structure of the organization. Learning styles, motivation theories, personality theories, communication, group dynamics, leadership, ethics and diversity within the organization will be covered.
Transfers to: CSU

BUSINESS 118 † **Retail Management**

3 units, 3 hours lecture

A survey course in the management of retail businesses, including store operating practices, layout, inventory, buying, retail mathematics and supervision of personnel.
Transfers to: CSU

BUSINESS 120 † **Financial Accounting**

4 units, 4 hours lecture

This course introduces the student to the accounting function and how it is used within our economic society. It views accounting as an information-generating system that communicates financial data to support end users in their economic decision-making. This course covers the accounting information system and the recording

and reporting of business transactions with a focus on the accounting cycle, the application of generally accepted accounting principles, the classified financial statements, and statement analysis. It also covers issues related to asset, liability, and equity valuation, revenue and expense recognition, cash flow, internal controls and ethics. This course is designed for students with an understanding of computer applications in word processing and spreadsheets, basic math skills and the ability to write in a businesslike manner.
Transfers to: CSU, UC

BUSINESS 121 † **Managerial Accounting**

4 units, 4 hours lecture

Prerequisite: A "C" grade or higher or "Pass" in BUS 120 or equivalent.

This course introduces the student to the concepts, methods, and procedures for the development and use of accounting information to support and assist management in their internal cost accounting processes and financial decision-making. The following areas are examined: cost terms and concepts, cost behavior, cost structure, product costing in a manufacturing environment (including activity based costing), cost-volume-profit analysis, budgeting, standard costing, differential analysis, capital budgeting, variable and absorption costing, and responsibility accounting.
Transfers to: CSU, UC

BUSINESS 123 A-B-C-D † **Accounting Internship**

2 units, 10 hours work experience per week
120 volunteer hours or 150 paid hours

A work experience course to enable accounting students to gain practical experience in a finance or accounting organization and to apply knowledge gained in other business courses. For work experience requirements, see page 44.
Transfers to: CSU

BUSINESS 125 † **Business Law: Legal Environment of Business**

3 units, 3 hours lecture

Legal environment of business, sources of law, constitutional bases of regulation, critical legal thinking, social and ethical influences, corporate responsibility, judicial and administrative systems, contracts, torts, agency, business organizations, bankruptcy, securities regulation, regulation of property and protection of intellectual property interests, consumer protection, antitrust law, Internet and e-commerce.
Transfers to: CSU, UC

† This course meets all Title 5 standards for Associate Degree Credit.

BUSINESS 128 † Business Communication

3 units, 3 hours lecture

Prerequisite: A "C" grade or higher or "Pass" in ENGL 110 or equivalent.

This course applies the principles of effective communication to the creation of effective letters, memos, emails, and written and oral reports for a variety of business situations. The course emphasizes planning, organizing, composing, and revising business documents using word processing software for written documents and presentation-graphics software to create and deliver professional-level oral reports. Since this course is designed for students who already have college-level writing skills, very little time will be devoted to the basics of writing or grammar.

Transfers to CSU

BUSINESS 131 † Introduction to Transportation

3 units, 3 hours lecture

A course on the selection of freight carriers and the monitoring of their performance. Use of tariffs, rates, shipping documents, and contracts for carriage. All modes of transportation are studied including: air, truck, rail, and ocean. Warehousing and materials handling are examined.

Transfers to CSU

BUSINESS 133 † Direct Mail Marketing

3 units, 3 hours lecture

A course for those interested in mail order, direct mail catalogs, direct response advertising, and the use of direct marketing to supplement conventional marketing. The course will include study of mailing lists, customer data bases, customer profiling, media, creating and testing direct mail advertisements and packages, sales tracking and forecasting, and profitability analysis. The role of creative agencies, list brokers, letter shops, fulfillment houses, and telephone marketers will be examined.

Transfers to CSU

BUSINESS 137 A-B-C-D † Marketing Internship

3 units, 15 hours work experience per week

180 volunteer hours or 225 paid hours

A work experience course to enable marketing students to gain practical experience in a marketing company or a marketing-oriented department of an organization and to apply knowledge gained in other marketing courses. For work experience requirements, see page 44.

Transfers to CSU

BUSINESS 140 † Entrepreneurship: Developing a Business Plan

3 units, 3 hours lecture

This course is designed to help the student prepare a business plan suitable for submission to a bank or to investors. The student will prepare profit and loss statements, cash flow statements, and balance sheets; will determine financing, facilities, equipment and personnel requirements; and will develop a marketing and distribution strategy.

Transfers to CSU

BUSINESS 141 † Entrepreneurship: Managing a New Business

3 units, 3 hours lecture

This course is a combination of academic and applied concepts of entrepreneurship. The course is designed to help the student apply theories of management, marketing, personnel, finance, cash flow, and production to problems encountered daily in managing a small business. The focus of the course will be on practical solutions to common business management problems with an emphasis on small businesses.

Transfers to CSU

BUSINESS 142 † Effective Sales – Skills of Personal Selling and Persuasion

3 units, 3 hours lecture

This course emphasizes understanding and using persuasive communication skills in selling situations and in any business where one person wants to influence another person.

Transfers to CSU

BUSINESS 144 † Advertising

3 units, 3 hours lecture

A basic course in the study of advertising, and its role within the larger framework of the marketing mix. Advertising agency structure, employment options, and the process and costs involved in agencies producing campaigns will be reviewed. Traditional versus online media vehicles will be reviewed and compared. Advertising strategy for social media networks will be explained. Copywriting, art and layout, mechanical production, and planning will be discussed. Successful advertising campaigns will be reviewed and evaluated as well as consumer buying behavior as it relates to advertising.

Transfers to CSU

BUSINESS 146 † Marketing

3 units, 3 hours lecture

This course focuses on the function of marketing in an organization. It examines the essential elements of a marketing strategy; product, promotion, distribution and price; the effect of the business environment on marketing decisions; consumer behavior; identification of markets; and current issues in marketing, including new and traditional media options, market research strategy, and collaborative tools for group marketing efforts.

Transfers to CSU

BUSINESS 147 † (Computer Science Information Systems 147) Social Media and Internet Marketing

3 units, 3 hours lecture

Recommended Preparation: A "C" grade or higher or "Pass" in Business 146 and CSIS 132 or equivalent.

This course will provide students with skills to achieve online marketing success in social media and integrate their Web presence with offline traditional marketing methods. The course will provide students with a basic working knowledge of methods used to help drive traffic to a web site, attract visitors and turn them into customers. Students will develop search engine optimization skills as well as explore search engine marketing, social media marketing, affiliate marketing, directory submission, and email marketing. Students will learn how to compete in new internet marketing channels, employ market research, acquire traffic, and track visitor trends.

Transfers to CSU

† This course meets all Title 5 standards for Associate Degree Credit.

BUSINESS 148 † **Customer Relations Management**

1.5 units, 1.5 hours lecture

This course is designed to provide the student with certain key skills and attitudes necessary to meet effectively the needs of customers. The student will be introduced to the concept of internal and external customers, customer satisfaction and customer retention. Topics will also include communicating with customers, developing a positive attitude, handling complaints and sales skills.

Transfers to CSU

BUSINESS 149 † **Consumer Behavior**

3 units, 3 hours lecture

This course provides students with an introduction to the complexities involved in consumers selecting, purchasing, using and disposing of products and services in our marketplace. Students will investigate and learn about factors affecting consumer decisions such as personality, culture, attitudes, motivations, perceptions, and reference groups. Course emphasis will be on understanding the decision-making process and its application to the development of sound marketing strategy.

Transfers to CSU

BUSINESS 152 † **Business Mathematics**

2 units, 2 hours lecture

This course is a comprehensive introduction to arithmetic applications used in business transactions, including: fractions, percentages, interest, discounts, banking, depreciation, payrolls, merchandising markup/markdowns, inventory, taxes, investments, and business statistics.

Transfers to CSU

BUSINESS 155 † **Human Resources Management**

3 units, 3 hours lecture

Introduction to the management of human resources and an understanding of the impact and accountability to the organization of human resource activities. Global human resource strategies, social and organizational realities, legal implications affecting people at work, union/non-union practices, employee compensation and benefits, employee rights, and safety issues.

Transfers to CSU

BUSINESS 156 † **Principles of Management**

3 units, 3 hours lecture

Planning, organizing, directing, and controlling for management. Interaction of the functions includes setting objectives, MBO, decision-making tools, alternative organization structures, leadership, motivation, communication, group dynamics, managements of stress and change, time management, ethics and diversity. A survey of the quantitative tools available to the manager is also made.

Transfers to CSU

BUSINESS 158 † **Introduction to Hospitality and Tourism Management**

3 units, 3 hours lecture

Overview of the hospitality and tourism industry with a focus on basic management theories and principles as they apply to hospitality and tourism; basic structure, organization, and management of industry components and the services/products they deliver.

Transfers to CSU

BUSINESS 159 A-B-C-D † **Management Internship**

3 units, 15 hours work experience per week

180 volunteer hours or 225 paid hours

A work experience course to enable management students to gain practical experience in an organization and to apply knowledge gained in other business courses. For work experience requirements, see page 44.

Transfers to CSU

BUSINESS 160 † **Hospitality Managerial Accounting and Controls**

3 units, 3 hours lecture

Prerequisite: A "C" grade or higher or "Pass" in BUS 120 or equivalent.

Integrates the areas of managerial accounting and controls to applications in the hospitality industry. Topics include internal control and cost management, operations budgeting, occupancy projections and pricing decisions, credit policy and cash flow, and investment decision-making.

Transfers to CSU

BUSINESS 166 † **Hospitality and Tourism Law**

3 units, 3 hours lecture

This course is designed to introduce the Hospitality and Tourism Management student to the legal principles and issues common to the hotel and travel industries. Students will gain a working knowledge of the laws and government regulations applicable to the hospitality and tourism industry. The student will be required to identify legal issues and

learn how to evaluate those issues in a structured format. Attention will be given to statutory regulations of hotels and food service and other areas such as contracts, employment law, labor relations, product liability and insurance.

Transfers to CSU

BUSINESS 176 † (Business Office Technology 176, Computer Science Information Systems 176)

Computerized Accounting Applications

2 units, 2 hours lecture

Recommended Preparation: A "C" grade or higher or "Pass" or concurrent enrollment in BUS/BOT 109 or BUS 120.

An introductory course of computerized accounting functions utilizing an integrated general ledger software package. This course is especially beneficial for students, teachers and professionals who are using, or who plan to use, computerized accounting packages in a business environment.

Transfers to CSU

BUSINESS 195 † **Personal Finance**

3 units, 3 hours lecture

This course explores the theories and techniques of managing personal income by setting goals, which will culminate in the development of a personal plan to manage their financial lives. Topics include financial planning, budgeting, institutional savings and checking services, investment analysis, retirement planning, consumerism, insurance, home ownership, credit management, taxes and estate planning.

Satisfies General Education for CSU E

Transfers to CSU

BUSINESS 229 † **Property and Liability Insurance**

3 units, 3 hours lecture

This course will provide knowledge of property and liability insurance as well as a review of insurance basics. Course content includes loss exposure, contract provisions, marketing, underwriting, claims, and risk management.

Transfers to CSU

† This course meets all Title 5 standards for Associate Degree Credit.

BUSINESS 231 † **Legal Office Procedures II**

3 units, 3 hours lecture

Prerequisite: A "C" grade or higher or "Pass" in BUS 228.

Recommended Preparation: Some form of professional note-taking skill recommended.

A continuation of Business 228, Legal Office Procedures I, with emphasis on completing and handling court documents and forms relating to civil procedures in various areas of the law operative in State and Federal Court.

Transfers to CSU

BUSINESS 233 † **Personal Insurance**

3 units, 3 hours lecture

Recommended Preparation: BUS 229 or equivalent insurance industry experience.

This course will provide knowledge of how to analyze personal loss exposures and personal insurance coverages including homeowners, personal liability, inland marine, auto, life, health, and government programs.

Transfers to CSU

BUSINESS 234 † **Commercial Insurance**

3 units, 3 hours lecture

Recommended Preparation: BUS 229 or equivalent insurance industry experience.

This course will provide knowledge of commercial property and casualty insurance loss exposures and coverages. Course content includes analyzing property, general liability, commercial automobile, workers compensation, inland marine, and crime forms and coverages.

Transfers to CSU

BUSINESS 235 † **Delivering Insurance Services**

3 units, 3 hours lecture

This course will cover the fundamentals of continuous improvement in the delivering of insurance services. It will focus on customer relations and expectations through quality management.

Transfers to CSU

BUSINESS 250 † **Introduction to International Business**

3 units, 3 hours lecture

An overview of international business designed to provide both beginners and experienced business people with a global perspective on international trade including foreign investments, impact of financial markets, international marketing, and the operation of multi-national corporations. Classes will feature expert guest lecturers who will

present practical solutions to actual problems in international trade.

Transfers to CSU

BUSINESS 251 † **Import/Export Procedures**

2 units, 2 hours lecture

An in-depth examination of import/export techniques, terminology, methods of payment and collection, insurance and bonds, customs regulations and tariffs, Department of Commerce aids, export quotations and landed cost analysis.

Transfers to CSU

BUSINESS 252 † **Global Sourcing, Buying and Manufacturing**

1.5 units, 1.5 hours lecture

A course on locating and obtaining goods and services used for international trade. Sourcing on the Internet, the national Trade Data Bank and other computer-aided techniques for locating goods and trading partners are covered. Contracts, shipping terms and methods of payment are reviewed.

The use of contract or offshore manufacturing facilities such as maquiladoras is discussed.

Transfers to CSU

BUSINESS 253 † **International Marketing: Expanding Exports**

3 units, 3 hours lecture

A course which examines the economic, legal, political, competitive and cultural environments of foreign markets in order to design appropriate products, establish price and develop promotion strategies to effectively reach those markets. Special focus is on preparing small to medium enterprises to compete abroad. Starting your own export management company is covered.

Transfers to CSU

BUSINESS 256 † **International Financial Transactions**

2 units, 2 hours lecture

This course surveys the international monetary system as it affects import and export. Students will learn about letters of credit, drafts and other banking documents used in foreign commerce. They will also examine foreign exchange rates, financing of international trade, methods of reducing financial risk and services provided by an international banker.

Transfers to CSU

BUSINESS 257 † **International Transportation**

1.5 units, 1.5 hours lecture

This course deals with all aspects of international freight forwarding as utilized by an importer or an exporter. Domestic transportation is described as it relates to export and import shipments. All modes of transportation are explored; ocean, air, rail and truck. Quoting air and ocean shipments is covered, as well as auditing freight invoices and negotiating rates with freight forwarders.

Transfers to CSU

BUSINESS 258 † **The Cultural Dimensions in International Business**

3 units, 3 hours lecture

A course examining the cultural barriers encountered when engaging in international trade. Coping effectively with the challenges of a foreign assignment and specific information on working and negotiating with foreign nationals will be presented.

Transfers to CSU

BUSINESS 265 A-B-C-D † **Internship in International Business**

1 unit, 5 hours work experience per week
60 volunteer hours or 75 paid hours

Work experience in a business organization engaged in international business. The intern spends between 60 and 75 hours per semester in on-the-job training. For work experience requirements, see page 44.

Transfers to CSU

BUSINESS 266 † **Internship in International Business**

2 units, 10 hours work experience per week
120 volunteer hours or 150 paid hours

Prerequisite: Limited to International Business majors who have completed at least 12 units in the major.

Work experience in a business organization engaged in international business. The intern spends between 120 and 150 hours per semester in on-the-job training. For work experience requirements, see page 44.

Transfers to CSU

† This course meets all Title 5 standards for Associate Degree Credit.

BUSINESS 267 † **Internship in International Business**

3 units, 15 hours work experience per week
180 volunteer hours or 225 paid hours

Prerequisite: Limited to International Business majors who have completed at least 12 units in the major.

Work experience in a business organization engaged in international business. The intern spends between 180 and 225 hours per semester in on-the-job training. For work experience requirements, see page 44.

Transfers to CSU

BUSINESS OFFICE TECHNOLOGY (BOT)

BUSINESS OFFICE TECHNOLOGY 086 †† **Essential Skills for Workplace Success**

4 units, 4 hours lecture

A class designed for office occupation students, providing essential skills and techniques necessary for success in college and in the world of work. The course includes basic keyboarding skills as well as basic literacy and arithmetic refresher skills using business office occupations curriculum as the subject matter. Special emphasis will be placed on conflicting role demands of student, parent and employee in order to provide students with basic life management skills. This course is offered on a Pass/No Pass basis only. (Nondegree credit course)

BUSINESS OFFICE TECHNOLOGY 094 †† **Practical Internet Basics**

.5 units, 1.5 hours laboratory

This course will enable a student to use the Internet, including understanding basics such as searching and navigating the Internet and accessing e-mail. It will also introduce the student to the concepts of downloading files, using and organizing bookmarks and favorites. This course is offered on a Pass/No Pass basis only. (Nondegree credit course)

BUSINESS OFFICE TECHNOLOGY 095 †† **Keyboarding Skill Reinforcement**

1 unit, 3 hours laboratory

This course is designed for students who have completed a basic keyboarding course and desire to reinforce their skills before advancing to the next level of keyboarding. The course begins with a keyboard review, then progresses to practice and timings designed to improve keyboarding speed and

accuracy. This course is offered on a Pass/No Pass basis only. (Nondegree credit course)

BUSINESS OFFICE TECHNOLOGY 096 †† **Computer Basics for the Office**

1 unit, .5 hour lecture, 1.5 hours laboratory

Recommended Preparation: BOT/CSIS 100 or equivalent and ENGL 105 or equivalent reading level.

This course is designed to give students with little or no computer experience the basic information and skills needed to operate a computer efficiently in an office environment. Content includes an overview of components of a computer system hardware and software, proficiency in using a mouse, storing information, using the Internet and purchasing and maintaining a computer. It is recommended that students complete a basic keyboarding course prior to enrolling in this course. This course is offered on a Pass/No Pass basis only. (Nondegree credit course)

BUSINESS OFFICE TECHNOLOGY 097 †† **Windows Basics for the Office**

1 unit, .5 hour lecture, 1.5 hours laboratory

Recommended Preparation: BOT/CSIS 100 or equivalent. BOT/CSIS 096 or concurrent enrollment or equivalent, and ENGL 105 or equivalent reading level.

This course is designed for students with little or no computer experience. Students will learn to use the Windows operating system efficiently to create and manage files and folders. This course is offered on a Pass/No Pass basis only. (Nondegree credit course)

BUSINESS OFFICE TECHNOLOGY 100 † (Computer Science Information Systems 100)

Basic Keyboarding

1 unit, 3 hours laboratory

A course in beginning keyboarding techniques for those students who wish to use keyboarding skills for inputting information to computers. The course is taught on computers using appropriate software. Emphasis will be placed on the development of speed and accuracy by use of touch keyboarding methods, development of touch skills on the 10-key pad, understanding of basic vocabulary and concepts used in keyboarding operations for inputting and retrieving information, and composition at the keyboard.

Transfers to CSU

BUSINESS OFFICE TECHNOLOGY 101 † **Keyboarding/Document Processing**

3 units, 1.5 hours lecture, 4.5 hours laboratory

Recommended Preparation: A "C" grade or higher or "Pass" in BOT/CSIS 100 or equivalent. ENGL 105 or equivalent reading level.

This is a course for students wishing to integrate touch keyboarding techniques with basic text processing operations. Students will use Microsoft Word software to produce correctly formatted and accurate business documents, including letters, reports, and tables. In addition to the alphabetic keyboard, students will learn to use the 10-key pad for numeric data entry. Students will also use keyboarding software to build speed and accuracy.

Transfers to CSU

BUSINESS OFFICE TECHNOLOGY 101A † **Keyboarding/Document Processing I**

1.5 units, .8 hours lecture, 2.2 hours laboratory

Prerequisite: A "C" grade or higher or "Pass" in BOT/CSIS 100 or equivalent.

Business Office Technology 101A is equivalent to the first half of Business Office Technology 101. The focus will be on learning or reviewing the alphabetic and numeric keyboard, including the 10-key pad for numeric data entry. Students will learn to use basic features of Microsoft Word software to produce simple memos, letters, and reports. Keyboarding software will be used to build speed and accuracy. Students wishing to progress to Business Office Technology 102 should also complete Business Office Technology 101B. Not open to students with credit in Business Office Technology 101.

Transfers to CSU

BUSINESS OFFICE TECHNOLOGY 101B † **Keyboarding/Document Processing II**

1.5 units, .8 hours lecture, 2.2 hours laboratory

Prerequisite: A "C" grade or higher or "Pass" in BOT 101A or equivalent.

This course is equivalent to the second half of Business Office Technology 101. Students will use Microsoft Word software to produce correctly formatted and accurate business documents, including letters, reports, and tables. Students will also use keyboarding software to build speed and accuracy. Not open to students with credit in Business Office Technology 101.

Transfers to CSU

† This course meets all Title 5 standards for Associate Degree Credit.

†† This course meets all Title 5 standards for Nondegree Credit.

BUSINESS OFFICE TECHNOLOGY 102 †

Intermediate Keyboarding/ Document Processing

3 units, 1.5 hours lecture, 4.5 hours laboratory
Recommended Preparation: BOT 101 or BOT 101A and BOT 101B or equivalent.

A continuation course in keyboarding for those students who wish to increase their keyboarding skill. Students will continue to learn to use Microsoft Word to produce correctly formatted documents. This course begins with intermediate Microsoft Word functions, so entering students should be proficient in using basic Word features and should key a minimum of 30 wpm on a five-minute timed writing

Transfers to CSU

BUSINESS OFFICE TECHNOLOGY 102A †

Intermediate Keyboarding/ Document Processing I

1.5 units, .8 hours lecture, 2.2 hours laboratory
Prerequisite: A "C" grade or higher or "Pass" in BOT 101B or equivalent.

Business Office Technology 102A is equivalent to the first half of Business Office Technology 102. Students review and create business documents to apply formatting skills taught in BOT 101 (or BOT 101A and 101B), and then students are introduced to new formatting and report styles options, including agendas, formal reports, and multipage tables. This course begins with intermediate Microsoft Word functions so entering students should be proficient in using basic Word features and should key a minimum of 30 net words per minute on a 5-minute timing. Not open to students with credit in Business Office Technology 102.

Transfers to CSU

BUSINESS OFFICE TECHNOLOGY 102B †

Intermediate Keyboarding/ Document Processing II

1.5 units, .8 hours lecture, 2.2 hours laboratory
Prerequisite: A "C" grade or higher or "Pass" in BOT 102A or equivalent.

Business Office Technology 102B is equivalent to the second half of Business Office Technology 102. Students continue to create business documents, applying new formatting skills including using templates, designing letterheads and office forms, and learning specialized applications such as medical and legal forms. This course begins with intermediate Microsoft Word functions so entering students should be proficient in using basic Word features and should key a minimum of 35 net words per minute on a 5-minute

timed writing. Not open to students with credit in Business Office Technology 102.

Transfers to CSU

BUSINESS OFFICE TECHNOLOGY 103A †

Building Keyboarding Skill I

.5 unit, 1.5 hours laboratory

Recommended Preparation: A "C" grade or higher or "Pass" in BOT/CSIS 100 or equivalent.

This course is for students who have completed a keyboarding course but wish to work further on developing speed and accuracy. Entering students should know the alphabetic keyboard by touch and key and a minimum rate of 20 net words per minute on a 5-minute timed writing. Students keying at a lower rate should enroll in Business Office Technology 095, Keyboarding Skill Reinforcement.

Transfers to CSU

BUSINESS OFFICE TECHNOLOGY 103B †

Building Keyboarding Skill II

.5 unit, 1.5 hours laboratory

Recommended Preparation: A "C" grade or higher or "Pass" in BOT 103A or equivalent.

This is a continuation course in building keyboarding speed and accuracy. Entering students should be keying by touch at a minimum rate of 25 net words per minute on a 5-minute timed writing. Students keying at a lower rate should enroll in Business Office Technology 103A.

Transfers to CSU

BUSINESS OFFICE TECHNOLOGY 103C †

Building Keyboarding Skill III

.5 unit, 1.5 hours laboratory

Recommended Preparation: A "C" grade or higher or "Pass" in BOT 103B or equivalent.

This is a continuation course in building keyboarding speed and accuracy. Entering students should be keying by touch at a minimum rate of 30 net words per minute on a 5-minute timed writing. Students keying at a lower rate should enroll in Business Office Technology 103B.

Transfers to CSU

BUSINESS OFFICE TECHNOLOGY 104 †

Filing and Records Management

1 unit, .5 hour lecture, 1.5 hours laboratory

Recommended Preparation: ENGL 105 or equivalent.

This course offers instruction in the Association of Records Managers and Administrators (ARMA) filing rules and techniques which are widely used in business to create and maintain files.

Alphabetic, numeric, geographic, and subject filing rules are included. The course also includes instruction in records management, including the rules for retention, transfer and disposition of records. Students use a microcomputer software package to learn basic filing rules.

Transfers to CSU

BUSINESS OFFICE TECHNOLOGY 105 †

Data Entry Skills

1 unit, .5 hour lecture, 1.5 hours laboratory

Prerequisite: A "C" grade or higher or "Pass" in BOT/CSIS 100 or equivalent.

Recommended Preparation: BOT/CSIS 096.

This course is designed for students who wish to prepare for employment in the data entry field. Emphasis is on development of speed and accuracy in the use of the microcomputer alphabetic keyboard and the microcomputer numeric keypad to reach employable levels of skill. Students will complete assignments, drills, and timed speed and accuracy tests.

Transfers to CSU

BUSINESS OFFICE TECHNOLOGY 106 †

Effective Job Search

1 unit, 1 hour lecture

This course will provide comprehensive and valuable skills that are needed to successfully secure employment, specializing in the office technology industry. It is designed to examine the continuous process of career/life planning through effective, well-planned and efficiently organized job search procedures.

Transfers to CSU

BUSINESS OFFICE TECHNOLOGY 107 †

Office Systems and Procedures

2 units, 2 hours lecture

Recommended Preparation:

BOT/CSIS 096 and 097, BOT 101 or 101A and 101B, or equivalent or concurrent enrollment. ENGL 105 or equivalent reading level.

Content includes office ethics and professionalism; prioritizing and productivity; human relations; working in teams; customer service skills; telephone skills; scheduling appointments; using e-mail, copiers, fax machines, and scanners; handling office mail; and using the Internet for common office functions such as travel reservations and ordering supplies.

Transfers to CSU

† This course meets all Title 5 standards for Associate Degree Credit.

**BUSINESS OFFICE TECHNOLOGY
108 †
Using Calculators to Solve
Business Problems**

1 unit, .5 hour lecture, 1.5 hours laboratory

Recommended Preparation: A "C" grade or higher or "Pass" in ENGL 105 or equivalent reading level.

Introduces the ten-key, digital display, electronic calculator. The student will build skill in performing fundamental arithmetic operations using a calculator. Topics include use of decimals, fractions, constants, discounts, percentages, and memory keys.
Transfers to CSU

**BUSINESS OFFICE TECHNOLOGY
109 †
(Business 109)
Elementary Accounting**

3 units, 3 hours lecture

A one-semester introduction to elementary accounting principles. Presentation includes journals, ledgers, work sheets and financial statement for the single proprietorship. The course is designed for the clerical employee. (May not be substituted for Business 120 where required. Not open to students with credit in Business 120.)
Transfers to CSU

**BUSINESS OFFICE TECHNOLOGY
110 †
Business English and
Communication**

3 units, 3 hours lecture

A class designed to provide English and communication skills for use in office occupations. Areas covered include spelling, vocabulary, language structure, mechanics of style, and writing business memos, e-mails, and letters. All memo, e-mail and letter assignments must be typed or prepared on a computer. This course is designed primarily for Business Office Technology students.
Transfers to CSU

**BUSINESS OFFICE TECHNOLOGY
111 †
Virtual Assistant**

2 units, 2 hours lecture

Recommended Preparation: A "C" grade or higher or "Pass" in BOT 100 or 103A and 103B and 107.

An overview course providing information to those interested in careers as Virtual Assistants (those whose work consists mainly of internet communications and email correspondence) with a focus on virtual administrative services. Topics include defining a virtual career; creating, organizing and managing your virtual office, office and business ethics, financial planning; time management, buying and using technology, and promoting a virtual business.
Transfers to CSU



**BUSINESS OFFICE TECHNOLOGY
112 †
Business Office
Correspondence and Office
Professionalism**

3 units, 3 hours lecture

Corequisite: BOT 114 and 115.

This 8-week course provides comprehensive and valuable guidelines for creating general business correspondence used in office occupations, including spelling, vocabulary, letter writing, and developing a marketable resume and cover letter. It touches upon the continuous process of career planning and networking when resume and cover letter writing is discussed. In addition, the course examines office professionalism and productivity, introducing students to various office equipment and its appropriate use. This course is intended for Business Office Technology majors.
Transfers to CSU

**BUSINESS OFFICE TECHNOLOGY 113 †
Social Media Basics for the
Job Seeker**

.5 unit, 1.5 hours laboratory

Social Media Basics for the Job Seeker is an introduction to social media, social media providers, and social media uses. Definitions of social media and related terminology will be provided. Students will learn how to develop Facebook, LinkedIn, Twitter, and other accounts to develop a professional profile online. Safety and privacy will be covered. The course is designed for the beginner who wants to learn more about social media and how to use it to create an online professional portfolio.
Transfers to CSU

**BUSINESS OFFICE TECHNOLOGY
114 †
Essential Word**

1 unit, .5 hour lecture, 1.5 hours laboratory

Recommended Preparation:

BOT/CSIS 096 and 097, BOT 101 or 101A and 101B or equivalent, and ENGL 105 or equivalent reading level.

This course is designed for the student who wants to learn the most commonly used features of a current popular word processing software package. Students who complete this course will be proficient in using text editing and formatting commands to produce typical business documents. They will also be proficient at using the mail merge feature to produce form letters, labels, and envelopes. Students who wish to study word processing software in more depth should consider enrolling in Business/Computer Science Information Systems 173 or Business Office Technology/Computer Science Information Systems 120, 121 and 122. See the current class schedule for version of Microsoft Word currently being used. Not open to students with credit in Business Office Technology/Computer Science Information Systems 121 or 122.
Transfers to CSU

† This course meets all Title 5 standards for Associate Degree Credit.

BUSINESS OFFICE TECHNOLOGY 115 †

Essential Excel

1 unit, .5 hour lecture, 1.5 hours laboratory

Recommended Preparation:

BOT/CSIS 096, 097 and 100 or equivalent, and ENGL 105 or equivalent reading level.

This course is for the student who wants to become proficient in the most commonly used features of Microsoft Excel. Basic spreadsheet concepts and terms will be introduced. Students will learn how to create, format, and revise spreadsheets and charts. They will also learn how to create basic formulas and templates. The use of simple macros will be introduced. Students who desire more in-depth coverage of these and additional topics should consider enrolling in Computer Science Information Systems 175 or Business Office Technology/Computer Science Information Systems 123, 124 and 125. Not open to students with credit in Business Office Technology/Computer Science Information Systems 124 or 125.
Transfers to CSU

BUSINESS OFFICE TECHNOLOGY 116 †

Essential Access

1 unit, .5 hour lecture, 1.5 hours laboratory

Recommended Preparation:

BOT/CSIS 096, 097 and 100 or equivalent, and ENGL 105 or equivalent reading level.

This course is for the student who wants to become proficient in the most commonly used features of Microsoft Access. Basic database concepts and terms will be introduced. Students will learn how to create, format, edit, and revise simple databases. They will learn to sort and filter records, to use queries, and to create forms, reports, and labels. Students who desire more in-depth coverage of these and additional topics should consider enrolling in Business/Computer Science Information Systems 174 or Business Office Technology/Computer Science Information Systems 126, 127 and 128. Not open to students with credit in Business Office Technology/Computer Science Information Systems 127 or 128.
Transfers to CSU

BUSINESS OFFICE TECHNOLOGY 117 †

Essential PowerPoint

1 unit, .5 hour lecture, 1.5 hours laboratory

Recommended Preparation:

BOT/CSIS 096 and 097 or equivalent, BOT 114 or equivalent, and ENGL 105 or equivalent reading level.

This course is for the student who wants to become proficient in the most commonly used features of Microsoft PowerPoint. Basic concepts and terms will be introduced. Students will learn how to create, format, and revise PowerPoint presentations, including animation effects. Students who desire more in-depth coverage of these and additional topics should consider enrolling in Business/Computer Science Information Systems 177 or Business Office Technology/Computer Science Information Systems 129, 130 and 131. Not open to students with credit in Business Office Technology/Computer Science Information Systems 130 or 131.
Transfers to CSU

BUSINESS OFFICE TECHNOLOGY 118 †

Integrated Office Projects

1 unit, 3 hours laboratory

Prerequisite: A "C" grade or higher or "Pass" in BOT 102, 107, 115, 116, and 117 or equivalent.

Recommended Preparation: ENGL 105 or equivalent reading level.

This capstone course is designed for Business Office Technology majors who have completed prerequisite courses in all applications of the Microsoft Office suite (Word, Excel, Access, and PowerPoint) and have keyboarding skills of minimum 40 net words per minute. Students will apply their skills to complete projects which integrate these applications. Students will also use the Internet to complete projects.
Transfers to CSU

BUSINESS OFFICE TECHNOLOGY 119 †

Windows for the Information Worker

2 units, 2 hours lecture

Recommended Preparation: A "Pass" grade in BOT 096 or concurrent enrollment or equivalent.

This course is designed for students who wish to learn the latest Cloud-based generation of Windows. Students will learn to use the Windows operating system efficiently to create and manage files and folders. In addition, students will learn the latest in the "universal" applications.
Transfers to CSU

BUSINESS OFFICE TECHNOLOGY 120 †

Comprehensive Word, Level I

1 unit, .5 hour lecture, 1.5 hours laboratory

Recommended Preparation:

BOT/CSIS 096 and 097 or equivalent, BOT 101 or 101A and 101B or equivalent, and ENGL 105 or equivalent reading level.

This is the first level of a three-level course sequence designed to give students thorough coverage of most features of Microsoft Word. Students who complete all three levels will be prepared to take the Microsoft Office User Specialist (MOUS) certification examination or similar examinations. Students wishing less comprehensive coverage of Microsoft Word should consider enrolling in Business Office Technology 114.
Transfers to CSU

BUSINESS OFFICE TECHNOLOGY 121 †

Comprehensive Word, Level II

1 unit, .5 hour lecture, 1.5 hours laboratory

Recommended Preparation:

BOT/CSIS 120 or equivalent.

This course is the second level in a three-level course sequence designed to give students thorough coverage of all features of Microsoft Word. Students who complete all three levels will be prepared to take the Microsoft Office User Specialist (MOUS) certification examination or similar examinations.
Transfers to CSU

BUSINESS OFFICE TECHNOLOGY 122 †

Comprehensive Word, Level III

1 unit, .5 hour lecture, 1.5 hours laboratory

Prerequisite: A "C" grade or higher or "Pass" in BOT/CSIS 121 or equivalent.

This course is the third in a three-level course sequence designed to give students thorough coverage of most features of Microsoft Word. Students completing this three course sequence and preparing to take the Microsoft Office User Specialist (MOUS) certification examination or similar examinations should consider enrolling in Business Office Technology 280 prior to taking the examination.
Transfers to CSU

† This course meets all Title 5 standards for Associate Degree Credit.

BUSINESS OFFICE TECHNOLOGY 123 † **Comprehensive Excel, Level I**

1 unit, .5 hour lecture, 1.5 hours laboratory

Recommended Preparation:

BOT/CSIS 096, 097 and 100 or equivalent.

This is the first level of a three-level course sequence designed to give students thorough coverage of most features of Microsoft Excel. Students who complete all three levels will be prepared to take the Microsoft Office User Specialist certification examination or similar examinations. Students wishing less comprehensive coverage of Microsoft Excel should consider enrolling in Business Office Technology 115.

Transfers to CSU

BUSINESS OFFICE TECHNOLOGY 124 † **Comprehensive Excel, Level II**

1 unit, .5 hour lecture, 1.5 hours laboratory

Recommended Preparation:

BOT/CSIS 123 or equivalent.

This course is the second level in a three-level course sequence designed to give students a thorough coverage of all features of Excel. Students who complete all three levels will be prepared to take the Microsoft Office User Specialist (MOUS) certification examination or similar examinations.

Transfers to CSU

BUSINESS OFFICE TECHNOLOGY 125 † **Comprehensive Excel, Level III**

1 unit, .5 hour lecture, 1.5 hours laboratory

Prerequisite: A "C" grade or higher or "Pass" in BOT/CSIS 124 or equivalent.

This is the third level in a three-level course sequence designed to give students thorough coverage of most features of Microsoft Excel. Students completing this three course sequence and preparing to take the Microsoft Office User Specialist (MOUS) certification examination or similar examinations should consider enrolling in Business Office Technology 281, Preparing for Performance Examinations in Microsoft Excel, prior to taking the examination.

Transfers to CSU

BUSINESS OFFICE TECHNOLOGY 126 † **Comprehensive Access, Level I**

1 unit, .5 hour lecture, 1.5 hours laboratory

Recommended Preparation:

BOT/CSIS 096, 097, 100 and BOT 116 or equivalent, and ENGL 105 or equivalent reading level.

This is the first level of a three-level course sequence designed to give students thorough coverage of most features of Microsoft Access. Students who complete all three levels will be prepared to take the Microsoft Office User Specialist certification examination or similar examinations. Students wishing less comprehensive coverage of Microsoft Access should consider enrolling in Business Office Technology 116.

Transfers to CSU

BUSINESS OFFICE TECHNOLOGY 127 † **Comprehensive Access, Level II**

1 unit, .5 hour lecture, 1.5 hours laboratory

Recommended Preparation:

BOT/CSIS 126 or equivalent.

This course is the second level in a three-level course sequence designed to give students a thorough coverage of all features of Microsoft Access. Students who complete all three levels will be prepared to take the Microsoft Office User Specialist (MOUS) certification examination or similar examinations.

Transfers to CSU

BUSINESS OFFICE TECHNOLOGY 128 † **Comprehensive Access, Level III**

1 unit, .5 hour lecture, 1.5 hours laboratory

Prerequisite: A "C" grade or higher or "Pass" in BOT/CSIS 127 or equivalent.

This course is the third in a three-level course sequence designed to give students thorough coverage of most features of Microsoft Access. Students completing this three course sequence and preparing to take the Microsoft Office User Specialist (MOUS) certification examination or similar examinations should consider enrolling in Business Office Technology 282 prior to taking the examination.

Transfers to CSU

BUSINESS OFFICE TECHNOLOGY 129 † **Comprehensive PowerPoint, Level I**

1 unit, .5 hour lecture, 1.5 hours laboratory

Recommended Preparation:

BOT 101, 114 and BOT/CSIS 120 or equivalent, and ENGL 105 or equivalent reading level.

This is the first level of a three-level course sequence designed to give students thorough coverage of most features of Microsoft PowerPoint. Students who complete all three levels will be prepared to take the Microsoft Office User Specialist (MOUS) certification examination or similar examinations. Students wishing less comprehensive coverage of Microsoft PowerPoint should consider enrolling in Business Office Technology 117.

Transfers to CSU

BUSINESS OFFICE TECHNOLOGY 130 † **Comprehensive PowerPoint, Level II**

1 unit, .5 hour lecture, 1.5 hours laboratory

Recommended Preparation:

BOT/CSIS 129 or equivalent.

This course is the second level in a three-level course sequence designed to give students a thorough coverage of all features of Microsoft PowerPoint. Students who complete all three levels will be prepared to take the Microsoft Office User Specialist (MOUS) certification examination or similar examinations in PowerPoint.

Transfers to CSU

BUSINESS OFFICE TECHNOLOGY 131 † **Comprehensive PowerPoint, Level III**

1 unit, .5 hour lecture, 1.5 hours laboratory

Prerequisite: A "C" grade or higher or "Pass" in BOT/CSIS 130 or equivalent.

This course is the third in a three-level course sequence designed to give students thorough coverage of most features of Microsoft PowerPoint. Students completing this three course sequence and preparing to take the Microsoft Office User Specialist (MOUS) certification examination or similar examinations should consider enrolling in Business Office Technology 283 prior to taking the examination.

Transfers to CSU

† This course meets all Title 5 standards for Associate Degree Credit.

BUSINESS OFFICE TECHNOLOGY 132 † **Google Applications for Business**

3 units, 3 hours lecture

In this course, students learn how to use Google Apps, a collection of free Web-based productivity tools, in a business environment. Topics include Google Search, Gmail, Google Calendar, Google Docs, Google Spreadsheets, Google Presentations, and emerging trends in Google Apps. Students use the Internet to access their files and the tools to manipulate and collaborate with them.

Transfers to CSU

BUSINESS OFFICE TECHNOLOGY 150 † **Using Microsoft Publisher**

1 unit, .5 hour lecture, 1.5 hours laboratory

Recommended Preparation: BOT 101 and 121 or equivalent..

An introductory course in Microsoft Publisher for those students who wish to acquire a basic understanding of concepts and terminology for the production of professional quality publications. The emphasis is on graphics, word processing, and page layout.

Transfers to CSU

BUSINESS OFFICE TECHNOLOGY 151 † **Using Microsoft Outlook**

1 unit, .5 hour lecture, 1.5 hours laboratory

Recommended Preparation: BOT/CSIS 096 and 097, BOT 101, BOT 114 or BOT/CSIS 120 or equivalent.

This course is designed to offer students proficiency in the use of Microsoft Outlook to create e-mail messages, maintain personal calendars and schedules, plan work, maintain contact lists, and organize information.

Transfers to CSU

BUSINESS OFFICE TECHNOLOGY 153 † **Introduction to Banking and Financial Services**

3 units, 3 hours lecture

This course will provide a working knowledge of the basics necessary to begin a financial services career in a bank, credit union, or other financial services company. Course content includes the principles of cash handling, the check processing cycle, sales techniques, and legal/ regulatory and ethical/ confidentiality issues. In addition, this course will enable students to evaluate the credit worthiness of an applicant for a personal loan and demonstrate customer-service based selling techniques.

Transfers to CSU

BUSINESS OFFICE TECHNOLOGY 160 † **Speech Recognition Applications**

1 unit, 1 hour lecture, 1 hour laboratory

Hands-on application with a current speech recognition software package. This includes training the software to recognize the user's voice; speaking accurately to improve the user's voice profile; opening and closing programs; selecting text; creating, editing, and formatting a variety of business documents; capitalizing, moving, inserting, saving, opening, and printing a variety of business documents; customizing the software; managing applications and documents; and managing keyboard and mouse control techniques.

Transfers to: CSU

BUSINESS OFFICE TECHNOLOGY 161 † **Medical Terminology**

3 units, 3 hours lecture

A basic course designed to familiarize students with fundamental medical terms and to help them recognize common prefixes, roots, and suffixes that will give clues to meaning. Stresses correct spelling, pronunciation, usage, and syllabication. Uses anatomy and physiology as a basis of study.

Transfers to CSU

BUSINESS OFFICE TECHNOLOGY 163 † **Introduction to Basic Insurance Principles**

3 units, 3 hours lecture

This course will provide a working knowledge of the insurance basics necessary to begin a career in an insurance agency or an insurance company. Course content includes the principles of property and casualty insurance and the coverage they provide.

Transfers to CSU

BUSINESS OFFICE TECHNOLOGY 164 † **Computer Software for the Insurance Industry**

2 units, 2 hours lecture

Recommended Preparation: A "C" grade or higher or "Pass" or concurrent enrollment in BOT 163 or equivalent insurance industry experience.

This course will provide knowledge of common rating software utilized in the rating of auto insurance, homeowners, and dwelling fire policies. In addition, the student will learn how to complete common industry forms such as applications. Students will be expected to recognize and understand common

insurance industry terms.

Transfers to CSU

BUSINESS OFFICE TECHNOLOGY 165 † **Medical Insurance Billing**

4.5 units, 4 hours lecture, 2 hours laboratory

Recommended Preparation: A "C" grade or higher or "Pass" in BOT 102 and 161 or equivalent. May be concurrently enrolled in BOT 161.

The course provides entry-level training in medical insurance billing. The course will cover government, military, private and group insurance claim forms and process, including the use of standardized forms. Students will develop an understanding of Current Procedural Terminology (CPT), International Classification of Diseases (ICD) and Health Care Procedural Coding System (HCPCS) as they are used in medical records, insurance billing, and related correspondence. Emphasis is placed on: ICD-9, CPT and HCPCS coding; processing and monitoring health care claims, manually and using specialized software; interpretation and processing of Explanation of Benefits (EOB) information; and claims review and appeal. Students will use word processing and patient accounting software to produce billing correspondence and documents.

Transfers to CSU

BUSINESS OFFICE TECHNOLOGY 167 † **Medical Coding**

4 units, 4 hours lecture, 1 hour laboratory

Recommended Preparation: A "C" grade or higher or "Pass" in BOT 161 and 165 or equivalent

This course provides entry-level training in medical coding. Students will develop an understanding of Current Procedure Terminology (CPT) and International Classifications of Diseases (ICD-9-CM), Volumes I and II as they are used in records.

Transfers to CSU

BUSINESS OFFICE TECHNOLOGY 170 † **Medical Office Procedures**

6 units, 6 hours lecture

Prerequisite: A "C" grade or higher or "Pass" or concurrent enrollment in BOT 161 or equivalent.

A course designed for those who wish to pursue a career as a medical business office worker or for those currently working in a medical office who wish to improve their skills. Students will develop skills in oral and written communications, records management, office supervision, legal and ethical obligations, credit and collections,

† This course meets all Title 5 standards for Associate Degree Credit.

banking procedures, bookkeeping for a medical office, employer and payroll taxes, special administrative procedures and preparation of a procedure manual for the medical office.

Transfers to CSU

BUSINESS OFFICE TECHNOLOGY 171 †

Microcomputer Business Applications Lab

1 unit, 3 hours laboratory

Corequisite: Concurrent enrollment in BOT/CSIS 172.

This lab is highly recommended for all students enrolled in Business Office Technology/Computer Science Information Systems 172, and is especially beneficial for students who do not have access to a microcomputer outside of class hours. Hands-on assignments will facilitate skill development in all areas of microcomputer applications covered in Business Office Technology/Computer Science Information Systems 172.

Transfers to CSU

BUSINESS OFFICE TECHNOLOGY 172 †

(Computer Science Information Systems 172)

Introduction to Microcomputer Applications

2 units, 2 hours lecture

Recommended Preparation: CSIS 105 or 110 or BOT 096 and 097 and the ability to type 25 words per minute verified by a typing certificate or BOT 100 or 101 or CSIS 100.

This class introduces a student to microcomputer application software. It is taught using a Windows operating system and IBM-compatible microcomputer, using business software in a hands-on lecture approach. Topics include the use of microcomputers for word processing, spreadsheet, database, electronic publishing and presentation functions.

Transfers to CSU

BUSINESS OFFICE TECHNOLOGY 176 †

(Business 176, Computer Science Information Systems 176)

Computerized Accounting Applications

2 units, 2 hours lecture

Recommended Preparation: A "C" grade or higher or "Pass" or concurrent enrollment in BUS/BOT 109 or BUS 120.

An introductory course of computerized accounting functions utilizing an integrated general ledger software package. This course is especially beneficial for students, teachers and professionals who are using, or who plan to use, computerized accounting packages in a business environment.

Transfers to CSU

BUSINESS OFFICE TECHNOLOGY 179 †

Computerized Accounting Lab

1 unit, 3 hours laboratory

Corequisite: BOT/BUS/CSIS 176.

Supervised laboratory practice to enhance computer skills in subject areas included in Business/Business Office Technology/Computer Science Information Systems 176. Use of integrated general accounting software for completion of projects assigned in Computerized Accounting Applications class.

Transfers to CSU

BUSINESS OFFICE TECHNOLOGY 201 †

Advanced Keyboarding/Document Processing

3 units, 1.5 hours lecture, 4.5 hours laboratory

Prerequisite: A "C" grade or higher or "Pass" in BOT 102 or 102B or equivalent.

Advanced Keyboarding/Document Processing is a course for the further development of keyboarding skill to meet professional placement requirements. Students will use intermediate and advanced features of Microsoft Word software to create complex business documents with minimum instruction. Students will use computer software for building speed and accuracy on five-minute timed writings to attain the speed and accuracy required for professional office positions.

Transfers to CSU

BUSINESS OFFICE TECHNOLOGY 203 †

Office Project Coordination

1 unit, 3 hours laboratory

Prerequisite: A "C" grade or higher or "Pass" in BOT/CSIS 122, 125, 128, 131 and BOT 151 or equivalent.

This capstone course gives students who have comprehensive knowledge of Word, Excel, Access, PowerPoint, and Microsoft Outlook the opportunity to integrate those skills by assuming responsibility for completing a given project from inception to completion.

Transfers to CSU

BUSINESS OFFICE TECHNOLOGY 216 †

Introduction to Medical Transcription

3 units, 2 hours lecture, 3 hours laboratory

Recommended Preparation: BOT 103B and BOT 114 and BOT 161 or equivalent.

A course designed to introduce students to the medical transcription/healthcare documentation field. The course includes the use of word processing software and transcription equipment to prepare medicolegal documentation and provide a background into industry best practices. The course is appropriate for those pursuing a career in medical transcription/healthcare documentation, those currently working in medical settings who wish to upgrade their skills, or those considering other allied health careers.

Transfers to CSU

BUSINESS OFFICE TECHNOLOGY 219 †

Healthcare Documentation I

4 units, 2 hours lecture, 6 hours laboratory

Prerequisite: A "C" grade or higher or "Pass" in BOT 103C and BOT 114 and BOT 161 and BOT 216 or equivalent.

Recommended Preparation: BOT 115 or equivalent.

This course is the first of two designed for students who wish to pursue a career as a healthcare documentation/medical transcription professional. The course builds transcription skills utilizing a multi-body-system approach and covers such specialties as dermatology/plastic surgery; gastrointestinal; cardiopulmonary; ear, nose and throat; ophthalmology; and pediatrics. Completion of both courses prepares students for employment in a physician's office, small clinic, or group practice settings and builds a strong foundation toward working in the acute-care setting or other allied health careers.

Transfers to CSU

BUSINESS OFFICE TECHNOLOGY 220 †

Healthcare Documentation II

4 units, 2 hours lecture, 6 hours laboratory

Prerequisite: A "C" grade or higher or "Pass" in BOT 219 or equivalent.

Recommended Preparation: BOT 115 or equivalent.

This course is the second in a series designed for students who wish to pursue a career as a healthcare documentation professional. The course builds transcription skills utilizing a multi-body-system approach and covers such specialties as genitourinary, obstetrics/gynecology, orthopedics,

† This course meets all Title 5 standards for Associate Degree Credit.

neuropsychiatry, hematology, oncology and immunology. Completion of Healthcare Documentation I and II prepares the student for employment in a physician's office, small clinic or group practice sites and builds a strong foundation toward working in the acute-care or at-home setting.
Transfers to CSU

BUSINESS OFFICE TECHNOLOGY 223 †

Office Work Experience

1 unit, 5 hours work experience per week
60 volunteer hours or 75 paid hours

Prerequisite: Limited to majors in Business Office Technology who have completed at least 12 units in the major.

Work experience in an office. Trainee spends 60-75 hours per semester in on-the-job training in an office. Keyboarding and computer skills as well as training in a variety of office procedures are required by most worksites. For work experience or field experience requirements, see page 44.
Transfers to CSU

BUSINESS OFFICE TECHNOLOGY 224 †

Office Work Experience

2 units, 10 hours work experience per week
120 volunteer hours or 150 paid hours

Prerequisite: Limited to majors in Business Office Technology who have completed at least 12 units in the major.

Work experience in an office. Trainee spends 120-150 hours per semester in on-the-job training in an office. Keyboarding and computer skills as well as training in a variety of office procedures are required by most worksites. For work experience or field experience requirements, see page 44.
Transfers to CSU

BUSINESS OFFICE TECHNOLOGY 225 †

Office Work Experience

3 units, 15 hours work experience per week
180 volunteer hours or 225 paid hours

Prerequisite: Limited to majors in Business Office Technology who have completed at least 12 units in the major.

Work experience in an office. Trainee spends 180-225 hours per semester in on-the-job training in an office. Keyboarding and computer skills as well as training in a variety of office procedures are required by most worksites. For work experience or field experience requirements, see page 44.
Transfers to CSU

BUSINESS OFFICE TECHNOLOGY 229 †

Healthcare Documentation III

4 units, 2 hours lecture, 6 hours laboratory

Prerequisite: A "C" grade or higher or "Pass" in BOT 220 or equivalent.

Recommended Preparation: A "C" grade or higher or "Pass" or concurrent enrollment in BIO 140.

This course is the third semester in a series designed to prepare students to meet workforce needs, to evolve with industry standards and to adapt with market force changes in clinical documentation. Surgical techniques and operative reports organized by medical specialty and in-depth laboratory and diagnostic procedures are emphasized.
Transfers to CSU

BUSINESS OFFICE TECHNOLOGY 230 †

Healthcare Documentation IV

4 units, 2 hours lecture, 6 hours laboratory

Prerequisite: A "C" grade or higher or "Pass" in BOT 229 or equivalent.

This course is the fourth semester completing the series designed to prepare students to meet workforce needs, to evolve with industry standards and to adapt with market force changes in clinical documentation. The advanced transcription practice develops proficiency in task completion and broadens exposure to vocabulary, work types and industry standards used in health information exchange. Completion of this course prepares the student to sit for the Registered Medical Transcriptionist (RMT) exam which quantifies the knowledge base of a Level I medical transcriptionist.
Transfers to: CSU

BUSINESS OFFICE TECHNOLOGY 280 A-B-C †

Preparing for Performance Examinations in Microsoft Word

.5 unit, 1.5 hours laboratory

Recommended Preparation: BOT/CSIS 122 or equivalent.

Students will use testing software to prepare for the Microsoft Office User Certification (MOUS) examination, to prepare for employment examinations, or to receive a Business Office Technology certificate of proficiency in Microsoft Word with detailed competencies. This course is offered on a Pass/No Pass basis only.

BUSINESS OFFICE TECHNOLOGY 281 A-B-C †

Preparing for Performance Examinations in Microsoft Excel

.5 unit, 1.5 hours laboratory

Recommended Preparation: BOT/CSIS 125 or equivalent.

Students will use testing software to prepare for the Microsoft Office User Certification (MOUS) examination, to prepare for employment examinations, or to receive a Business Office Technology certificate of proficiency in Microsoft Excel with detailed competencies. This course is offered on a Pass/No Pass basis only.

BUSINESS OFFICE TECHNOLOGY 282 A-B-C †

Preparing for Performance Examinations in Microsoft Access

.5 unit, 1.5 hours laboratory

Recommended Preparation: BOT/CSIS 128 or equivalent.

Students will use testing software to prepare for the Microsoft Office User Certification (MOUS) examination, to prepare for employment examinations, or to receive a Business Office Technology certificate of proficiency in Microsoft Access with detailed competencies. This course is offered on a Pass/No Pass basis only.

BUSINESS OFFICE TECHNOLOGY 283 A-B-C †

Preparing for Performance Examinations in Microsoft PowerPoint

.5 unit, 1.5 hours laboratory

Recommended Preparation: BOT/CSIS 131 or equivalent.

Students will use testing software to prepare for the Microsoft Office User Certification (MOUS) examination, to prepare for employment examinations, or to receive a Business Office Technology certificate of proficiency in Microsoft PowerPoint with detailed competencies. This course is offered on a Pass/No Pass basis only.

† This course meets all Title 5 standards for Associate Degree Credit.

CARDIOVASCULAR TECHNOLOGY (CVTE)

CARDIOVASCULAR TECHNOLOGY 100 †

Physical Principles of Medicine I

2 units, 2 hours lecture

Prerequisite: Admission to the Cardiovascular Technology Program.

Corequisite: CVTE 101 and 102 and 103.

A course in the mathematics and physical principles of medicine specifically applicable to the field of Cardiovascular Technology. Designed for students enrolled in the Cardiovascular Technology Program, the course includes studies in the use of mathematic formulas and physics used to evaluate the hemodynamics of the cardiovascular system.

Transfers to CSU

CARDIOVASCULAR TECHNOLOGY 101 †

Cardiovascular Physiology I

4 units, 4 hours lecture

Prerequisite: Admission to the Cardiovascular Technology Program.

Corequisite: CVTE 100 and 102 and 103.

A study of the anatomy, physiology, structural relationships, and pathophysiology of the human heart and vascular system. Designed for students enrolled in the Cardiovascular Technology Program, the course will concentrate on specialized terminology, cardiac anatomy, electrocardiography, and hemodynamics.

Transfers to CSU

CARDIOVASCULAR TECHNOLOGY 102 †

Medical Instrumentation I

3 units, 2 hours lecture, 3 hours laboratory

Prerequisite: Admission to the Cardiovascular Technology Program.

Corequisite: CVTE 100 and 101 and 103.

An integrated course in medical electronics and instrumentation for the cardiovascular technology student. The course will emphasize the concepts of electrical safety, the clinical application of electronic instruments and devices used in cardiovascular medicine, and the characteristics, recording, and measurement of bioelectric signals.

Transfers to CSU

CARDIOVASCULAR TECHNOLOGY 103 †

Laboratory Practicum and Proficiency Testing I

2 units, 1 hour lecture, 3 hours laboratory

Prerequisite: Admission to the Cardiovascular Technology Program.

Corequisite: CVTE 100 and 101 and 102.

A practicum course designed to insure competency in the basic skills required in the clinical practice of cardiovascular technology. Students acquire skills in the performance of indirect blood pressure measurement, ultrasound imaging of the heart and vascular system, and calculation of specified hemodynamic parameters.

Transfers to CSU

CARDIOVASCULAR TECHNOLOGY 104 †

Electrocardiographic Theory

3 units, 3 hours lecture

Prerequisite: Admission to the ECG Program

Corequisite: CVTE 105.

This course will provide the electrocardiograph theory and principles required to perform basic 12-lead electrocardiograms. Basic cardiac anatomy and physiology will be covered with a focus on the cardiac conduction system. Basic rhythm strip analysis will be included. This course and CVTE 105 are designed to train students in the administration of a resting 12-lead electrocardiogram, stress testing, and ambulatory monitoring, and to prepare the student for the Certified Cardiographic Technician (CCT) exam through Cardiovascular Credentialing International.

Transfers to CSU

CARDIOVASCULAR TECHNOLOGY 105 †

Electrocardiographic Technique

2 units, 6 hours laboratory

Corequisite: CVTE 104.

A course in the practical application of the technique for recording and interpreting standard electrocardiograms. There is an emphasis on the techniques for administering a 12-lead electrocardiogram. Students will perform electrocardiograms in an on-campus laboratory setting and be assigned to lab rotations in local clinical facilities for a portion of the semester. This course and CVTE 104 will prepare the student for the Certified Cardiographic Technician (CCT) exam through the Cardiovascular Credentialing International.

Transfers to CSU

CARDIOVASCULAR TECHNOLOGY 106 †

Advanced Electrocardiographic Studies

5 units, 4 hours lecture, 3 hours laboratory

Prerequisite: Admission to the Telemetry Program.

Corequisite: CVTE 108

A study of the theory, clinical application and administration of specialized monitoring equipment to identify and analyze cardiac rhythms. This course along with CVTE 108 will prepare the student to take the Certified Rhythm Analysis Technician (CRAT) exam through Cardiovascular Credentialing International.

Transfers to CSU

CARDIOVASCULAR TECHNOLOGY 107 †

Introduction to Clinical Practicum I

1 unit, 1 hour lecture

Corequisite: CVTE 100 and 101 and 102 and 103.

A course to introduce the first year/fall semester CVTE student, enrolled in the CVTE Program, to Invasive Cardiology, Adult Echocardiography and Vascular Technology in the hospital/clinical environment. The course is designed to acquaint and educate the student with the day-to-day procedures and specific job requirements and descriptions for each track specialty. This course will provide the needed information and clinical observations to enable them in selecting a subspecialty within the field of Cardiovascular Technology.

Transfers to CSU

CARDIOVASCULAR TECHNOLOGY 108 †

Advanced Cardiac Monitoring

2 units, 2 hours lecture

Corequisite: CVTE 106

A study of the advanced cardiac arrhythmias that Cardiac Monitoring Technicians are required to know before employment can be obtained in this field. Special attention will be given life-threatening dysrhythmias along with techniques for distinguishing between aberrant rhythms and life-threatening dysrhythmias. Treatment for abnormal rhythms will be discussed. This course along with CVTE 106 will prepare the student to take the Certified Rhythm Analysis Technician (CRAT) exam through the Cardiovascular Credentialing International.

Transfers to CSU

† This course meets all Title 5 standards for Associate Degree Credit.

CARDIOVASCULAR TECHNOLOGY 109 † X-Ray Physics and Radiation Safety

3 units, 3 hours lecture

Prerequisite: A "C" grade or higher in CVTE 100 and 101 and 102 and 103.

Corequisite: CVTE 116.

A course providing advanced study in medical electronics and instrumentation which focuses on imaging technologies, utilized in invasive cardiology. Emphasis will be placed upon radiation safety, fluoroscopic regulations, fluoroscopy techniques, the x-ray imaging chain, x-ray physics, cardiovascular angiographic projections, coronary angiographic techniques, optical principles, intravascular ultrasound and Doppler techniques. Additional emphasis is placed on fluoroscopic data collection, analysis and interpretation of clinical patterns.
Transfers to CSU

CARDIOVASCULAR TECHNOLOGY 110 † Physical Principles of Medicine II

3 units, 3 hours lecture

Prerequisite: A "C" grade or higher in CVTE 100 and 101 and 102 and 103.

Corequisite: CVTE 115 or 117.

This course is a continuation of Cardiovascular Technology 100 with emphasis on the physical characteristics of sound, ultrasound, and Doppler ultrasound as utilized in medical diagnostic testing. The course explores the physics involved in the formation, propagation, and reflection of sound and ultrasound, the characteristics of the various types of transducers used in echocardiography and vascular duplex scanning, and the mathematical techniques employed in the use of ultrasound to measure and calculate hemodynamic function indices.
Transfers to CSU

CARDIOVASCULAR TECHNOLOGY 111 † Cardiovascular Physiology II

4 units, 4 hours lecture

Prerequisite: A "C" grade or higher in CVTE 100 and 101 and 102 and 103.

Corequisite: CVTE 113.

A continuation of Cardiovascular Technology 101, Cardiovascular Physiology I, with emphasis on electrocardiographic arrhythmia recognition, the anatomy, physiology, and pathophysiology of specified congenital heart disease, the structure and function of the arterial, venous, capillary and pulmonary circulations

and the techniques for measuring and/or calculating specified hemodynamic function indices.
Transfers to CSU

CARDIOVASCULAR TECHNOLOGY 113 † Introduction to Clinical Practicum II

1 unit, 1 hour lecture

Prerequisite: A "C" grade or higher in CVTE 100 and 101 and 102 and 103.

Corequisite: CVTE 111.

This course prepares the Cardiovascular Technology student for the clinical setting with topics such as HIPAA, infection control, radiation safety, patient transport, basic patient care, professionalism in the healthcare setting and expectations of the Cardiovascular Technology student during clinical assignments.
Transfers to CSU

CARDIOVASCULAR TECHNOLOGY 114 † Cardiovascular Pharmacology

2 units, 2 hours lecture

Prerequisite: A "C" grade or higher in CVTE 111 and 113.

This course introduces the concepts of drug classification, pharmacokinetics, delivery systems, drug interactions and dosage. A survey of all drug categories will be presented, but emphasis will be placed on cardiac and vascular, and thrombolytic medications. Drugs administered during cardiovascular procedures is the focus of this course.
Transfers to CSU

CARDIOVASCULAR TECHNOLOGY 115 † Introduction to Adult Echocardiography

4 units, 2 hours lecture, 6 hours laboratory

Prerequisite: A "C" grade or higher in CVTE 100 and 101 and 102 and 103.

Corequisite: CVTE 110

An introduction to Adult Echocardiography. This course is in specialized techniques and cardiovascular theory to develop cognitive and manipulative skills in the clinical operation of specified ultrasound instrumentation, and in the performance of adult echocardiography.
Transfers to CSU

CARDIOVASCULAR TECHNOLOGY 116 † Introduction to Invasive Cardiology

4 units, 2 hours lecture, 6 hours laboratory

Prerequisite: A "C" grade or higher in CVTE 100 and 101 and 102 and 103.

Corequisite: CVTE 109

An introductory course in Invasive Cardiology with instruction in specialized techniques used in Invasive Cardiology and designed to provide lecture and laboratory practicum necessary to develop cognitive and manipulative skills in the clinical operation of specified cardiovascular instrumentation, and in the performance of diagnostic tests in cardiac catheterization procedures.
Transfers to CSU

CARDIOVASCULAR TECHNOLOGY 117 † Introduction to Vascular Technology

4 units, 2 hours lecture, 6 hours laboratory

Prerequisite: A "C" grade or higher in CVTE 100 and 101 and 102 and 103.

Corequisite: CVTE 110

An introduction to vascular diagnostic sonography. This course covers specialized techniques of noninvasive testing of the human vascular system. It is designed to provide lecture and laboratory instruction in cognitive and psychomotor skills required for the clinical operation of ultrasound and other diagnostic instrumentation, as well as in the rationale, performance, and interpretation of diagnostic tests used in the vascular lab.
Transfers to CSU

CARDIOVASCULAR TECHNOLOGY 121 † Clinical Practicum I: Adult Echocardiography

2 units, 6 hours laboratory

Prerequisite: A "C" grade or higher in CVTE 110 and 115.

This laboratory course is the first student opportunity to perform cardiovascular diagnostic testing in a clinical setting under the guidance of an experienced Cardiovascular Technologist. Basic patient interaction, routine patient care, diagnostic testing in a clinical setting, preliminary findings and the physician's final report will be introduced. The diagnostic proficiencies learned in the classroom and practiced during the first-year lab sessions with the adult echocardiography specialists will be applied to situations in the hospital, clinic or doctor's office setting.
Transfers to CSU

† This course meets all Title 5 standards for Associate Degree Credit.

CARDIOVASCULAR TECHNOLOGY 122 †

Clinical Practicum I: Invasive Cardiology

2 units, 6 hours laboratory

Prerequisite: A "C" grade or higher in CVTE 109 and 116.

This laboratory course is the first student opportunity to perform cardiovascular diagnostic testing in a clinical setting under the guidance of an experienced Cardiovascular Technologist. Basic patient interaction, routine patient care, diagnostic testing in a clinical setting, preliminary findings and the physician's final report will be introduced. The diagnostic proficiencies learned in the classroom and practiced during the first-year lab sessions with the invasive cardiology specialists will be applied to situations in the hospital setting.

Transfers to CSU

CARDIOVASCULAR TECHNOLOGY 123 †

Clinical Practicum I: Vascular Technology

2 units, 6 hours laboratory

Prerequisite: A "C" grade or higher in CVTE 110 and 117.

This laboratory course is the first student opportunity to perform cardiovascular diagnostic testing in a clinical setting under the guidance of an experienced Cardiovascular Technologist. Basic patient interaction, routine patient care, diagnostic testing in a clinical setting, preliminary findings and the physician's final report will be introduced. The diagnostic proficiencies learned in the classroom and practiced during the first-year lab sessions with the vascular technology specialists will be applied to situations in the hospital and clinic setting.

Transfers to CSU

CARDIOVASCULAR TECHNOLOGY 221 †

Diagnostic Procedures I: Adult Echocardiography

5 units, 3 hours lecture, 6 hours laboratory

Prerequisite: A "C" grade or higher in CVTE 115.

Corequisite: CVTE 231

A course in specialized techniques using echocardiography for testing and evaluation of cardiovascular disease. Lectures will stress the performance and analysis of cardiac ultrasound findings to cardiac pathology and the measurement and calculation of specified hemodynamic parameters. The classroom laboratory provides advanced instruction in the topics and performance of diagnostics tests in

echocardiography. The theory, calibration, operation and clinical application of specified diagnostic medical instrumentation will be applied. Hospital based laboratory sessions are conducted in non-invasive cardiac labs in local hospitals with advanced instruction in two dimensional, m-mode, color-flow, cardiac Doppler, transesophageal and stress echocardiography.

Transfers to CSU

CARDIOVASCULAR TECHNOLOGY 222 †

Interventional Procedures I: Invasive Cardiology

5 units, 3 hours lecture, 6 hours laboratory

Prerequisite: A "C" grade or higher in CVTE 116.

Corequisite: CVTE 232.

This course provides advanced study in medical electronics and instrumentation, focusing on devices utilized in invasive cardiology. Specialized techniques and interpretation of physiologic data obtained during diagnostic and interventional procedures performed in the Cardiac Catheterization Lab will be emphasized. Classroom and hospital based lab sessions will focus on coronary, peripheral and electrophysiologic procedures.

Transfers to CSU

CARDIOVASCULAR TECHNOLOGY 223 †

Diagnostic Procedures I: Vascular Technology

5 units, 3 hours lecture, 6 hours laboratory

Prerequisite: A "C" grade or higher in CVTE 117.

Corequisite: CVTE 233.

A course of instruction in the specialized techniques of noninvasive testing of the human vascular system and the evaluation of vascular pathophysiology. Lectures will stress the performance and analysis of vascular ultrasound scanning, spectral analysis and the interpretation of scanning and non-scanning modalities for vascular testing. The classroom laboratory provides advanced instruction in the topics and performance of diagnostics tests in vascular technology. The theory, calibration, operation and clinical application of specified diagnostic medical instrumentation will be applied. Hospital based laboratory sessions are conducted in vascular laboratories in local hospitals, with instruction in techniques of duplex scanning of the cerebrovascular and lower-extremity vasculature.

Transfers to CSU

CARDIOVASCULAR TECHNOLOGY 225 †

Extended Experience in Clinical Practicum

1 unit, 3 hours laboratory

Prerequisite: A "C" grade or higher in CVTE 231 or 232 or 233.

A course designed to provide students with a continuation of their clinical experience. This course will provide continued application of invasive, noninvasive and vascular diagnostic techniques and clinical instruction. Students are assigned to local clinical facilities where they participate in the performance of cardiac catheterization procedures, echocardiography and vascular studies as determined by clinical specialty.

Transfers to CSU

CARDIOVASCULAR TECHNOLOGY 231 †

Clinical Practicum II: Adult Echocardiography

5 units, 15 hours laboratory

Prerequisite: A "C" grade or higher in CVTE 121

Corequisite: CVTE 221

A laboratory course providing clinical practicum with emphasis on the calibration and operation of medical instrumentation used in the non-invasive labs in local hospitals and clinics with which the CVTE Program is affiliated. The performance of specified diagnostic tests, calculation of hemodynamic data, and professional performance in the clinical environment will be stressed.

Transfers to CSU

CARDIOVASCULAR TECHNOLOGY 232 †

Clinical Practicum II: Invasive Cardiology

5 units, 15 hours laboratory

Prerequisite: A "C" grade or higher in CVTE 122

Corequisite: CVTE 222

A laboratory course providing clinical practicum with emphasis on the calibration and operation of medical instrumentation used in the Cardiac Catheterization Labs in local hospitals with which the CVTE Program is affiliated. The performance of specified diagnostic tests, calculation of hemodynamic data, and professional performance in the clinical environment will be stressed.

Transfers to CSU

† This course meets all Title 5 standards for Associate Degree Credit.

CARDIOVASCULAR TECHNOLOGY 233 †

Clinical Practicum II: Vascular Technology

5 units, 15 hours laboratory

Prerequisite: A "C" grade or higher in CVTE 123

Corequisite: CVTE 223

A laboratory course providing clinical practicum with emphasis on the calibration and operation of medical instrumentation used in the Vascular Labs in local hospitals and clinics with which the CVTE Program is affiliated. The performance of specified diagnostic tests, calculation of hemodynamic data, and professional performance in the clinical environment will be stressed.

Transfers to CSU

CARDIOVASCULAR TECHNOLOGY 240 †

Anesthesia Technology Review

3 units, 3 hours lecture

This course is designed for anesthesia technicians and/or recent graduates of training programs who intend to sit for the American Society of Anesthesia Technologists and Technicians (ASATT) certification examination. A comprehensive review of anesthesia technology will be provided, from basic anatomy and physiology to pharmacology, instrumentation and troubleshooting of equipment. This course is offered on a Pass/No Pass basis only.

Transfers to CSU

CARDIOVASCULAR TECHNOLOGY 251 †

Diagnostic Procedures II: Adult Echocardiography

5 units, 3 hours lecture, 6 hours laboratory

Prerequisite: A "C" grade or higher in CVTE 221.

Corequisite: CVTE 261.

This course is a continuation of Cardiovascular Technology 221, Adult Echocardiography Diagnostic Procedures I. It is an advanced course in the techniques utilized in the diagnosis and serial follow-up of cardiovascular disease with emphasis on pulsed wave, continuous wave and color-flow, Doppler techniques, conventional and echocardiographic stress testing and trans-esophageal echocardiography. The classroom laboratory continues advanced instruction in the topics and performance of diagnostic tests in echocardiography. The theory, calibration, operation and clinical application of specified diagnostic

medical instrumentation will be applied. Hospital based laboratory sessions are conducted in non-invasive cardiac labs in local hospitals supporting lecture topics.

Transfers to CSU

CARDIOVASCULAR TECHNOLOGY 252 †

Interventional Procedures II: Invasive Cardiology

5 units, 3 hours lecture, 6 hours laboratory

Prerequisite: A "C" grade or higher in CVTE 222.

Corequisite: CVTE 262.

This course continues the advanced study of cardiac medical electronics and instrumentation, focusing on devices utilized in invasive cardiology. Specialized interventional procedures performed in the Cardiac Catheterization Lab will be emphasized, along with cardiac rhythm management, device implantation, and electrophysiology studies. Classroom and hospital based lab sessions will focus on coronary, peripheral and electrophysiologic procedures.

Transfers to CSU

CARDIOVASCULAR TECHNOLOGY 253 †

Diagnostic Procedures II: Vascular Technology

5 units, 3 hours lecture, 6 hours laboratory

Prerequisite: A "C" grade or higher in CVTE 223.

Corequisite: CVTE 263.

A course of instruction in the specialized techniques of noninvasive testing of the human vascular system and the evaluation of vascular pathophysiology. Lectures will stress the performance and analysis of vascular ultrasound scanning, spectral analysis and the interpretation of scanning and non-scanning modalities for vascular testing. The classroom laboratory provides advanced instruction in the topics and performance of diagnostics tests in vascular technology. The theory, calibration, operation and clinical application of specified diagnostic medical instrumentation will be applied. Hospital based laboratory sessions are conducted in vascular laboratories in local hospitals, with instruction in techniques of duplex scanning of the cerebrovascular and lower-extremity and abdominal vasculature.

Transfers to CSU

CARDIOVASCULAR TECHNOLOGY 261 †

Clinical Practicum III: Adult Echocardiography

5 units, 15 hours laboratory

Prerequisite: A "C" grade or higher in CVTE 231

Corequisite: CVTE 251

This laboratory course provides a continuation of clinical practicum with emphasis on the acquisition and refinement of skills in the calibration and operation of medical instrumentation used in the non-invasive labs in local hospitals and clinics with which the CVTE Program is affiliated. The performance of specified diagnostic tests, calculation of hemodynamic data, and professional performance in the clinical environment will be stressed. Emphasis will be on consolidating skills acquired in CVTE 231 into complete diagnostic studies, including qualitative diagnostic interpretations.

Transfers to CSU

CARDIOVASCULAR TECHNOLOGY 262 †

Clinical Practicum III: Invasive Cardiology

5 hours, 15 hours laboratory

Prerequisite: A "C" grade or higher in CVTE 232

Corequisite: CVTE 252

This laboratory course provides a continuation of clinical practicum with emphasis on the acquisition and refinement of skills in the calibration and operation of medical instrumentation used in the Cardiac Catheterization Labs in local hospitals with which the CVTE Program is affiliated. The performance of specified diagnostic tests, calculation of hemodynamic data, and professional performance in the clinical environment will be stressed. Emphasis will be on consolidating skills acquired in CVTE 232 into complete diagnostic studies, including qualitative diagnostic interpretations.

Transfers to CSU

CARDIOVASCULAR TECHNOLOGY 263 †

Clinical Practicum III: Vascular Technology

5 units, 15 hours laboratory

Prerequisite: A "C" grade or higher in CVTE 233

Corequisite: CVTE 253

This laboratory course provides a continuation of clinical practicum with emphasis on the acquisition and refinement of skills in the calibration and operation of medical instrumentation used in the Vascular Labs in local hospitals and clinics with

† This course meets all Title 5 standards for Associate Degree Credit.

which the CVTE Program is affiliated. The performance of specified diagnostic tests, calculation of hemodynamic data, and professional performance in the clinical environment will be stressed. Emphasis will be on consolidating skills acquired in CVTE 233 into complete diagnostic studies, including qualitative diagnostic interpretations.
Transfers to: CSU

CHEMISTRY (CHEM)

CHEMISTRY 102 † Introduction to General, Organic and Biological Chemistry

5 units, 4 hours lecture, 3 hours laboratory

Prerequisite: A "Pass" grade in Mathematics 090 or equivalent.

A one-semester course covering the basic principles of general, organic and biochemistry as needed to understand the biochemistry, physiology and pharmacology of the human body. This course is intended for students planning to transfer to a California State University nursing program. Students with a grade of "C" or higher in Chemistry 115 and 116 are not eligible for this class.

Satisfies General Education for: Grossmont College B2; CSU B1; IGETC 5A

Transfers to: CSU, UC

CHEMISTRY 110 † Environmental Chemistry

3 units, 3 hours lecture

A course in chemistry designed for the nonscience student who wishes to discover how chemistry is an intricate part of our everyday life. Emphasis will be placed on basic chemical principles and practices, fundamental concepts, and modern implications of chemistry. Students will also become acquainted with environmental applications of topics covered, including the study of environmental issues such as ozone depletions, global warming, air and water pollution, and radioactivity. Demonstrations and hands-on in-class experiments involving student participation take the place of a laboratory.

Satisfies General Education for: Grossmont College B2; CSU B1; IGETC 5A

Transfers to: CSU, UC (credit limited: see page 53)

CHEMISTRY 113 † Forensic Chemistry

4 units, 3 hours lecture, 3 hours laboratory

Prerequisite: A "Pass" grade in Mathematics 090 or equivalent.

Elementary principles of inorganic and general chemistry with application to the field of criminal justice. Students will learn basic chemical terminology, problem solving techniques and chemical explanations of our environment. Emphasis will be placed on forensic applications of topics covered, including the study of physical evidence such as hair, fibers, glass fingerprints, and paint. Organic and inorganic techniques for analyzing evidence will be studied in lecture and practiced in lab. Previous chemistry background is helpful, but not required. This course is recommended for students needing a one semester general chemistry laboratory course. This course does not satisfy the prerequisite for Chemistry 141. Students will not receive credit toward graduation for more than one of the following courses: Chemistry 113, Chemistry 115 and Chemistry 120.

Satisfies General Education for: Grossmont College B2; CSU B1; IGETC 5A

Transfers to: CSU, UC (credit limited: see page 53)

CHEMISTRY 115 † Fundamentals of Chemistry

4 units, 3 hours lecture, 3 hours laboratory

Prerequisite: A "Pass" grade in Mathematics 090 or equivalent.

Elementary principles of inorganic and general chemistry with an overview of organic and biochemistry. Basic chemical terminology, problem solving techniques and chemical explanations of our environment will be studied. Chemical concepts will be explained through common applications such as health science and forensic science. Previous chemistry background is helpful, but not required. This course is recommended for students needing a one semester general chemistry laboratory course. This course does not satisfy the prerequisite for Chemistry 141. Students will not receive credit toward graduation for more than one of the following courses: Chemistry 113, Chemistry 115 and Chemistry 120.

Satisfies General Education for: Grossmont College B2; CSU B1; IGETC 5A

Transfers to: CSU, UC (credit limited: see page 53)

CHEMISTRY 116 † Introductory Organic and Biochemistry

4 units, 3 hours lecture, 3 hours laboratory

Prerequisite: A "C" grade or higher or "Pass" in Chemistry 115 or equivalent.

The study of carbon compounds with

emphasis on their structure, properties, and reactivity. Introduction to the structure of the major classes of biomolecules – carbohydrates, lipids, and proteins – and their relationship to the major classes of organic compounds. *Satisfies General Education for: Grossmont College B2; CSU B1; IGETC 5A*
Transfers to: CSU, UC (credit limited: see page 53)

CHEMISTRY 120 † Preparation for General Chemistry

4 units, 3 hours lecture, 3 hours laboratory

Prerequisite: "C" grade or higher or "Pass" in Mathematics 110 or equivalent.

A beginning general chemistry course for students with little or no background in chemistry. This course will prepare students for a full year general chemistry course. This course will be an intensive study in the areas of problem solving, basic atomic theory, chemical nomenclature, stoichiometry, gas laws, solutions, acid-base chemistry, and redox. The laboratory will be an introduction to quantitative techniques, descriptive chemistry, gas laws, and data treatment. Students will not receive credit toward graduation for more than one of the following courses: Chemistry 113, Chemistry 115 and Chemistry 120.

Satisfies General Education for: Grossmont College B2; CSU B1; IGETC 5A

Transfers to: CSU, UC (credit limited: see page 53)

CHEMISTRY 141 † General Chemistry I

5 units, 3 hours lecture, 6 hours laboratory

Prerequisite: A "C" grade or higher or "Pass" in Chemistry 120 or equivalent or the Chemistry 141 assessment and a "C" grade or higher or "Pass" in Mathematics 110 or equivalent.

Basic principles and calculation of chemistry with emphasis in stoichiometry, gas laws, kinetic-molecular theory, basic equilibrium including gas phase and solution phase, pH atomic and molecular structures, chemical bonding, and applications of the First Law of Thermodynamics. The laboratory is an introduction to classical and instrumental analysis, the principles of equilibrium, and atomic and molecular structures.

Satisfies General Education for: Grossmont College B2; CSU B1; IGETC 5A

Transfers to: CSU, UC

† This course meets all Title 5 standards for Associate Degree Credit.



CHEMISTRY 142 † **General Chemistry II**

5 units, 3 hours lecture, 6 hours laboratory

Prerequisite: A "C" grade or higher or "Pass" in Chemistry 141 or equivalent.

Basic principles and calculations of chemistry with emphasis on the areas of thermodynamics, kinetics, aqueous equilibrium, electrochemistry, coordination chemistry, nuclear chemistry and an introduction to organic and biochemistry. The laboratory will demonstrate the concepts presented in lecture and in addition will introduce qualitative analysis.

Satisfies General Education for: Grossmont College B2; CSU B1; IGETC 5A

Transfers to: CSU, UC

CHEMISTRY 231 † **Organic Chemistry I**

5 units, 3 hours lecture, 6 hours laboratory

Prerequisite: A "C" grade or higher or "Pass" in Chemistry 142 or equivalent.

First of a two semester organic chemistry sequence. The topics covered will include nomenclature of organic compounds, stereochemistry, reaction mechanisms, and the study of representative reactions for certain classes of organic compounds. The relationship of structure to properties, reactivity and mechanism or reaction will be emphasized. Students will become familiar with organic structure and functional groups by performing organic reactions. These will include nucleophilic substitution, dehydration, and organic redox used to synthesize new compounds from starting materials. Students will become proficient at separation and purification techniques

including TLC, column chromatography, recrystallizations and distillations. They will also utilize a variety of instrumentation including NMR, FTIR spectroscopy, gas chromatography, UV spectroscopy, and HPLC.

Satisfies General Education for: Grossmont College B2; CSU B1; IGETC 5A

Transfers to: CSU, UC

CHEMISTRY 232 † **Organic Chemistry II**

5 units, 3 hours lecture, 6 hours laboratory

Prerequisite: A "C" grade or higher or "Pass" in Chemistry 231 or equivalent.

Second of a two semester sequence. The topics covered will include: structure and reactivity of carboxylic acids and their derivatives, amines and other nitrogen functional groups, aromatic compounds, heterocyclic compounds, polyfunctional compounds, conjugation and aromaticity, and multistep organic synthesis.

Satisfies General Education for: Grossmont College B2; CSU B1; IGETC 5A

Transfers to: CSU, UC

CHEMISTRY 241 **Organic Chemistry I Lecture**

3 units, 3 hours lecture

Prerequisite: A "C" grade or higher or "Pass" in Chemistry 142 or equivalent.

First of a two semester organic chemistry lecture sequence. The topics covered will include nomenclature of organic compounds, stereochemistry, reaction mechanisms, and the study of representative reactions for certain classes of organic compounds. The relationship of structure to properties, reactivity and mechanism or reaction will be emphasized.

Satisfies General Education for: Grossmont College B2; CSU B1

Transfers to CSU

CHEMISTRY 241L **Organic Chemistry I Laboratory**

2 units, 6 hours laboratory

Corequisite: A "C" grade or higher or "Pass" in Chemistry 241 or equivalent or concurrent enrollment in Chemistry 241.

First of a two semester organic chemistry laboratory sequence. The topics covered will include basic organic chemistry laboratory operations. Students will become familiar with organic structure and functional groups by performing organic reactions. These will include nucleophilic substitution, dehydration, and organic redox used to synthesize new compounds from starting materials. Students will become proficient at separation and purification techniques including TLC, column chromatography, recrystallizations and distillations. They will also utilize a variety of instrumentation including FTIR spectroscopy, gas chromatography, UV spectroscopy, and HPLC. They will also evaluate NMR data based on their experimental results.

Satisfies General Education for: Grossmont College B2; CSU B3

Transfers to CSU

CHEMISTRY 242 **Organic Chemistry II Lecture**

3 units, 3 hours lecture

Prerequisite: A "C" grade or higher or "Pass" in Chemistry 231 or Chemistry 241 or equivalent.

Corequisite: Completion of or concurrent enrollment in Chemistry 241L or equivalent.

Second of a two semester sequence. The topics covered will include: structure and reactivity of carboxylic acids and their derivatives, amines and other nitrogen functional groups, aromatic compounds, heterocyclic compounds, polyfunctional compounds, conjugation and aromaticity, and multistep organic synthesis.

Satisfies General Education for: Grossmont College B2; CSU B1

Transfers to CSU

CHEMISTRY 242L **Organic Chemistry II Laboratory**

2 units, 6 hours laboratory

Prerequisite: A "C" grade or higher or "Pass" in Chemistry 231 or Chemistry 241 and 241L.

Corequisite: Completion of or concurrent enrollment in Chemistry 242 or equivalent.

Second of a two semester laboratory sequence. The topics covered will include: structure and reactivity of carboxylic acids and their derivatives, amines and other nitrogen functional groups, aromatic compounds, heterocyclic compounds, polyfunctional compounds, conjugation and aromaticity, and multistep organic synthesis. This class is intended as a

† This course meets all Title 5 standards for Associate Degree Credit.

second semester organic chemistry laboratory for students needing additional laboratory expertise.
Satisfies General Education for: Grossmont College B2; CSU B3
Transfers to CSU

CHILD DEVELOPMENT (CD)

CHILD DEVELOPMENT 101 † Parent Education

1 unit, 1 hour lecture

This course is primarily designed for parents of children enrolled in the Child Development Center although others are welcome to take the class. The course includes an overview of child development principles and an exploration of the role of parents in supporting the development of their children. The course will provide guidance in effective parenting strategies reflecting family and cultural beliefs. Discussions and assignments will relate directly to the participants' interaction with young children.
Transfers to CSU

CHILD DEVELOPMENT 106 † Practicum: Beginning Observation and Experience

1 unit, 3 hours laboratory

Corequisite: A "C" grade or higher or concurrent enrollment in Child Development 123 or 125 or equivalent.

A laboratory experience at an approved placement site, this course includes observing and recording behavior of infant through preschool children and working directly with preschool children. This course is designed to reinforce and augment understanding of principles and techniques for observing, assessing, planning and working with young children through direct experience.

Transfers to CSU

CHILD DEVELOPMENT 115 † (Family Studies 115) Changing American Family

3 units, 3 hours lecture

A survey of the contemporary American family with emphasis on changes in form, functions and expectations. The history of the family, both public and private, will be considered and examined in relation to the effects of class, ethnicity and social policy. The effects on the family of common life events experienced by individuals and family members will be covered including sexuality, mate selection, marriage, childbearing, the working family, divorce, domestic violence and aging. The future of the family

including implications for the individual and society will be discussed.

Satisfies General Education for: Grossmont College D2; CSU D; IGETC 4

Transfers to: CSU, UC (credit limited: see page 53)

CHILD DEVELOPMENT 121 † The Arts and Creativity for Young Children

3 units, 3 hours lecture

This course will explore the development of creativity and creative expression through art, music, dramatic play and movement. Students will participate in a variety of creative experiences and learn strategies for incorporating the creative arts into daily routines and curriculum in early care and education settings. Developing skills to prepare an inclusive classroom environment that integrates creativity, is aesthetically pleasing, and developmentally appropriate will be a part of the course. This class meets the Program/Curriculum core requirement for Community Care Licensing and the California Commission on Teacher Credentialing Child Development Permit.

Transfers to CSU

CHILD DEVELOPMENT 123 † Principles and Practices of Programs and Curriculum for Young Children

3 units, 3 hours lecture

Corequisite: Concurrent enrollment in Child Development 106 or concurrent employment in a licensed child care program.

An examination of theoretical principles of developmentally appropriate practices applied to programs, environments, emphasizing the key role of relationships, constructive adult-child interactions, and teaching strategies in supporting emotional, physical, social, creative and intellectual development for all children. This course includes a review of the historical roots of early childhood programs and the evolution of the professional practices promoting advocacy, ethics and professional identity. Legal requirements for programs in California including Title 22 and Title 5 are also included.

Transfers to CSU

CHILD DEVELOPMENT 124 † Infant and Toddler Development

3 units, 3 hours lecture

This course is a study of infants and toddlers, ages 0-3, which focuses on development in social-emotional, cognitive, language, and motor domains, including variations due to linguistic, cultural, socioeconomic and special needs. Emphasis is on development as it relates to care in a group setting. Theories and current issues related to group care are examined as well as appropriate methods of guidance and socialization. A strong focus is placed on the importance of the cultural context as it relates to meeting individual needs and building positive relationships with both child and family.

Transfers to CSU

CHILD DEVELOPMENT 125 † Child Growth and Development

3 units, 3 hours lecture

This course is a study of child growth and development from conception through adolescence as determined by the interaction of the biosocial, cognitive and social/emotional domains of development within the family and the cultural context with implications for raising successful adults. Observations of children of various ages is an integral part of this course.

Satisfies General Education for: Grossmont College D2; CSU D or E; IGETC 4

Transfers to: CSU, UC

CHILD DEVELOPMENT 127 † Science and Mathematics for Child Development

3 units, 3 hours lecture

Recommended Preparation: Child Development 125.

This course stresses the importance and value of science and mathematics in programs for young children. Students will gain an understanding of how children develop basic concepts of math and science, evaluate curriculum, and utilize appropriate methods and materials for early childhood education programs. Emphasis will be on the diverse and developmental differences of children.

Transfers to CSU

† This course meets all Title 5 standards for Associate Degree Credit.

CHILD DEVELOPMENT 129 † **Language and Literature for Child Development**

3 units, 3 hours lecture

Recommended Preparation: Child Development 125.

This course is designed to enhance the role of the teacher in supporting language and literacy development for young children. Students evaluate children's literature and develop practical skills in communicating, reading and telling appropriate stories. Respectful, nurturing relationships, developmentally appropriate learning environments and collaborations with families and staff of diverse backgrounds will be emphasized as foundations for supporting first and second language acquisition and emergent literacy.

Transfers to CSU

CHILD DEVELOPMENT 130 † **Curriculum: Design and Implementation**

3 units, 3 hours lecture

Recommended Preparation: Child Development 121, 123, 125, 127, 129 and 131.

This course integrates knowledge and skills from previous Child Development coursework as a foundation for designing appropriate curriculum and environments for young children. Students will examine a variety of approaches to curriculum development. The class will emphasize a co-constructive process of observation, implementation and documentation for designing environments that generate meaningful relevant learning that is responsive to the child in the context of family and culture.

Transfers to CSU

CHILD DEVELOPMENT 131 † **Child, Family and Community**

3 units, 3 hours lecture

Recommended Preparation: A "C" grade or higher in Child Development 123 and 125 or equivalent.

This course examines the socialization process including the role families, school, media, peers, and community play in children's development. Students will learn strategies to support children and families in a diverse society, including how to develop and maintain effective teacher and family relationships. Community resources and agencies that strengthen families will be examined. This course is required by the California State Department of Social Services for teachers and directors. *Satisfies General Education for: Grossmont College D2; CSU D*
Transfers to: CSU, UC

CHILD DEVELOPMENT 132 † **Observation and Assessment: Field Experience Seminar**

3 units, 3 hours lecture

Prerequisite: A "C" grade or higher in Child Development 106, 121, 123, 125, 127, 129, 131 and 130 or 143 or equivalent.

Corequisite: CD 133 or 170

This seminar is for the student participating in field experience as a student teacher in early childhood education programs. Students will develop skills in observation and authentic assessment and portfolio development for children and develop positive communication and guidance skills for working with children and families. These skills will be implemented in CD 133 or 170. As part of the course students will reexamine professional ethics, responsibilities and expectations of the work force and explore strategies for job search.

Transfers to CSU

CHILD DEVELOPMENT 133 † **Practicum – Field Experience: Student Teaching**

2 units, 10 hours work experience per week
120 volunteer hours or 150 paid hours

Prerequisite: A "C" grade or higher in Child Development 106, 121, 123, 125, 127, 129, 130 and 131 or equivalent.

Corequisite: CD 132

The student teacher will design, implement and evaluate curriculum experiences under supervision, at approved field placement sites. Students will apply previous coursework to make connections between theory and practice, demonstrate professional behaviors and build a comprehensive understanding of children in the group environment. This course emphasizes respectful workplace relationships among children and adults that serve as a foundation for co-construction and positive guidance. For work experience or field experience requirements, see page 44.

Transfers to CSU

CHILD DEVELOPMENT 134 † **Health, Safety and Nutrition of Young Children**

3 units, 3 hours lecture

This course emphasizes strategies for applying holistic health, safety and nutrition in early childhood settings. This course is designed for teachers, parents or others who desire current information on concepts of health, safety, and nutrition as it applies to children from infancy through school age. This course will cover laws, practices and curriculum regarding physical and mental health, safety, fitness and nutrition. An emphasis on program planning will include collaboration with families and health care providers leading to the

development of good habits, attitudes, and responses promoting healthy and safe lifestyles.

Satisfies General Education for: Grossmont College D2

Transfers to CSU

CHILD DEVELOPMENT 136 † **Adult Supervision**

3 units, 3 hours lecture

Recommended Preparation: A "C" grade or higher in 12 units of Child Development core curriculum: CD 125 (3 units); CD 131 (3 units); 6 units from CD 121, 123, 127, 129, 143, 130 and/or 153 and currently teaching in a preschool or child care setting in the role of the lead teacher or head teacher or other supervisory capacity.

This course provides students with the opportunity to develop skills in establishing and maintaining supportive working relationships with adults in early childhood settings. Based on a proactive approach, the course will explore positive communication strategies including team building, collaboration and problem solving.

Transfers to CSU

CHILD DEVELOPMENT 137 † **Administration of Child Development Programs I**

3 units, 3 hours lecture

Recommended Preparation: A "C" grade or higher in 12 units of Child Development core curriculum: CD 125 (3 units); CD 131 (3 units); 6 units from CD 121, 123, 127, 129, 143, 130 and/or 153 and currently teaching in a preschool or child care setting in the role of the lead teacher or head teacher or other supervisory capacity.

This course is designed for the beginning director of child care and preschool programs. It includes administrative tools, knowledge and techniques needed to organize, open and operate a child development facility. Topics include budget, management, regulatory laws, and development of school policies and procedures. This course is required by the California Department of Social Services and California Department of Education for child care and preschool program directors and site supervisors.

Transfers to CSU

CHILD DEVELOPMENT 138 † **Administration of Child Development Programs II**

3 units, 3 hours lecture

Recommended Preparation: A "C" grade or higher or "Pass" in Child Development 137 or equivalent.

This course is designed for the experienced director of childcare and preschool programs. The focus of this class is on human relationships in the professional setting. Included topics are political, fiscal, and working conditions and how they affect turnover and

† This course meets all Title 5 standards for Associate Degree Credit.

morale of staff; support for families in the program and managing personal growth and development.

Transfers to CSU

CHILD DEVELOPMENT 141 † Working with Children with Special Needs

3 units, 3 hours lecture

Recommended Preparation: *Child Development 124 or 125.*

The course focuses on strategies for working with children with special needs including physical, neurological and sensory challenges, developmental delays, learning disabilities and giftedness, and emotional and behavioral disorders. With an emphasis on inclusion in the traditional classroom and the childcare setting, this class will include compliance with legislation, observation, identification and referral processes, family involvement, and modification of the environment and curriculum.

Transfers to CSU

CHILD DEVELOPMENT 143 † Responsive Planning for Infant/Toddler Care

3 units, 3 hours lecture

Recommended Preparation: *A "C" grade or higher in Child Development 124 or 125 or equivalent.*

This course will examine programs, philosophies and components of high quality group care for infants and toddlers. Students will develop planning skills for environments, experiences, and care giving routines that are based on respectful relationships and needs of diverse children and families. Emphasis will be on building relationships between the family, child, and caregiver in the context of linguistic, cultural, socioeconomic, individual family differences, and special needs.

Transfers to CSU

CHILD DEVELOPMENT 144 † Baby Signs: Communicating with Infants/Toddlers

1 unit, 1 hour lecture

This course is an introduction to gestural communication or "Baby Signs" with normally developing infants and toddlers. Modified sign-language is taught as a means of communication with preverbal or newly verbal children. An emphasis is placed on incorporating gestures into daily routines, play, and song in infant care settings to foster reciprocal and responsive relationships. Strategies for teaching parents about "Baby Signs" and working with children's individual needs are included.

Transfers to CSU

CHILD DEVELOPMENT 145 † Child Abuse and Family Violence in Our Society

3 units, 3 hours lecture

Child abuse and neglect, domestic violence, elder abuse and community violence as well as safety and self protection will be examined with an emphasis on how the classroom teacher, foster parents and members of the general public can recognize, prevent, report, and intervene in cases of child abuse and domestic violence.

Satisfies General Education for: Grossmont College D1; CSU D

Transfers to CSU

CHILD DEVELOPMENT 153 † (Cross-Cultural Studies 153) Teaching in a Diverse Society

3 units, 3 hours lecture

Analysis of the many contexts and variables related to an individual's socialization process and how these forces impact on one's work with children and families. This course will examine and discuss topics related to culture, race, ethnicity, religion, gender, socioeconomic status, sexual orientation, special needs, and diverse lifestyles as they are represented in our schools and society at large. This course includes self-reflection as a tool for personal growth. Current social issues will be examined through the lens of global diversity. Students will better understand their own attitudes regarding diversity and apply this knowledge to their work with children and families.

Satisfies General Education for: Grossmont College D2

Transfers to CSU

CHILD DEVELOPMENT 168 † Positive Guidance in Early Childhood Setting

1 unit, 1 hour lecture

This course provides teachers and child care providers with the tools to create an environment that supports children's behavior. It addresses the development, social, and cultural understanding of the reasons for children's behavior. Practical classroom strategies including indirect guidance, verbal guidance, positive interaction skills, modeling and problem solving will be explored. The importance of building positive relationships with the family is also included. This course is offered on a Pass/No Pass basis only.

Transfers to CSU

CHILD DEVELOPMENT 169 † Helping Children Cope with Crisis and Change

1 unit, 1 hour lecture

Children see the world from an entirely different perspective than adults, including how they cope with life's adversities. This class will assist the caregiver (parent, teacher or child care provider) in first, identifying children who may be dealing with a crisis or change in their life that is impacting their wellness, and secondly, offering the adult the tools for helping the child learn to cope with a crisis or change. This course is offered on a Pass/No Pass basis only.

Transfers to CSU

CHILD DEVELOPMENT 174 † The Reggio Emilia Approach to Learning: An Introduction

3 units, 3 hours lecture

The Reggio Emilia Preschools and Infant/Toddler programs are recognized as outstanding early childhood programs. This course will provide students with an overview of the principles and classroom applications of the Reggio approach. The role of the teachers, working in collaboration, in daily implementation of a social-constructivist approach will be explored. Students will be provided with information about schools locally and in other areas of the United States implementing the Reggio approach.

Transfers to CSU

CHILD DEVELOPMENT 175 † Documenting Children's Learning in Early Childhood Education

3 units, 3 hours lecture

Recommended Preparation: *Child Development 125 and 174.*

The preschools and infant/toddler centers of Reggio Emilia, Italy are recognized as examples of best practices in early childhood education. This course will provide students with an in-depth exploration of the process of documentation including the role of the teacher and the use of technology in documenting children's learning. Students will explore the relationship of documentation to the co-construction of curriculum. Classroom activities and assignments will require a student to be actively involved with young children.

Transfers to CSU

† This course meets all Title 5 standards for Associate Degree Credit.

CHILD DEVELOPMENT 212 † Practicum in Early Childhood Education

3 units, 2 hours lecture, 3 hours laboratory

Prerequisite: A "C" grade or higher or "Pass" in CD 123, 125, 130 and 131 or equivalent.

In this course students will practice and demonstrate developmentally appropriate early childhood program planning and teaching competencies under the supervision of ECE/CD faculty and other qualified early education professionals. Students will utilize practical classroom experiences to make connections between theory and practice, develop professional behaviors, and build a comprehensive understanding of children and families. Child-centered, play-oriented approaches to teaching, learning, and assessment; and knowledge of curriculum content areas will be emphasized as student teachers design, implement, and evaluate experiences that promote positive development and learning for all young children. This course is for the Associate in Arts in Early Childhood Development for Transfer Degree.

Transfers to CSU

CHILD DEVELOPMENT 213 † Observation and Assessment

3 units, 3 hours lecture

This course focuses on the appropriate use of a variety of assessment and observation strategies to document child development and behavior. Child observations will be conducted and analyzed. This course is for the Associate in Arts in Early Childhood Development for Transfer Degree only.

Transfers to CSU

CHINESE (CHIN)

CHINESE 120 † Chinese I

5 units, 5 hours lecture

An introductory course to the Chinese language and the culture of its speakers. This course facilitates the practical application of the language in everyday oral and written communication at the beginning novice level. Since the focus will be on basic communication skills, the class will be conducted in Mandarin Chinese as much as possible. While becoming familiar with the Chinese speaking world, students will learn structures that will enable them to function in Chinese in everyday contexts.

Satisfies General Education for: Grossmont College C2; CSU C2; IGETC 6A

Transfers to: CSU, UC

CHINESE 121 † Chinese II

5 units, 5 hours lecture

Prerequisite: A "C" grade or higher or "Pass" in Chinese 120 or two years of high school Chinese or equivalent.

This second course will continue to develop oral skills based on practical everyday needs and written skills based on formal communication.

Satisfies General Education for: Grossmont College C2; CSU C2; IGETC 3B, 6A

Transfers to: CSU, UC

CHINESE 220 † Chinese III

5 units, 5 hours lecture

Prerequisite: A "C" grade or higher or Pass in Chinese 121 or three years of high school Chinese or equivalent.

Chinese 220 is the continuation of Chinese 121. The course will continue to develop oral, listening, reading, and writing skills in order to acquire proficiency in Mandarin Chinese.

Satisfies General Education for: Grossmont College C2; CSU C2; IGETC 3B, 6A

Transfers to: CSU, UC

CHINESE 221 † Chinese IV

5 units, 5 hours lecture

Prerequisite: A "C" grade or higher or Pass in Chinese 220 or four years of high school Chinese or equivalent.

Chinese 221 is the continuation of Chinese 220. The course will continue to develop oral, listening, reading, and writing skills in order to acquire proficiency in Mandarin Chinese.

Satisfies General Education for: Grossmont College C2; CSU C2; IGETC 3B, 6A

Transfers to: CSU, UC

CHINESE 250 † Conversational Chinese I

3 units, 3 hours lecture

Prerequisite: A "C" grade or higher or Pass in Chinese 121 or three years high school Chinese or equivalent.

This course will continue to develop oral, listening, reading, and writing skills with emphasis in oral proficiency in Mandarin Chinese.

Satisfies General Education for: Grossmont College C2; CSU C2; IGETC 6A

Transfers to: CSU, UC

CHINESE 251 † Conversational Chinese II

3 units, 3 hours lecture

Prerequisite: A "C" grade or higher or Pass in Chinese 250 or four years high school Chinese or equivalent.

This course will continue to develop oral, listening, reading, and writing skills with emphasis in oral proficiency in Mandarin Chinese.

Satisfies General Education for: Grossmont College C2; CSU C2; IGETC 6A

Transfers to: CSU, UC

COMMUNICATION (COMM)

COMMUNICATION 120 † Interpersonal Communication

3 units, 3 hours lecture

This course provides the student an opportunity to learn and apply, in daily life, principles of interpersonal communication, effective rhetorical strategies, and public speaking skills. Students present speeches and participate in structured oral and written exercises and simulations; these activities are designed to enhance communicative awareness and skills in interpersonal contexts. Emphasis is on personal, situational and cultural influences on interaction. It is designed to assist students in improving their own interpersonal and oral communication skills. Attention is given to rhetorical strategies, human perception, interpersonal dynamics, listening, conflict management, and verbal/nonverbal communication skills, including delivery of speeches.

Satisfies General Education for: Grossmont College A2; CSU A1; IGETC 1C

Transfers to CSU, UC

COMMUNICATION 122 † Public Speaking

3 units, 3 hours lecture

This course offers an opportunity for improvement in the basic process of public speaking to audiences in diverse settings. An introduction to rhetorical theory is included. Attention is given to the basic elements of topic selection, analysis of diverse audiences, research, organization, argumentation and delivery of speeches and presentations.

Satisfies General Education for: Grossmont College A2; CSU A1; IGETC 1C

Transfers to: CSU, UC

COMMUNICATION 123 † Advanced Public Speaking

3 units, 3 hours lecture

Prerequisite: A "C" grade or higher or "Pass" in COMM 122 or equivalent.

Advanced training in the preparation and delivery of common types of public speaking. There is an emphasis on new theoretical approaches to the process of oral communication.

Transfers to: CSU, UC

† This course meets all Title 5 standards for Associate Degree Credit.

COMMUNICATION 124 † **Intercultural Communication**

3 units, 3 hours lecture

The purpose of this course is to explore and learn about intercultural communication: the study of face-to-face communication between people from different cultural backgrounds, including those reflecting national or ethnic diversity. This course will utilize a culture-general approach, meaning that the focus will be in general principles of intercultural communication that are applicable across a broad spectrum of cultures and contexts.

Satisfies General Education for: Grossmont College D2; CSU D; IGETC 4
Transfers to: CSU, UC (credit limited: see page 53)

COMMUNICATION 128 † **Global Communication**

3 units, 3 hours lecture

This interdisciplinary course is a classroom-to-classroom exchange that offers participants the opportunity to grow as global citizens by developing relationships with students at a college in another country. The course merges the Communication, Education, and Information Technology disciplines to form a global communication content base that focuses on the improvement of cross-cultural communication skills. The principles of Cognitive Education Theory set the constructivist mode for the course, while the Theory of Technological Change takes the student on a historical journey of the evolution of technology from data processing to its current form, the merging of minds, technology and human-environment interaction. Theories from the communication field are the foundation for the real cross-cultural interaction that takes place in the course as well as the analysis of real life cultural context situations. Emphasis is placed on global factors that have brought cultures into frequent contact, specifically in the education, business and healthcare contexts, and how cultural and technological factors influence interaction in these environments.

Satisfies General Education for Grossmont College D2; CSU D
Transfers to: CSU, UC

COMMUNICATION 130 † **Fundamentals of Human Communication**

3 units, 3 hours lecture

A survey of the theory, basic principles, and methods of human communication with emphasis on improving speaking and listening in public speaking, interpersonal and group context.

Satisfies General Education for: Grossmont College A2; CSU A1; IGETC 1C
Transfers to CSU, UC

COMMUNICATION 135 † **Oral Interpretation of Literature**

3 units, 3 hours lecture

This course provides both a theoretical and a practical exploration of the oral interpretation of literature. Attention is given to art appreciation, art criticism, and analysis as it relates to the performance of literature in various genres. The oral interpretation of traditional literary genres of poetry, prose, and drama is practiced, as well as newer and more diverse modes of expression such as spoken word and other cultural forms of artistic expression. Emphasis is on the effective interpretation, communication, and performance of various literary works.

Satisfies General Education for: Grossmont College C3
Transfers to: CSU, UC

COMMUNICATION 136 † **Readers Theatre**

3 units, 3 hours lecture

The course is designed to provide training in the theory, concepts and history of Readers Theatre. The course covers principles of literature selection, analysis, adaptation, direction, and presentation, as well as literary methods and modes of narration.

Satisfies General Education for CSU C2
Transfers to: CSU, UC

COMMUNICATION 137 † **Critical Thinking in Group Communication**

3 units, 3 hours lecture

This course is designed to assist students in the development of critical thinking and decision making skills in the small group communication context. There is an emphasis on the basic elements of critical thinking, such as evidence, reasoning, and language. In addition to examining these basic elements, students become familiar with leadership strategies, problem solving techniques, discussion plans and conflict management as applicable in groups.

Satisfies General Education for: Grossmont College C2; CSU A3
Transfers to: CSU, UC

COMMUNICATION 144 † (Cross-Cultural Studies 144)

Communication Studies: Race and Ethnicity

3 units, 3 hours lecture

This course provides both a theoretical and a practical exploration of communication, race, and ethnicity in the general context of U.S. culture, with a focus on race and ethnicity in popular culture and the arts. Attention is given to how contemporary and historical constructions of race and ethnicity influence both popular and everyday communication interactions. Emphasis is on developing communication competence in situations where perceived racial or ethnic difference factors into successful communication outcomes.

Satisfies General Education for: Grossmont College C2; CSU C2, D; IGETC 3B, 4
Transfers to: CSU, UC (credit limited: see page 53)

COMMUNICATION 145 † **Argumentation**

3 units, 3 hours lecture

This course emphasizes the construction and analysis of public argument. The course covers the theory of argument, the processes and development of arguments and the application of argument to decision-making. Topics include: methods of critical inquiry and advocacy; identifying fallacies in reasoning and language; testing evidence and evidence sources; advancing a reasoned position; and defending and refuting arguments. Analysis, presentation, and evaluation of oral and written arguments are emphasized.

Satisfies General Education for: Grossmont College C1; CSU A3
Transfers to: CSU, UC

COMMUNICATION 238 † **Speech and Debate Competition I**

1 unit, 1 hour lecture, 1 hour laboratory

This is the introductory course to intercollegiate forensics – Grossmont's Speech and Debate Team. It is designed to give students preparation procedures for competitive speech/debate tournaments. Students will learn the requirements for the four major areas of competitive speaking: public address, oral interpretation, impromptu/extemporaneous speaking, and debate. The student will be required to participate or observe at one tournament or public speaking activity.

Transfers to CSU

† This course meets all Title 5 standards for Associate Degree Credit.

COMMUNICATION 239 † Speech and Debate Competition II

2 units, 2 hours lecture, 1 hour laboratory

This course is designed for the student to compete in intercollegiate speech and debate tournaments, through the Grossmont Speech and Debate Team. Students will develop speech performance skills by selecting areas of emphasis which include public speaking, oral interpretation or debate events. This course requires competition in at least one tournament or public speaking activity.

Transfers to CSU

COMMUNICATION 240 † Speech and Debate Competition III

3 units, 2 hours lecture, 3 hours laboratory

This course is designed for students to develop speaking and argumentation skills by competing in multiple intercollegiate speaking competitions, festivals or public events as members of the Grossmont Speech and Debate Team. Emphasis is on group and oral performance for team competition at state and national tournaments. Students will focus on multiple events from parliamentary debate, platform speaking, extemporaneous speaking, or oral interpretations events. Competition at two or more tournaments or public speaking activities required.

Transfers to CSU

COMMUNICATION 241 † Speech and Debate Competition IV

3 units, 2 hours lecture, 3 hours laboratory

This course is designed for the student who has competed in intercollegiate forensics tournaments, and wants to focus on one or more specific areas of emphasis as a member of the Grossmont Speech and Debate Team. Team leadership skills, debate theory, research analyzing political and social issues, directing and writing of readers theatre, and coaching skills, may be selected as possible focus areas. Competition at three or more tournaments or public speaking activities required.

Transfers to CSU

COMPUTER SCIENCE INFORMATION SYSTEMS (CSIS)

COMPUTER SCIENCE INFORMATION SYSTEMS 100 †

(Business Office Technology 100)

Basic Keyboarding

1 unit, 3 hours laboratory

A course in beginning keyboarding techniques for those students who wish to use keyboarding skills for inputting information to computers. The course is taught on computers using appropriate software. Emphasis will be placed on the development of speed and accuracy by use of touch keyboarding methods, development of touch skills on the 10-key pad, understanding of basic vocabulary and concepts used in keyboarding operations for inputting and retrieving information, and composition at the keyboard.

Transfers to CSU

COMPUTER SCIENCE INFORMATION SYSTEMS 105 †

Introduction to Computing

3 units, 2 hours lecture, 3 hours laboratory

This is an introductory small computing course for those desiring beginning computer knowledge and skills. It includes an overview of a typical personal computer system including input and output devices, the processor, and storage devices. Also included is hands-on experience with a computer and popular applications software. Emphasis will be placed on those skills and knowledge needed to use and maintain a home or small business computer.

Transfers to CSU

COMPUTER SCIENCE INFORMATION SYSTEMS 110 † Principles of Information Systems

4 units, 3 hours lecture, 3 hours laboratory

This is an introductory course in Information Technology to develop basic knowledge of computers and information systems with an emphasis on business and business related applications. The broad overview of topics includes computer organization, data processing systems, hardware and software, database management systems, networking, e-commerce, ethics and security and application software. The lab portion of the course will consist of hands-on problem-solving software applications emphasizing the use of spreadsheets

and databases for business.

Transfers to: CSU, UC

COMPUTER SCIENCE INFORMATION SYSTEMS 111 † Beginning Web Page Design

1.5 units, 1 hour lecture, 1.5 hours laboratory

A beginning web site creation course emphasizing creation and implementation using current web authoring software. This course is intended for the beginner at web page creation. This class provides hands-on instruction in the use of one or more state-of-the-art software website builder tools for creating simple business or personal web sites. This class will cover the essential skills involved in developing, modifying and publishing web sites utilizing modern technology.

Transfers to CSU

COMPUTER SCIENCE INFORMATION SYSTEMS 112 † Windows Operating System

3 units, 3 hours lecture

This course introduces the Microsoft Windows family of operating systems concentrating primarily on the most current version. Coverage begins with the desktop graphical user interface, and ends with the configuration and maintenance of Windows as might be required of a home or small business user. Topics will include hardware and software installation and configuration, networking to a LAN and to the Internet, security and file sharing, administrative tools, scripting and batch files, and maintenance and performance tuning. The course will also cover file systems, storage devices, communication devices, command line options, registry repairs, disaster recovery and troubleshooting.

Transfers to CSU

COMPUTER SCIENCE INFORMATION SYSTEMS 113 † Introduction to Linux

3 units, 3 hours lecture

Recommended Preparation: A "C" grade or higher or "Pass" in CSIS 110 and 112 or equivalent.

This course introduces the student to Multi-user, multitasking operating systems using the Linux Operating System (OS). Topics include: general operating system design, examination and comparison of different types of OS, security concerns and log-on procedures, file creation and manipulation, files and file system, UNIX utilities, shell commands, and process creation and control.

Transfers to CSU

† This course meets all Title 5 standards for Associate Degree Credit.

COMPUTER SCIENCE INFORMATION SYSTEMS 114 †**Small Computer Systems**

3 units, 2 hours lecture, 3 hours laboratory

This course is designed for the individual responsible for selecting and maintaining a small computer for business or personal use. Topics include: the fundamentals of supporting and troubleshooting computer hardware and software and the maintenance and upgrade procedures, an overview of industry trends, types of small computers available, performance/cost issues, peripheral devices and methods of determining current and future needs. This course serves as a resource for the acquisition of appropriate skills for the A+ Core Hardware and OS Technologies certification exam.

Transfers to CSU

COMPUTER SCIENCE INFORMATION SYSTEMS 119 †**Introduction to Computer Programming**

3 units, 3 hours lecture

Recommended Preparation: A "C" grade or higher or "Pass" in CSIS 110 and 112 or equivalent.

An introductory course in computer programming as a foundation for more advanced programming, computer science, computer networking, or software engineering courses. Emphasis is on the development of problem solving skills as it introduces students to computer programming principles and best practices using modular and Object Oriented programming concepts.

Attention is given to development of effective software engineering practices emphasizing such principles as analysis and design decomposition, encapsulation, procedural abstraction, testing and software reuse. Students learn and apply standard programming constructs, problem-solving strategies, the concept of an algorithm, fundamental data structures, and the machine representation of data.

Transfers to: CSU, UC

COMPUTER SCIENCE INFORMATION SYSTEMS 132 †**Introduction to Web Development**

3 units, 2 hours lecture, 3 hours laboratory

Recommended Preparation: A "C" grade or higher or "Pass" in CSIS 105 or 110 or equivalent.

This course is a hands-on overview of current web development. Emphasis will be placed on coding and debugging valid HTML and Cascading Style Sheets (CSS), but the course will also include design principles and introductory graphics to encourage attractive, usable design. Mobile development will be

introduced. Student will use industry standard development environments to create web sites.

Transfers to CSU

COMPUTER SCIENCE INFORMATION SYSTEMS 133 †**Intermediate Web Development**

3 units, 2 hours lecture, 3 hours laboratory

Recommended Preparation: A "C" grade or higher or "Pass" in CSIS 132 or equivalent.

This course builds on the skills introduced in Introduction to Web Development with hands-on projects that reinforce and further develop HTML5 and CSS3 expertise. Mobile development is addressed in detail. Also covered are content management systems (CMS), Search Engine Optimization (SEO), and usability issues.

Transfers to CSU

COMPUTER SCIENCE INFORMATION SYSTEMS 135 †**JavaScript Programming**

3 units, 2 hours lecture, 3 hours laboratory

Recommended Preparation: A "C" grade or higher or "Pass" in CSIS 133 or equivalent.

An introductory course in JavaScript programming focusing on creating dynamic web pages. The course will include embedding JavaScript in HTML, event-handling, writing, and calling JavaScript functions, as well as exploring jQuery and its relationship to JavaScript.

Transfers to CSU

COMPUTER SCIENCE INFORMATION SYSTEMS 140 †**Introduction to Local Area Network (LAN) Management**

4 units, 3 hours lecture, 3 hours laboratory

Recommended Preparation: A "C" grade or higher or "Pass" in CSIS 110 and 112 and 143.

Subjects covered include an orientation to and instruction in the use of both standalone and networked configurations, and communication equipment. Instruction is given in the use of the most current industry-based network operating systems, and communication equipment, network administration programs and related application software. Topics will include Local Area Network (LAN) topologies with internetworking devices, software directory design, user groups, security rights, network menus and login scripts, and electronic mail. The course will include extensive hands-on experience and is designed to help students gain an understanding of the management of a LAN.

Transfers to CSU

COMPUTER SCIENCE INFORMATION SYSTEMS 142 †**Introduction to Networking**

2 units, 2 hours lecture

Recommended Preparation: A "C" grade or higher or "Pass" in CSIS 105 or 110 or equivalent.

This course introduces the student to the underlying concepts of data communications, telecommunications and networking. It provides a conceptual view of networking and will bring together the acronyms, protocols, and components used in today's networks.

Transfers to CSU

COMPUTER SCIENCE INFORMATION SYSTEMS 143 †**Introduction to Local Area Networks**

2 units, 2 hours lecture

Recommended Preparation: A "C" grade or higher or "Pass" in CSIS 142 or equivalent.

This course is designed to bring the student up-to-date on the latest concepts of Local Area Networks (LAN) technologies. It provides a comprehensive introduction to the concepts, technologies, components and acronyms inherent in today's local networking environment. Students will learn the fundamental principles of LAN protocols and the most widely used network operating systems.

Transfers to CSU

COMPUTER SCIENCE INFORMATION SYSTEMS 144 †**Wide Area Networks**

2 units, 2 hours lecture

Recommended Preparation: A "C" grade or higher or "Pass" in CSIS 143 or equivalent.

This course is designed to provide the student with conceptual and working knowledge of how Local Area Networks communicate over a wide area. This course will introduce the student to telephony, the technology of switched voice communications and will provide the understanding how communication channels of the public-switched telephone networks are used for data communications, and how voice and data communications are integrated. Analog versus digital transmission, circuit types, and different modes of communicating information from source to destination over a wide area are discussed.

Transfers to CSU

† This course meets all Title 5 standards for Associate Degree Credit.

COMPUTER SCIENCE INFORMATION SYSTEMS 145 †**Introduction to TCP/IP**

2 units, 2 hours lecture

Recommended Preparation: A "C" grade or higher or "Pass" in CSIS 144 or equivalent.

This course introduces the student to the operation of the Transmission Control Protocol/Internet Protocol (TCP/IP) standard and related protocols. This course will cover the underlying components and protocols that make up the Internet. Tools used to navigate and access information on the Internet will be studied. Demonstrations will be given on some of the more popular Internet navigation tools, such as Internet Explorer, Mozilla and Firefox.

*Transfers to CSU***COMPUTER SCIENCE INFORMATION SYSTEMS 146 †****Network Security**

3 units, 2 hours lecture, 3 hours laboratory

Recommended Preparation: A "C" grade or higher or "Pass" in CSIS 140 or 141, and 145 or equivalent.

This course provides the fundamental knowledge needed to analyze risks and then design and implement a solution for a network system including a workable security policy that protects information assets from potential intrusion, damage or theft. Students will learn which countermeasures to deploy to thwart potential attacks. This course will also prepare students for CompTIA's Security+ Exam.

*Transfers to CSU***COMPUTER SCIENCE INFORMATION SYSTEMS 147 †**

(Business 147)

Social Media and Internet Marketing

3 units, 3 hours lecture

Recommended Preparation: A "C" grade or higher or "Pass" in Business 146 and CSIS 132 or equivalent.

This course will provide students with skills to achieve online marketing success in social media and integrate their Web presence with offline traditional marketing methods. The course will provide students with a basic working knowledge of methods used to help drive traffic to a web site, attract visitors and turn them into customers. Students will develop search engine optimization skills as well as explore search engine marketing, social media marketing, affiliate marketing, directory submission, and email marketing. Students will learn how to compete in new internet marketing channels, employ market research,

acquire traffic, and track visitor trends.

*Transfers to CSU***COMPUTER SCIENCE INFORMATION SYSTEMS 151 †****Introduction to Photoshop**

3 units, 3 hours lecture

This course provides the student with step-by-step instructions on how to create cutting-edge graphics and special effects with Photoshop. Using hands-on real world projects, the student will learn the optimal use of layers, layer effects, photo retouching, color adjustments, working with masks and layers, and composites. The student will learn how to create images of different formats for different applications and how to create files for the array of digital devices available today. This is not an artistic design course, but emphasizes tools used by the Photoshop software application.

*Transfers to: CSU, UC***COMPUTER SCIENCE INFORMATION SYSTEMS 152 †****Introduction to 3D Animation Applications**

3 units, 3 hours lecture

This course provides the student with a broad introduction to the basics of 3D animation and modeling with a focus on its use in video games and game character creation. Also included are overview of the career in the field of 3D visualization, the industry standard tools, the terms, and resources. This is not an artistic design course, but emphasizes mastering the tools and techniques.

*Transfers to CSU***COMPUTER SCIENCE INFORMATION SYSTEMS 160 †****Introduction to Video Game Development**

3 units, 3 hours lecture

Recommended Preparation: A "C" grade or higher or "Pass" in CSIS 110 or 105 or equivalent.

This course provides an introduction to the theory and practice of video game design and development. Students will survey the historical, technological, business, social and psychological aspects of the video gaming industry; analyze popular PC, handheld, and console games; understand the roles of the development team members; and design and create their own game using an existing game engine.

*Transfers to CSU***COMPUTER SCIENCE INFORMATION SYSTEMS 161 †****Intermediate Video Game Development**

3 units, 3 hours lecture

Recommended Preparation: A "C" grade or higher or "Pass" in CSIS 160 or equivalent.

This course will provide students with the theory and practice of computer game design and development. Students will build on their knowledge of PC and console game theory, designing and creating their own games. This course will emphasize game story development and game character development as it pertains to designing a viable video game project. Sprite animation, input controls and sound programming will be covered. Students will be introduced to 3D animation software. This course is intended for non-computer programmers.

*Transfers to CSU***COMPUTER SCIENCE INFORMATION SYSTEMS 165 †****Assembly Language and Machine Architecture**

4 units, 3 hours lecture, 3 hours laboratory

Prerequisite: A "C" grade or higher or "Pass" in CSIS 296 or equivalent.

This is an introductory course in assembly language programming and machine architecture for small computers. Topics covered include number theory, registers, memory, CPU, linkers, debuggers, basic language syntax and high-level language/operating system interface. This course is intended for persons with a prior background in any other programming language, and will emphasize those applications not easily performed using higher-level languages.

*Transfers to: CSU, UC***COMPUTER SCIENCE INFORMATION SYSTEMS 172 †**

(Business Office Technology 172)

Introduction to Microcomputer Applications

2 units, 2 hours lecture

Recommended Preparation: CSIS 105 or 110 or BOT 096 and 097 and the ability to type 25 words per minute verified by a typing certificate or BOT 100 or 101 or CSIS 100.

This class introduces a student to microcomputer application software. It is taught using a Windows operating system and IBM-compatible microcomputer, using business software in a hands-on lecture approach. Topics include the use of microcomputers for word processing, spreadsheet, database, electronic publishing and presentation functions.

Transfers to CSU

† This course meets all Title 5 standards for Associate Degree Credit.

COMPUTER SCIENCE INFORMATION SYSTEMS 176 †

(Business 176, Business Office Technology 176)

Computerized Accounting Applications

2 units, 2 hours lecture

Recommended Preparation: A "C" grade or higher or "Pass" or concurrent enrollment in BUS/BOT 109 or BUS 120.

An introductory course of computerized accounting functions utilizing an integrated general ledger software package. This course is especially beneficial for students, teachers and professionals who are using or who plan to use computerized accounting packages in a business environment.

Transfers to CSU

COMPUTER SCIENCE INFORMATION SYSTEMS 180 †**Fundamentals of Database Design**

3 units, 3 hours lecture

Recommended Preparation: A "C" grade or higher or "Pass" in CSIS 110 or equivalent.

This course introduces the student to fundamental design strategies of relational data models for organizations. Concepts will include assessing organizational needs, logical design and application generating tools, normalization strategies, database architectures, data models, integrity rules, and query formulation skills. Students will formulate, design, implement, and manipulate databases using a commercial software package.

Transfers to CSU

COMPUTER SCIENCE INFORMATION SYSTEMS 195 †**Video Editing on the PC**

3 units, 3 hours lecture, 1 hour laboratory

Recommended Preparation: A "C" grade or higher or "Pass" in CSIS 105 or 110 or equivalent.

This course introduces the fundamentals of a non-linear video editing software application using a personal computer. This is a hands-on course in which students will gain practical experience in editing digital footage.

Transfers to CSU

COMPUTER SCIENCE INFORMATION SYSTEMS 213 †**Intermediate UNIX**

4 units, 3 hours lecture, 3 hours laboratory

Recommended Preparation: A "C" grade or higher or "Pass" in CSIS 112 and 113 or equivalent.

An intermediate course in operating system theory and the current implementation of at least one operating system. The course will include the analysis of general and specific operating system services and the configuration and installation of

operating systems and application suite software suitable for a business or individual. The course will emphasize a 'project team' approach to the completion of exercises and projects that require hands-on practice.

Transfers to CSU

COMPUTER SCIENCE INFORMATION SYSTEMS 220 †**Software Engineering I**

3 units, 3 hours lecture

Recommended Preparation: A "C" grade or higher or "Pass" in CSIS 110 and 293 or 296 or equivalent.

Students learn and apply an industry accepted software development methodology that addresses the systems development life cycle. The life cycle includes identifying, analyzing and documenting the problem/requirements; planning the system development process; designing the solution; and creating a prototype of the solution. The skills, tools and methodologies are provided to qualitatively analyze and optimize systems solution, and to make decisions as software engineers.

Transfers to CSU, UC

COMPUTER SCIENCE INFORMATION SYSTEMS 221 †**Software Engineering II**

3 units, 3 hours lecture

Prerequisite: A "C" grade or higher or "Pass" in CSIS 220 or equivalent.

Students learn and apply software and information systems quality assurance best practice techniques including unit testing, integration testing, system testing, acceptance testing, regression testing; test plan and test case design, and validation and verification.

Students will also learn and apply best practices for software and information systems maintenance

Transfers to CSU, UC

COMPUTER SCIENCE INFORMATION SYSTEMS 260 †

(Administration of Justice 260)

Information Security

3 units, 3 hours lecture

This course focuses on procedures, policies, and equipment designed to protect private and government proprietary and intellectual information and investigate breaches of security. This course also examines the collection, analysis, and preservation of digital evidence from computer crime scenes. Emphasis is placed upon knowledge of investigative principles, applicable case law, physical and technical security, security management responsibilities, and countermeasures designed to protect and analyze information collection, storage, processing, and transmission.

Transfers to CSU

COMPUTER SCIENCE INFORMATION SYSTEMS 270 †**Advanced Computer Programming**

3 units, 3 hours lecture

Prerequisite: A "C" grade or higher or "Pass" in CSIS 290 or 293 or 296 or equivalent.

Recommended Preparation: A "C" grade or higher or "Pass" in CSIS 119 or equivalent.

This course emphasizes the design and development of reliable, useable, and maintainable software systems using modern design methods, programming languages, hardware, and operating systems. Emphasis is on proper design and implementation of small as well as large projects. Topics include: inter-process communication, operating system APIs, mixed language modules and libraries, mobile devices, project management, and documentation techniques.

Transfers to CSU, UC

COMPUTER SCIENCE INFORMATION SYSTEMS 276 †**Introduction to SQL**

3 units, 3 hours lecture

Recommended Preparation: A "C" grade or higher or "Pass" in CSIS 110 or equivalent.

This is an introductory course in Structured Query Language (SQL) programming intended for persons with basic computer literacy skills. The course is designed to teach students the fundamentals of good relational database design and how to use and maintain a database using the industry-standard data query and manipulation language SQL. Students will use SQL to create tables, keys and indexes, handle security in the database; and perform simple and complex queries.

Transfers to CSU

COMPUTER SCIENCE INFORMATION SYSTEMS 280 †**Job Search Assistance and Retention**

2 units, 2 hours lecture

Corequisite: CSIS 281 or 282.

This course is designed to prepare the CSIS student for the world of work and to provide support and guidance through the Directed Work Experience program. This course will provide comprehensive and valuable skills that are needed to successfully secure employment in the Information Technology field. Topics covered include expectations of employers, resume preparation, interview techniques, job retention and self marketing. Students will prepare a personal profile folder to use as a resource when seeking employment.

Transfers to CSU

† This course meets all Title 5 standards for Associate Degree Credit.

COMPUTER SCIENCE INFORMATION SYSTEMS 281 † **Directed Work Experience in Computer Science Information Systems**

2 units, 10 hours work experience per week
120 volunteer hours or 150 paid hours

Prerequisite: Last semester in CSIS certificate program or equivalent.

Corequisite: CSIS 280 or BOT 106.

A work experience course to enable the Computer Science Information Systems student to gain practical experience in computer science information systems occupations leading to a position in an IT department. Trainee spends a minimum of ten hours weekly in on-the-job- training. (Not open to students with credit in CSIS 282) For work experience requirements, see page 44.
Transfers to CSU

COMPUTER SCIENCE INFORMATION SYSTEMS 282 † **Directed Work Experience in Computer Science Information Systems**

3 units, 15 hours work experience per week
180 volunteer hours or 225 paid hours

Prerequisite: Last semester in CSIS certificate program or equivalent.

Corequisite: CSIS 280 or BOT 106.

A work experience course to enable the Computer Science Information Systems student to gain practical experience in computer science information systems occupations leading to a position in an IT department. Trainee spends a minimum of fifteen hours weekly in on-the-job- training. (Not open to students with credit in CSIS 281) For work experience requirements, see page 44.
Transfers to CSU

COMPUTER SCIENCE INFORMATION SYSTEMS 288 † **Introduction to Visual Basic Programming**

4 units, 3 hours lecture, 3 hours laboratory

Recommended Preparation: A "C" grade or higher or "Pass" in CSIS 119 or equivalent.

This course is designed to provide students with an introduction to Visual Basic programming in the Visual Studio integrated development environment. Emphasis will be on learning the fundamentals including sequence, decision and repetition. The course will also focus on object-oriented design, testing, and debugging on a Windows .NET platform.

Transfers to CSU, UC

COMPUTER SCIENCE INFORMATION SYSTEMS 289 † **Intermediate Visual Basic Programming**

4 units, 3 hours lecture, 3 hours laboratory

Prerequisite: A "C" grade or higher or "Pass" in CSIS 288 or equivalent.

Recommended Preparation: A "C" grade or higher or "Pass" in CSIS 132.

This course is designed to provide students with intermediate problem-solving and computer program design, primarily in a web-based environment using Visual Basic and ASPX.

Transfers to CSU, UC

COMPUTER SCIENCE INFORMATION SYSTEMS 290 † **Introduction to C# Programming**

4 units, 3 hours lecture, 3 hours laboratory

Recommended Preparation: A "C" grade or higher or "Pass" in CSIS 119 or equivalent.

This course is designed to provide students with an introduction to C# programming in the Visual Studio integrated development environment. Emphasis will be on learning the fundamentals including sequence, decision and repetition. The course will also focus on object-oriented design, testing and debugging on a Windows .NET platform.

Transfers to CSU, UC

COMPUTER SCIENCE INFORMATION SYSTEMS 291 † **Intermediate C# Programming**

4 units, 3 hours lecture, 3 hours laboratory

Prerequisite: A "C" grade or higher or "Pass" in CSIS 290 or equivalent.

Recommended Preparation: A "C" grade or higher or "Pass" in CSIS 132 or equivalent.

This course is designed to provide students with intermediate problem-solving and computer design, primarily in a web-based environment using Microsoft C# and ASPX.

Transfers to CSU, UC

COMPUTER SCIENCE INFORMATION SYSTEMS 293 † **Introduction to Java Programming**

4 units, 3 hours lecture, 3 hours laboratory

Recommended Preparation: A "C" grade or higher or "Pass" in CSIS 110 and 119 or equivalent.

An introductory course in Java programming focusing on object-oriented methodology. The course will include using objects from the standard Java Class Library, writing and using new objects, developing inheritance hierarchies of classes, using polymorphism to build extendible systems, and the development of windowed, GUI, event driven applications.

Transfers to: CSU, UC

COMPUTER SCIENCE INFORMATION SYSTEMS 294 † **Intermediate Java Programming and Fundamental Data Structures**

4 units, 3 hours lecture, 3 hours laboratory

Prerequisite: A "C" grade or higher or "Pass" in CSIS 293 or equivalent.

This course is the continuation of CSIS-293. Students will concentrate more on the Java techniques available for the development of large, complex systems. Students will utilize the concepts of Abstract Data Type to analyze real world requirements and design class structures to meet those requirements. In particular, students will apply these skills to the understanding and use of Data Structures. The course will progress from arrays, to linear lists, to stacks, queues, deques, and trees. Big-Oh notation will be introduced and used for the analysis and comparison of algorithms to perform sorting and searching of the structures. Students will become familiar with design techniques and tools (such as UML) necessary to develop larger programs and to contribute to multi-programmer teams. Java will be used extensively in the development of program solutions.
Transfers to: CSU, UC

COMPUTER SCIENCE INFORMATION SYSTEMS 295 † **Android Application Development with Java**

3 units, 2 hours lecture, 3 hours laboratory

Prerequisite: A "C" grade or higher or "Pass" in CSIS 293 or equivalent.

This course is intended to give the student basic and intermediate skills in the development of applications for any Android powered smart phone. Students will utilize the Java programming language and a modern Integrated Development Environment (IDE) to analyze and design real world applications. They will become skilled in use of the Android Application Programming Interfaces (API's) to develop applications that exhibit and/or utilize desirable attributes such as: 1) retrieving Internet data via REST web services; 2) use of Google Maps; 3) location awareness with the ability to utilize the phone's GPS APIs; 4) complex Graphic User Interfaces (GUI) based on and using Android widgets; 5) development of and/or integration with telephony and networking applications; 6) sprite animation; 7) open GL graphics; 8) game development using existing game engines.

Transfers to CSU

† This course meets all Title 5 standards for Associate Degree Credit.

COMPUTER SCIENCE INFORMATION SYSTEMS 296 †**Introduction to C++ Programming**

4 units, 3 hours lecture, 3 hours laboratory
Recommended Preparation: A "C" grade or higher or "Pass" in CSIS 119 or equivalent.

This is an introductory course in C++ programming. Topics covered include basic language syntax, functions, data types, pointers, strings, structures, software tools, and an introduction to classes. This course is intended for persons with a prior background in any programming language.

Transfers to: CSU, UC

COMPUTER SCIENCE INFORMATION SYSTEMS 297 †**Intermediate C++ Programming**

4 units, 3 hours lecture, 3 hours laboratory
Prerequisite: A "C" grade or higher or "Pass" in CSIS 296 or equivalent.

This second course in C++ programming explores some of the more advanced concepts of the language including object oriented programming, error handling, and data structures.

Transfers to: CSU, UC

COUNSELING (COUN)**COUNSELING 095 ††**
Academic and Financial Aid Planning

.5 units, 8 hours lecture session

This course will familiarize students with: (a) financial aid resources available to them to meet educational expenses; (b) Grossmont College's Financial Aid Satisfactory Academic Progress policy; (c) federal/state regulations for determining and maintaining eligibility for financial aid eligibility; (d) the student's rights and responsibilities in receiving aid. Students will learn how to prepare an income and expense budget. They will receive an overview of campus resources. Finally, they will develop a two-year Student Educational Plan to meet their objectives. This course is offered on a Pass/No Pass basis only. (Non-degree credit course)

COUNSELING 104 †
Introduction to College Success Strategies

1 unit, 1 hour lecture

This course is designed to equip students with the skills they need to be successful in college. An overview of college expectations, student responsibilities, successful student behavior, and study skills will be

presented. Students will be exposed to strategies for goal setting, educational planning, time management, textbook reading, note-taking, and test preparation. They will also be introduced to degree/transfer programs and campus resources.

COUNSELING 110 †
Career Decision Making

1 unit, 1 hour lecture

Lecture, group discussion, experiential activities and vocational assessment tools will be utilized to assist students in identifying their individual interests, values, and personality styles. Students will conduct educational and career research that will help them relate their vocational assessment results to setting academic and career goals. Students will learn essential skills to getting a job; resume formats, job application and interviewing techniques.

Transfers to: CSU

COUNSELING 120 †
College and Career Success

3 units, 3 hours lecture

Learn how to be successful in college by improving study skills such as textbook reading and marking, note-taking, listening to lectures, managing time, studying for tests and improving memory. Additional success topics include exploring motivation and attitudes, managing stress, developing creativity, improving communications and relationships, and maintaining optimum health. Discover your values, interests, aptitudes and personal strengths in order to plan your education and a successful career.

Satisfies General Education for: CSU E
Transfers to: CSU, UC

COUNSELING 130 †
Study Skills and Time Management

1 unit, 1 hour lecture

This course is designed to prepare students to adjust to the academic community by learning to plan and study effectively within given time limitations. Strategies include: time management, textbook mastery, library research skills, note-taking, exam preparation, goal-setting, and stress reduction and educational planning.

Transfers to: CSU

COUNSELING 137 †
Maximize Your Learning

.5 unit, 8 hour lecture session

An interactive and cooperative learning approach designed to explore, discuss and implement proven strategies to enhance success in college. The course will review study skills and emphasize developing a student educational plan to achieve expected outcomes in college

and beyond. This course is offered on a Pass/No Pass basis only.

Transfers to: CSU

CROSS-CULTURAL STUDIES (CCS)**CROSS-CULTURAL STUDIES 114 †**
(Sociology 114)**Introduction to the Sociology of Minority Group Relations**

3 units, 3 hours lecture

An introduction to the sociological analysis of ethnicity, race and immigration in a global context. Topics include the history of minority groups in the United States, patterns of interaction between racial and ethnic groups, colonialism, immigration, identity formation, prejudice, discrimination, racism, institutional racism, civil rights movements, and the intersection between race, social class and gender.

Satisfies General Education for: Grossmont College D1; CSU D; IGETC 4

Transfers to: CSU, UC (credit limited: see page 53)

CROSS-CULTURAL STUDIES 115 †
Cross-Cultural Competence

3 units, 3 hours lecture

Achieving cultural competency is a process involving human interaction. This course provides a framework for critical reflection, knowledge acquisition, dialogue and best practices. It includes theoretical and practical explorations of attitudes, behavior, institutions, and policies. Students gain skills with people of diverse cultures, languages, socio-economic classes, races, ethnic backgrounds, religions, sexual and gender orientations, special needs and other social identities. Students begin their work toward cultural proficiency by operationalizing, or practicing, cross-cultural knowledge and skills. The course examines privilege and oppression, intersectionality of identities, various groups' barriers to equal access and opportunity, and how cross-cultural competence moves people and institutions toward practices of inclusiveness.

Satisfies General Education for: Grossmont College D2; CSU D; IGETC 4

Transfers to: CSU, UC (credit limited: see page 53)

† This course meets all Title 5 standards for Associate Degree Credit.

†† This course meets all Title 5 standards for Nondegree Credit.

CROSS CULTURAL STUDIES 116 † **Introduction to Women's Studies**

3 units, 3 hours lecture

Interdisciplinary introduction to the origins, purpose, subject matter, and methods of Women's Studies and to feminist perspectives in the social sciences on a range of issues affecting women of diverse backgrounds. Study of gender and its intersections with race, class, sexuality, disability, age, religion, and other systems of difference.

Includes such topics as gender-based language, personality development and self-concept, social evolution, family structures, and economic life.

Satisfies General Education for: Grossmont College D1; CSU D

Transfers to CSU

CROSS-CULTURAL STUDIES 118 † (History 118)

U.S. History: Chicano/Chicana Perspectives I

3 units, 3 hours lecture

Recommended Preparation: A "C" grade or higher or "Pass" in English 110 or English as a Second Language 119 or equivalent.

This course is designed to explore the role and development of the Mexican/Chicano/Chicana people in the history of the Southwest United States. An examination of significant aspects of United States history with emphasis on the social, economic, political and cultural implications to Mexican/Chicano/Chicana people in the United States. Beginning with pre-Colombian Meso-America to the Mexican-American War (1848) selected aspects of history will be highlighted for the purpose of examining the experiences and contributions of this unique indigenous ethnic group. The U.S. Federal Constitution is studied with special emphasis on the impact and effects of the Treaty of Guadalupe Hidalgo. Particular attention is given to the political philosophies of both countries and its impact on the Mexican American community.

Satisfies General Education for: Grossmont College D3; CSU D; IGETC 4

Transfers to: CSU, UC (credit limited: see page 53)

CROSS-CULTURAL STUDIES 119 † (History 119)

U.S. History: Chicano/Chicana Perspectives II

3 units, 3 hours lecture

Recommended Preparation: A "C" grade or higher or "Pass" in English 110 or English as a Second Language 119 or equivalent.

This course is designed to explore the role and development of the Chicano/Chicana people in the history of the Southwest United States. An examination of significant aspects of United States history with emphasis on the social, economic, political and cultural implications to Chicano/Chicana people in the United States. Beginning with the Mexican-American War (1848) to the present period selected aspects of history will be highlighted for the purpose of examining the experiences and contributions of this unique indigenous ethnic group. The Federal Constitution is studied with special emphasis on the impact and effects on Chicanos/Chicanas. Particular attention is given to political philosophies and impact of legislation on the Chicano/Chicana community leading to contemporary U.S. Society. *Satisfies General Education for: Grossmont College D3; CSU D; IGETC 4*
Transfers to: CSU, UC (credit limited: see page 53)

CROSS-CULTURAL STUDIES 122 † (Spanish 122)

Spanish for the Native Speaker I

5 units, 5 hours lecture

Fundamentals of spoken and written Spanish for the bilingual speaker. This course is designed to help Spanish-speaking students further improve their oral and written communication skills. Emphasis on writing, reading comprehension, and vocabulary building at the intermediate level in a cultural context. Exposure to the diversity within the cultures of the Spanish-speaking world. This course is designed to provide the bilingual speaker with the linguistic and learning skills required for successfully completing upper division courses in Spanish. This course will be taught in Spanish.

Satisfies General Education for: Grossmont College C2; CSU C2; IGETC 6A

Transfers to: CSU, UC (credit limited: see page 53)

CROSS-CULTURAL STUDIES 123 † (Spanish 123)

Spanish for The Native Speaker II

5 units, 5 hours lecture

Prerequisite: A "C" grade or higher or "Pass" in Spanish 122 or equivalent.

This course is a continuation of Cross-Cultural Studies 122 with emphasis on grammar, vocabulary building, precision in word choice, readings, and writing in selected topics within cultural contexts in art, literature, culture, history, and film as these appear in the Spanish speaking world.

Satisfies General Education for: Grossmont College C2; CSU C2; IGETC 3B, 6A

Transfers to: CSU, UC (credit limited: see page 53)

CROSS-CULTURAL STUDIES 124 † **American Culture and Institutions**

3 units, 3 hours lecture

An introduction to American culture stressing the governmental, political, economic, geographical and general cultural aspects of American society. An overview of the development of American values using terminology and perspectives from these social and behavioral sciences.

Satisfies General Education for: Grossmont College D1; CSU D

Transfers to: CSU, UC

CROSS-CULTURAL STUDIES 125 † (Psychology 125)

Cross-Cultural Psychology

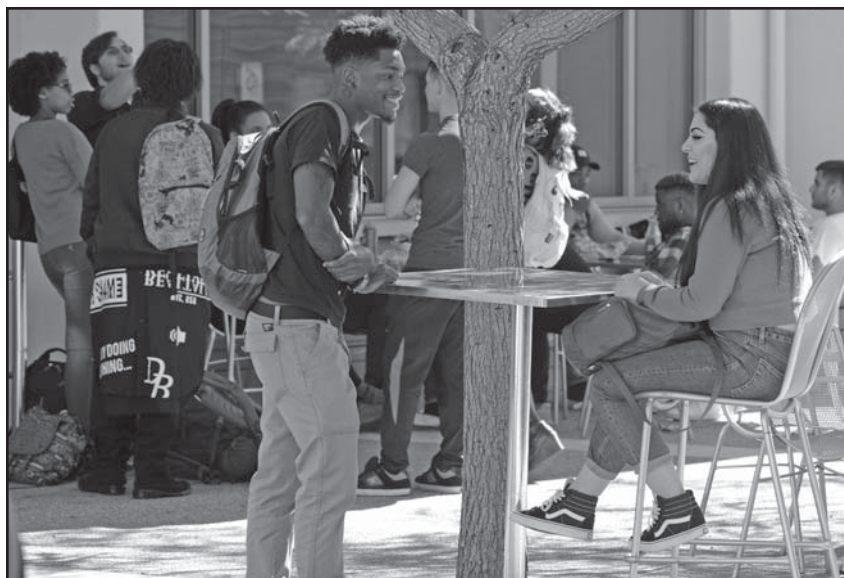
3 units, 3 hours lecture

An introduction to theories and research findings regarding cultural influences on human behavior and cognitive processes (life-span development, abnormal behavior and mental health, drug use, self-concept, emotion, social behavior, perception, learning, intelligence, and memory). By providing students with a non-judgmental understanding of how culture influences human behavior, this course will make them more equipped to interact in a world where there is increasing contact among different cultures.

Satisfies General Education for: Grossmont College D2; CSU D; IGETC 4

Transfers to: CSU, UC (credit limited: see page 53)

† This course meets all Title 5 standards for Associate Degree Credit.



CROSS-CULTURAL STUDIES 126 † **Chicano/Chicana and Mexican Art**

3 units, 3 hours lecture

A survey of Mexican art from pre-Columbian times to the present, including Chicano/Chicana folk and contemporary art. Some attention is given to relationships between Chicano/Chicana and traditional Mexican art, as well as to the relationships among Chicano/Chicana and Anglo-American and European art. *Satisfies General Education for: Grossmont College C3; CSU C1; IGETC 3A*
Transfers to: CSU, UC

CROSS-CULTURAL STUDIES 127 † **Images of the Chicana/Latina**

3 units, 3 hours lecture

A study of Chicanas/Latinas through the written and visual images conveyed by Chicanas/Latinas and non-Chicanas/non-Latinas over time. Myths about Chicanas/Latinas are examined in a variety of contexts. Attention will be given to the evolution of the literary, visual, cultural, political and socio-economic experience of Chicanas and Latinas.

Satisfies General Education for: Grossmont College C1; CSU E; IGETC 4
Transfers to: CSU, UC

CROSS-CULTURAL STUDIES 128 † **Culture and Identity: The Chicano/Chicana Experience**

3 units, 3 hours lecture

This course is a broad introduction to Mexican/Chicano/Chicana culture in the United States and Mexico. Emphasis is placed on identifying and documenting the multifaceted and evolving cultural patterns which identify the Chicano/Chicana community in the United States. This

course is taught from a multidisciplinary approach borrowing from the visual arts, drama, history, literature, music, and the social sciences. *Satisfies General Education for: Grossmont College C1, D1; CSU D; IGETC 4*
Transfers to: CSU, UC

CROSS-CULTURAL STUDIES 130 † **(History 130)**

U.S. History and Cultures: Native American Perspectives I

3 units, 3 hours lecture

Recommended Preparation: A "C" grade or higher or "Pass" in English 110 or English as a Second Language 119 or equivalent.

An historical survey of the indigenous people throughout the North American Continent from the earliest recorded knowledge to the period of 1850. Attention will be given to Indian perspectives of native and nonnative cultures. The influence of American Indians on the Federal Constitution and the political philosophies of early Americans will be studied. Indian political organization and its parallels and differences in early American political organizations and philosophies are studied. Particular attention is given to legislation and its impact on Indian culture and society.

Satisfies General Education for: Grossmont College D3; CSU D; IGETC 4
Transfers to: CSU, UC (credit limited: see page 53)

CROSS-CULTURAL STUDIES 131 †

(History 131)

U.S. History and Cultures: Native American Perspectives II

3 units, 3 hours lecture

Recommended Preparation: A "C" grade or higher or "Pass" in English 110 or English as a Second Language 119 or equivalent.

An historical survey of the indigenous peoples of the North American Continent from the period of 1850 to the present. Attention will be given to contemporary, historical, political, and socio-economic issues affecting the American Indian nationwide, statewide and locally. Indian perspectives of native and nonnative cultures will be included. The Federal and California State Constitutions are studied with special emphasis on the effects and influence of the Indian culture and society. Particular attention is given to political philosophies and the impact of legislation on Indian culture and society. *Satisfies General Education for: Grossmont College D3; CSU D; IGETC 4*
Transfers to: CSU, UC (credit limited: see page 53)

CROSS-CULTURAL STUDIES 132 † **American Indian Culture and Heritage**

3 units, 3 hours lecture

An in-depth analysis and discussion of American Indian cultural development as influenced by native and non-native traditions and influences. This course will examine the ways in which American Indians view the world, their place in it, and their responsibilities to it within an ethno-environmental context. Emphasis is placed on tribal and family relationships and social adjustments made by individuals. Analyzes the influence of these traditions on non-Indian cultures and philosophy, sociopolitics, science, religion, and the arts. Deals with the ongoing adaptability and endurance of American Indian traditions and customs given the changing conditions or legal requirements of the times.

Satisfies General Education for: Grossmont College D1; CSU D; IGETC 4
Transfers to: CSU, UC

† This course meets all Title 5 standards for Associate Degree Credit.

CROSS-CULTURAL STUDIES 133 † **The History and Cultures of California Indians**

3 units, 3 hours lecture

An historical overview of California native people and their timeless cultural elements. Areas to be studied will include: an investigation into pre-European contact cultures and the subsequent impact of Spanish missions and Anglo-American institution and values.

Satisfies General Education for: Grossmont College D1; CSU D; IGETC 3B
Transfers to: CSU, UC

CROSS-CULTURAL STUDIES 134 † **Introduction to American Indian Art**

3 units, 3 hours lecture

The study of prehistoric, historic and modern creative art forms of American Indians. This course will investigate the origins of American Indian art from rock paintings to contemporary artists and artisans. The class will compare and contrast art forms said to be Native American in content and Native American artists creating contemporary art in European-based art forms. The question, "Is it art?" will be examined in the context of historical European biases and the question "What is American Indian art?" from legal, cultural, anthropological, and fine arts perspectives.

Satisfies General Education for: Grossmont College C3; CSU C1; IGETC 3A
Transfers to: CSU, UC

CROSS CULTURAL STUDIES 135 † **San Diego County American Indian Tribes**

3 units, 3 hours lecture

This course discusses the cultural complexity of indigenous San Diego County Indians, spanning geographically from the ocean to the mountains and desert. San Diego County has 18 Indian Reservations, more than any county in the United States. The course examines pre-contact, migration/relocation patterns, present day reservations, and an in-depth study of the dominant Hokan speakers (Kumeyaay-Diegueño) and of the three groups of Uto-Aztecan speakers (Luiseño, Cahuilla and Cupeño). The history of these groups includes the Spanish, Mexican, and American periods resulting in forced removals and loss of traditional territories and altered traditions. Also covered is each group's origins, traditional songs, oral tradition, religious practices, foods, family patterns, and how they have survived

and maintained their language, arts and culture. The course evaluates how the tribes shaped ancient and modern San Diego, including the socio-economic and political importance of gaming tribes and sovereignty.

Satisfies General Education for: Grossmont College D1; CSU C2, D; IGETC 3B, 4
Transfers to: CSU, UC

CROSS-CULTURAL STUDIES 143 † **Images of Black Women**

3 units, 3 hours lecture

A study of the images of black women in America as presented through their own writings and through the writings of others. Myths about the black woman are explored and examined against the presentation of a broad viewpoint. Self-images of black women writers are compared and contrasted with the perceptions of black women presented by other writers.

Satisfies General Education for: CSU D; IGETC 4
Transfers to: CSU, UC

CROSS-CULTURAL STUDIES 144 † (Communication 144) **Communication Studies: Race and Ethnicity**

3 units, 3 hours lecture

This course provides both a theoretical and a practical exploration of communication, race, and ethnicity in the general context of U.S. culture, with a focus on race and ethnicity in popular culture and the arts. Attention is given to how contemporary and historical constructions of race and ethnicity influence both popular and everyday communication interactions. Emphasis is on developing communication competence in situations where perceived racial or ethnic difference factors into successful communication outcomes.

Satisfies General Education for: Grossmont College C2; CSU C2, D; IGETC 3B, 4
Transfers to: CSU, UC (credit limited: see page 53)

CROSS-CULTURAL STUDIES 145 † **Black American Lifestyles**

3 units, 3 hours lecture

Black American lifestyles in the past, present, and future. Examination of contemporary issues, their roots and their effects on modern day America. Black American personality development, family relationships, and social adjustment.

Satisfies General Education for: Grossmont College D1; CSU D; IGETC 4
Transfers to: CSU, UC

CROSS-CULTURAL STUDIES 147 † **Middle East History and Culture**

3 units, 3 hours lecture

An examination of significant historical and cultural factors that shape the perceptions, attitude, and views of the people of the Middle East. Attention will be given to the role of religion, nationalism, and Islamic currents. The relationship between the East and the West will be examined and assessed.

Satisfies General Education for: Grossmont College C1; CSU C2, D; IGETC 3B, 4
Transfers to: CSU, UC

CROSS-CULTURAL STUDIES 149 † (Japanese 149) **Japanese Culture and Civilization**

3 units, 3 hours lecture

A survey of major characteristics of Japanese culture as seen in Japan today. This course will compare and contrast traditional Japanese culture and values with the modern Japanese culture. This course will examine what role history has played in the development of traditional Japanese culture and the role western culture has played in the development of the modern Japanese culture. It will examine the issues that this dichotomy creates and the relationship between Japan and the western world. This course will be taught in English.

Satisfies General Education for: Grossmont College C1; CSU C2; IGETC 3B
Transfers to: CSU, UC (credit limited: see page 53)

CROSS-CULTURAL STUDIES 152 † (French 152) **The French-Speaking World: A Cross-Cultural Perspective**

3 units, 3 hours lecture

Major characteristics of the French-speaking world as reflected in its culture, civilization, and literature. The course will compare French-speaking European countries (such as France, Belgium, Switzerland, Luxembourg) to French-speaking countries of Northern Africa, Sub-Saharan Africa, Canada and the Caribbean. The class is conducted in English.

Satisfies General Education for: Grossmont College C1; CSU C2, D; IGETC 3B
Transfers to: CSU, UC (credit limited: see page 53)

† This course meets all Title 5 standards for Associate Degree Credit.

CROSS-CULTURAL STUDIES 153 †

(Child Development 153)

Teaching in a Diverse Society

3 units, 3 hours lecture

Analysis of the many contexts and variables related to an individual's socialization process and how these forces impact on one's work with children and families. This course will examine and discuss topics related to culture, race, ethnicity, religion, gender, socioeconomic status, sexual orientation, special needs, and diverse lifestyles as they are represented in our schools and society at large. This course includes self-reflection as a tool for personal growth. Current social issues will be examined through the lens of global diversity. Students will better understand their own attitudes regarding diversity and apply this knowledge to their work with children and families.

Satisfies General Education for: Grossmont College D2

Transfers to CSU

CROSS-CULTURAL STUDIES 154 †

(History 154)

Early History of Women in World Civilization

3 units, 3 hours lecture

Recommended Preparation: A "C" grade or higher or "Pass" in English 110 or English as a Second Language 119 or equivalent.

This course covers the transnational/global concepts of gender, social, economic, political, cultural and intellectual/creative aspects of women in world society from prehistoric times to the early modern era (1500 C.E.). Societal structures, cultural norms, legal/sociological constructs, religious paradigms affecting women throughout Asia, Africa, Middle East, the Americas and Europe will be explored. The course will also focus upon gaining an understanding of women's past accomplishments, both major and mundane, as well as limitations, which may illuminate their present and future.

Satisfies General Education for: Grossmont College D1; CSU D; IGETC 4
Transfers to: CSU, UC (credit limited: see page 53)

CROSS-CULTURAL STUDIES 155 †

(History 155)

Modern History of Women in World Civilization

3 units, 3 hours lecture

Recommended Preparation: A "C" grade or higher or "Pass" in English 110 or English as a Second Language 119 or equivalent.

This course covers the transnational/global concepts of gender, social, economic, political, cultural and intellectual/creative aspects of women in world society from 1500 C.E. to the present. Societal structures, cultural

norms, legal/sociological constructs, religious paradigms affecting women throughout modern Asia, Africa, Middle East, the Americas and Europe will be explored. The course will also focus upon gaining an understanding of women's past accomplishments, both major and mundane, as well as limitations, which may illuminate their present and future.

Satisfies General Education for: Grossmont College D1; CSU D; IGETC 4

Transfers to: CSU, UC (credit limited: see page 53)

CROSS-CULTURAL STUDIES 170 †**American Indian Tribal Governments and Indian Sovereignty**

3 units, 3 hours lecture

An introduction to traditional tribal governments and to their structure. This course examines the legal rights of tribal governments and the changing roles of federal and state governments in relations to tribal governments. Issues of sovereignty in interactions between tribal-federal and tribal-state relationships are examined.

Transfers to CSU

CROSS-CULTURAL STUDIES 180 †

(History 180)

U.S. History: Black Perspectives I

3 units, 3 hours lecture

Recommended Preparation: A "C" grade or higher or "Pass" in English 110 or English as a Second Language 119 or equivalent.

A survey of United States history from colonial times to the American Civil War seen from the perspective and experiences of African-Americans. The course will begin with examining the historical backdrop of African peoples in continental Africa and trace their story through early modern European contact, the slave trade, enslavement in the Americas, colonial America, the revolutionary and Constitutional era, the early Republic, participation in American institutions, sectional issues between North and South over slavery, the Civil War and emancipation. Course will also examine the contradictions, paradoxes and constitutional challenges of the American experiment of freedom alongside the institution of slavery. The course also explores the political, social, economic, legalistic, cultural, spiritual, literary and artistic life of African-Americans during this historical period.

Satisfies General Education for: Grossmont College D3; CSU D; IGETC 4
Transfers to: CSU, UC (credit limited: see page 53)

CROSS-CULTURAL STUDIES 181 †

(History 181)

U.S. History: Black Perspectives II

3 units, 3 hours lecture

Recommended Preparation: A "C" grade or higher or "Pass" in English 110 or English as a Second Language 119 or equivalent.

A survey of United States history from Reconstruction to the present seen from the perspective and experience of African-Americans. The course begins with examining the historical backdrop of the Civil War's aftermath and the emancipation of slaves and then traces the African-American experience through modern American history. Topics include Reconstruction, Jim Crow South, late 19th century, pre WWI and the Progressive Era, WWI and the Roaring 20s, Depression Era, WWII and the home front, post-WWII era and segregation, Civil Rights Era, struggles of the 1960s and 1970s, and current times. Course also explores the contradictions, paradoxes and constitutional challenges, both federal and state, of the American experiment of equality alongside racial segregation and injustices. The course also explores the political, social, economic, legalistic, cultural, spiritual, literary and artistic life of African-Americans during modern American history.

Satisfies General Education for: Grossmont College D3; CSU D; IGETC 4

Transfers to: CSU, UC (credit limited: see page 53)

CROSS-CULTURAL STUDIES 194 †
Community Service Learning Experience

1 unit, 5 hours work experience per week

60 volunteer hours or 75 paid hours

Community Service Learning Experience (CSLE) is a community outreach program which promotes the national agenda of volunteer engagement. The purpose is to provide students the opportunity to explore options and careers in a selected area of study. For work experience requirements, see page 44.

Transfers to CSU

† This course meets all Title 5 standards for Associate Degree Credit.

CROSS-CULTURAL STUDIES 236 †

(English 236)

Chicano/Chicana Literature

3 units, 3 hours lecture

Recommended Preparation: A "C" grade or higher or "Pass" in English 110 or equivalent.

This course introduces students to a survey of folk, traditional, and contemporary Chicano/Chicana literature. Literary works originally written in English and the Chicano/a bilingual idiom as well as English translations of works written in Spanish will be taught. Students examine the literature as a reflection of Chicano/a experience in the world and the effects of the literature on American culture and politics. Reading selections may consist of poetry, ballads, short stories, novels, plays, and nonfiction prose. Authors such as the following will be read, analyzed, discussed, and written about in critical essays and exams: Rudolfo Anaya, Lorna Dee Cervantes, Helena Maria Viramontes, Sandra Cisneros, Jimmy Santiago Baca, Luis J. Rodriguez, Luis Alberto Urrea, Dagoberto Gilb.

Satisfies General Education for: Grossmont College C2; CSU C2; IGETC 3B

Transfers to: CSU, UC (credit limited: see page 53)

CROSS-CULTURAL STUDIES 237 †

(English 237)

American Indian Literature

3 units, 3 hours lecture

Recommended Preparation: A "C" grade or higher or "Pass" in English 110 or equivalent.

A survey and literary analysis of American Indian literature; folk, creation and origin stories, legends, and poetry from the oral tradition to contemporary American Indian authors.

Satisfies General Education for: Grossmont College C2; CSU C2; IGETC 3B

Transfers to: CSU, UC (credit limited: see page 53)

CROSS-CULTURAL STUDIES 238 †

(English 238)

Black Literature

3 units, 3 hours lecture

Recommended Preparation: A "C" grade or higher or "Pass" in English 110 or equivalent.

This course introduces students to a survey of folk, traditional, and contemporary Black literature. Students examine the literature as a reflection of Black experience in the world and the effects of the literature on American culture and politics. Reading selections may consist of poetry, short stories, novels, and nonfiction prose, including essays, letters, political tracts, autobiographies, speeches, and sermons. Authors such as the following will be

read, analyzed, discussed, and written about in critical essays and exams:

Phillis Wheatley, Harriet Jacobs, Frederick Douglass, Booker T. Washington, W.E.B. Du Bois, Zora Neale Hurston, Langston Hughes, Countee Cullen, Richard Wright, Gwendolyn Brooks, Amiri Baraka, Lucille Clifton, Maya Angelou, Toni Morrison, Alice Walker, August Wilson, Saul Williams, Ntozake Shange, and Natasha Trethewey.

Satisfies General Education for: Grossmont College C2; CSU C2; IGETC 3B

Transfers to: CSU, UC (credit limited: see page 53)

CULINARY ARTS (CA)

CULINARY ARTS 160 †**Quantity Foods Preparation and Production**

3 units, 2 hours lecture, 3 hours laboratory

Prerequisite: A "C" grade or higher or "Pass" in Culinary Arts 171 or equivalent.

Principles and application of quantity food preparation and production. Includes effective utilization of time, equipment, finances, and personnel.

Transfers to: CSU

CULINARY ARTS 163 †**Food Purchasing for Culinary Arts**

1 unit, 1 hour lecture

Purchasing policies, laws, and methods used in the health care and food service industries. Purchase of food and other cooking supplies to obtain the best quality and value.

Transfers to: CSU

CULINARY ARTS 164 †**International Cooking**

3 units, 2 hours lecture, 3 hours laboratory

Prerequisite: A "C" grade or higher or "Pass" in Culinary Arts 169 or equivalent.

A course exploring various international and ethnic food patterns and food preparation techniques. Economic, agricultural, religious, historical and nutritional aspects of foods from a variety of world cultures will be examined. Emphasis will be on preparation of popular dishes from different cultures that impact culinary arts today.

Transfers to: CSU, UC

CULINARY ARTS 165 †**Sanitation for Food Service**

1 unit, 1 hour lecture

A basic course in food service sanitation leading to a San Diego County Food Service Manager Certificate. Instruction covers microbiology of food borne illnesses, prevention techniques, personal sanitation practices, housekeeping and waste disposal. Food safety and storage information includes receiving and storage techniques, sanitary food production, sanitation of kitchen, dining rooms, legal regulations and safety considerations as well as training techniques.

Transfers to: CSU

CULINARY ARTS 166 †**Menu Management**

1 unit, 1 hour lecture

Introduction and application of principles of basic menu management for the food service industry. Emphasis will be on cost control, recipe conversion, proportioning and menu creation. Basic math skills will be used to analyze cost, and prepare recipes, conversions and formulas that will provide necessary chef skills for other culinary arts courses.

Transfers to: CSU

CULINARY ARTS 167 †**Wines of the World**

3 units, 3 hours lecture

An introduction to the various kinds and types of wines produced in the world. The course content includes the history of wine, classification of wine, production practices, and food and wine relationships. This class is open to all students 21 years or older who desire a background in enology, especially culinary arts students.

Transfers to: CSU

CULINARY ARTS 169 †**Essential Skills for Culinary Arts**

3 units, 2 hours lecture, 3 hours laboratory

Introduction and application of the principles of essential culinary arts skills. Emphasis will be on essential knife skills, product identification, high production standards, attractive service, proper equipment use and good time management. These essential skills will be used to prepare recipes and formulas that will provide necessary chef skills for other culinary arts courses.

Transfers to: CSU

† This course meets all Title 5 standards for Associate Degree Credit.

CULINARY ARTS 170 † **Introduction to Catering Management**

3 units, 3 hours lecture

This course is designed to prepare students to enter the professional field of catering through self-employment or working within the hotel/restaurant industry. Students will be introduced to aspects of catering management including menu development, kitchen organization, cost accounting, service, rentals, staffing, contracts, legal requirements, advertising, promotion and client retention.

Transfers to CSU

CULINARY ARTS 171 † **Intermediate Culinary Skills**

3 units, 2 hours lecture, 3 hours laboratory

Prerequisite: A "C" grade or higher or "Pass" in Culinary Arts 169 or equivalent.

Students study and experience the preparation and production of food items at grill and sauté stations. Emphasis will be placed on quality, cost, and speed of production of hot food items.

Transfers to CSU

CULINARY ARTS 172 † **Principles of Soup, Stock and Sauce Preparation**

3 units, 2 hours lecture, 3 hours laboratory

Prerequisite: A "C" grade or higher or "Pass" in Culinary Arts 169 or equivalent.

Students are instructed in the preparation of stocks, soups and sauces. This course will also deal with the use of sauces to complement and enhance food and will stress methods of binding and repairing sauces.

Transfers to CSU

CULINARY ARTS 173 † **Principles of Buffet and Catering**

3 units, 2 hours lecture, 3 hours laboratory

Prerequisite: A "C" grade or higher or "Pass" in Culinary Arts 169 or equivalent.

This course will include methods and procedures needed for catering and buffet service including table arrangements, decor, physical lay-out and decorative carving techniques. Students will also prepare pate, gelatins, marinated salads, smoked fish and charcuterie.

Transfers to CSU

CULINARY ARTS 174 † **Principles of Baking and Pastry Making**

3 units, 2 hours lecture, 3 hours laboratory

This course will provide students the skills and procedures needed to prepare doughs, puff pastry, meringues, etc. Instruction will stress the uniformity of results and the development of proper baking and decorating techniques.

Transfers to CSU

CULINARY ARTS 175 † **Healthy Lifestyle Cuisine**

3 units, 2 hours lecture, 3 hours laboratory

Prerequisite: A "C" grade or higher or "Pass" in Culinary Arts 169 or equivalent.

This course is a component of the Culinary Arts and Baking and Pastry degrees and is designed to help the professional chef/cook or entry level student use methods of selecting and preparing healthier foods. The student will explore techniques of altering recipes by changing fat, protein, sodium and sugar content as well as develop and practice strategies for healthier modes of cooking.

Transfers to CSU

CULINARY ARTS 176 † **Advanced Baking and Pastry Arts**

3 units, 2 hours lecture, 3 hours laboratory

Prerequisite: A "C" grade or higher or "Pass" in Culinary Arts 174 or equivalent.

The course will build on previous knowledge and increase proficiency in baking and pastry techniques for production. Students will explore and demonstrate a broad spectrum of classical vs. modern application of cakes, French pastries and tarts. Students will sharpen their skills in mixing and shaping of breads, including artisan breads. Students will focus on artistry and innovation in baked goods, merged with practical skills.

Transfers to CSU

CULINARY ARTS 177 † **Commercial Baking**

3 units, 2 hours lecture, 3 hours laboratory

Prerequisite: A "C" grade or higher or "Pass" in Culinary Arts 174 or equivalent.

The course will build on previous knowledge and increase proficiency in baking and pastry techniques for mass production. Students will explore and demonstrate the preparation of a broad spectrum of breads and pastries. Students will study and demonstrate classical and modern advanced baking techniques and applications for commercial products including a variety of breads, rolls and pastries. Students will study and demonstrate the understanding and use of commercial baking tools and equipment.

Transfers to CSU

CULINARY ARTS 178 † **Fruit, Vegetable, Ice Carving and Culinary Competition**

3 units, 2 hours lecture, 3 hours laboratory

Prerequisite: A "C" grade or higher or "Pass" in Culinary Arts 169 or equivalent.

This course is designed to prepare students to enter the professional field in the area of food preparation in the Garde Manger and Cold Food Kitchens and prepares students at skill levels for culinary competition through knowledge, practice and evaluation as designated by The American Culinary Federation. Students will be introduced to proper tools, equipment and knives for use in the production of fruit, vegetable, ice carvings and competitive culinary techniques. Training will include history, theory, design, basic principles, tips and techniques.

Transfers to CSU

CULINARY ARTS 180 † **Advanced Food Preparation for Fine Dining**

3 units, 2 hours lecture, 3 hours laboratory

Prerequisite: A "C" grade or higher or "Pass" in Culinary Arts 171 or equivalent.

Training in advanced principles of food preparation and service. Special instruction and practice in the finer arts of food preparation as related to foods served in fine dining establishments including hotels and restaurants.

Transfers to CSU

CULINARY ARTS 183 † **Pastry Skills in Bread Baking**

3 units, 2 hours lecture, 3 hours laboratory

Prerequisite: A "C" grade or higher or "Pass" in Culinary Arts 174 or equivalent.

The course will build on previous knowledge and increase proficiency in baking techniques for production of advanced bread baking. Students will explore and demonstrate a broad spectrum of baking styles producing artisan, European and American breads. Students will sharpen their skills in mixing and shaping of these breads. Students will focus on various types of mixing methods and bread baking, merged with practical skills.

Transfers to CSU

† This course meets all Title 5 standards for Associate Degree Credit.

CULINARY ARTS 184 † **Pastry Skills in Chocolate Preparation**

3 units, 2 hours lecture, 3 hours laboratory
Prerequisite: A "C" grade or higher or "Pass" in Culinary Arts 174 or equivalent.

The course will build on previous knowledge and increase proficiency in baking and pastry techniques for production in chocolate decoration and preparation. Students will explore and demonstrate a broad spectrum of chocolate decorations and preparations. Students will sharpen their skills in tasting, tempering, piping, modeling, decoration, garnishing, spraying, and painting with chocolate. Students will focus on artistry and innovation with chocolate decoration and preparation merged with practical skills.

Transfers to CSU

CULINARY ARTS 185 † **Sugar Work and Decorative Centerpieces**

3 units, 2 hours lecture, 3 hours laboratory
Prerequisite: A "C" grade or higher or "Pass" in Culinary Arts 174 or equivalent.

The course will build on previous knowledge and increase proficiency in baking and pastry techniques for production in sugar work and decorative centerpieces and its preparation. Students will explore and demonstrate a broad spectrum of sugar work, decorative centerpieces and their preparations. Students will sharpen their skills in tasting, tempering, piping, decoration, garnishing, and decorating with sugar and decorative work. Students will focus on artistry and innovation with sugar work including wedding cakes, holiday cakes, gingerbread, pastillage and its preparation merged with practical skills.

Transfers to CSU

CULINARY ARTS 186 † **Pastry Skills in Cake Decorating**

3 units, 2 hours lecture, 3 hours laboratory
Prerequisite: A "C" grade or higher or "Pass" in Culinary Arts 174 or equivalent.

This course will build on previous knowledge and increase proficiency in baking and pastry techniques for production. Students will explore and demonstrate a broad spectrum of classical vs. modern application of cake preparations and decorating. Students will sharpen their skills in baking techniques, piping, decorative cake garnishing and icing. Students will focus on artistry and innovation in cake décor merged with practical skills.

Transfers to CSU

CULINARY ARTS 280 † **Seminar for Work Experience in Culinary Arts**

1 unit, 1 hour lecture

Prerequisite: A "C" grade or higher or "Pass" in Culinary Arts 171 or equivalent.

Seminar to accompany on-the-job work experience in Culinary Arts. Included in this course will be interviewing skills, resume writing and interpersonal relationships for work as a chef in a fine dining establishment.

Transfers to CSU

CULINARY ARTS 281 † **Work Experience in Culinary Arts**

2 units, 10 hours work experience per week
120 volunteer hours or 150 paid hours

Prerequisite: A "C" grade or higher or "Pass" in Culinary Arts 171 or equivalent.

On-the-job work experience in Culinary Arts. Externship at a fine dining restaurant to demonstrate and increase knowledge of food preparation skills. For work experience requirements, see page 44.

Transfers to CSU

CULINARY ARTS 282 † **Advanced Work Experience in Culinary Arts**

2 units, 10 hours work experience per week
120 volunteer hours or 150 paid hours

Prerequisite: A "C" grade or higher or "Pass" in Culinary Arts 281 or equivalent.

On-the-job work experience in Culinary Arts. Externship at a fine dining restaurant to demonstrate advanced knowledge of food preparation skills. For work experience requirements, see page 44.

Transfers to CSU

DANCE (DANC)

Unless specifically required by a transfer institution for preparation for a Dance major, students are limited to four enrollments in any combination of courses related in content (families). Students intending to major in Dance at a California State University or University of California campus that requires more than the limit should see a counselor. Refer to pages 36-37 to see "Limitations on Enrollment" for specific groups of families in dance. Dance and/or Exercise Science courses that meet the fitness/wellness requirements for general education are indicated by an asterisk (*).

DANCE 068* † **Introduction to Dance**

1 unit, 1 hour lecture, 1 hour laboratory

This course provides the student with a practical introduction to the technique, theory, and vocabulary of various dance genres. Students will learn and practice the fundamentals of ballet, jazz, modern, tap, and/or musical theater dance.

Designed as an overview of dance, this course addresses dance genres from a historical perspective. Attention is also paid to theoretical and stylistic differences between as well as commonalities shared by various dance genres. Students will also learn the fundamental principles of physical fitness and their impact on life-long health and wellness. Requirements include attendance at one live dance concert produced by the dance department and participation in one department sponsored master class.

Satisfies General Education for Grossmont College Area E

Transfers to: CSU, UC (credit limited: see page 53)

DANCE 071A* † **Studio Workshop in Tap Dance I**

1 unit, 1 hour lecture, 1 hour laboratory

A beginning level technique course focusing on rudimentary rhythm tap technique. This class is designed for the beginning dancer or the dancer with previous training who needs to work on specific skills before moving on to a higher level of tap dance. The class will include a basic center floor warm-up, as well as a beginning level loco-motor progressions, dance combinations, and improvisation. Dance videos will be shown periodically to illustrate the history, development, and pioneers of rhythm tap dance. Students will also learn the fundamental principles of physical fitness and their impact on life-long health and wellness. Students will be required to attend one live dance concert produced by the dance department and one department sponsored master class.

Satisfies General Education for Grossmont College Area E

Transfers to: CSU, UC (credit limited: see page 53)

† This course meets all Title 5 standards for Associate Degree Credit.

DANCE 071B* † **Studio Workshop in Tap** **Dance II**

1 unit, 1 hour lecture, 1 hour laboratory

Recommended Preparation: A "C" grade or higher or "Pass" in Dance 071A or Dance 081A or equivalent.

An intermediate level technique course focusing on rhythm tap technique. This class is designed for the dancer with previous training who needs to work on specific skills before moving on to a high level of tap dance. The class will include a center floor warm-up, as well as increasingly more complex loco-motor progressions, dance combinations, and improvisation. Dance videos will be shown periodically to illustrate the history, development, and pioneers of rhythm tap dance.

Students will also learn the fundamental principles of physical fitness and their impact on life-long health and wellness. Students will be required to attend one live dance concert produced by the dance department and one department sponsored master class.

Satisfies General Education for Grossmont College Area E

Transfers to: CSU, UC (credit limited: see page 53)

DANCE 072A* † **Studio Workshop in Modern** **Dance I**

1 unit, 1 hour lecture, 1 hour laboratory

A beginning level technique course focusing on rudimentary modern dance technique. This class is designed for the beginning dancer or the dancer with previous training who needs to work on specific skills before moving on to a higher level of modern dance. The class will include a center floor warm-up, movement progressions, and center floor patterns/combinations composed of qualities and movements introduced in the class. Dance videos will be shown periodically to illustrate a variety of movement styles and performance philosophies. Students will also learn the fundamental principles of physical fitness and their impact on life-long health and wellness. Students will be required to attend one live dance concert produced by the dance department and one department sponsored master class.

Satisfies General Education for Grossmont College Area E

Transfers to: CSU, UC (credit limited: see page 53)

DANCE 072B* † **Studio Workshop in Modern** **Dance II**

1 unit, 1 hour lecture, and 1 hour laboratory

Recommended Preparation: A "C" grade or higher or "Pass" in Dance 072A or Dance 080A or equivalent.

An intermediate level technique course which builds on the theories and skills introduced in Dance 080A and 072A. . This class is designed for the dancer with previous beginning to low intermediate training who needs to work on specific skills before moving on to a higher level of modern dance. The class will include a center floor warm-up, movement progressions, and center floor patterns/combinations composed of qualities and movements introduced in the class. Dance videos will be shown periodically to illustrate a variety of movement styles and performance philosophies. Students will also learn the fundamental principles of physical fitness and their impact on life-long health and wellness. Students will be required to attend one live dance concert produced by the dance department and one department sponsored master class.

Satisfies General Education for Grossmont College Area E

Transfers to: CSU, UC (credit limited: see page 53)

DANCE 074A* † **Studio Workshop in Jazz** **Dance I**

1 unit, 1 hour lecture, 1 hour laboratory

A beginning level technique course which focuses on developing and/ or reinforcing skills specific to jazz dance. This class is designed for the beginning dancer or the dancer with previous training who needs to work on specific skills before moving on to a higher level of jazz dance. The class will include a stylized warm-up, basic loco-motor patterns, and center floor combinations. Dance videos will be shown periodically to illustrate a variety of movement styles and performance philosophies. Students will also learn the fundamental principles of physical fitness and their impact on life-long health and wellness. Attendance is required at one live dance concert produced by the dance department, and one department sponsored master class.

Satisfies General Education for Grossmont College Area E

Transfers to: CSU, UC (credit limited: see page 53)

DANCE 074B* † **Studio Workshop in Jazz** **Dance II**

1 unit, 1 hour lecture, and 1 hour laboratory

Recommended Preparation: A "C" grade or higher or "Pass" in Dance 074A or Dance 084A or equivalent.

An intermediate level technique course focusing on jazz dance technique. This class is designed for the dancer with previous training who needs to work on specific skills before moving on to a higher level of jazz dance. The class will include a center floor warm-up, intermediate level loco-motor progressions, which will increase in complexity and difficulty, and dance combinations emphasizing intermediate level skills. Dance videos will be shown periodically to illustrate the history, development, and pioneers of American jazz dance. Students will also learn the fundamental principles of physical fitness and their impact on life-long health and wellness. Students will be required to attend one live dance concert produced by the dance department and one department sponsored master class.

Satisfies General Education for Grossmont College Area E

Transfers to: CSU, UC (credit limited: see page 53)

DANCE 078A* † **Studio Workshop in Ballet I**

1 unit, 1 hour lecture, 1 hour laboratory

A beginning technique course using a broad spectrum of ballet vocabulary. The class will begin with a warm-up to include center floor stretches, barre work, and alignment exercises. Locomotor patterns will include leaps, jumps, turns, and a variety of other ballet progressions. The class will culminate with center floor patterns composed of qualities and movements introduced during the barre work. Dance films/DVD's will be shown periodically to illustrate a variety of movement styles and performance philosophies. Students will also learn the fundamental principles of physical fitness and their impact on life-long health and wellness. Attendance is required at one live dance concert produced by the dance department and participation in one department sponsored master class.

Satisfies General Education for Grossmont College Area E

Transfers to: CSU, UC (credit limited: see page 53)

† This course meets all Title 5 standards for Associate Degree Credit.

DANCE 078B* † **Studio Workshop in Ballet II**

1 unit, 1 hour lecture, 1 hour laboratory

Recommended Preparation: A "C" grade or higher or "Pass" in Dance 078A or Dance 088A or equivalent.

An intermediate level technique course using a broad spectrum of ballet vocabulary. The class will begin with a warm-up to include center floor stretches, barre work, and alignment exercises. Loco-motor patterns to include leaps, jumps, turns, and a variety of other ballet progressions. The class will culminate with center floor patterns composed of qualities and movements introduced during the barre work. Dance videos will be shown periodically to illustrate a variety of movement styles and performance philosophies. Students will also learn the fundamental principles of physical fitness and their impact on life-long health and wellness. Attendance is required at one live dance concert produced by the dance department and participation in one department-sponsored master class.

Satisfies General Education for Grossmont College Area E

Transfers to: CSU, UC (credit limited: see page 53)

DANCE 080A* † **Modern I**

1.5 units, 1 hour lecture, 2 hours laboratory

A beginning level technique class that focuses on basic skills related to modern dance and presents dance as a form of artistic expression. This course covers the history, theories and basic vocabulary of modern dance. Students will learn the fundamental principles of physical fitness and their impact on life-long health and wellness. Students will be required to attend one live dance concert produced by the dance department and one department sponsored master class.

Satisfies General Education for Grossmont College Area E

Transfers to: CSU, UC (credit limited: see page 53)

DANCE 080B* † **Modern II**

1.5 units, 1 hour lecture, 2 hours laboratory

Recommended Preparation: A "C" grade or higher or "Pass" in Dance 080A or equivalent.

A beginning/intermediate level technique class that builds on the theories and principles introduced in Dance 080A, focuses on developing intermediate level skills related to modern dance, and presents dance as a form of artistic expression. This course covers the history, theories and

vocabulary of modern dance. Students will learn the fundamental principles of physical fitness and their impact on life-long health and wellness. Students will be required to attend one live dance concert produced by the dance department and one department sponsored master class.

Satisfies General Education for Grossmont College Area E

Transfers to: CSU, UC (credit limited: see page 53)

DANCE 080C* † **Modern III**

1.5 units, 1 hour lecture, 2 hours laboratory

Recommended Preparation: A "C" grade or higher or "Pass" in Dance 080B or equivalent.

An intermediate/advanced level technique class that builds on the theories and principles introduced in Dance 080B, focuses on developing intermediate/advanced level skills related to modern dance, and presents dance as a form of artistic expression. This course covers the history, and intermediate/advanced theories, and vocabulary of modern dance. Students will learn the fundamental principles of physical fitness and their impact on life-long health and wellness. Students will be required to attend one live dance concert produced by the dance department and one department sponsored master class.

Satisfies General Education for Grossmont College Area E

Transfers to: CSU, UC (credit limited: see page 53)

DANCE 080D* † **Modern IV**

1.5 units, 1 hour lecture, 2 hours laboratory

Recommended Preparation: A "C" grade or higher or "Pass" in Dance 080C or equivalent.

An advanced level technique class that builds on the theories and principles introduced in Dance 080C, focuses on developing advanced level skills related to modern dance, and presents dance as a form of artistic expression. This course covers the history, and advanced theories and vocabulary of modern dance. Students will learn the fundamental principles of physical fitness and their impact on life-long health and wellness. Students will be required to attend one live dance concert produced by the dance department and one department sponsored master class.

Satisfies General Education for Grossmont College Area E

Transfers to: CSU, UC (credit limited: see page 53)

DANCE 081A* † **Tap I**

1.5 units, 1 hour lecture, 2 hours laboratory

A beginning technique class, which focuses on basic skills related to tap dance. Dance sequences emphasize rhythm tap technique. This course also covers the history, theories and basic vocabulary of tap dance. Students will also learn the fundamental principles of physical fitness and their impact on life-long health and wellness. Students will be required to attend one live dance concert produced by the dance department and one department sponsored master class.

Satisfies General Education for Grossmont College Area E

Transfers to: CSU, UC (credit limited: see page 53)

DANCE 081B* † **Tap II**

1.5 units, 1 hour lecture, 2 hours laboratory

Recommended Preparation: A "C" grade or higher or "Pass" in Dance 081A or equivalent.

An intermediate technique class, which builds on the theories and principles introduced in Dance 081A and focuses on developing intermediate level skills related to tap dance. Dance sequences emphasize rhythm tap technique. This course also covers the history, theories, and vocabulary of tap dance. Students will learn the fundamental principles of physical fitness and their impact on life-long health and wellness. Students will be required to attend one live dance concert produced by the dance department, and one department master class.

Satisfies General Education for Grossmont College Area E

Transfers to: CSU, UC (credit limited: see page 53)

DANCE 081C* † **Tap III**

1.5 units, 1 hour lecture, 2 hours laboratory

Recommended Preparation: A "C" grade or higher or "Pass" in Dance 081B

An intermediate to advanced technique class in tap which builds on the theories and principles introduced in Dance 081B and focuses on developing intermediate to advanced level skills related to tap dance. Dance sequences emphasize Broadway and/or rhythm tap technique. This course also covers the history, theories and vocabulary of tap dance. Students will learn the fundamental principles of physical fitness and their impact on life-long health and wellness. Students will be required to attend one live dance concert produced by the dance department and one department sponsored master class.

Satisfies General Education for Grossmont College Area E

Transfers to: CSU, UC (credit limited: see page 53)

† This course meets all Title 5 standards for Associate Degree Credit.

DANCE 081D* †**Tap IV**

1.5 units, 1 hour lecture, 2 hours laboratory
Recommended Preparation: A "C" grade or higher or "Pass" in Dance 081C.

An advanced level technique course in tap which builds on the theories and principles introduced in Dance 081C and focuses on developing advanced level skills related to tap dance. Dance sequences emphasize Broadway and/or rhythm style tap technique. The course also covers the history, theories and vocabulary of tap dance. Students will learn the fundamental principles of physical fitness and their impact on life-long health and wellness. Students are required to attend one live dance concert produced by the dance department and one department sponsored master class.

Satisfies General Education for Grossmont College Area E
Transfers to: CSU, UC (credit limited: see page 53)

DANCE 082A* †**Social and Ballroom Dance I**

1.5 units, 1 hour lecture, 2 hours laboratory
Recommended Preparation: A "C" grade or higher or "Pass" in Dance 081C or equivalent.
 An introductory course which focuses on the fundamentals of partner dance and basic steps in a variety of ballroom dance genres. Emphasis is placed on partnering technique, frame, style, and variations for selected genres. This course is designed for dance and theatre majors as well as students who wish to explore historical dance. Students will be required to attend one live dance concert produced by the dance department, and one department sponsored master class.

Satisfies General Education for Grossmont College Area E
Transfers to: CSU, UC (credit limited: see page 53)

DANCE 082B* †**Social and Ballroom Dance II**

1.5 units, 1 hour lecture, 2 hours laboratory
Recommended Preparation: A "C" grade or higher or "Pass" in Dance 082A or equivalent.
 A beginning/intermediate level class, which builds on the theories and principles introduced in Dance 082A and focuses on developing intermediate level skills related to ballroom dance. Discussions will also focus on the history, theories, and vocabulary of social and ballroom dance. Emphasis is placed on partnering technique, frame, style, and variations which increase in complexity for selected genres. This course is designed for dance and theatre majors as well as students who wish to explore historical dance. Students will be required to attend one live dance concert produced by the dance department, one department sponsored master class, and

one ballroom related event.

Satisfies General Education for Grossmont College Area E

Transfers to: CSU, UC (credit limited: see page 53)

DANCE 084A* †**Jazz I**

1.5 units, 1 hour lecture, 2 hours laboratory
 A beginning level technique class that focuses on basic skills related to jazz dance. Discussions will cover the history, theories, and basic vocabulary of jazz dance. Students will learn the fundamental principles of physical fitness and their impact on life-long health and wellness. Students will be required to attend one live dance concert produced by the dance department and one department sponsored master class.

Satisfies General Education for Grossmont College Area E
Transfers to: CSU, UC (credit limited: see page 53)

DANCE 084B* †**Jazz II**

1.5 units, 1 hour lecture, 2 hours laboratory
Recommended Preparation: A "C" grade or higher or "Pass" in Dance 084A or equivalent.

A beginning/intermediate level technique class that builds on the theories and principles introduced in Dance 084A and focuses on developing intermediate level skills related to jazz dance. Discussions will cover the history, theories, and vocabulary of jazz dance. Students will learn the fundamental principles of physical fitness and their impact on life-long health and wellness. Students will be required to attend one live dance concert produced by the dance department and one department sponsored master class.

Satisfies General Education for Grossmont College Area E
Transfers to: CSU, UC (credit limited: see page 53)

DANCE 084C* †**Jazz III**

1.5 units, 1 hour lecture, 2 hours laboratory
Recommended Preparation: A "C" grade or higher or "Pass" in Dance 084B or equivalent.

An intermediate/advanced level technique class that builds on the theories and principles introduced in Dance 084B and focuses on developing intermediate/advanced level skills related to jazz dance. Discussions will cover the history and theories of jazz dance as well as intermediate/advanced level jazz dance vocabulary. Students will learn the fundamental principles of physical fitness and their impact on life-long health and wellness. Students will be required to attend one live dance concert produced by the dance

department and one department sponsored master class.

Satisfies General Education for Grossmont College Area E

Transfers to: CSU, UC (credit limited: see page 53)

DANCE 084D* †**Jazz IV**

1.5 units, 1 hour lecture, 2 hours laboratory
Recommended Preparation: A "C" grade or higher or "Pass" in Dance 084C or equivalent.

An advanced level technique class that builds on the theories and principles introduced in Dance 084C and focuses on developing advanced level skills related to jazz dance. Discussions will cover the history and theories of jazz dance as well as advanced level jazz dance vocabulary. Students will learn the fundamental principles of physical fitness and their impact on life-long health and wellness. Students will be required to attend one live dance concert produced by the dance department and one department sponsored master class.

Satisfies General Education for Grossmont College Area E

Transfers to: CSU, UC (credit limited: see page 53)

DANCE 088A* †**Ballet I**

1.5 units, 1 hour lecture, 2 hours laboratory
 A beginning level technique class, that focuses on basic skills pertaining to ballet. This course covers the history, theories and basic vocabulary of ballet. Students will learn the fundamental principles of physical fitness and their impact on life-long health and wellness. Students will be required to attend one live dance concert produced by the dance department and one department sponsored master class.

Satisfies General Education for Grossmont College Area E
Transfers to: CSU, UC (credit limited: see page 53)

DANCE 088B* †**Ballet II**

1.5 units, 1 hour lecture, 2 hours laboratory
Recommended Preparation: A "C" grade or higher or "Pass" in Dance 088A or equivalent.

A beginning/intermediate level technique course that builds on the theories and principles introduced in Dance 088A and focuses on developing intermediate skills related to ballet. This course covers the history, theories and vocabulary of ballet. Students will learn the fundamental principles of physical fitness and their impact on life-long health and wellness. Students will be required to attend one live dance

† This course meets all Title 5 standards for Associate Degree Credit.

concert produced by the dance department and one department sponsored master class.
Satisfies General Education for Grossmont College Area E
Transfers to: CSU, UC (credit limited: see page 53)

DANCE 088C* † **Ballet III**

1.5 units, 1 hour lecture, 2 hours laboratory
Recommended Preparation: A "C" grade or higher or "Pass" in Dance 088B or equivalent.
 An intermediate/advanced level technique course that builds on the theories and principles introduced in Dance 088B and focuses on developing intermediate/advanced skills related to ballet. This course covers the history, intermediate/advanced theories and vocabulary of ballet. Students will learn the fundamental principles of physical fitness and their impact on life-long health and wellness. Students will be required to attend one live dance concert produced by the dance department and one department sponsored master class.
Satisfies General Education for Grossmont College Area E
Transfers to: CSU, UC (credit limited: see page 53)

DANCE 088D* † **Ballet IV**

1.5 units, 1 hour lecture, 2 hours laboratory
Recommended Preparation: A "C" grade or higher or "Pass" in Dance 088C or equivalent.
 An advanced technique course that builds on the theories and principles introduced in Dance 088C and focuses on developing advanced skills related to ballet. This course covers the history, advanced theories and vocabulary of ballet. Students will learn the fundamental principles of physical fitness and their impact on life-long health and wellness. Students will be required to attend one live dance concert produced by the dance department and one department sponsored master class.
Satisfies General Education for Grossmont College Area E
Transfers to: CSU, UC (credit limited: see page 53)

DANCE 094A* † **Hip Hop I**

1.5 units, 1 hour lecture, 2 hours laboratory
 A beginning level technique course designed to introduce and progressively develop urban street dance skills by integrating movement patterns with theoretical explanations of weight, posture, rhythm and interpretation of style. Emphasis is placed on developing

muscle memory, stamina, and movement skills related to hip hop dance. Lectures cover hip hop as a performing art and tool for social, political, and cultural expression. Dance videos are used to further illustrate various dance techniques, movement styles, and performance philosophies. Students will learn the fundamental principles of physical fitness and their impact on life-long health and wellness. Students are required to attend one live dance concert produced by the dance department and one department sponsored master class.
Satisfies General Education for Grossmont College Area E
Transfers to: CSU, UC (credit limited: see page 53)

DANCE 094B* † **Hip Hop II**

1.5 units, 1 hour lecture, 2 hours laboratory
Recommended Preparation: A "C" grade or higher or "Pass" in Dance 094A
 A beginning/intermediate level technique class that builds on the theories, principles and skills introduced in Dance 094A and focuses on developing intermediate skills related to hip hop dance. Locomotor patterns and center floor combinations progress in length and complexity. Lectures cover hip hop as a performing art and tool for social, political, and cultural expression. Dance videos are used to further illustrate various dance techniques, movement styles, and performance philosophies. Students will learn the fundamental principles of physical fitness and their impact on life-long health and wellness. Students are required to attend one live dance concert produced by the dance department and one department sponsored master class.
Satisfies General Education for Grossmont College Area E
Transfers to: CSU, UC (credit limited: see page 53)

DANCE 094C* † **Hip Hop III**

1.5 units, 1 hour lecture, 2 hours laboratory
Recommended Preparation: A "C" grade or higher or "Pass" in Dance 094B
 An intermediate to advanced level technique class that builds on the theories, principles and skills introduced in Dance 094B and focuses on developing intermediate/advanced level skills related to hip hop dance. Locomotor patterns and center floor combinations progress in length and complexity. Lectures cover hip hop as a performing art and tool for social, political, and cultural expression. Dance videos are used to further illustrate various dance techniques, movement styles, and performance philosophies. Students will learn the fundamental

principles of physical fitness and their impact on life-long health and wellness. Students are required to attend one live dance concert produced by the dance department and one department sponsored master class.
Satisfies General Education for Grossmont College Area E
Transfers to: CSU, UC (credit limited: see page 53)

DANCE 094D* † **Hip Hop IV**

1.5 units, 1 hour lecture, 2 hours laboratory
Recommended Preparation: A "C" grade or higher or "Pass" in Dance 094C
 An advanced level technique class that builds on the theories, principles and skills introduced in Dance 094C and focuses on developing advanced level skills related to hip hop dance. Locomotor patterns and center floor combinations progress in length and complexity. Lectures cover hip hop as a performing art and tool for social, political, and cultural expression. Dance videos are used to further illustrate various dance techniques, movement styles, and performance philosophies. Students will learn the fundamental principles of physical fitness and their impact on life-long health and wellness. Students are required to attend one live dance concert produced by the dance department and one department sponsored master class.
Satisfies General Education for Grossmont College Area E
Transfers to: CSU, UC

DANCE 095 † (was Dance 233)

Musical Theatre Dance

1.5 units, 1 hour lecture, 2 hours laboratory
Recommended Preparation: A "C" grade or higher or "Pass" in Dance 084A or equivalent.
 A course focusing on technique and performance in the musical theatre genre. Students will be introduced to a variety of Broadway choreographic styles with emphasis placed on characterization and performance quality of each theatrical style. Students will be required to attend one Grossmont College produced dance concert, and/or musical theatre production, and one dance department sponsored master class.
Transfers to: CSU, UC

DANCE 099A* † **Studio Workshop in Pointe I**

1 unit, 1 hour lecture, 1 hour laboratory
Recommended Preparation: A "C" grade or higher or "Pass" in Dance 088A or equivalent.
 A technique class which focuses on developing the strength and flexibility required for pre-pointe and beginning pointe work. Though this course does cover beginning level pointe skills,

† This course meets all Title 5 standards for Associate Degree Credit.



students are expected to have previous experience and be able to execute intermediate level ballet skills. Also covered are the theories, and vocabulary of ballet as they relate to pointe. Students will also learn the fundamental principles of physical fitness and their impact on life-long health and wellness. Students will be required to attend one live dance concert produced by the dance department, and one department sponsored master class.

Satisfies General Education for Grossmont College Area E

Transfers to: CSU, UC (credit limited: see page 53)

DANCE 099B* † Studio Workshop in Pointe II

1 unit, 1 hour lecture, 1 hour laboratory

Recommended Preparation: A "C" grade or higher or "Pass" in Dance 099A or equivalent.

A technique class which focuses on developing intermediate pointe work skills incorporating the strength and flexibility learned in Dance 099A. Though this course does cover intermediate level pointe skills, students are required to have previous experience and be able to execute high intermediate level ballet skills. Also covered are the theories, and vocabulary of intermediate ballet as they relate to pointe. Students will also learn the fundamental principles of physical fitness and their impact on life-long health and wellness. Students will be required to attend one live dance concert produced by the dance department and one department sponsored master class.

Satisfies General Education for Grossmont College Area E

Transfers to: CSU, UC (credit limited: see page 53)

DANCE 099C* † Studio Workshop in Pointe III

1 unit, 1 hour lecture, 1 hour laboratory

Recommended Preparation: A "C" grade or higher or "Pass" in Dance 088B, or Dance 099B or equivalent.

A technique class which focuses on developing intermediate to advanced pointe work skills incorporating the strength and flexibility learned in Dance 099B. Though this course does not cover intermediate level pointe skills, students are expected to have previous experience and be able to execute high intermediate level ballet skills. Also covered are the theories, and vocabulary of intermediate ballet as they relate to pointe. Students will also learn the fundamental principles of physical fitness and their impact on life-long health and wellness. Students will be required to attend one live dance concert produced by the dance department and one department sponsored master class.

Satisfies General Education for Grossmont College Area E

Transfers to: CSU, UC (credit limited: see page 53)

DANCE 110 † Dance History

3 units, 3 hours lecture

This course explores the development of dance from pre-Christian civilizations to the present and may be of interest to students who are developing an appreciation of dance as well as the serious dance student.

Satisfies General Education for: Grossmont College C3, CSU C1, IGETC 3A

Transfers to: CSU, UC

DANCE 116* † Stretch and Alignment

1.5 units, 3 hours lecture/laboratory

This course is designed to help the student increase flexibility and improve body alignment. Floor exercises, mat work, and center floor combinations focus on safe, effective stretching. Emphasis is placed on proper body alignment while moving thus preventing injuries while performing a full range of movement. Individual alignment problems will be addressed. Students will also learn the fundamental principles of physical fitness and their impact on life-long health and wellness.

Satisfies General Education for Grossmont College Area E, CSU D

Transfers to: CSU, UC (credit limited: see page 53)

DANCE 118A* † Pilates I

1.5 units, 1 hour lecture, 2 hours laboratory

This course is structured for students who seek a theoretical approach to exercise and wellness. Pilates I is designed to improve strength, body alignment, flexibility, balance, coordination, and breathing. Exercises and concepts are based on the Pilates method. The course includes a brief aerobic component with a focus on balance and stamina with a progression to the Pilates mat work. Lectures will focus on injury prevention and recognizing imbalances brought on by poor posture and injuries. Students will also learn the fundamental principles of physical fitness and their impact on life-long health and wellness. Students will attend one live dance concert produced by the Dance Department.

Satisfies General Education for Grossmont College Area E

Transfers to: CSU, UC

DANCE 118B* † Pilates II

1.5 units, 1 hour lecture, 2 hours laboratory

Recommended Preparation: A "C" grade or higher or "Pass" in Dance 118A or equivalent.

This course is structure for students who seek a theoretical approach to exercise and wellness. Pilates II continues the principles of the Pilates method presented in Pilates I. Exercises and concepts are based on the Pilates method and will progress to more advanced mat work and introduction to the apparatus. The course includes a brief aerobic component with a focus on balance and stamina with a progression to the Pilates mat work. Lectures will focus on injury prevention and recognizing imbalances brought on by poor posture or injuries. Students will attend one live dance concert produced

† This course meets all Title 5 standards for Associate Degree Credit.

by the Dance Department.

Satisfies General Education for Grossmont College Area E

Transfers to: CSU, UC

DANCE 118C* † Pilates III

1.5 units, 1 hour lecture, 2 hours laboratory

Recommended Preparation: A "C" grade or higher or "Pass" in Dance 118B or equivalent.

This course is structure for students who seek a theoretical approach to exercise and wellness. Pilates III continues the principles of the Pilates method presented in Pilates II. Exercises and concepts are based on the Pilates method and will progress to more advanced mat work and exercises utilizing the Pilates apparatus including the reformer, Cadillac, stability chair, and spine corrector. The course includes a brief aerobic component with a focus on balance and stamina with a progression to the Pilates mat work. Lectures will focus on injury prevention and recognizing imbalances brought on by poor posture or injuries. Students will attend one live dance concert produced by the Dance Department. *Satisfies General Education for Grossmont College Area E*

Transfers to: CSU, UC

DANCE 118D* † Pilates IV

1.5 units, 1 hour lecture, 2 hours laboratory

Recommended Preparation: A "C" grade or higher or "Pass" in Dance 118C or equivalent.

This course is structure for students who seek a theoretical approach to exercise and wellness. Pilates IV continues the principles of the Pilates method presented in Pilates III. Exercises and concepts are based on the Pilates method and will progress to advanced mat work and exercises utilizing the Pilates apparatus including the reformer, Cadillac, stability chair, small and large balls, stability circle and spine corrector. The course includes a brief aerobic component with a focus on balance and stamina with a progression to the Pilates mat work. Lectures will focus on injury prevention and recognizing imbalances brought on by poor posture or injuries. Students will attend one live dance concert produced by the Dance Department.

Satisfies General Education for Grossmont College Area E

Transfers to: CSU, UC

DANCE 120 † Dance Appreciation

3 units, 3 hours lecture

Dance Appreciation is a survey course that examines dance as a primary mode of human expression and communication. Through viewing live and recorded performances and engaging in assigned readings, the student will place dance in a variety of cultural, artistic and historical contexts with a focus on dance in the twentieth century. Students will learn to investigate and evaluate trends and styles in dance in the historical and cultural context.

Satisfies General Education for: Grossmont College C3; CSU C1, IGETC 3A

Transfers to CSU, UC

DANCE 121 † Beginning Teaching Practicum – Dance

1.5 units, 1 hour lecture, 2 hours laboratory

Prerequisite: A "C" grade or higher or "Pass" in Dance 080C or 084C or 088C or 094C or 118C or equivalent.

This course is designed for the intermediate to advanced dancer who wishes to develop an awareness of proper teaching techniques. The student would implement these techniques into lesson plans for the intermediate technique courses offered at Grossmont College. The student, under the guidance of a department dance instructor, will analyze the instructor's lesson plans as well as develop their own series of warm-up exercises to be discussed for purpose and efficiency.

Transfers to: CSU

DANCE 122 † Intermediate Teaching Practicum – Dance

1.5 units, 1 hour lecture, 2 hours laboratory

Prerequisite: A "C" grade or higher or "Pass" in Dance 121 or equivalent.

This course is designed for the intermediate to advanced dancer who wishes to develop an awareness of proper teaching techniques. The student would implement these techniques into lesson plans for the intermediate technique courses offered at Grossmont College. The student, under the guidance of a department dance instructor, would analyze the instructor's lesson plans as well as develop their own lessons to be utilized in class. Emphasis on student's lesson plan development and application of lessons in a classroom setting.

Transfers to: CSU

DANCE 123 † Advanced Teaching Practicum – Dance

1.5 units, 1 hour lecture, 2 hours laboratory

Prerequisite: A "C" grade or higher or "Pass" in Dance 122 or equivalent.

This course is designed for the intermediate to advanced dancer who wishes to develop an awareness of proper teaching techniques. The student would implement these techniques into lesson plans for the intermediate technique courses offered at Grossmont College. The student, under the guidance of a department dance instructor, would analyze the instructor's lesson plans as well as develop their own lessons to be utilized in class. Emphasis is placed on the development of lessons to be implemented in elementary and secondary schools as well as the studio environment.

Transfers to: CSU

DANCE 200 † Touring Dance Ensemble

2 units, 1 hour lecture, 3 hours laboratory

Prerequisite: Audition

This course focuses on performance skills and techniques in preparation for professional applications. Intermediate and advanced level dance students rehearse and perform choreography in a variety of performance venues both on campus and in the community. Though most performances will be scheduled during class time, additional performances may be held during the evening and/or on weekends.

Transfers to CSU

DANCE 201 † Dance Theatre Performance I

1 unit, 3 hours laboratory

Prerequisite: Audition.

Supervised participation as a performer in the student choreographed dance concert as determined through the audition process. This course is designed for the student who has been selected to perform in one student choreographed work. Students enrolling in this class are strongly advised to enroll in one or more technique classes for the purpose of learning and/or reinforcing theories, vocabulary, and techniques that are applicable to the choreographic and performing process.

Transfers to: CSU, UC

† This course meets all Title 5 standards for Associate Degree Credit.

DANCE 202 † **Dance Theatre Performance II**

2 units, 6 hours laboratory

Prerequisite: Audition.

Supervised participation as a performer in the student choreographed dance concert as determined through the audition process. This course is designed for the student who has been selected to perform in two student choreographed works. Students enrolling in this class are strongly advised to enroll in one or more technique classes for the purpose of learning and/or reinforcing theories, vocabulary, and techniques that are applicable to the choreographic and performing process.

Transfers to: CSU, UC

DANCE 203 † **Dance Theatre Performance III**

3 units, 9 hours laboratory

Prerequisite: Audition.

Supervised participation as a performer in the student choreographed dance concert as determined through the audition process. This course is designed for the student who has been selected to perform in three student choreographed works. Students enrolling in this class are strongly advised to enroll in one or more technique classes for the purpose of learning and/or reinforcing theories, vocabulary, and techniques that are applicable to the choreographic and performing process.

Transfers to: CSU, UC

DANCE 204 † **Dance Improvisation**

2 units, 1 hour lecture, 3 hours laboratory

Recommended Preparation: Dance 080A or 084A or 088A or equivalent

This course introduces the art and practice of improvisational dance. It also focuses on movement generation through the study of time, space, shape, effort, and body. Students are guided through specific exercises which enable them to discover the joy of movement and to enter into a free environment in which one can explore the unique and creative language of physical expression.

Transfers to: CSU, UC

DANCE 205 † **Choreography and Improvisation I**

2 units, 1 hour lecture, 3 hours laboratory

Recommended Preparation: A "C" grade or higher or "Pass" in Dance 080A or 084A or 088A or equivalent.

This course explores analysis of movement composition for the stage. The elements of space, time, shape, and energy will be examined. Movement

improvisation using various forms of motivation will enhance the creative process. Various studies in elementary dance composition for solo, duet, trio and small group will be presented.

Transfers to: CSU, UC

DANCE 206 † **Choreography and Improvisation II**

2 units, 1 hour lecture, 3 hours laboratory

Prerequisite: A "C" grade or higher or "Pass" in Dance 205 or equivalent.

This course explores analysis of movement composition for the stage. The elements of space, time, shape, and energy will be examined. Movement improvisation using various forms of motivation will enhance the creative process. Various studies in more complex compositional forms and choreographic tasks for solo, duet, trio and small group will be presented.

Transfers to: CSU, UC

DANCE 223 † **Student Choreography for Production I**

2.5 units, 7.5 hours laboratory

Prerequisite: Audition

Recommended Preparation: A "C" grade or higher or "Pass" in Dance 205 or equivalent.

Supervises participation as a choreographer in the student dance concert. Student choreographers will apply intermediate skills in ballet, jazz, tap, hip hop, and modern dance in concerts and community performances. Emphasis is placed on student application of dance, staging, and performance techniques in student choreographed works for small groups or large ensembles. This course is designed for dance majors and students interested in exploring the choreographic process from the inception to the stage.

Transfers to: CSU, UC

DANCE 224 † **Student Choreography for Production II**

2.5 units, 7.5 hours laboratory

Prerequisite: Audition

Recommended Preparation: A "C" grade or higher or "Pass" in Dance 205 or equivalent.

Supervises participation as a choreographer in the student dance concert. Student choreographers will apply intermediate/advanced skills in ballet, jazz, tap, hip hop, and modern dance in concerts and community performances. Emphasis is placed on student application of dance, staging, and performance techniques in student choreographed works for small groups or large ensembles. This course is designed for dance majors and students interested in exploring the choreographic process from the

inception to the stage.

Transfers to: CSU, UC

DANCE 225 † **Student Choreography for Production III**

2.5 units, 7.5 hours laboratory

Prerequisite: Audition

Recommended Preparation: A "C" grade or higher or "Pass" in Dance 205 or equivalent.

Supervises participation as a choreographer in the student dance concert. Student choreographers will apply advanced skills in ballet, jazz, tap, hip hop, and modern dance in concerts and community performances. Emphasis is placed on student application of dance, staging, and performance techniques in student choreographed works for solo, duet, or small groups. This course is designed for dance majors and students interested in exploring the choreographic process from the inception to the stage.

Transfers to: CSU, UC

DANCE 227 † **Performance Ensemble I**

1 unit, 3 hours laboratory

Prerequisite: Audition

Participation as an intermediate dancer in the faculty choreographed dance concert. Students will be admitted into the course upon successful audition. This course is designed for the student who has had prior dance training in the college or studio environment. Dance 227 reflects the number of rehearsal and performance hours required for one choreographic work. Students enrolling in this course are strongly advised to enroll in one or more technique/movement courses for the purpose of learning and/or reinforcing theories, vocabulary, and techniques that are applicable to the choreographic process.

Transfers to: CSU, UC

DANCE 228 † **Performance Ensemble II**

1.5 units, 4.5 hours laboratory

Prerequisite: Audition

Participation as an intermediate dancer in the faculty choreographed dance concert. Students will be admitted into the course upon successful audition. This course is designed for the student who has had prior dance training in the college or studio environment. Dance 228 reflects the number of rehearsal and performance hours required for two choreographic works. Students enrolling in this course are strongly advised to enroll in one or more technique/movement courses for the

† This course meets all Title 5 standards for Associate Degree Credit.

purpose of learning and/or reinforcing theories, vocabulary, and techniques that are applicable to the choreographic process.

Transfers to: CSU, UC

DANCE 229 † **Performance Ensemble III**

2 units, 6 hours laboratory

Prerequisite: Audition

Participation as an intermediate dancer in the faculty choreographed dance concert. Students will be admitted into the course upon successful audition. This course is designed for the student who has had prior dance training in the college or studio environment. Dance 229 reflects the number of rehearsal and performance hours required for three choreographic works. Students enrolling in this course are strongly advised to enroll in one or more technique/movement courses for the purpose of learning and/or reinforcing theories, vocabulary, and techniques that are applicable to the choreographic process.

Transfers to: CSU, UC

DANCE 230 † **Performance Ensemble IV**

2.5 units, 7.5 hours laboratory

Prerequisite: Audition

Participation as an intermediate dancer in the faculty choreographed dance concert. Students will be admitted into the course upon successful audition. This course is designed for the student who has had prior dance training in the college or studio environment. Dance 230 reflects the number of rehearsal and performance hours required for four choreographic works. Students enrolling in this course are strongly advised to enroll in one or more technique/movement courses for the purpose of learning and/or reinforcing theories, vocabulary, and techniques that are applicable to the choreographic process.

Transfers to: CSU, UC

ECONOMICS (ECON)

ECONOMICS 110 † **Economic Issues and Policies**

3 units, 3 hours lecture

An introduction to fundamental economic concepts as applied to real-world issues. Topics may include environmental protection, disaster relief, national debt, health care, crime, income inequality, poverty, and financial bubbles. Analysis of government policy and contrasting economic perspectives will also be addressed. (NOTE: The UC

system will not award credit for ECON 110 if taken after ECON 120 or 121.)

Satisfies General Education for: Grossmont College D1; CSU D; IGETC 4

Transfers to: CSU, UC (credit limited: see page 53)

ECONOMICS 120 † **Principles of Macroeconomics**

3 units, 3 hours lecture

Prerequisite: A "C" grade or higher or "Pass" in Math 103 or equivalent or a "C" grade or higher or "Pass" in Math 110 or equivalent.

This course provides students with the basic analytical tools necessary to analyze the U.S. economy from the macroeconomic perspective. The course includes an examination of the core problem of scarcity including resource allocation through the price system, market failures, and the elements of international trade, national income statistics, problems of inflation and unemployment, Keynesian macroeconomic theory and policy; the role of money supply; monetary theory; and Federal Reserves policy, alternative stabilization policies, problems of economic growth, income distribution, and other topics. Current economic problems are examined by guest and staff speakers from liberal, conservative, and radical perspectives.

Satisfies General Education for: Grossmont College D1; CSU D; IGETC 4

Transfers to: CSU, UC

ECONOMICS 121 † **Principles of Microeconomics**

3 units, 3 hours lecture

Prerequisite: A "C" grade or higher or "Pass" in Math 103 or equivalent or a "C" grade or higher or "Pass" in Math 110 or equivalent.

This course provides students with the basic analytical tools necessary to analyze the U.S. economy from the microeconomic perspective. The course includes an examination of the core economic problem of scarcity, the essentials of supply and demand analysis, and the workings of a market system; elasticity; costs of production; market structures of pure competition, monopoly, monopolistic competition, and oligopoly; marginal revenue productivity; theory of wage determination, unions, and government policies; applied cases of microeconomics such as the problems of agriculture, pollution, mal-distribution of income and international economics. Current economic problems are examined by guest and staff speakers from liberal, conservative, and radical perspectives.

Satisfies General Education for: Grossmont College D1; CSU D; IGETC 4

Transfers to: CSU, UC

ECONOMICS 195 † **Internship in Economics**

1 unit, 5 hours work experience per week
60 volunteer hours or 75 paid hours

Community Service Learning Experience (CSLE) is a community outreach program which promotes the national agenda of volunteer engagement. The purpose is to provide students the opportunity to explore options and careers in a selected area of study. This course explores career options in fields such as commercial banking, investment banking, real estate, government, insurance, law, and international trade. For work experience requirements, see page 44.

Transfers to: CSU

ECONOMICS 197 † **Internship in Economics**

2 units, 10 hours work experience per week
120 volunteer hours or 150 paid hours

Community Service Learning Experience (CSLE) is a community outreach program which promotes the national agenda of volunteer engagement. The purpose is to provide students the opportunity to explore options and careers in a selected area of study. This course explores career options in fields such as commercial banking, investment banking, real estate, government, insurance, law, and international trade. For work experience requirements, see page 44.

Transfers to: CSU

ECONOMICS 215 † **Statistics for Business and Economics**

3 units, 3 hours lecture

Prerequisite: A "C" grade or higher or "Pass" in Math 103 or 110 or equivalent.

Introduction to descriptive and inferential statistics including regression and correlation analysis. Application of statistical techniques to conduct research and analysis in various business and economic environments.

Satisfies General Education for: Grossmont College A3; CSU B4; IGETC 2A

Transfers to: CSU, UC

† This course meets all Title 5 standards for Associate Degree Credit.

ECONOMICS 261 † **Economic Relations of the Asia Pacific**

3 units, 3 hours lecture

This course is an exploration of the historical and present economic relations of the Asia Pacific region focusing on the interaction of the major economics of East Asia, Southeast Asia and the English-speaking Pacific. Topics such as economic development, regional integration, capital flows, financial architectures, migration, trade, political economy, resource allocation and environmental issues will be investigated.

Satisfies General Education for: CSU D; IGETC 4

Transfers to: CSU, UC

EDUCATION (ED)

EDUCATION 200 † **Teaching as a Profession**

3 units, 3 hours lecture

Prerequisite: None. Limitation on enrollment: health and safety for a public school field experience placement.

This course is designed for students considering teaching as a profession and for classroom paraprofessionals working in the public school system. Career exploration, foundations of education, critical issues, and an introduction to literacy acquisition are addressed. Standards for the teaching profession and conditions for effective learning are discussed. Guided observation of public school classrooms in a variety of subject areas are a requirement of the course.

Transfers to: CSU, UC

ENGLISH (ENGL)

ENGLISH 061 †† (was English 051A) **Writing Skills I**

1 unit, 1 hour lecture, 1 hour laboratory

This is the first course in a four-course sequence. This course focuses on a review of correct written expression through the study of sentence level language skills. This course is offered on a Pass/No Pass basis only. (Nondegree credit only)

ENGLISH 062 †† (was English 051B) **Writing Skills II**

1 unit, 1 hour lecture, 1 hour laboratory

This second in a four-course sequence, English 062 focuses on correct written expression through the continued study of sentence level language skills complemented with basic paragraph writing. This course is offered on a Pass/No Pass basis only. (Nondegree credit only)

ENGLISH 063 †† (was English 051C) **Writing Skills III**

1 unit, 1 hour lecture, 1 hour laboratory

The third in a four-course sequence, English 063 focuses on using the writing process necessary to organize well-developed cohesive paragraphs with particular attention to sentence level editing skills. This course is offered on a Pass/No Pass basis only. (Nondegree credit only)

ENGLISH 064 †† (was English 051D) **Writing Skills IV**

1 unit, 1 hour lecture, 1 hour laboratory

The last in a four-course sequence, English 064 focuses on correct written expression through the continued study of language skills coupled with basic essay development. This course is offered on a Pass/No Pass basis only. (Nondegree credit only)

ENGLISH 080 †† **English Study Skills**

1 unit, 1 hour lecture

Course content will include a reinforcement of cognitive strategies that underlie the reading and writing processes: vocabulary development; the efficient use of textbooks to include previewing, note-taking and summarizing; and learning and practicing the critical reading, writing and communication skills needed to succeed in subsequent levels of English. This course is offered on a Pass/No Pass basis only. (Nondegree credit course)

ENGLISH 090 †† **Basic English Skills**

3 units, 3 hours lecture, 1 hour laboratory

Recommended Preparation: Completion of the assessment process with appropriate score for entrance to English 090.

English 90 is intended for native speakers of English of those fluent in English. This course provides an introduction to short paragraph writing with attention to planning, drafting, developing, and revising ideas. Students will study and apply knowledge of basic grammatical structures needed to improve sentence clarity and the communication of ideas.

In addition, students will read short model paragraphs and essays to identify main ideas and key supporting details in order to improve their own writing skills. This course is offered on a Pass/No Pass basis only. (Nondegree credit course).

ENGLISH 090R †† **Reading Skills Development**

3 units, 3 hours lecture, 1 hour laboratory

Recommended Preparation: Completion of assessment process with appropriate score for entrance to English 090. Concurrent enrollment in English 090.

This course is designed as a developmental course for students who read and speak English and need to improve basic reading skills. Emphasis is placed on building vocabulary, improving comprehension, increasing reading speed, and applying basic study skills. This course is offered on a Pass/No Pass basis only. (Nondegree credit course)

ENGLISH 098 †† **English Fundamentals**

4 units, 4 hours lecture

Prerequisite: "Pass" grade in English 090 and English 090R or a "C" grade or higher or "Pass" in English 105 or equivalent or assessment recommendation for English 098.

Recommended Preparation: Concurrent enrollment in English 098R.

This course is designed to introduce students to the process involved in writing effectively. Students will study grammar, punctuation and standard usage and will practice various phases of the writing process and use sentence variety to compose paragraphs and at least one multi-paragraph essay. (Nondegree credit course)

ENGLISH 098R †† **Reading Fundamentals**

3 units, 3 hours lecture, 1 hour laboratory

Prerequisite: "Pass" grade in English 090 and 090R or equivalent or assessment recommendation for English 098.

Recommended Preparation: Concurrent enrollment in English 098.

This course is designed to provide an introduction to effective reading skills and strategies for students who speak English fluently. An emphasis is placed on expanding vocabulary, improving reading comprehension, and increasing speed. Students will also learn basic strategies for inferential and critical reading. (Nondegree credit course)

† This course meets all Title 5 standards for Associate Degree Credit.

†† This course meets all Title 5 standards for Nondegree Credit.

ENGLISH 099 †† Accelerated Preparation for College Reading, Reasoning, and Writing

5 units, 5 hours lecture

Prerequisite: A "Pass" grade in English 090 and 090R or equivalent or assessment recommendation for English 098.

This course is designed to prepare students for the academic reading, reasoning, and writing expected in transfer and associate degree courses. Students will engage in the essential practice of academic inquiry—discovering through reading, discussion, and writing, new views, new knowledge, and new truths about relevant and complex issues. In a highly supportive learning environment, students will develop critical reading, reasoning, and writing strategies and skills to help them engage in research and write academic essays by using and acknowledging multiple sources. Not open to students with credit in English 098 or English 110. (Nondegree credit course)

ENGLISH 105 † College Reading

3 units, 3 hours lecture

This course is a systematic reading improvement program to enhance effective reading skills and strategies for native speakers of English or those who are fluent in English. Emphasis is placed on expanding vocabulary, improving reading comprehension, and increasing speed. Students will also learn basic strategies for inferential and critical reading.

ENGLISH 108 † College Vocabulary

2 units, 2 hours lecture

Systematic study of word origins and relationships. Emphasis on recognition and accumulation of college level vocabulary.

Transfers to CSU

ENGLISH 110 † College Composition

3 units, 3 hours lecture

Prerequisite: A "C" grade or higher or "Pass" in English 098 or equivalent or completion of the assessment process with appropriate score for entrance to English 110.

English 110 is designed to prepare students for entry into English 120. Students will practice the writing process by composing essays with an emphasis on effective expression through the study of appropriate language skills. Students will read critically, analyze, and evaluate expository, argumentative, and imaginative writing. By the end of the

course, students will be able to write a position paper by using and acknowledging multiple sources.

Transfers to CSU, UC

ENGLISH 110R † Principles of College Reading

3 units, 3 hours lecture, 1 hour laboratory

Prerequisite: A "C" grade or higher or "Pass" in English 098 or assessment score indicating placement in English 110.

Recommended Preparation: Concurrent enrollment in English 110.

This course is designed to develop effective reading skills and strategies necessary for the reading of college level material. Emphasis is on developing vocabulary geared toward college textbooks and learning strategies necessary for efficient reading comprehension and retention. Students will also develop college level inferential and critical reading skills.

Transfers to CSU

ENGLISH 112 † Essentials of Literature

3 units, 3 hours lecture

Recommended Preparation: Based upon the backgrounds of students who have successfully completed this course, the English Department strongly recommends the completion of English 098 or an assessment recommendation for English 110 or 120 (see Student Success and Support Program, page 14).

Reading and discussion of selected prose, poetry, and plays. Writing of short, critical, and personal responses.

Satisfies General Education for: Grossmont College C2; CSU C2

Transfers to CSU

ENGLISH 118 † Linguistics and English: An Introduction to Language

3 units, 3 hours lecture

Prerequisite: A "C" grade or higher or "Pass" in English 110 or equivalent or assessment for English 120.

A general survey of the study of language; its origin, its development, its structure, its meaning. The principles and practice of modern linguistics as applied to the study of English.

Satisfies General Education for: Grossmont College C2; CSU C2

Transfers to: CSU, UC

ENGLISH 120 † College Composition and Reading

3 units, 3 hours lecture

Prerequisite: A "C" grade or higher or "Pass" in English 099 or English 110 or English as a Second Language 119 or equivalent or assessment recommendation for English 120.

This first semester transfer-level composition course is designed to develop critical reading and writing skills essential to academic inquiry across the disciplines. Based on analysis and evaluation of texts, and in response to particular audiences and purposes, students will construct expository and argumentative papers, including an extended argument, which synthesizes, integrates, and acknowledges multiple sources.

Satisfies General Education for: Grossmont College A1; CSU A2; IGETC 1A

Transfers to: CSU, UC

ENGLISH 122 † Introduction to Literature

3 units, 3 hours lecture

Prerequisite: A "C" grade or higher or "Pass" in English 120 or equivalent.

This course introduces representative works from various literary genres (such as myths, folktales, short stories, poems, plays, novels, essays, and creative nonfiction); develops students' close reading and analytical writing skills; and promotes appreciation and critical understanding of the cultural, historical, and aesthetic qualities of literature.

Satisfies General Education for: Grossmont College C2; CSU C2; IGETC 3B

Transfers to: CSU, UC

ENGLISH 124 † Advanced Composition: Critical Reasoning and Writing

3 units, 3 hours lecture

Prerequisite: A "C" grade or higher or "Pass" in English 120 or equivalent.

This course offers instruction in argumentation and critical thinking, and rhetorical analysis of complex texts with continued practice in information literacy and appropriate integration and documentation of source materials.

Satisfies General Education for: Grossmont College A1; CSU A3; IGETC 1B

Transfers to: CSU, UC

† This course meets all Title 5 standards for Associate Degree Credit.

†† This course meets all Title 5 standards for Nondegree Credit.

ENGLISH 126 † Creative Writing

3 units, 3 hours lecture

Prerequisite: A "C" grade or higher or "Pass" in English 110 or assessment recommendation for English 120 or equivalent.

Recommended Preparation: A "C" grade or higher or "Pass" in English 120.

Introduction to the craft of creative writing through study and analysis of the works of established, contemporary, and peer writers. Students will write short fiction, poetry, creative nonfiction, and drama and use the workshop method and instructor feedback to evaluate and revise work. Opportunity for publication in college literary journal, participation in student readings, and inclusion in on-line college chapbook.

Satisfies General Education for: Grossmont College C3

Transfers to: CSU, UC

ENGLISH 130 † Short Fiction Writing I

3 units, 3 hours lecture

Prerequisite: A "C" grade or higher or "Pass" in English 110 or equivalent or assessment recommendation for English 120.

Recommended Preparation: A "C" grade or higher or "Pass" in English 126.

The first in a four-course sequence, this class is designed to familiarize students with the study, analysis, and application of fundamental tools, techniques, and forms used by established and contemporary authors of fiction. By composing and submitting original short fiction, students learn to use the writers workshop to develop their skills as critics and writers of fiction. Students have opportunities for recognition and public readings of their own work.

Transfers to: CSU, UC (credit limited: see page 53)

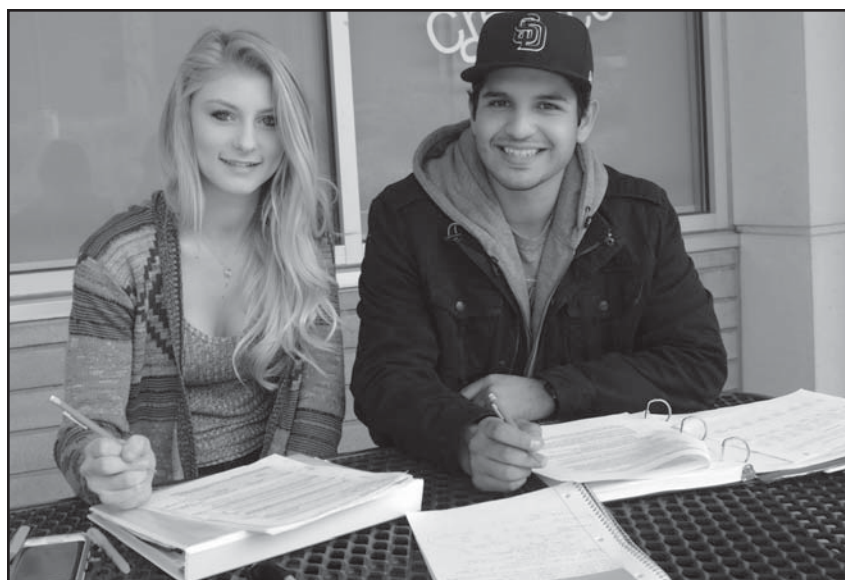
ENGLISH 131 † Short Fiction Writing II

3 units, 3 hours lecture

Prerequisite: A "C" grade or higher or "Pass" in English 130 or equivalent.

The second in a four-course sequence, this intermediate level class is designed to further skill development in the study, analysis, and application of tools, techniques, principles, and forms used by established and contemporary authors of short fiction. By composing and submitting original short fiction, students use the writers' workshop to further develop competency as critics and writers of short fiction. Students have opportunities for recognition, publication and public readings of their own work.

Transfers to: CSU, UC (credit limited: see page 53)



ENGLISH 132 † Short Fiction Writing III

3 units, 3 hours lecture

Prerequisite: A "C" grade or higher or "Pass" in English 131 or equivalent.

The third in a four-course sequence, this advanced level class is designed to expand student proficiency in the study, analysis, and application of tools, techniques, and forms used by established and/or contemporary writers of short fiction. By composing and submitting original works of short fiction, students use the writers' workshop to deepen their skills as critics and emerging authors of short fiction. Students have opportunities for publication and public readings of their own work.

Transfers to: CSU, UC (credit limited: see page 53)

ENGLISH 133 † Short Fiction Writing IV

3 units, 3 hours lecture

Prerequisite: A "C" grade or higher or "Pass" in English 132 or equivalent.

The final of a four-course sequence, this mastery-level class is designed to strengthen student expertise in the study, analysis and application of the tools, techniques, and forms used by established and contemporary short fiction authors. By crafting and submitting original short fiction, students use the writer's workshop to refine their skills as critics and authors of short fiction, as well as explore markets for publication. Students have opportunities for performance, publication of their own work, and special projects.

Transfers to: CSU, UC (credit limited: see page 53)

ENGLISH 134 † Creative Nonfiction Writing I

3 units, 3 hours lecture

Prerequisite: A "C" grade or higher or "Pass" in English 110 or equivalent or assessment recommendation for English 120.

Recommended Preparation: A "C" grade or higher or "Pass" in English 126 or equivalent.

The first in a four-course sequence, this class is designed to familiarize students with the study, analysis, and application of fundamental tools, techniques, and forms used by contemporary and established creative nonfiction practitioners. By composing and submitting original creative nonfiction, students learn to use the writers' workshop to develop their skills as critics and writers of creative nonfiction. Students have opportunities for recognition and public readings of their own work.

Satisfies General Education for Grossmont College C2

Transfers to: CSU, UC (credit limited: see page 53)

ENGLISH 135 † Creative Nonfiction Writing II

3 units, 3 hours lecture

Prerequisite: A "C" grade or higher or "Pass" in English 134 or equivalent.

The second in a four-course sequence, this intermediate level class is designed to further skill development in the study, analysis, and application of tools, techniques, principles, and forms used by established and contemporary authors of creative nonfiction. By composing and submitting original creative nonfiction, students use the writers' workshop to further develop

† This course meets all Title 5 standards for Associate Degree Credit.

†† This course meets all Title 5 standards for Nondegree Credit.

competency as critics and writers of creative nonfiction. Students have opportunities for recognition, publication and public readings of their own work.

Satisfies General Education for Grossmont College C2

Transfers to: CSU, UC (credit limited: see page 53)

ENGLISH 136 † Creative Nonfiction Writing III

3 units, 3 hours lecture

Prerequisite: A "C" grade or higher or "Pass" in English 135 or equivalent.

The third in a four-course sequence, this advanced level class is designed to expand student proficiency in the study, analysis, and application of tools, techniques, and forms used by established and/or contemporary writers of creative nonfiction. By composing and submitting original works of creative nonfiction, students use workshop to deepen their skills as critics and emerging authors of creative nonfiction. Students have opportunities for publication and public readings of their own work.

Satisfies General Education for Grossmont College C2

Transfers to: CSU, UC (credit limited: see page 53)

ENGLISH 137 † Creative Nonfiction Writing IV

3 units, 3 hours lecture

Prerequisite: A "C" grade or higher or "Pass" in English 136 or equivalent.

The final of a four-course sequence, this mastery-level is designed to strengthen student expertise in the study, analysis and application of the tools, techniques, and forms used by established and contemporary creative nonfiction authors. By crafting and submitting original creative nonfiction, students use the writers' workshop to refine their skills as critics and authors of creative nonfiction, as well as explore markets for publication. Students have opportunities for performance, publication of their own work, and special projects.

Satisfies General Education for Grossmont College C2

Transfers to: CSU, UC (credit limited: see page 53)

ENGLISH 140 † Poetry Writing I

3 units, 3 hours lecture

Prerequisite: A "C" grade or higher or "Pass" in English 110 or equivalent or assessment recommendation for English 120.

Recommended Preparation: A "C" grade or higher or "Pass" in English 126 or equivalent. The first of a four-course sequence, this class is designed to familiarize students with the study, analysis, and application of the fundamental tools, techniques, and forms of poetry used by established and contemporary poets. By composing and submitting original poems, students learn to use the writers' workshop to develop their skills as writers and critics. Students have opportunities for recognition and public readings of their own work.

Transfers to: CSU, UC (credit limited: see page 53)

ENGLISH 141 † Poetry Writing II

3 units, 3 hours lecture

Prerequisite: A "C" grade or higher or "Pass" in English 140 or equivalent.

The second of a four-course sequence, this intermediate level class is designed to further skill development in the study, analysis, and application of the tools, techniques, and forms of poetry used by established and contemporary poets. By composing and submitting original poems, students use the writers' workshop to further develop competency as critics and writers of poetry. Students have opportunities for recognition, publication, and public readings of their own work.

Transfers to: CSU, UC (credit limited: see page 53)

ENGLISH 142 † Poetry Writing III

3 units, 3 hours lecture

Prerequisite: A "C" grade or higher or "Pass" in English 141 or equivalent.

The third of a four-course sequence, this advanced level class is designed to expand student proficiency in the study, analysis, and application of the tools, techniques, and forms of poetry used by established and contemporary poets. By composing and submitting original poems, students use the writers' workshop to deepen their skills as critics and emerging poets. Students have opportunities for publication and public readings of their own work.

Transfers to: CSU, UC (credit limited: see page 53)

ENGLISH 143 † Poetry Writing IV

3 units, 3 hours lecture

Prerequisite: A "C" grade or higher or "Pass" in English 142 or equivalent.

The final of a four-course sequence, the mastery-level class is designed to strengthen student expertise in the study, analysis, and application of the tools, techniques, and forms of poetry used by established and contemporary poets. By crafting and submitting original poems, students use the writers' workshop to refine their skills as critics and poets, as well as explore avenues for publication. Students have opportunities for publication, public readings of their own work, and special projects.

Transfers to: CSU, UC (credit limited: see page 53)

ENGLISH 145 † The Acorn Review: Editing and Production I

3 units, 3 hours lecture

Recommended Preparation: A "C" grade or higher or "Pass" in English 126 or equivalent.

The first in a four-course sequence, this course is designed to familiarize students with the fundamental tools of reading, selecting, editing, proofreading, and arranging student manuscripts for publication in the Grossmont College student literary journal.

Transfers to CSU

ENGLISH 146 † The Acorn Review: Editing and Production II

3 units, 3 hours lecture

Prerequisite: A "C" grade or higher or "Pass" in English 145 or equivalent.

The second in a four-course sequence, this intermediate level class is designed to further skill development in the reading, selecting, editing, proofreading, and arranging of student manuscripts for publication in the Grossmont College literary journal.

Transfers to CSU

ENGLISH 147 † The Acorn Review: Editing and Production III

3 units, 3 hours lecture

Prerequisite: A "C" grade or higher or "Pass" in English 146 or equivalent.

The third in a four-course sequence, this advanced level class is designed to expand student proficiency in the reading, selecting, editing, proofreading, and arranging of student manuscripts for publication in the Grossmont College student literary journal.

Transfers to CSU

† This course meets all Title 5 standards for Associate Degree Credit.

ENGLISH 148 † The Acorn Review: Editing and Production IV

3 units, 3 hours lecture

Prerequisite: A "C" grade or higher or "Pass" in English 147 or equivalent.

The final of a four-course sequence, this mastery level class is designed to strengthen student expertise in the reading, selecting, editing, proofreading, and arranging of student manuscripts for publication in the Grossmont College student literary journal.

Transfers to CSU

ENGLISH 160 † Drama Writing I

3 units, 3 hours lecture

Prerequisite: A "C" grade or higher in English 110 or assessment recommendation for English 120.

Recommended Preparation: A "C" grade or higher or "Pass" in English 126 or equivalent.

The first in a four-course sequence, this class is designed to familiarize students with the study, analysis, and application of fundamental tools, techniques, and forms used by established and contemporary authors of drama. By composing and submitting original works of drama, students learn to use the writers' workshop to develop their skills as critics and drama writers. Students have opportunities for recognition and public reading/performance of their own work.

Transfers to: CSU, UC (credit limited: see page 53)

ENGLISH 161 † Drama Writing II

3 units, 3 hours lecture

Prerequisite: A "C" grade or higher or "Pass" in English 160 or equivalent.

The second in a four-course sequence, this intermediate level class is designed to further skill development in the study, analysis, and application of tools, techniques, principles, and forms used by established and contemporary authors of drama. By composing and submitting original works of drama, students use the writers' workshop to further develop competency as critics and drama writers. Students have opportunities for recognition, publication and public reading/performance of their own work.

Transfers to: CSU, UC (credit limited: see page 53)

ENGLISH 162 † Drama Writing III

3 units, 3 hours lecture

Prerequisite: A "C" grade or higher or "Pass" in English 161 or equivalent.

The third in a four-course sequence, this advanced level class is designed to expand proficiency in the study, analysis, and application of tools, techniques, principles, and forms used by established and contemporary authors of drama. By composing and submitting original works of drama, students use the writers' workshop to further deepen their skills as critics and emerging dramatists. Students have opportunities for recognition, publication and public reading/performance of their own work.

Transfers to: CSU, UC (credit limited: see page 53)

ENGLISH 163 † Drama Writing IV

3 units, 3 hours lecture

Prerequisite: A "C" grade or higher or "Pass" in English 162 or equivalent.

The final in a four-course sequence, this mastery-level class course is designed to strengthen expertise in the study, analysis and application of the tools, techniques, and forms used by established and contemporary dramatists. By crafting and submitting original works of drama, students use the writers' workshop to refine their skills as critics and dramatists, as well as explore markets for production and staging. Students have opportunities for publication and reading/performance of their own work.

Transfers to: CSU, UC (credit limited: see page 53)

ENGLISH 175 † Novel Writing I

3 units, 3 hours lecture

Prerequisite: A "C" grade or higher or "Pass" in English 110 or equivalent or assessment recommendation for English 120.

Recommended Preparation: A "C" grade or higher or "Pass" in English 126 or equivalent.

The first in a four-course sequence, this class is designed to familiarize students with the study, analysis, and application of fundamental tools, techniques, and forms used by established and contemporary novelists. By composing and submitting original novel scenes, chapters and/or excerpts, students learn to use the writers' workshop to develop their skills as critics and writers of novels. Students have opportunities for recognition and public readings of their own work.

Transfers to: CSU, UC (credit limited: see page 53)

ENGLISH 176 † Novel Writing II

3 units, 3 hours lecture

Prerequisite: A "C" grade or higher or "Pass" in English 175 or equivalent.

The second in a four-course sequence, this intermediate level class is designed to further skill development in the study, analysis, and application of tools, techniques, principles, and forms used by established and contemporary novelists. By composing and submitting original novel scenes, chapters and/or excerpts, students use the writers' workshop to further develop competency as critics and writers of novels. Students have opportunities for recognition, publication and public readings of their own work.

Transfers to: CSU, UC (credit limited: see page 53)

ENGLISH 177 † Novel Writing III

3 units, 3 hours lecture

Prerequisite: A "C" grade or higher or "Pass" in English 176 or equivalent.

The third in a four-course sequence, this advanced level class is designed to expand student proficiency in the study, analysis, and application of tools, techniques, and forms used by established and/or contemporary novel writers. By composing and submitting original novel scenes, chapters and/or excerpts, students use the writers' workshop to deepen their skills as critics and emerging novelists. Opportunities for publication and public readings of their own work.

Transfers to: CSU, UC (credit limited: see page 53)

ENGLISH 178 † Novel Writing IV

3 units, 3 hours lecture

Prerequisite: A "C" grade or higher or "Pass" in English 177 or equivalent.

The final of a four-course sequence, this mastery-level class is designed to strengthen student expertise in the study, analysis and application of the tools, techniques, and forms used by established and contemporary novelists. By crafting and submitting original novel scenes, chapters, and/or excerpts, students use the writers' workshop to refine their skills as critics and novelists, as well as explore markets for publication. Students have opportunities for performance, publication of their own work, and special projects.

Transfers to: CSU, UC (credit limited: see page 53)

† This course meets all Title 5 standards for Associate Degree Credit.

ENGLISH 195 A-B-C-D † Community Service Learning Experience

1 unit, 5 hours work experience per week
60 volunteer hours or 75 paid hours
Community Service Learning Experience (CSLE) is a community outreach program which promotes the national agenda of volunteer engagement. The purpose is to provide students an opportunity to explore options and careers in a selected area of study. This course includes placement in a community-based site. For work experience requirements, see page 44.

ENGLISH 201 † Images of Women in Literature

3 units, 3 hours lecture

This course is designed to examine the images of women in diverse literature and to interpret such literature in historical, political, psychological, and cultural contexts. Critical thinking, reading, and writing skills are used to scrutinize narratives about women-narratives which sometimes project myths both men and women perpetuate. Satisfies General Education for: Grossmont College C2; CSU C2; IGETC 3B
Transfers to: CSU, UC

ENGLISH 203 † Children's Literature

3 units, 3 hours lecture

A survey of children's literature, from folktales to current realism, including historical and cultural diversity. Emphasis upon definition and application of literary elements and differentiating qualities between "good" and "poor" children's books. The course will prepare students to hook children on books, cultural literacy and great ideas. Satisfies General Education for Grossmont College C2
Transfers to CSU

ENGLISH 215 † Mythology

3 units, 3 hours lecture

Recommended Preparation: A "C" grade or higher or "Pass" in English 098 or an assessment recommendation for English 110 or 120.

This world mythology course is designed to explore the similarities and differences among the myths of widely separated peoples as a means of interpreting their literature within historical and cultural contexts. Satisfies General Education for: Grossmont College C2; CSU C2; IGETC 3B
Transfers to: CSU, UC

ENGLISH 217 † Fantasy and Science Fiction

3 units, 3 hours lecture

Recommended Preparation: A "C" grade or higher or "Pass" in English 098 or equivalent or an assessment recommendation for English 110 or 120.

An introduction to literature, ranging from gothic romance to heroic and other fantasies and from space-adventure to socially-critical contemporary science fiction. Course will examine the traditional, canonical, and historical backgrounds from which popular literatures derive, and explore the place of science fiction and fantasy in popular culture.

Satisfies General Education for: Grossmont College C2; CSU C2; IGETC 3B
Transfers to: CSU, UC

ENGLISH 218 † Shakespeare – His Plays and the Theatre of His Time

3 units, 3 hours lecture

Recommended Preparation: A "C" grade or higher or "Pass" in English 098 or an assessment recommendation for English 110 or 120.

This course introduces students to William Shakespeare's plays and the theatre of his time. Students will read, interpret, and analyze several of Shakespeare's plays-including the play(s) being produced or viewed locally-that represent the full range of his comedic, historical, and tragic works, such as *A Midsummer Night's Dream*, *Twelfth Night*, *Richard II*, *Henry IV*, *Othello*, *Macbeth*, *King Lear*, and *Hamlet*. The point of the course is to prepare students to understand and appreciate more fully the experience of seeing, reading, and discussing Shakespeare. The course will make apt use of actors in the classroom, good films, recordings of the plays, and theatre tours.

Satisfies General Education for: Grossmont College, C2, CSU C2; IGETC 3B
Transfers to: CSU, UC

ENGLISH 219 † Views of Death and Dying in Literature

3 units, 3 hours lecture

Recommended Preparation: A "C" grade or higher or "Pass" in English 098 or an assessment recommendation for English 110 or 120.

This course will examine works of literature whose predominant subject focuses on attitudes toward death and dying as a practical and philosophical concern.

Satisfies General Education for: Grossmont College C2, CSU C2 or E; IGETC 3B
Transfers to: CSU, UC

ENGLISH 221 † British Literature I

3 units, 3 hours lecture

Prerequisite: A "C" grade or higher or "Pass" in English 120 or equivalent.

Recommended Preparation: A "C" grade or higher or "Pass" in English 122 or equivalent.

This course is a survey of British literature from the Old English Period to the Romantic Period. Students will read and interpret literature against a background of the historical, social, and philosophical developments of the time. Reading selections may consist of poetry, plays, novels, satires, and nonfiction prose, including letters and essays. Authors such as the following will be read, analyzed, discussed, and written about in critical essays and exams: Geoffrey Chaucer, William Langland, Edmund Spenser, Christopher Marlowe, William Shakespeare, John Donne, Ben Johnson, John Milton, Lady Mary Wroth, Aphra Behn, Alexander Pope, Samuel Johnson, and Jonathon Swift.

Satisfies General Education for: Grossmont College C2; CSU C2; IGETC 3B
Transfers to: CSU, UC

ENGLISH 222 † British Literature II

3 units, 3 hours lecture

Prerequisite: A "C" grade or higher or "Pass" in English 120 or equivalent.

Recommended Preparation: A "C" grade or higher or "Pass" in English 122 or equivalent.

This course is a survey of British literature from the Romantic Period to the present. Students will read and interpret literature against a background of the historical, social, and philosophical developments of the time. Reading selections may consist of poetry, short stories, plays, novels, and nonfiction prose, including letters and essays. Authors sampled may include William Blake, Mary Wollstonecraft, William Wordsworth, Samuel Coleridge, Lord Byron, Percy Shelley, John Keats, Charles Dickens, Elizabeth Browning, Robert Browning, Emily Bronte, Oscar Wilde, Jane Austen, Thomas Hardy, Walter Pater, William Yeats, D.H. Lawrence, Virginia Woolf, James Joyce, T. S. Eliot, Doris Lessing, Seamus Heaney, Ted Hughes, Salman Rushdie, and Derek Walcott.

Satisfies General Education for: Grossmont College C2; CSU C2; IGETC 3B
Transfers to: CSU, UC

† This course meets all Title 5 standards for Associate Degree Credit.

ENGLISH 225 †**The Bible as Literature: Narratives of the Hebrew People**

3 units, 3 hours lecture

This course covers the Old Testament narratives of the Hebrew people as well as foundations for creation stories, folk tales, and epics. The complete series of English 225-226-227-228 presents an introduction to the books of the Old and New Testaments from a non-sectarian literary, historical, and cultural perspective.

Satisfies General Education for: CSU C2; IGETC 3B

Transfers to: CSU, UC (credit limited: see page 53)

ENGLISH 226 †**The Bible as Literature: Old Testament History and Writings of the Prophets**

3 units, 3 hours lecture

This course covers Old Testament history and writings of the major and minor prophets. The complete series of English 225-226-227-228 presents an introduction to the books of the Old and New Testaments from a Non-sectarian literary, historical, and cultural perspective.

Satisfies General Education for: CSU C2; IGETC 3B

Transfers to: CSU, UC (credit limited: see page 53)

ENGLISH 227 †**The Bible as Literature: The Literary Forms of the Old Testament**

3 units, 3 hours lecture

This course covers the varied literary forms of the Old Testament, including visionary and apocalyptic stories as well as lyrical and wisdom poetry. The complete series of English 225-226-227-228 presents an introduction to the books of the Old and New Testaments from a non-sectarian literary, historical, and cultural perspective.

Satisfies General Education for: CSU C2; IGETC 3B

Transfers to: CSU, UC (credit limited: see page 53)

ENGLISH 228 †**The Bible as Literature: The Literary Forms of the New Testament**

3 units, 3 hours lecture

This course covers the literary of the New Testament, including the synoptic gospels, the parables, the epistles, and visionary literature. The complete series of English 225-226-227-228 presents an introduction to the books of the Old and New Testaments from a Non-sectarian literary, historical, and cultural

perspective.

Satisfies General Education for: CSU C2; IGETC 3B

Transfers to: CSU, UC (credit limited: see page 53)

ENGLISH 231 †**American Literature I**

3 units, 3 hours lecture

Prerequisite: A "C" grade or higher or "Pass" in English 120 or equivalent.

Recommended Preparation: A "C" grade or higher or "Pass" in English 122.

This course is a survey of American authors and their relationship to major literary and intellectual movements, from America's beginnings to the second half of the nineteenth century. Reading selections may consist of poetry, short stories, novels, and nonfiction prose, including essays, letters, political tracts, autobiographies, speeches, and sermons. Authors such as the following will be read, analyzed, discussed, and written about in critical essays and exams: pre-Colonial Native American authors, Mary Rowlandson, Anne Bradstreet, Benjamin Franklin, J. Hector, St. John de Crevecoeur, Phillis Wheatley, Washington Irving, Henry David Thoreau, Edgar Allan Poe, Sojourner Truth, Walt Whitman, Frederick Douglass, Herman Melville, and Louisa May Alcott.

Satisfies General Education for: Grossmont College C2; CSU C2; IGETC 3B

Transfers to: CSU, UC

ENGLISH 232 †**American Literature II**

3 units, 3 hours lecture

Prerequisite: A "C" grade or higher or "Pass" in English 120 or equivalent.

Recommended Preparation: A "C" grade or higher or "Pass" in English 122 or equivalent.

This course introduces students to a survey of American authors and their relationship to major literary and intellectual movements from the second half of the nineteenth century to the present. Reading selections may consist of poetry, short stories, novels, plays, and nonfiction prose, including letters and essays. Authors such as the following will be read, analyzed, discussed, and written about in critical essays and exams: Walt Whitman, Emily Dickinson, Mark Twain, Kate Chopin, Charlotte Perkins Gilman, Sin Sin Far, Henry James, Stephen Crane, Zitkala Sa, William Carlos Williams, E. E. Cummings, Ernest Hemingway, Langston Hughes, Richard Wright, Tennessee Williams, Allen Ginsburg, Sylvia Plath, Leslie Marmon Silko, Art Spiegelman, Toni Morrison, Cormac McCarthy, and Junot Díaz.

Satisfies General Education for: Grossmont College C2; CSU C2; IGETC 3B

Transfers to: CSU, UC

ENGLISH 236 †

(Cross-Cultural Studies 236)

Chicano/Chicana Literature

3 units, 3 hours lecture

Recommended Preparation: A "C" grade or higher or "Pass" in English 110 or equivalent.

This course introduces students to a survey of folk, traditional, and contemporary Chicano/Chicana literature. Literary works originally written in English and the Chicano/a bilingual idiom as well as English translations of works written in Spanish will be taught. Students examine the literature as a reflection of Chicano/a experience in the world and the effects of the literature on American culture and politics. Reading selections may consist of poetry, ballads, short stories, novels, plays, and nonfiction prose. Authors such as the following will be read, analyzed, discussed, and written about in critical essays and exams: Rudolfo Anaya, Lorna Dee Cervantes, Helena Maria Viramontes, Sandra Cisneros, Jimmy Santiago Baca, Luis J. Rodriguez, Luis Alberto Urrea, Dagoberto Gilb.

Satisfies General Education for: Grossmont College C2; CSU C2; IGETC 3B

Transfers to: CSU, UC (credit limited: see page 53)

ENGLISH 237 †

(Cross-Cultural Studies 237)

American Indian Literature

3 units, 3 hours lecture

Recommended Preparation: A "C" grade or higher or "Pass" in English 110 or equivalent.

A survey and literary analysis of American Indian literature; folk, creation and origin stories, legends, and poetry from the oral tradition to contemporary American Indian authors. *Satisfies General Education for: Grossmont College C2; CSU C2; IGETC 3B*

Transfers to: CSU, UC (credit limited: see page 53)

ENGLISH 238 †

(Cross-Cultural Studies 238)

Black Literature

3 units, 3 hours lecture

Recommended Preparation: A "C" grade or higher or "Pass" in English 110 or equivalent.

This course introduces students to a survey of folk, traditional, and contemporary Black literature. Students examine the literature as a reflection of Black experience in the world and the effects of the literature on American culture and politics. Reading selections may consist of poetry, short stories, novels, and nonfiction prose, including essays, letters, political tracts, autobiographies, speeches, and sermons.

† This course meets all Title 5 standards for Associate Degree Credit.

Authors such as the following will be read, analyzed, discussed, and written about in critical essays and exams: Phillis Wheatley, Harriet Jacobs, Frederick Douglass, Booker T. Washington, W.E.B. Du Bois, Zora Neale Hurston, Langston Hughes, Countee Cullen, Richard Wright, Gwendolyn Brooks, Amiri Baraka, Lucile Clifton, Maya Angelou, Toni Morrison, Alice Walker, August Wilson, Saul Williams, Ntozake Schange, and Natasha Trethewey.

Satisfies General Education for: Grossmont College C2; CSU C2; IGETC 3B
Transfers to: CSU, UC (credit limited: see page 53)

ENGLISH 241 † **Literature of the Western World I**

3 units, 3 hours lecture

Prerequisite: A "C" grade or higher or "Pass" in English 110 or equivalent or assessment recommendation for English 120.

Recommended Preparation: A "C" grade or higher or "Pass" in English 122 or equivalent.

First course in the study of Literature of the Western World which explores literary works and their political, religious, economic, and aesthetic context from the Ancient World to the Renaissance. Reading selections may consist of epic poetry, plays, lyrics, stories, and nonfiction prose, including philosophy, political tracts, and essays. Authors from The Ancient World, The Middle Ages and The Renaissance will be read, analyzed, discussed, and written about in essays and exams.

Satisfies General Education for: Grossmont College C2; CSU C2; IGETC 3B
Transfers to: CSU, UC

ENGLISH 242 † **Literature of the Western World II**

3 units, 3 hours lecture

Prerequisite: A "C" grade or higher or "Pass" in English 110 or equivalent or assessment recommendation of English 120.

Recommended Preparation: A "C" grade or higher or "Pass" in English 122 or equivalent.

Second course in the study of Literature of the Western World which explores literary works and their political, religious, economic, and aesthetic context from The Enlightenment to the present. Reading selections may consist of poetry, plays, philosophical tales, short stories, novels, and nonfiction prose, including essays and autobiographies. Authors from the Enlightenment: 19th Century Romanticism, Realism, Naturalism, and Symbolism; and 20th Century Modernism and Contemporary

Explorations will be read, analyzed, discussed, and written about in essays and exams.

Satisfies General Education for: Grossmont College C2; CSU C2; IGETC 3B
Transfers to: CSU, UC

ENGLISH 275 † **Literary Period**

3 units, 3 hours lecture

Recommended Preparation: A "C" grade or higher or "Pass" in English 120.

Course provides in-depth study of a literary period. Readings selected will cover a body of literature drawn from one literary period (e.g., The Beat Generation, Contemporary World Poetry, Naturalism, or Postmodern Fiction) in addition to at least one secondary work focusing on the literature. Oral and written discussion of such readings and their relevance to the period will be emphasized.

Satisfies General Education for Grossmont College C2
Transfers to CSU

ENGLISH 276 † **Major Author**

3 units, 3 hours lecture

Recommended Preparation: A "C" grade or higher or "Pass" in English 120.

Course provides in-depth study of a major author. Readings selected will cover a breadth of literature drawn from one major author (e.g., Sylvia Plath, James Joyce, Tennessee Williams or Fyodor Dostoyevsky) in addition to at least one secondary work focusing on the literature. Oral and written discussion of such readings and their relevance to the period will be emphasized.

Satisfies General Education for Grossmont College C2
Transfers to CSU

ENGLISH 277 † **Literary Theme**

3 units, 3 hours lecture

Recommended Preparation: A "C" grade or higher or "Pass" in English 120.

Course provides in-depth study of a theme in literature. Readings selected will cover a breadth of literature representative of a major theme (e.g., Images of War, Isolation/Exile, Coming of Age, or Diversity) in addition to at least one secondary work focusing on the literature. Oral and written discussion of such readings and their relevance to the period will be emphasized.

Satisfies General Education for Grossmont College C2
Transfers to CSU

ENGLISH AS A SECOND LANGUAGE (ESL)

ENGLISH AS A SECOND LANGUAGE 070 ††

ESL I: Introduction to ESL Literacy

6 units, 6 hours lecture

Corequisite: ESL 071

This is the literacy course in the first level of the ESL course sequence. Students learn to read and write basic English. They also learn basic word, phrase, and sentence grammar. In addition to reading, writing, and grammar, ESL 070 students learn classroom rules and communication necessary in academic settings. This course is offered on a Pass/No Pass basis only. (Nondegree credit course)

ENGLISH AS A SECOND LANGUAGE 071 ††

ESL I: Introduction to ESL Communication

6 units, 6 hours lecture

Corequisite: ESL 070

This is the communication course in the first level of the ESL course sequence. Students develop basic listening and speaking skills beginning with the sounds of the English alphabet and progressing to simple word, phrase and sentence level interaction. Grammar taught in ESL 070 is practiced and reinforced in ESL 071. They also learn basic classroom culture and communication necessary for success in academic settings. This course is offered on a Pass/No Pass basis only. (Nondegree credit course)

ENGLISH AS A SECOND LANGUAGE 080 ††

ESL II: ESL Literacy

6 units, 6 hours lecture

Prerequisite: A "Pass grade in ESL 070 and 071 or advisory placement in ESL 080 or equivalent based on an ESL assessment process.

Corequisite: ESL 081

This is the second core literacy course in the study of English reading, writing, and grammar designed for students whose first language is not English. Students learn basic reading and writing skills as well as develop an understanding of college culture necessary for academic success. This course is offered on a Pass/No Pass basis only. (Nondegree credit course)

† This course meets all Title 5 standards for Associate Degree Credit.

†† This course meets all Title 5 standards for Nondegree Credit.

**ENGLISH AS A SECOND LANGUAGE
081 ††****ESL II: ESL Communication**

6 units, 6 hours lecture

Prerequisite: A "Pass" grade in ESL 070 and 071 or advisory placement in ESL 080 or equivalent based on an ESL assessment process.

Corequisite: ESL 080

This is the second beginning-level course designed to develop basic listening and speaking skills appropriate in an academic setting and everyday life. Grammar and vocabulary taught in ESL 080 are practiced and reinforced aurally and orally in ESL 081. This six-unit course is offered on a Pass/No Pass basis only. (Nondegree credit course)

**ENGLISH AS A SECOND LANGUAGE
090 ††****American English
Pronunciation I**

3 units, 3 hours lecture

This is a beginning course designed to assist non-native American English learners in developing both oral and aural language skills through the improvement of understanding spoken English and articulation of the language. All lessons are designed to assist non-native speakers with limited vocabulary and grammatical accuracy beginning their acquisition of English. Beginning level exercises include repetition and oral discrimination exercises; stress, rhythm, and intonation exercises; as well as various other types of oral production activities, including poster talks, situational role-plays, short planned or impromptu speeches, and informal debates. Beginning-level listening tasks include aural discrimination exercises, listening to and evaluating short student speeches, dictations, note-taking, and listening comprehension tests. This course is offered on a Pass/No Pass basis only. (Nondegree credit course.)

**ENGLISH AS A SECOND LANGUAGE
096 ††****English as a Second Language III**

5 units, 5 hours lecture, 1 hour laboratory

Prerequisite: A "Pass" grade in ESL 080 and 081 or advisory placement in ESL 096 based on an ESL assessment process.

The third core course in the study of English grammar, reading, and writing designed for students whose first language is other than English. The course includes the study of basic grammar and sentence structure, paragraph organization, reading skills, and vocabulary building. With the teacher's guidance, one hour a week will be spent in a computer classroom practicing and reinforcing grammar, reading, and writing skills introduced in lectures. This course is offered on a Pass/No Pass basis only. (Nondegree credit only)

**ENGLISH AS A SECOND LANGUAGE
096L ††****Listening and Speaking III**

3 units, 3 hours lecture

Prerequisite: A "Pass" grade in ESL 080 and 081 or advisory placement in ESL 096 based on an ESL assessment process.

This is a high beginning course designed to improve students' fluency and accuracy in spoken English and listening comprehension. Students will be required to do a variety of speaking and listening tasks and exercises in small groups and individually in class as well as various speaking and listening assignments outside of class. Content will focus on themes frequently encountered in social situations, such as family, work, school, and current events. This course is offered on a Pass/No Pass basis only. (Nondegree credit course).

**ENGLISH AS A SECOND LANGUAGE
096R ††****ESL Reading and Vocabulary
Development III**

3 units, 3 hours lecture

Prerequisite: A "Pass" grade in ESL 080 or ESL 081 or advisory placement in ESL 096 based on an ESL assessment process.

This high-beginning level course is designed to develop ESL students' vocabulary and reading ability. The focus is on improving reading skills and strategies as well as understanding and using academic vocabulary. Students are encouraged to take this class concurrently with their ESL 096 course. This course is offered on a pass/no pass basis only. (Nondegree credit course)

**ENGLISH AS A SECOND LANGUAGE
100 ††****English as a Second Language
IV**

5 units, 5 hours lecture, 1 hour laboratory

Prerequisite: A "Pass" grade in ESL 096 or advisory placement in ESL 100 based on an ESL assessment process.

Recommended Preparation: A "Pass" grade in ESL 098.

The fourth core course in the study of English grammar, reading, and writing designed for students whose first language is other than English. The course further develops and adds to the basic skills taught in English as a Second Language III—grammar and sentence structure, paragraph organization and development, and reading skills. With the teacher's guidance, one hour a week will be spent in a computer classroom practicing and reinforcing grammar, reading, and writing skills introduced in lectures. (Non-degree credit course)

**ENGLISH AS A SECOND LANGUAGE
100L ††****Listening and Speaking IV**

3 units, 3 hours lecture

Recommended Preparation: A "Pass" grade in ESL 096L or advisory placement in ESL 100 based on an ESL assessment process.

This is an intermediate level course designed to improve students' fluency and accuracy in spoken English and listening comprehension in social, academic, and professional situations. Students will be required to do a variety of speaking and listening tasks and exercises in small groups and individually as well as various speaking and listening assignments outside of class. Content will focus on a variety of professional and academic themes as well as current events. (Nondegree credit course)

**ENGLISH AS A SECOND LANGUAGE
100R ††****ESL Reading and Vocabulary
Development IV**

3 units, 3 hours lecture

Prerequisite: A "Pass" grade in ESL 096 or ESL 096R or advisory placement in ESL 100 based on an ESL assessment process.

This low-intermediate level course is designed to develop ESL students' vocabulary and reading ability. The focus is on improving reading skills and strategies as well as understanding and using of academic vocabulary. Students are encouraged to take this class concurrently with ESL 100. (Nondegree credit course)

**ENGLISH AS A SECOND LANGUAGE
103 †****English as a Second Language V**

5 units, 5 hours lecture, 1 hour laboratory

Prerequisite: A "C" grade or higher or "Pass" in ESL 100 or advisory placement in ESL 103 based on an ESL assessment process.

The fifth core course in the study of English grammar, reading, and writing designed for students whose first language is not English. The course develops and takes students to the next level of the academic literacy skills taught in English as a Second Language IV and includes the study of grammar and sentence structure, paragraph organization and development, essay introduction, and reading skills. With the teacher's guidance, one hour a week will be spent in a computer classroom practicing and reinforcing grammar, reading, and writing skills introduced in lectures.

Transfers to: CSU, UC (credit limited: see page 53)

† This course meets all Title 5 standards for Associate Degree Credit.

†† This course meets all Title 5 standards for Nondegree Credit.

**ENGLISH AS A SECOND LANGUAGE
103L †****Listening and Speaking V**

3 units, 3 hours lecture

Recommended Preparation: A "Pass" grade in ESL 100L or advisory placement in ESL 103 based on an ESL assessment process.

This is a high-intermediate level course designed to improve students' fluency and accuracy in spoken English and listening comprehension. Emphasis is on developing the learning strategies, language functions, and cultural awareness needed in academic and professional settings, such as summarizing and paraphrasing, agreeing and disagreeing, clarifying, and generalizing. Content will focus on a variety of professional and academic themes and may include current events.

**ENGLISH AS A SECOND LANGUAGE
103R †****ESL Reading and Vocabulary Development V**

3 units, 3 hours lecture

Prerequisite: A "C" grade or higher or "Pass" in ESL 100 or ESL 100R or advisory placement in ESL 103 based on an ESL assessment process.

This high-intermediate level course is designed to develop the students' academic vocabulary and ability to read college-level texts. The focus is on improving reading skills and strategies as well as the understanding and use of academic vocabulary. Students are encouraged to take this class concurrently with ESL 103.

**ENGLISH AS A SECOND LANGUAGE
106 †****English as a Second Language VI**

5 units, 5 hours lecture, 1 hour laboratory

Prerequisite: A "C" grade or higher or "Pass" in ESL 103 or advisory placement in ESL 106 based on an ESL assessment process.

The sixth core course in the study of English grammar, reading, and writing designed for students whose first language is not English. This course develops and takes to a higher level of the academic literacy skills taught in English as a Second Language 103 and includes the study of advanced grammar and sentence structure, paragraph and essay organization and development, and advanced reading skills. With the teacher's guidance, one hour a week will be spent in a computer classroom practicing and reinforcing grammar, reading, and writing skills introduced in lectures.

Transfers to: CSU, UC (credit limited: see page 53)

† This course meets all Title 5 standards for Associate Degree Credit.

†† This course meets all Title 5 standards for Nondegree Credit.

**ENGLISH AS A SECOND LANGUAGE
106R †****ESL Reading and Vocabulary Development VI**

3 units, 3 hours lecture

Prerequisite: A "C" grade or higher or "Pass" in ESL 103 or ESL 103R or advisory placement in ESL 106 based on an ESL assessment process.

This advanced course in reading and vocabulary development is designed for ESL students enrolled in college courses that require intensive and extensive reading skills and critical thinking. The focus is on the development of a greater understanding, appreciation, and perspective of written works through the analysis of the techniques and purposes of specific writers and genres. Students will continue to practice and master various reading strategies and vocabulary skill building employed by independent readers. In addition to developing reading comprehension and increasing academic vocabulary, students will improve their ability to communicate the information and concepts in course reading materials orally and in writing.

**ENGLISH AS A SECOND LANGUAGE
108 †****Written Communication Skills**

3 units, 3 hours lecture, 1 hour laboratory

This is an intensive short-term intermediate-level course in the study of English for students whose first language is not English. The course focus is on developing the students' accuracy and fluency in written communication. It includes the study of grammar and sentence structure, paragraph and essay organization and development, and reading skills. With the teacher's guidance, one hour a week will be spent in a computer classroom practicing and reinforcing grammar, reading, and writing skills introduced in lectures.

**ENGLISH AS A SECOND LANGUAGE
109 ††****American English Pronunciation II**

3 units, 3 hours lecture

This is an intermediate-level course designed to assist non-native American English learners in developing both oral and aural language skills through the improvement of understanding spoken English and articulation of the language. Intermediate-level lessons include repetition and oral discrimination exercises; stress, rhythm, and intonation exercises; as well as various other types of oral production activities, including poster talks, situational role-plays, short planned or impromptu speeches, and informal debates. Intermediate-level

listening tasks include aural discrimination exercise, listening to and evaluating short student speeches, dictations, note-taking and listening comprehension tests. Students are expected to reduce their accent when speaking American English in addition to a number of problems with grammatical accuracy. Improvement scores are based on both student and teacher analyses and assessments. This course is offered on a Pass/No Pass basis only. (Nondegree credit course.)

**ENGLISH AS A SECOND LANGUAGE
119 †****English as a Second Language VII**

5 units, 5 hours lecture, 1 hour laboratory

Prerequisite: A "C" grade or higher or "Pass" in ESL 106 or advisory placement in ESL 119 based on an ESL assessment process.

The seventh core course in the study of English grammar, reading, and writing designed to prepare ESL students for entry into English 120. Students will practice the writing process by composing essays with effective and accurate expression. Students will develop their academic literacy by employing advanced techniques of essay and research writing with an emphasis on critical thinking, argumentation or other rhetorical strategies, synthesis of research materials, and academic citation. They will learn effective strategies for reducing errors in grammar, punctuation, and usage and will develop self-editing skills. One hour a week of class will be held in a computer classroom completing software and/or Internet-based modules designed to reinforce and develop the grammar, reading, writing, and research skills introduced in class.

Transfers to: CSU, UC (credit limited: see page 53)

**ENGLISH AS A SECOND LANGUAGE
119R †****Reading and Vocabulary Development VII**

3 units, 3 hours lecture

Prerequisite: A "C" grade or higher or "Pass" grade in ESL 106 or ESL 106R or advisory placement in ESL 119 based on an ESL assessment process.

This advanced college-level reading and vocabulary development course is designed for ESL students enrolled in academic courses that require critical analysis of written works. This course fosters the understanding that reading is an active process that is essential for successful reading, writing, listening, and speaking assignments in college courses. Critical thinking skills are developed as students learn to analyze, evaluate, and synthesize a variety of college-level reading materials. Students will gain a greater understanding of and appreciation for

written works through the analysis of the writing techniques and purposes of specific writers and genres. In addition, students will gain mastery of various reading and academic vocabulary skill-building strategies employed by independent readers.

EXERCISE SCIENCE AND WELLNESS (ES)

Unless specifically required by a transfer institution for preparation for an Exercise Science major, students are limited to four enrollments in any combination of courses related in content (families). Students intending to major in Exercise Science at a California State University or University of California campus that requires more than the limit should see a counselor. Refer to pages 37-38 to see "Limitations on Enrollment" for specific groups of families in exercise science.

Students should progress from Beginning to Intermediate and to Advanced levels in the courses that have an "ABC" designation to facilitate success. Students should not move backward in levels. The only courses that may be repeated are the Intercollegiate Athletic courses numbered 200-240, 262, and 263, which may be taken four (4) times maximum. No other Exercise Science course may be repeated for credit.

Exercise Science courses that meet the fitness/wellness requirements for general education are indicated by an asterisk (*). NOTE: Intercollegiate athletic courses do NOT meet the fitness/wellness requirement.

Adapted Exercise Science

Exercise Science 001, 002, 003, 029, 030, 035 and 041 have been designed to meet the needs of the students participating in the Disabled Students Program. For other course offerings related to the Disabled Students Program, see Personal Development – Special Services.

Physical Fitness

EXERCISE SCIENCE 001* † Adapted Physical Exercise

1 unit, 1 hour lecture, 1 hour laboratory
This course is designed to develop various components of physical fitness for students with verified disabilities. Physical assessment, appropriate exercise equipment and personalized exercise program will be prescribed. Students will also learn the fundamental principles of physical fitness and their impact on life-long health and wellness. *Satisfies General Education for Grossmont College Area E*
Transfers to: CSU, UC (credit limited: see page 53)

EXERCISE SCIENCE 002* † Advanced Adapted Physical Exercise

1 unit, 1 hour lecture, 1 hour laboratory
Recommended Preparation: A "C" grade or higher or "Pass" in ES 001 or equivalent or specified skill competencies.
Advanced physical exercise course designed for students with verified disabilities. Emphasis placed on muscular fitness through resistance exercises. Physical assessment, appropriate exercise equipment and personalized prescribed weight training programs will be developed. Students will also learn the fundamental principles of physical fitness and their impact on life-long health and wellness. *Satisfies General Education for Grossmont College Area E*
Transfers to: CSU, UC (credit limited: see page 53)

EXERCISE SCIENCE 003* † Adapted Aerobic Fitness

1 unit, 1 hour lecture, 1 hour laboratory
This course is designed to provide a fitness exercise program for students with verified disabilities. Includes methods of strength attainment and flexibility training, with emphasis on aerobic conditioning. Students will also learn the fundamental principles of physical fitness and their impact on life-long health and wellness. *Satisfies General Education for Grossmont College Area E*
Transfers to: CSU, UC (credit limited: see page 53)

EXERCISE SCIENCE 004A* † Beginning Fitness for the Newcomer

1 unit, 1 hour lecture, 1 hour laboratory
This course is designed to provide a beginning level of a personalized total body fitness program for individuals who are tentative or deficient in physical fitness skills. This course is intended for the student who is not ready to participate in a regular fitness class, but is not in need of a truly adapted fitness class. Instruction will include the development of a basic level of cardiovascular endurance, muscular strength, muscular endurance, flexibility, body composition, core strength, balance and equipment use. Direction will include introductory recommendations necessary to personalize an exercise program to meet individual conditions, limitations and special needs. Influences of nutrition, as well as health concerns, injury prevention and life-long health and wellness will be included. *Satisfies General Education for Grossmont College Area E*
Transfers to: CSU, UC (credit limited: see page 53)

EXERCISE SCIENCE 004B* † Intermediate Fitness for the Newcomer

1 unit, 1 hour lecture, 1 hour laboratory
Recommended Preparation: A "C" grade or higher or "Pass" in ES 004A or equivalent or specified skill competencies.
This course is a continuation of ES 004A which is designed to provide a personalized total body fitness program for individuals who are tentative or deficient in physical fitness skills. This course is intended for the student who is not ready to participate in a regular fitness class, but is not in need of a truly adapted fitness class. Instruction will include the development of an intermediate level of cardiovascular endurance, muscular strength, muscular endurance, flexibility, body composition, core strength, balance and equipment use. Direction will include relatively complex recommendations necessary to personalize an exercise program to meet individual conditions, limitations and special needs. Influences of nutrition, as well as health concerns, injury prevention and life-long health and wellness will be included. *Satisfies General Education for Grossmont College Area E*
Transfers to: CSU, UC (credit limited: see page 53)

EXERCISE SCIENCE 004C* † Advanced Fitness for the Newcomer

1 unit, 1 hour lecture, 1 hour laboratory
Recommended Preparation: A "C" grade or higher or "Pass" in ES 004B or equivalent or specified skill competencies.
This course is a continuation of ES 004B which is designed to provide a personalized total body fitness program for individuals who are tentative or deficient in physical fitness skills. This course is intended for the student who is not ready to participate in a regular fitness class, but is not in need of a truly adapted fitness class. Instruction will include the development of an advanced level of cardiovascular endurance, muscular strength, muscular endurance, flexibility, body composition, core strength, balance and equipment use. Direction will include detailed recommendations necessary to personalize an exercise program to meet individual conditions, limitations and special needs. Influences of nutrition, as well as health concerns, injury prevention and life-long health and wellness will be included. *Satisfies General Education for Grossmont College Area E*
Transfers to: CSU, UC (credit limited: see page 53)

† This course meets all Title 5 standards for Associate Degree Credit.

EXERCISE SCIENCE 005A* † **Beginning Aerobic Fitness and Weight Training**

1.5 units, 1 hour lecture, 2 hours laboratory

This course is designed to provide a beginning level fitness experience to develop the key components of health-related physical fitness:

cardiorespiratory endurance, muscular strength/endurance, body composition, and flexibility. Exercise theories, training methods, nutritional influences on exercise and body composition, and injury prevention/treatment will be presented. A wide range of cardiovascular activities and resistance training equipment are utilized.

Satisfies General Education for Grossmont College Area E

Transfers to: CSU, UC (credit limited: see page 53)

EXERCISE SCIENCE 005B* † **Intermediate Aerobic Fitness and Weight Training**

1.5 units, 1 hour lecture, 2 hours laboratory

Recommended Preparation: A "C" grade or higher or "Pass" in ES 005A or equivalent or specified skill competencies.

A continuation of ES 005A emphasizing the development of an intermediate level of aerobic fitness and weight training. Students will complete more physical challenging activities to achieve an intermediate level of cardiorespiratory endurance, muscular strength/endurance, body composition and flexibility. Exercise theories, training methods, nutritional influences on exercise and body composition, and injury prevention/treatment will be presented. A wide range of cardiovascular activities and resistance training equipment are utilized.

Satisfies General Education for Grossmont College Area E

Transfers to: CSU, UC (credit limited: see page 53)

EXERCISE SCIENCE 005C* † **Advanced Aerobic Fitness and Weight Training**

1.5 units, 1 hour lecture, 2 hours laboratory

Recommended Preparation: A "C" grade or higher or "Pass" in ES 005B or equivalent or specified skill competencies.

A continuation of ES 005B emphasizing the development of an advanced level of aerobic fitness and weight training. Students will complete more physical challenging activities to achieve an advanced level of cardiorespiratory endurance, muscular strength/endurance, body composition and flexibility. Exercise theories, training methods, nutritional influences on exercise and body composition, and injury prevention/treatment will be presented. A wide range of

cardiovascular activities and resistance training equipment are utilized.

Satisfies General Education for Grossmont College Area E

Transfers to: CSU, UC (credit limited: see page 53)

EXERCISE SCIENCE 006A* † **Beginning Total Body Fitness**

1 unit, 1 hour lecture, 1 hour laboratory

This course is designed to provide a beginning level total body workout utilizing weight machines and exercycles. The circuit involves a personalized workload which allows students to progress at their own rate. The components of fitness

(cardiovascular endurance, muscular strength, muscular endurance and flexibility) are presented in a sequentially monitored program or circuit. In addition, students will be presented with nutritional and health information, as well as factors that affect training in order to assist them in their creation of a healthy lifestyle.

Satisfies General Education for Grossmont College Area E

Transfers to: CSU, UC (credit limited: see page 53)

EXERCISE SCIENCE 006B* † **Intermediate Total Body Fitness**

1 unit, 1 hour lecture, 1 hour laboratory

Recommended Preparation: A "C" grade or higher or "Pass" in ES 006A or equivalent or specified skill competencies.

A continuation of ES 006A emphasizing the development of an intermediate level of circuit training. Students will complete more physically challenging techniques on exercise equipment to achieve an intermediate level of fitness. The components of fitness

(cardiovascular endurance, muscular strength, muscular endurance and flexibility) are presented in a sequentially monitored program or circuit. In addition, students will explore nutrition and health information as well as the factors that affect training in order to assist them in their creation of a healthy lifestyle.

Satisfies General Education for Grossmont College Area E

Transfers to: CSU, UC (credit limited: see page 53)

EXERCISE SCIENCE 006C* † **Advanced Total Body Fitness**

1 unit, 1 hour lecture, 1 hour laboratory

Recommended Preparation: A "C" grade or higher or "Pass" in ES 006B or equivalent or specified skill competencies.

A continuation of ES 006B emphasizing the development of an advanced level of circuit training. Students will complete highly advanced techniques on exercise equipment to achieve an advanced level

of fitness. The components of fitness (cardiovascular endurance, muscular strength, muscular endurance and flexibility) are presented in a sequentially monitored program or circuit. In addition, students will explore nutrition and health information as well as the factors that affect training in order to assist them in their creation of a healthy lifestyle.

Satisfies General Education for Grossmont College Area E

Transfers to: CSU, UC (credit limited: see page 53)

EXERCISE SCIENCE 007A* † **Beginning Aerobic Walking for Fitness and Wellness**

1.5 units, 1 hour lecture, 2 hours laboratory

Instruction and reinforcement in basic fitness walking techniques with a specific intent to develop cardiovascular fitness and endurance to a beginning level. Students will also analyze the impact of aerobic walking on other fitness parameters such as muscle endurance and body composition. Principles of physical fitness, conditioning and other relevant health-related topics will also be covered.

Satisfies General Education for Grossmont College Area E

Transfers to: CSU, UC (credit limited: see page 53)

EXERCISE SCIENCE 007B* † **Intermediate Aerobic Walking for Fitness and Wellness**

1.5 units, 1 hour lecture, 2 hours laboratory

Recommended Preparation: A "C" grade or higher or "Pass" in ES 007A or equivalent or specified skill competencies.

A continuation of ES 007A emphasizing intermediate level fitness walking techniques at moderate intensity to increase cardiovascular fitness and endurance to an intermediate level. Students will also analyze the impact of aerobic walking on other fitness parameters such as muscle endurance and body composition. Principles of physical fitness, conditioning and other relevant health-related topics will also be covered.

Satisfies General Education for Grossmont College Area E

Transfers to: CSU, UC (credit limited: see page 53)

EXERCISE SCIENCE 007C* † **Advanced Aerobic Walking for Fitness and Wellness**

1.5 units, 1 hour lecture, 2 hours laboratory

Recommended Preparation: A "C" grade or higher or "Pass" in ES 007B or equivalent or specified skill competencies.

A continuation of ES 007B emphasizing advanced level fitness walking techniques at high intensity and longer duration to increase cardiovascular fitness and endurance to an advanced

† This course meets all Title 5 standards for Associate Degree Credit.

level. Students will also analyze the impact of high intensity aerobic walking and increased duration on other fitness parameters such as muscle endurance and body composition. Principles of physical fitness, conditioning and other relevant health-related topics will also be covered.

Satisfies General Education for Grossmont College Area E

Transfers to: CSU, UC (credit limited: see page 53)

EXERCISE SCIENCE 009A* † Beginning Aerobic Dance Exercise

1 unit, 1 hour lecture, 1 hour laboratory

Participation in aerobic dance exercise emphasizing the development of a basic level of conditioning of the musculoskeletal system, improvement of the cardiovascular system, increasing the efficiency of the respiratory system, and increasing flexibility. Beginning level movement patterns, routines and equipment will be used. Principles of physical fitness, conditioning, and other relevant health-related topics will also be covered.

Satisfies General Education for Grossmont College Area E

Transfers to: CSU, UC (credit limited: see page 53)

EXERCISE SCIENCE 009B* † Intermediate Aerobic Dance Exercise

1 unit, 1 hour lecture, 1 hour laboratory

Recommended Preparation: A "C" grade or higher or "Pass" in ES 009A or equivalent or specified skill competencies.

A continuation of ES 009A emphasizing the development of an intermediate level of conditioning of the musculoskeletal system, improvement of the cardiovascular system, increasing the efficiency of the respiratory system, and increasing flexibility. More complex movement patterns, routines and equipment will be used to increase intensity of exercise to achieve an increased level of fitness. Principles of physical fitness, conditioning, and other relevant health-related topics will also be covered.

Satisfies General Education for Grossmont College Area E

Transfers to: CSU, UC (credit limited: see page 53)

EXERCISE SCIENCE 009C* † Advanced Aerobic Dance Exercise

1 unit, 1 hour lecture, 1 hour laboratory

Recommended Preparation: A "C" grade or higher or "Pass" in ES 009B or equivalent or specified skill competencies.

A continuation of ES 009B emphasizing the development of an advanced level of conditioning of the musculoskeletal

system, improvement of the cardiovascular system, increasing the efficiency of the respiratory system, and increasing flexibility. Highly complex movement patterns, routines and equipment will be used to increase intensity of exercise to achieve a superior level of fitness. Principles of physical fitness, conditioning, and other relevant health-related topics will also be covered.

Satisfies General Education for Grossmont College Area E

Transfers to: CSU, UC (credit limited: see page 53)

EXERCISE SCIENCE 017A* † Beginning Trail Hiking

1 unit, 1 hour lecture, 1 hour laboratory

This course serves as an introduction to trail hiking and involves the exploration of local trails surrounding the campus. This activity class is designed to promote a higher level of fitness, and the basic knowledge sufficient to hike during leisure time in an outdoor environment. Major topics include: appropriate clothing and footwear, equipment, safety, exercise benefits and training principles, Leave No Trace outdoor ethics, navigation and enjoyment of outdoor exploration. Students will also learn the fundamental principles of physical fitness and their impact on life-long health and wellness. This course requires the ability to walk outside on trails, which are often uneven surfaces, in all types of weather indicative of the San Diego climate.

Satisfies General Education for Grossmont College Area E

Transfers to: CSU, UC (credit limited: see page 53)

EXERCISE SCIENCE 017B* † Intermediate Trail Hiking

1 unit, 1 hour lecture, 1 hour laboratory

Recommended Preparation: A "C" grade or higher or "Pass" in ES 017A or equivalent or specified skill competencies.

A continuation of ES 017A emphasizing the development of an intermediate level trail hiking. Students will complete more physically challenging hikes to achieve an intermediate level of fitness. Principles of physical fitness, conditioning, and other relevant health-related topics will also be covered.

Satisfies General Education for Grossmont College Area E

Transfers to: CSU, UC (credit limited: see page 53)

EXERCISE SCIENCE 017C* † Advanced Trail Hiking

1 unit, 1 hour lecture, 1 hour laboratory

Recommended Preparation: A "C" grade or higher or "Pass" in ES 017B or equivalent or specified skill competencies.

A continuation of ES 017B emphasizing

the development of an advanced level trail hiking. Students will complete more physically and mentally challenging hikes to achieve an advanced level of fitness. Principles of physical fitness, conditioning, and other relevant health-related topics will also be covered.

Satisfies General Education for Grossmont College Area E

Transfers to: CSU, UC (credit limited: see page 53)

EXERCISE SCIENCE 021A* † Beginning Fitness for Chronic Disease and Injury Prevention

1.5 units, 1 hour lecture, 2 hours laboratory

This course is designed for physical activity and information to meet the needs of a population at risk for chronic disease or injury that potentially reduce the quality of life. Principles of physical fitness, conditioning, and other relevant health-related topics will be covered. Emphasis will be placed on the development of a basic level of preventive lifestyle practices that research has shown to reduce the chances of developing and/or severity of heart disease, osteoporosis, diabetes, stroke and other chronic diseases. This will include beginning level equipment use, movement and balance exercises.

Satisfies General Education for Grossmont College Area E

Transfers to: CSU, UC

EXERCISE SCIENCE 021B* † Intermediate Fitness for Chronic Disease and Injury Prevention

1.5 units, 1 hour lecture, 2 hours laboratory

Recommended Preparation: A "C" grade or higher or "Pass" in ES 021A or equivalent or specified skill competencies.

This course is a continuation of ES 021A providing physical activity and information to meet the needs of a population at risk for chronic disease or injury that potentially reduce the quality of life. Principles of physical fitness, conditioning, and other relevant health-related topics will be covered. Emphasis will be placed on the development of an intermediate level of preventive lifestyle practices that research has shown to reduce the chances of developing and/or severity of heart disease, osteoporosis, diabetes, stroke and other chronic diseases. This will include added complexity of equipment use, movement and balance exercises to achieve an increased level of fitness.

Satisfies General Education for Grossmont College Area E

Transfers to: CSU, UC

† This course meets all Title 5 standards for Associate Degree Credit..

EXERCISE SCIENCE 021C* † **Advanced Fitness for Chronic Disease and Injury Prevention**

1.5 units, 1 hour lecture, 2 hours laboratory
Recommended Preparation: A "C" grade or higher or "Pass" in ES 021B or equivalent or specified skill competencies.

This course is a continuation of ES 021B providing physical activity and information to meet the needs of a population at risk for chronic disease or injury that potentially reduce the quality of life. Principles of physical fitness, conditioning, and other relevant health-related topics will be covered. Emphasis will be placed on the development of an advanced level of preventive lifestyle practices that research has shown to reduce the chances of developing and/or severity of heart disease, osteoporosis, diabetes, stroke and other chronic diseases. This will include added highly complex equipment use, movement and balance exercises to achieve an increased level of fitness. *Satisfies General Education for Grossmont College Area E*
Transfers to: CSU, UC

EXERCISE SCIENCE 023A* † **Beginning Weight Training**

1 unit, 1 hour lecture, 1 hour laboratory
Instruction and practice in resistance training with emphasis in beginning level use of weight machines and free weights. Emphasis will be placed on proper beginning techniques of resistance lifting, individualized muscular strength/endurance programs and the practice of appropriate exercise to meet student-specific fitness objectives. Students will also learn the fundamental principles of physical fitness and their impact on a life-long health and wellness. *Satisfies General Education for Grossmont College Area E*
Transfers to: CSU, UC (credit limited: see page 53)

EXERCISE SCIENCE 023B* † **Intermediate Weight Training**

1 unit, 1 hour lecture, 1 hour laboratory
Recommended Preparation: A "C" grade or higher or "Pass" in ES 023A or equivalent or specified skill competencies.
A continuation of ES 023A, this course emphasizes the development of an intermediate level resistance training with weight machines and free weights. More complex movement patterns, routines and equipment will be used to increase intensity of exercise to achieve an increased level of fitness. Students will also learn the complex principles of



physical fitness and their impact on a life-long health and wellness. *Satisfies General Education for Grossmont College Area E*
Transfers to: CSU, UC (credit limited: see page 53)

EXERCISE SCIENCE 023C* † **Advanced Weight Training**

1 unit, 1 hour lecture, 1 hour laboratory
Recommended Preparation: A "C" grade or higher or "Pass" in ES 023B or equivalent or specified skill competencies.
A continuation of ES 023B, this course emphasizes the advanced critical analysis of methods used to assess, develop, and perform resistance principles involved in Power lifting and Olympic lifts. Emphasis will be placed on highly complex movement patterns, routines and equipment will be used to increase intensity of exercise to achieve an elite level of fitness. Students will also learn the complex applications of selected biomechanical models of resistance principles, rehabilitation exercises, and competitive lifting. *Satisfies General Education for Grossmont College Area E*
Transfers to: CSU, UC (credit limited: see page 53)

EXERCISE SCIENCE 024A* † **Beginning Fitness Boot Camp**

1 unit, 1 hour lecture, 1 hour laboratory
This course presents a fast-paced, regimented-style exercise program designed at a beginning level that works the entire body through the use of calisthenics, running, body resistance training and agility drills designed to promote physical fitness and weight control. Using a variety of activities, emphasis will be placed on self-discipline, intensity, and goal-oriented basic exercise programming. The course will utilize numerous training

modalities including cross-training, basic boxing, plyometrics, speed and agility, core stability, flexibility training as well as cardiovascular endurance. Students will also learn the fundamental principles of physical fitness and their impact on life-long health and wellness. *Satisfies General Education for Grossmont College Area E*
Transfers to: CSU, UC (credit limited: see page 53)

EXERCISE SCIENCE 024B* † **Intermediate Fitness Boot Camp**

1 unit, 1 hour lecture, 1 hour laboratory
Recommended Preparation: A "C" grade or higher or "Pass" in ES 024A or equivalent or specified skill competencies.
A continuation of ES 024A emphasizing the development of an intermediate program of fast-paced, regimented style exercise that works the entire body through the use of calisthenics, running, body resistance training and agility drills designed to promote physical fitness and weight control. Using a variety of relatively complex and moderately intense activities, emphasis will be placed on self-discipline, intensity, and goal-oriented intermediate exercise programming. The course will utilize numerous training modalities including cross-training, basic boxing, plyometrics, speed and agility, core stability, flexibility training as well as cardiovascular endurance. Students will also learn the fundamental principles of physical fitness and their impact on life-long health and wellness. *Satisfies General Education for Grossmont College Area E*
Transfers to: CSU, UC (credit limited: see page 53)

† This course meets all Title 5 standards for Associate Degree Credit.

EXERCISE SCIENCE 024C* † **Advanced Fitness Boot Camp**

1 unit, 1 hour lecture, 1 hour laboratory

Recommended Preparation: A "C" grade or higher or "Pass" in ES 024B or equivalent or specified skill competencies.

A continuation of ES 024B emphasizing the development of an advanced program of fast-paced, regimented style exercise that works the entire body through the use of calisthenics, running, body resistance training and agility drills designed to promote physical fitness and weight control. Using a variety of highly intense activities having challenging complexity, emphasis will be placed on self-discipline, intensity, and goal-oriented advanced exercise programming. The course will utilize numerous training modalities including cross-training, basic boxing, plyometrics, speed and agility, core stability, flexibility training as well as cardiovascular endurance. Students will also learn the fundamental principles of physical fitness and their impact on life-long health and wellness. *Satisfies General Education for Grossmont College Area E*

Transfers to: CSU, UC (credit limited: see page 53)

EXERCISE SCIENCE 027* † **T'ai Chi Ch'uan**

1 unit, 1 hour lecture, 1 hour laboratory

This ancient Chinese exercise form consists of a series of classical martial arts postures which gracefully flow together in slow motion. It benefits health and wellness by emphasizing mental tranquility, inner awareness, relaxation, stress reduction, muscle control and flexibility. Students will also learn the fundamental principles of physical fitness and their impact on life-long health and wellness.

Satisfies General Education for Grossmont College Area E

Transfers to: CSU, UC (credit limited: see page 53)

EXERCISE SCIENCE 028A* † **Beginning Yoga**

1.5 units, 1 hour lecture, 2 hours laboratory

This course is designed to help students increase flexibility and balance as well as practice relaxation and stress reduction through beginning Hatha Yoga techniques. The course will focus on safe, effective stretching, balance, stability of supporting muscle groups and breathing techniques. Discussion regarding history and the traditions of Hatha Yoga as well as stress reduction will take place. Students will also learn the fundamental principles of physical fitness and their impact on life-long health and wellness.

Satisfies General Education for Grossmont

College Area E

Transfers to: CSU, UC (credit limited: see page 53)

EXERCISE SCIENCE 028B* † **Intermediate Yoga**

1.5 units, 1 hour lecture, 2 hours laboratory

Recommended Preparation: A "C" grade or higher or "Pass" in ES 028A or equivalent or specified skill competencies.

A continuation of ES 028A emphasizing the development of an intermediate level of flexibility and balance, as well as practice relaxation and stress reduction through Hatha Yoga techniques. The course will focus on safe, effective stretching, balance, stability of supporting muscle groups and breathing techniques. Intermediate poses and techniques will be introduced to increase flexibility, strength, balance, and deeper levels of stress reduction. Discussion of the history and traditions of Hatha Yoga and stress reduction methods will take place. Students will also learn the fundamental principles of physical fitness and their impact on life-long health and wellness.

Satisfies General Education for Grossmont College Area E

Transfers to: CSU, UC (credit limited: see page 53)

EXERCISE SCIENCE 028C* † **Advanced Yoga**

1.5 units, 1 hour lecture, 2 hours laboratory

Recommended Preparation: A "C" grade or higher or "Pass" in ES 028B or equivalent or specified skill competencies.

A continuation of ES 028B emphasizing the development of an advanced level of flexibility and balance, as well as the practice of relaxation and stress reduction through Hatha Yoga techniques. The course will focus on safe, effective stretching, balance, stability of supporting muscle groups and breathing techniques. Advanced poses and techniques will be introduced to increase flexibility, strength, balance, and deeper levels of stress reduction. Discussion of the history and traditions of Hatha Yoga will take place. Students will also learn the fundamental principles of physical fitness and their impact on life-long health and wellness. *Satisfies General Education for Grossmont College Area E*

Transfers to: CSU, UC (credit limited: see page 53)

EXERCISE SCIENCE 029* † **Adapted Yoga**

1 unit, 1 hour lecture, 1 hour laboratory

This course provides basic yoga skills and practice for students with verified disabilities. Emphasis on muscular endurance, balance, flexibility, relaxation and stress reduction through modified traditional yoga postures and stretches. Students will also learn the fundamental principles of physical fitness and their impact on life-long health and wellness.

Satisfies General Education for Grossmont College Area E

Transfers to: CSU, UC (credit limited: see page 53)

Aquatics

EXERCISE SCIENCE 030* † **Adapted Aquatic Sports Education**

1 unit, 1 hour lecture, 1 hour laboratory

A class for students with verified disabilities providing various aquatic sports and activities. This class is designed to offer the student experiences in competitive swimming, water polo, other aquatic games and conditioning exercises. Personalized programs will be designed and developed. Students will also learn the fundamental principles of physical fitness and their impact on life-long health and wellness.

Satisfies General Education for Grossmont College Area E

Transfers to: CSU, UC (credit limited: see page 53)

EXERCISE SCIENCE 035* † **Adapted Swimming**

1 unit, 1 hour lecture, 1 hour laboratory

This course offers instruction and practice in basic swimming and aquatic skills for students with verified disabilities. Emphasis on cardiorespiratory and muscular endurance, stroke mechanics and water safety through a personalized aquatic program. Students will also learn the fundamental principles of physical fitness and their impact on life-long health and wellness.

Satisfies General Education for Grossmont College Area E

Transfers to: CSU, UC (credit limited: see page 53)

† This course meets all Title 5 standards for Associate Degree Credit.

EXERCISE SCIENCE 037A* † **Beginning Springboard Diving**

1 unit, 1 hour lecture, 1 hour laboratory

Recommended Preparation: A "C" grade or higher or "Pass" in ES 039 or equivalent or basic swimming/water safety skills.

Instruction and practice in beginning diving skills necessary to use the one meter and three meter diving boards with emphasis on board work, front and back approaches, front and back jumps, and front and back line-ups. Individuals enrolling in this class should have basic swimming skills. Students will also learn the fundamental principles of physical fitness and their impact on life-long health and wellness.

Satisfies General Education for Grossmont College Area E

Transfers to: CSU, UC (credit limited: see page 53)

EXERCISE SCIENCE 037B* † **Intermediate Springboard Diving**

1 unit, 1 hour lecture, 1 hour laboratory

Recommended Preparation: A "C" grade or higher or "Pass" in ES 037A or equivalent or specified skill competencies; and a "C" grade or higher or "Pass" in ES 039 or equivalent or basic swimming/water safety skills.

Instruction and practice in the intermediate diving skills necessary to use the one meter board with emphasis on board work, front and back approaches, front and back jumps, and front and back line-ups. Individuals enrolling in this class should have beginning swimming skills. Students will also learn the fundamental principles of physical fitness and their impact on life-long health and wellness.

Satisfies General Education for Grossmont College Area E

Transfers to: CSU, UC (credit limited: see page 53)

EXERCISE SCIENCE 037C* † **Advanced Springboard Diving**

1 unit, 1 hour lecture, 1 hour laboratory

Recommended Preparation: A "C" grade or higher or "Pass" in ES 037B or equivalent or specified skill competencies; and a "C" grade or higher or "Pass" in ES 039 or equivalent or basic swimming/water safety skills.

Instruction and practice in advanced diving skills necessary to use the one meter and three meter boards with emphasis on board work, front and back approaches, front and back jumps, and front and back line-ups. Individuals enrolling in this class should have basic swimming skills. Students will also learn the fundamental principles of physical fitness and their impact on life-long health.

Satisfies General Education for Grossmont College Area E

Transfers to: CSU, UC (credit limited: see page 53).

EXERCISE SCIENCE 039* † **Swimming for Nonswimmers**

1 unit, 1 hour lecture, 1 hour laboratory

This class is for students who have a fear of the water and cannot swim or who are so deficient in basic aquatic skills that they would be unsafe in and around water. This class will aid students to become comfortable and safe in an aquatic environment.

Students will also learn the fundamental principles of physical fitness and their impact on life-long health and wellness.

Satisfies General Education for Grossmont College Area E

Transfers to: CSU, UC (credit limited: see page 53)

EXERCISE SCIENCE 040A* † **Beginning Aquatic Fitness**

1 unit, 1 hour lecture, 1 hour laboratory

Recommended Preparation: Successful completion of ES 039 or basic comfort level in and around an aquatic environment.

Instruction and practice in water aerobics exercise. An emphasis will be placed on the development of a basic level of conditioning in the areas of muscular strength and endurance, improvement and efficiency of the cardiovascular system, and improving body composition. Beginning level movement patterns in the water while using resistive and flotation equipment. Principles of physical fitness, conditioning, and other relevant health-related topics will also be covered.

Satisfies General Education for Grossmont College Area E

Transfers to: CSU, UC (credit limited: see page 53)

EXERCISE SCIENCE 040B* † **Intermediate Aquatic Fitness**

1 unit, 1 hour lecture, 1 hour laboratory

Recommended Preparation: A "C" grade or higher or "Pass" in ES 040A or equivalent or specified skill competencies.

A continuation of aquatic fitness ES 040A. An emphasis will be placed on the development of an intermediate level of conditioning in the areas of muscular strength and endurance, improvement and efficiency of the cardiovascular system, and improving body composition. More intense intermediate level movement patterns in the water while using resistive and flotation equipment. Principles of physical fitness, conditioning, and other relevant health-related topics will also be covered.

Satisfies General Education for Grossmont College Area E

Transfers to: CSU, UC (credit limited: see page 53)

EXERCISE SCIENCE 040C* † **Advanced Aquatic Fitness**

1 unit, 1 hour lecture, 1 hour laboratory

Recommended Preparation: A "C" grade or higher or "Pass" in ES 040B or equivalent or specified skill competencies.

A continuation of aquatic fitness ES 040B. An emphasis will be placed on the development of an advanced level of conditioning in the areas of muscular strength and endurance, improvement and efficiency of the cardiovascular system, and improving body composition. More intense advanced level movement patterns in the water while using resistive and flotation equipment. Principles of physical fitness, conditioning, and other relevant health-related topics will also be covered.

Satisfies General Education for Grossmont College Area E

Transfers to: CSU, UC (credit limited: see page 53)

EXERCISE SCIENCE 041* † **Adapted Water Aerobics**

1.5 units, 1 hour lecture, 2 hours laboratory

This class is designed to provide a personalized water exercise program for individuals with permanent or temporary limitations. Instruction and practice will include cardiovascular endurance, muscular endurance, flexibility, core strength and balance through an instructor-lead water aerobic class. Instruction will also include influences of basic nutrition, principles of physical fitness and life-long health and wellness.

Satisfies General Education for Grossmont College Area E

Transfers to: CSU, UC (credit limited: see page 53)

EXERCISE SCIENCE 043A* † **Beginning Swimming**

1 unit, 1 hour lecture, 1 hour laboratory

Recommended Preparation: A "C" grade or higher or "Pass" in ES 039 or equivalent or specified skill competencies.

This class is designed for students who already have some swimming ability and are safe in the water but who need stroke improvement. Students will receive instruction and practice in the basic swimming strokes and diving. Emphasis will be placed on technique improvement and conditioning. Students will also learn the fundamental principles of physical fitness and their impact on life-long health and wellness.

Satisfies General Education for Grossmont College Area E

Transfers to: CSU, UC (credit limited: see page 53)

† This course meets all Title 5 standards for Associate Degree Credit.

EXERCISE SCIENCE 043B* † **Intermediate Swimming**

1 unit, 1 hour lecture, 1 hour laboratory

Recommended Preparation: A "C" grade or higher or "Pass" in ES 043A or equivalent or specified skill competencies.

Instruction and practice in four different swimming strokes. The emphasis will be on intermediate skills such as stroke improvement, performance and conditioning. Students will also learn the fundamental principles of physical fitness and their impact on life-long health and wellness.

Satisfies General Education for Grossmont College Area E

Transfers to: CSU, UC (credit limited: see page 53)

EXERCISE SCIENCE 043C* † **Advanced Swimming**

1 unit, 1 hour lecture, 1 hour laboratory

Recommended Preparation: A "C" grade or higher or "Pass" in ES 043B or equivalent or specified skill competencies.

Advanced swimming instruction and conditioning. This course is designed for students who wish to use swimming as a means for physical conditioning, including those involved in triathlons or Masters swim programs. Students will also learn the fundamental principles of physical fitness and their impact on life-long health and wellness.

Satisfies General Education for Grossmont College Area E

Transfers to: CSU, UC (credit limited: see page 53)

EXERCISE SCIENCE 044A* † **Beginning Lap Swimming for Health and Fitness**

1 unit, 1 hour lecture, 1 hour laboratory

Recommended Preparation: A "C" grade or higher or "Pass" in ES 039 or equivalent or specified skill competencies.

This course is designed for beginning lap swimmers who have acquired basic swimming techniques. Students are instructed in beginning level workouts which will improve cardiovascular endurance. Flexibility, exercises, nutrition and proper training techniques will be included in the course of study. Principles of physical fitness, conditioning and other relevant health-related topics will also be covered.

Satisfies General Education for Grossmont College Area E

Transfers to: CSU, UC (credit limited: see page 53)

EXERCISE SCIENCE 044B* † **Intermediate Lap Swimming for Health and Fitness**

1 unit, 1 hour lecture, 1 hour laboratory

Recommended Preparation: A "C" grade or higher or "Pass" in ES 044A or equivalent or specified skill competencies.

This course is designed for lap swimmers who have acquired intermediate swimming techniques. Students are instructed in intermediate level workouts which will improve cardiovascular endurance. Flexibility, exercises, nutrition and proper training techniques will be included in the course of study. Principles of physical fitness, conditioning and other relevant health-related topics will also be covered.

Satisfies General Education for Grossmont College Area E

Transfers to: CSU, UC (credit limited: see page 53)

EXERCISE SCIENCE 044C* † **Advanced Lap Swimming for Health and Fitness**

1 unit, 1 hour lecture, 1 hour laboratory

Recommended Preparation: A "C" grade or higher or "Pass" in ES 044B or equivalent or specified skill competencies.

This course is designed for lap swimmers who have acquired advanced swimming techniques. Students are instructed in advanced level workouts which will improve cardiovascular endurance. Flexibility, exercises, nutrition and proper training techniques will be included in the course of study. Principles of physical fitness, conditioning and other relevant health-related topics will also be covered.

Satisfies General Education for Grossmont College Area E

Transfers to: CSU, UC (credit limited: see page 53)

EXERCISE SCIENCE 047 † **Lifeguard Training**

2 units, 2 hours lecture, 1 hour laboratory

Prerequisite: A "C" grade or higher or "Pass" in ES 043B or equivalent. Demonstrated ability to swim 500 yards continuously using these strokes in the following order: 200 yards of front crawl using rhythmic breathing and a stabilizing, propellant kick; 100 yards breaststroke; 200 yards of either front crawl or breaststroke (these 200 yards may be a mixture of front crawl and breaststroke). Swim 20 yards using front crawl or breaststroke, surface dive to a depth of 7 – 10 feet, retrieve a 10-pound object, return to surface, and swim 20 yards back to the starting point with the object.

Instruction in lifeguarding and lifesaving techniques, cardiopulmonary resuscitation, and basic first aid that will facilitate successful completion of the American National Red Cross Lifeguard Training Certificate, Community First Aid & Safety Certificate, and CPR For The Professional Rescuer Certificate.

Transfers to: CSU, UC (credit limited: see page 53)

EXERCISE SCIENCE 051 † **American Red Cross Water Safety Instructors**

2 units, 2 hours lecture, 1 hour laboratory

Prerequisite: A "C" grade or higher or "Pass" in ES 043B or equivalent. Students must also have (or obtain as part of the first week of this course) a current Fundamentals of Instructor Training Certificate and be a minimum of 17 years of age.

Successful completion of this class would lead to authorization by the American Red Cross as a Water Safety Instructor. Teaching techniques involved in swimming, community water safety and emergency water safety will be covered. The first week of this course will contain the instruction needed to pass the exam for the required Fundamentals of Instructor Training Certificate (F.I.T.). Students must successfully pass the F.I.T. exam to continue with the remainder of the course.

Transfers to: CSU, UC (credit limited: see page 53)

Racquet Sports

EXERCISE SCIENCE 060A* † **Beginning Badminton**

1 unit, 1 hour lecture, 1 hour laboratory

Presentation of the official singles and doubles games including the six basic strokes, footwork, strategy and etiquette. Students will also learn the fundamental principles of physical fitness and their impact on life-long health and wellness.

Satisfies General Education for Grossmont College Area E

Transfers to: CSU, UC (credit limited: see page 53)

EXERCISE SCIENCE 060B* † **Intermediate Badminton**

1 unit, 1 hour lecture, 1 hour laboratory

Recommended Preparation: A "C" grade or higher or "Pass" in ES 060A or equivalent or specified skill competencies.

Continuation of ES 060A with emphasis on intermediate level skill mastery, strategies and match play in both singles and doubles. Students will also learn the fundamental principles of physical fitness and their impact on life-long health and wellness.

Satisfies General Education for Grossmont College Area E

Transfers to: CSU, UC (credit limited: see page 53)

† This course meets all Title 5 standards for Associate Degree Credit.

EXERCISE SCIENCE 060C* † **Advanced Badminton**

1 unit, 1 hour lecture, 1 hour laboratory

Recommended Preparation: A "C" grade or higher or "Pass" in ES 060B or equivalent or specified skill competencies.

Continuation of ES 060B with emphasis on advanced level skill mastery, strategies and match play in both singles and doubles. Students will also learn the fundamental principles of physical fitness and their impact on life-long health and wellness.

Satisfies General Education for Grossmont College Area E

Transfers to: CSU, UC (credit limited: see page 53)

EXERCISE SCIENCE 076A* † **Beginning Tennis**

1 unit, 1 hour lecture, 1 hour laboratory

Introduction to the basic skills and strategies of tennis. Instruction in all primary strokes in both singles and doubles play. Students will also learn the fundamental principles of physical fitness and their impact on life-long health and wellness.

Satisfies General Education for Grossmont College Area E

Transfers to: CSU, UC (credit limited: see page 53)

EXERCISE SCIENCE 076B* † **Intermediate Tennis**

1 unit, 1 hour lecture, 1 hour laboratory

Recommended Preparation: A "C" grade or higher or "Pass" in ES 076A or equivalent or specified skill competencies.

Continuation of ES 076A with emphasis on individual stroke analysis, playing strategy and match play. Instruction in all strokes in both singles and double play. Students will also learn the fundamental principles of physical fitness and their impact on life-long health and wellness.

Satisfies General Education for Grossmont College Area E

Transfers to: CSU, UC (credit limited: see page 53)

EXERCISE SCIENCE 076C* † **Advanced Tennis**

1 unit, 1 hour lecture, 1 hour laboratory

Recommended Preparation: A "C" grade or higher or "Pass" in ES 076B or equivalent or specified skill competencies.

Continuation of ES 076B with emphasis on advanced techniques, strategies and tactics for play in singles, doubles and mixed doubles play. Students will also learn the fundamental principles of physical fitness and their impact on life-long health and wellness.

Satisfies General Education for Grossmont College Area E

Transfers to: CSU, UC (credit limited: see page 53)

Individual Skills

EXERCISE SCIENCE 125A* † **Beginning Golf**

1 unit, 1 hour lecture, 1 hour laboratory

Instruction and practice in basic golf skills including swing, stance and grip as well as rules and golf course etiquette. Students will also learn the fundamental principles of physical fitness and their impact on life-long health and wellness.

Satisfies General Education for Grossmont College Area E

Transfers to: CSU, UC (credit limited: see page 53)

EXERCISE SCIENCE 125B* † **Intermediate Golf**

1.5 units, 1 hour lecture, 2 hours laboratory

Recommended Preparation: A "C" grade or higher or "Pass" in ES 125A or equivalent or specified skill competencies.

Continuation of ES 125A with emphasis on technique improvement in all basic golf skills. Students will also learn the fundamental principles of physical fitness and their impact on life-long health and wellness.

Satisfies General Education for Grossmont College Area E

Transfers to: CSU, UC (credit limited: see page 53)

EXERCISE SCIENCE 125C* † **Advanced Golf**

1.5 units, 1 hour lecture, 2 hours laboratory

Recommended Preparation: A "C" grade or higher or "Pass" in ES 125B or equivalent or specified skill competencies.

Continuation of ES 125B with emphasis on advanced techniques, strategies and tournament play. Individuals enrolling in this course must furnish their own equipment and pay green fees. Students will also learn the fundamental principles of physical fitness and their impact on life-long health and wellness.

Satisfies General Education for Grossmont College Area E

Transfers to: CSU, UC (credit limited: see page 53)

EXERCISE SCIENCE 130A* † **Beginning Gymnastics**

1 unit, 1 hour lecture, 1 hour laboratory

Beginning gymnastics skills developed and practiced on all the Olympic events for women and men. Emphasis on individual skill acquisition, and performance of gymnastics skills and routines. Topics specific to men's and women's gymnastics will be presented and discussed. Students will also learn the fundamental principles of physical fitness and their impact on life-long health and wellness.

Satisfies General Education for Grossmont College Area E

Transfers to: CSU, UC (credit limited: see page 53)

EXERCISE SCIENCE 130B* † **Intermediate Gymnastics**

1.5 units, 1 hour lecture, 2 hours laboratory

Recommended Preparation: A "C" grade or higher or "Pass" in ES 130A or equivalent or specified skill competencies.

Intermediate gymnastics skills developed and practiced on all the Olympic events for women and men. Emphasis on individual skill acquisition, improvement and performance of gymnastics skills and routines. Topics specific to men's and women's gymnastics will be presented and discussed. Students will also learn the fundamental principles of physical fitness and their impact on life-long health and wellness.

Satisfies General Education for Grossmont College Area E

Transfers to: CSU, UC (credit limited: see page 53)

EXERCISE SCIENCE 130C* † **Advanced Gymnastics**

1.5 units, 1 hour lecture, 2 hours laboratory

Recommended Preparation: A "C" grade or higher or "Pass" in ES 130B or equivalent or specified skill competencies.

Advanced gymnastics skills developed and practiced on all the Olympic events for women and men. Emphasis on individual skill acquisition, improvement and performance of gymnastics skills and routines. Topics specific to men's and women's gymnastics will be presented and discussed. Students will also learn the fundamentals of physical fitness and their impact on life-long health and wellness.

Satisfies General Education for Grossmont College Area E

Transfers to: CSU, UC (credit limited: see page 53)

† This course meets all Title 5 standards for Associate Degree Credit.

Team Skills

EXERCISE SCIENCE 155A* † Beginning Basketball

1 unit, 1 hour lecture, 1 hour laboratory
Instruction and practice in the basic skills of basketball with emphasis on individual skill development and team play. Students will also learn the fundamental principles of physical fitness and their impact on life-long health and wellness.

Satisfies General Education for Grossmont College Area E

Transfers to: CSU, UC (credit limited: see page 53)

EXERCISE SCIENCE 155B* † Intermediate Basketball

1 unit, 1 hour lecture, 1 hour laboratory
Recommended Preparation: A "C" grade or higher or "Pass" in ES 155A or equivalent or specified skill competencies.

Continuation of ES 155A with emphasis on intermediate level individual skill development, team play, defensive/offensive tactics and team strategies. Students will also learn the fundamental principles of physical fitness and their impact on life-long health and wellness.

Satisfies General Education for Grossmont College Area E

Transfers to: CSU, UC (credit limited: see page 53)

EXERCISE SCIENCE 155C* † Advanced Basketball

1 unit, 1 hour lecture, 1 hour laboratory
Recommended Preparation: A "C" grade or higher or "Pass" in ES 155B or equivalent or specified skill competencies.

Continuation of ES 155B with emphasis on advanced level individual skill development and team play, defensive/offensive tactics and team strategies. Students will also learn the fundamental principles of physical fitness and their impact on life-long health and wellness.

Satisfies General Education for Grossmont College Area E

Transfers to: CSU, UC (credit limited: see page 53)

EXERCISE SCIENCE 170A* † Beginning Soccer

1 unit, 1 hour lecture, 1 hour laboratory
Instruction and practice in the basic skills, rules, and strategies of soccer with emphasis on individual skill development and team play. Students will also learn the fundamental principles of physical fitness and their impact on life-long health and wellness.

Satisfies General Education for Grossmont College Area E

Transfers to: CSU, UC (credit limited: see page 53)

EXERCISE SCIENCE 170B* † Intermediate Soccer

1 unit, 1 hour lecture, 1 hour laboratory
Recommended Preparation: A "C" grade or higher or "Pass" in ES 170A or equivalent or specified skill competencies.

Continuation of ES 170A with emphasis on intermediate skills, rules, and strategies of soccer. Students will also learn the fundamental principles of physical fitness and their impact on life-long health and wellness.

Satisfies General Education for Grossmont College Area E

Transfers to: CSU, UC (credit limited: see page 53)

EXERCISE SCIENCE 170C* † Advanced Soccer

1 unit, 1 hour lecture, 1 hour laboratory
Recommended Preparation: A "C" grade or higher or "Pass" in ES 170B or equivalent or specified skill competencies.

Continuation of ES 170B with emphasis on advanced skills, rules, and strategies of soccer. Students will also learn the fundamental principles of physical fitness and their impact on life-long health and wellness.

Satisfies General Education for Grossmont College Area E

Transfers to: CSU, UC (credit limited: see page 53)

EXERCISE SCIENCE 171A* † Beginning Softball

1 unit, 1 hour lecture, 1 hour laboratory
Instruction in the basic techniques, fundamental skills, history and rules of softball. Emphasis will be placed on beginning level individual and team skills, as well as basic strategy. Students will also learn the fundamentals of physical fitness and their impact on life-long health and wellness.

Satisfies General Education for Grossmont College Area E

Transfers to: CSU, UC (credit limited: see page 53)

EXERCISE SCIENCE 171B* † Intermediate Softball

1 unit, 1 hour lecture, 1 hour laboratory
Recommended Preparation: A "C" grade or higher or "Pass" in ES 171A or equivalent or specified skill competencies.

Instruction in intermediate techniques, skills, and rules as well as basic history of softball. Emphasis will be placed on intermediate level individual and team skills, as well as basic strategy. Students will also learn the fundamentals of physical fitness and their impact on life-long health and wellness.

Satisfies General Education for Grossmont College Area E

Transfers to: CSU, UC (credit limited: see page 53)

EXERCISE SCIENCE 171C* † Advanced Softball

1 unit, 1 hour lecture, 1 hour laboratory
Recommended Preparation: A "C" grade or higher or "Pass" in ES 171B or equivalent or specified skill competencies.

Instruction in advanced techniques, skills and rules as well as basic history of softball. Emphasis will be placed on advanced level individual and team skills, as well as basic and advanced strategies. Students will also learn the fundamentals of physical fitness and their impact on life-long health and wellness.

Satisfies General Education for Grossmont College Area E

Transfers to: CSU, UC (credit limited: see page 53)

EXERCISE SCIENCE 172A* † Beginning Baseball

1 unit, 1 hour lecture, 1 hour laboratory
Instruction in the basic techniques, fundamental skills, history and rules of baseball. Emphasis will be placed on beginning level individual and team skills, as well as basic strategy. Students will also learn the fundamentals of physical fitness and their impact on life-long health and wellness.

Satisfies General Education for Grossmont College Area E

Transfers to: CSU, UC (credit limited: see page 53)

EXERCISE SCIENCE 172B* † Intermediate Baseball

1 unit, 1 hour lecture, 1 hour laboratory
Recommended Preparation: A "C" grade or higher or "Pass" in ES 172A or equivalent or specified skill competencies.

Instruction in intermediate techniques, skills, history, and rules of baseball. Emphasis will be placed on intermediate level individual and team skills, as well as strategy. Students will also learn the fundamentals of physical fitness and their impact on life-long health and wellness.

Satisfies General Education for Grossmont College Area E

Transfers to: CSU, UC (credit limited: see page 53)

† This course meets all Title 5 standards for Associate Degree Credit.

EXERCISE SCIENCE 172C* † **Advanced Baseball**

1 unit, 1 hour lecture, 1 hour laboratory

Recommended Preparation: A "C" grade or higher or "Pass" in ES 172B or equivalent or specified skill competencies.

Instruction in advanced techniques, skills and rules of baseball. Emphasis will be placed on advanced level individual and team skills, as well as strategy. Students will also learn the fundamentals of physical fitness and their impact on life-long health and wellness.

Satisfies General Education for Grossmont College Area E

Transfers to: CSU, UC (credit limited: see page 53)

EXERCISE SCIENCE 175A* † **Beginning Volleyball**

1 unit, 1 hour lecture, 1 hour laboratory

Instruction and practice in the basic levels of volleyball with emphasis on individual skill development and team play. Topics specific to men's and women's volleyball will be presented and discussed. Students will also learn the fundamental principles of physical fitness and their impact on life-long health and wellness.

Satisfies General Education for Grossmont College Area E

Transfers to: CSU, UC (credit limited: see page 53)

EXERCISE SCIENCE 175B* † **Intermediate Volleyball**

1 unit, 1 hour lecture, 1 hour laboratory

Recommended Preparation: A "C" grade or higher or "Pass" in ES 175A or equivalent or specified skill competencies.

Continuation of ES 175A with emphasis on intermediate level volleyball skills, tactics and strategies. Topics specific to men's and women's volleyball will be presented and discussed. Students will also learn the fundamental principles of physical fitness and their impact on life-long health and wellness.

Satisfies General Education for Grossmont College Area E

Transfers to: CSU, UC (credit limited: see page 53)

EXERCISE SCIENCE 175C* † **Advanced Volleyball**

1 unit, 1 hour lecture, 1 hour laboratory

Recommended Preparation: A "C" grade or higher or ES 175B or equivalent or specified skill competencies.

Continuation of ES 175B with emphasis on advanced level volleyball skills, tactics and strategies. Topics specific to men's and women's volleyball will be presented and discussed. Students will also learn the fundamental principles of physical fitness and their impact on life-

long health and wellness.

Satisfies General Education for Grossmont College Area E

Transfers to: CSU, UC (credit limited: see page 53)

EXERCISE SCIENCE 176A* † **Beginning Beach Volleyball**

1 unit, 1 hour lecture, 1 hour laboratory

This course introduces the fundamental skills of Beach Volleyball, including passing, hitting, spiking (attacking), blocking, and serving, as well as beginning concepts of team strategies and tournament play. Topics specific to men's and women's beach volleyball will be presented and discussed. Students will also learn the fundamental principles of physical fitness and their impact on life-long health and wellness.

Satisfies General Education for Grossmont College Area E

Transfers to CSU

EXERCISE SCIENCE 176B* † **Intermediate Beach Volleyball**

1 unit, 1 hour lecture, 1 hour laboratory

Recommended Preparation: A "C" grade or higher or "Pass" in ES 176A or equivalent or specified skill competencies.

A continuation of ES 176A emphasizing the development of intermediate skills of Beach Volleyball, including passing, hitting, spiking (attacking), cut shots, blocking, and serving, as well as intermediate concepts of team strategies and tournament play. Topics specific to men's and women's beach volleyball will be presented and discussed.

Students will also learn the fundamental principles of physical fitness and their impact on life-long health and wellness.

Satisfies General Education for Grossmont College Area E

Transfers to CSU

EXERCISE SCIENCE 176C* † **Advanced Beach Volleyball**

1 unit, 1 hour lecture, 1 hour laboratory

Recommended Preparation: A "C" grade or higher or "Pass" in ES 176B or equivalent or specified skill competencies.

A continuation of ES 176B emphasizing the development of advanced skills of Beach Volleyball, including passing, hitting, spiking (attacking), kills and cut shots, cross-court blocking, and serving, as well as team strategies and tournament play. Topics specific to men's and women's beach volleyball will be presented and discussed.

Students will also learn the fundamental principles of physical fitness and their impact on life-long health and wellness.

Satisfies General Education for Grossmont College Area E

Transfers to CSU

Combatives

EXERCISE SCIENCE 180* † **Self-Defense for Women**

1 unit, 1 hour lecture, 1 hour laboratory

Basic principles of practical personal protection for women, with emphasis placed on awareness and prevention of situations that may leave a person vulnerable to crime, especially rape. Physical skill acquisition, mental training, and verbal responses will be taught and practiced so students may develop the confidence to stand up and defend themselves. Students will also learn the fundamental principles of physical fitness and their impact on life-long health and wellness.

Satisfies General Education for Grossmont College Area E

Transfers to: CSU, UC (credit limited: see page 53)

EXERCISE SCIENCE 185A* † **Beginning Fencing**

1.5 units, 1 hour lecture, 2 hours laboratory

Instruction and practice in the basic fundamentals of the French foil including individual skills and bouting, terminology and beginning tactics.

Topics specific to fencing will be presented and discussed. Students will also learn the fundamental principles of physical fitness and their impact on life-long health and wellness.

Satisfies General Education for Grossmont College Area E

Transfers to: CSU, UC (credit limited: see page 53)

EXERCISE SCIENCE 185B* † **Intermediate Fencing**

1.5 units, 1 hour lecture, 2 hours laboratory

Recommended Preparation: A "C" grade or higher or "Pass" in ES 185A or equivalent or specified skill competencies.

Continuation of ES 185A with emphasis on the development of intermediate level proficiency in individual skills and bouting tactics with the French foil.

Topics specific to fencing will be presented and discussed. Students will also learn the fundamental principles of physical fitness and their impact on life-long health and wellness.

Satisfies General Education for Grossmont College Area E

Transfers to: CSU, UC (credit limited: see page 53)

† This course meets all Title 5 standards for Associate Degree Credit.

EXERCISE SCIENCE 185C* † **Advanced Fencing**

1.5 units, 1 hour lecture, 2 hours laboratory
Recommended Preparation: A "C" grade or higher or "Pass" in ES 185B or equivalent or specified skill competencies.

Continuation of ES 185B with emphasis on the development of advanced skills. Strategies and tactics mastery with the French foil in a bouting format. Topics specific to fencing will be presented and discussed. Students will also learn the fundamental principles of physical fitness and their impact on life-long health and wellness.

Satisfies General Education for Grossmont College Area E

Transfers to: CSU, UC (credit limited: see page 53)

Community Service Learning Experience

EXERCISE SCIENCE 194 † **Community Service Learning Experience**

1 unit, 5 hours work experience per week
60 volunteer hours or 75 paid hours

Community Service Learning Experience (CSLE) is a community outreach program which promotes the national agenda of volunteer engagement. The purpose is to provide students an opportunity to explore options and careers in a selected area of study. This course includes placement in a community based site. For work experience requirements, see page 44.

Transfers to CSU

Intercollegiate Athletics

Intercollegiate Athletics courses (200-240, 262 and 263) can be repeated up to 4 times.

NOTE: Intercollegiate athletic courses do NOT meet the fitness/wellness requirement.

EXERCISE SCIENCE 200 † **Conditioning and Injury Prevention for Athletics**

1.5 units, 1 hour lecture, 2 hours laboratory
This class emphasizes physical conditioning, mastery of the basic fundamentals of efficient movement and the skills necessary to reduce the risk of injury associated with intercollegiate athletics. Instruction and practice in conditioning activities, running, and resistance and agility exercises will take place.

Transfers to: CSU, UC (credit limited: see page 53)



EXERCISE SCIENCE 201 † **Conditioning and Injury Prevention for Football**

1.5 units, 1 hour lecture, 2 hours laboratory
This class emphasizes physical conditioning, mastery of the basic fundamentals of efficient movement and skills necessary to reduce the risk of injury associated with intercollegiate football. Instruction and practice in conditioning activities, running and resistance exercises will take place. Emphasis will be placed on conditioning specific to positions played.

Transfers to: CSU, UC (credit limited: see page 53)

EXERCISE SCIENCE 203 † **Intercollegiate Baseball**

2 units, 5 hours lecture, 5 hours laboratory
Prerequisite: Tryout

Intercollegiate competition in the sport of baseball. This course includes instruction in specific skills, performance techniques and strategies, as well as daily practice, development of physical fitness, team travel and competition against other collegiate institutions. The course is open to all students who wish to try out for competition at the intercollegiate level. An additional fee for athletic insurance is required upon enrollment.

Transfers to: CSU, UC (credit limited: see page 53)

EXERCISE SCIENCE 204 † **Advanced Techniques and Strategies of Intercollegiate Baseball**

1 unit, 1 hour lecture, 1 hour laboratory
Advanced techniques, fundamental skills and rules of baseball. Team competition play to increase students' skills. Open to students of advanced skill and primarily designed for those planning to participate in the varsity program or to further one's education in baseball. Serves as the Non-Traditional Season (NTS) preparation course for the intercollegiate team.

Transfers to: CSU, UC (credit limited: see page 53)

EXERCISE SCIENCE 206 † **Intercollegiate Basketball**

2 units, 5 hours lecture, 5 hours laboratory
Prerequisite: Tryout

Intercollegiate competition in the sport of basketball. This course includes instruction in specific skills, performance techniques and strategies, as well as daily practice, development of physical fitness, team travel and competition against other collegiate institutions. The course is open to all students who wish to try out for competition at the intercollegiate level. An additional fee for athletic insurance is required upon enrollment. An additional fee for athletic insurance is required upon enrollment.

Transfers to: CSU, UC (credit limited: see page 53)

† This course meets all Title 5 standards for Associate Degree Credit.

EXERCISE SCIENCE 207 † **Advanced Techniques and Strategies of Intercollegiate Basketball**

.5 unit, .5 hour lecture, 1 hour laboratory

The instruction and practice in the advanced techniques and strategies of basketball. The course incorporates game experience in which to formulate an understanding by the student of the different styles of play. Serves as the Non-Traditional Season (NTS) preparation course for the intercollegiate team.

Transfers to: CSU, UC (credit limited: see page 53)

EXERCISE SCIENCE 208 † **Advanced Techniques and Strategies of Intercollegiate Cross Country**

1 unit, 1 hour lecture, 1 hour laboratory

This course is designed for students with advanced cross country skills and includes instruction and practice in the advanced techniques and strategies of cross country. The course incorporates competitive experiences in which the student will apply different strategies of running. Serves as the Non-Traditional Season (NTS) course for the intercollegiate team.

Transfers to: CSU, UC (credit limited: see page 53)

EXERCISE SCIENCE 209 † **Intercollegiate Cross Country**

2 units, 5 hours lecture, 5 hours laboratory

Prerequisite: Tryout

Open to students who wish to try out in intercollegiate competition in the sport of cross country. This course includes instruction in specific skills, performance techniques and strategies, as well as daily practice, development of physical fitness, team travel and competition against other collegiate institutions. An additional fee for athletics insurance is required upon enrollment.

Transfers to: CSU, UC (credit limited: see page 53)

EXERCISE SCIENCE 210 † **Intercollegiate Badminton**

2 units, 5 hours lecture, 5 hours laboratory

Prerequisite: Tryout

Intercollegiate competition in the sport of badminton. This course includes instruction in specific skills, performance techniques and strategies, as well as daily practice, development of physical fitness, team travel and competition against other collegiate institutions. The course is open to all students who wish to try out at the intercollegiate level. An additional fee for athletic insurance is required upon enrollment.

Transfers to: CSU, UC (credit limited: see page 53)

EXERCISE SCIENCE 211 † **Advanced Techniques and Strategies of Intercollegiate Badminton**

1 unit, 1 hour lecture, 1 hour laboratory

This course is designed for advanced badminton players who are proficient in the fundamental skills and have knowledge of the basic rules of the game. Instruction is geared toward advanced techniques, strategies, and team play in preparation for intercollegiate competition. Serves as the Non-Traditional Season (NTS) preparation course for the intercollegiate team.

Transfers to: CSU, UC (credit limited: see page 53)

EXERCISE SCIENCE 212 † **Intercollegiate Football**

2 units, 5 hours lecture, 5 hours laboratory

Prerequisite: Tryout

Corequisite: ES 262 or 263

Intercollegiate competition in the sport of football. This course includes instruction in specific skills, performance techniques and strategies, as well as daily practice, development of physical fitness, team travel and competition against other collegiate institutions. The course is open to all students who wish to try out at the intercollegiate level. An additional fee for athletic insurance is required upon enrollment.

Transfers to: CSU, UC (credit limited: see page 53)

EXERCISE SCIENCE 214 † **Advanced Techniques and Strategies of Intercollegiate Offensive and Defensive Football**

1 unit, 1 hour lecture, 1 hour laboratory

The purpose of this course is to provide training to develop skills and techniques necessary to play various positions in football. These skills are developed by a careful analysis of offensive and defensive techniques practiced in a non-conflict environment. Serves as the Non-Traditional Season (NTS) preparation course for the intercollegiate team.

Transfers to: CSU, UC (credit limited: see page 53)

EXERCISE SCIENCE 215 † **Intercollegiate Softball**

2 units, 5 hours lecture, 5 hours laboratory

Prerequisite: Tryout

Intercollegiate competition in the sport of softball. This course includes instruction in specific skills, performance techniques and strategies, as well as daily practice, development of physical fitness, team travel and competition against other collegiate institutions. The course is open to all students who wish to try out at the intercollegiate level. An additional fee for athletic insurance is required upon enrollment.

Transfers to: CSU, UC (credit limited: see page 53)

EXERCISE SCIENCE 216 † **Advanced Techniques and Strategies of Intercollegiate Softball**

1 unit, 1 hour lecture, 1 hour laboratory

This course is designed for students with advanced softball skills and includes instruction and practice in the advanced techniques and strategies of softball. The course incorporates competitive experiences in which the students will apply different styles of play. Serves as the Non-Traditional Season (NTS) preparation course for the intercollegiate team.

Transfers to: CSU, UC (credit limited: see page 53)

† This course meets all Title 5 standards for Associate Degree Credit.

EXERCISE SCIENCE 218 †
Intercollegiate Soccer

2 units, 5 hours lecture, 5 hours laboratory

Prerequisite: Tryout

Intercollegiate competition in the sport of soccer. This course includes instruction in specific skills, performance techniques and strategies, as well as daily practice, development of physical fitness, team travel and competition against other collegiate institutions. The course is open to all students who wish to try out at the intercollegiate level. An additional fee for athletic insurance is required upon enrollment.

Transfers to: CSU, UC (credit limited: see page 53)

EXERCISE SCIENCE 219 †
Advanced Techniques and Strategies of Intercollegiate Soccer

1 unit, 1 hour lecture, 1 hour laboratory

This course is designed for students with advanced soccer skills. Instruction and practice in the advanced techniques and strategies of soccer. The course incorporates game experience in which to formulate an understanding by the student of different styles of play. Serves as the Non-Traditional Season (NTS) preparation course for the intercollegiate team.

Transfers to: CSU, UC (credit limited: see page 53)

EXERCISE SCIENCE 221 †
Intercollegiate Swimming

2 units, 5 hours lecture, 5 hours laboratory

Prerequisite: Tryout

Intercollegiate competition in the sport of swimming. This course includes instruction in specific skills, performance techniques and strategies, as well as daily practice, development of physical fitness, team travel and competition against other collegiate institutions. The course is open to all students who wish to try out at the intercollegiate level. An additional fee for athletic insurance is required upon enrollment.

Transfers to: CSU, UC (credit limited: see page 53)

EXERCISE SCIENCE 222 †
Advanced Techniques and Strategies of Intercollegiate Swimming

1 unit, 1 hour lecture, 1 hour laboratory

This course is designed for advanced swimmers who have had previous competitive experience. Emphasis will be placed on conditioning and perfection of the basic fundamentals of strokes and turns in swimming. Serves as the Non-Traditional Season (NTS) preparation course for the intercollegiate team.

Transfers to: CSU, UC (credit limited: see page 53)

EXERCISE SCIENCE 224 †
Intercollegiate Tennis

2 units, 5 hours lecture, 5 hours laboratory

Prerequisite: Tryout

Intercollegiate competition in the sport of tennis. This course includes instruction in specific skills, performance techniques and strategies, as well as daily practice, development of physical fitness, team travel and competition against other collegiate institutions. The course is open to all students who wish to try out at the intercollegiate level. An additional fee for athletic insurance is required upon enrollment.

Transfers to: CSU, UC (credit limited: see page 53)

EXERCISE SCIENCE 225 †
Advanced Techniques and Strategies of Intercollegiate Tennis

1 unit, 1 hour lecture, 1 hour laboratory

This course is designed for advanced tennis players who are proficient in the fundamental skills and have knowledge of the basic rules of the game. Instruction is geared toward advanced techniques, strategies, and team play. Serves as the Non-Traditional Season (NTS) preparation course for the intercollegiate team.

Transfers to: CSU, UC (credit limited: see page 53)

EXERCISE SCIENCE 229 †
Advanced Techniques and Strategies of Intercollegiate Beach Volleyball

1 unit, 1 hour lecture, 1 hour laboratory

This course is designed for advanced beach volleyball players who are proficient in the fundamental skills and have knowledge of the basic rules of the game. Instruction is geared toward advanced techniques, strategies, and team play. Serves as the Non-traditional Season (NTS) preparation course for the intercollegiate team.

Transfers to: CSU, UC

EXERCISE SCIENCE 230 †
Intercollegiate Volleyball

2 units, 5 hours lecture, 5 hours laboratory

Prerequisite: Tryout

Intercollegiate competition in the sport of volleyball. This course includes instruction in specific skills, performance techniques and strategies, as well as daily practice, development of physical fitness, team travel and competition against other collegiate institutions. The course is open to all students who wish to try out at the intercollegiate level. An additional fee for athletic insurance is required upon enrollment.

Transfers to: CSU, UC (credit limited: see page 53)

EXERCISE SCIENCE 231 †
Advanced Techniques and Strategies of Intercollegiate Volleyball

1 unit, 1 hour lecture, 1 hour laboratory

This course is designed for advanced volleyball players who are proficient in the fundamental skills and have knowledge of the basic rules of the game. Instruction is geared toward advanced techniques, strategies, and team play. Serves as the Non-Traditional Season (NTS) preparation course for the intercollegiate team.

Transfers to: CSU, UC (credit limited: see page 53)

EXERCISE SCIENCE 233 †
Intercollegiate Water Polo

2 units, 5 hours lecture, 5 hours laboratory

Prerequisite: Tryout

Intercollegiate competition in the sport of water polo. This course includes instruction in specific skills, performance techniques and strategies, as well as daily practice, development of physical fitness, team travel and competition against other collegiate institutions. The course is open to all students who wish to try out at the intercollegiate level. An additional fee for athletic insurance is required upon enrollment.

Transfers to: CSU, UC (credit limited: see page 53)

† This course meets all Title 5 standards for Associate Degree Credit.

EXERCISE SCIENCE 234 † **Advanced Techniques and Strategies of Intercollegiate Water Polo**

1 unit, 1 hour lecture, 1 hour laboratory

This course is designed for the advanced water polo player who has the fundamental swimming, treading, ball handling skills and knowledge of the basic rules of the game. Technical skills, individual team play and team strategies will be covered. Serves as the Non-Traditional Season (NTS) preparation course for the intercollegiate team.

Transfers to: CSU, UC (credit limited: see page 53)

EXERCISE SCIENCE 240 † **Athletic Competition**

2 units, 5 hours lecture, 5 hours laboratory

Prerequisite: Tryout

This course is designed to accommodate any in-season student athlete who, due to a class time conflict, is unable to register for the class section for the student's sport. Though enrolled in this class, each student will, in actuality, meet the objectives and complete the course content for the specific intercollegiate sport course in which the student participates (i.e., baseball, volleyball, etc.). An additional fee for athletic insurance is required upon enrollment.

Transfers to: CSU, UC (credit limited: see page 53)

Professional Exercise Science Classes

Professional Exercise Science classes (ES 250-296) CANNOT be repeated with the exception of ES 262 and 263 which can be repeated 4 times.

EXERCISE SCIENCE 250 † **Introduction to Kinesiology**

3 units, 3 hours lecture

This course is an introduction to the interdisciplinary approach to the study of human movement. An overview of the concepts within and importance of the sub-disciplines in kinesiology will be discussed along with career opportunities in the areas of teaching, coaching, allied health, dietetic, and fitness professions.

Transfers to: CSU, UC (credit limited: see page 53)

EXERCISE SCIENCE 253 † **Physical Education in the Elementary School**

3 units, 2.5 hours lecture, 1.5 hours laboratory

The statewide program in physical education for the elementary school forms the basis for the course, including the study of child development, personality development, analysis and practice of fundamental skills, selection of activities, organizational materials and the evaluation of teaching ability.

Transfers to: CSU

EXERCISE SCIENCE 255 † **Care and Prevention of Athletic Injuries**

3 units, 3 hours lecture, 1 hour laboratory

This course is designed to provide an overview of terminology specific to the discipline of sport and recreational injuries. The course will review all common injuries associated with each joint of the body and other specific topics associated with the prevention, care, treatment, and rehabilitation of injuries, illness and conditions seen in young adults participating in an activity where injuries can occur.

Transfers to: CSU, UC

EXERCISE SCIENCE 262 † **Technical Analysis and Theory of Football – Offense**

1 unit, 1 hour lecture, 1 hour laboratory

Corequisite: ES 212

This course is designed to allow students interested in pursuing a college level football experience to: (1) develop offensive skills and techniques while acquiring knowledge of the game strategically, (2) analyze drills, formations, techniques of running, passing and receiving for later use in coaching or teaching careers, and (3) receive practical experience through offensive skill and conditioning drills to improve technique, agility and footwork.

Transfers to: CSU, UC (credit limited: see page 53)

EXERCISE SCIENCE 263 † **Technical Analysis and Theory of Football – Defense**

1 unit, 1 hour lecture, 1 hour laboratory

Corequisite: ES 212

This course is designed to allow students interested in pursuing a college level football experience to: (1) develop defensive skills and techniques while acquiring knowledge of the game strategically, (2) analyze drills, formations, techniques of pass coverage, tackling and blocking for later use in coaching or teaching careers, and (3) receive practical experience through defensive skill and conditioning drills to improve technique, agility and footwork.

Transfers to: CSU, UC (credit limited: see page 53)

EXERCISE SCIENCE 290 † **Teaching Techniques and Methods in Exercise Science**

1.5 units, 1 hour lecture, 2 hours laboratory

This course provides fundamental hands-on training to students preparing for study in kinesiology or other related fields. This interactive course will provide supervised practical experiences assisting and teaching students in exercise science courses, as well as instruction to aid students with chronic diseases, injuries and physical limitations. Students will work under the direct supervision of an exercise science instructor.

Transfers to: CSU

EXERCISE SCIENCE 291 † **Anatomy and Kinesiology for Fitness Specialists**

3 units, 3 hours lecture

Corequisite: ES 292

This course combines anatomy and kinesiology, addressing the structure of the musculoskeletal system of the human body. Students will study practical applications of muscle groups and their functional relationships to simple mechanical principles. Anatomical and mechanical analysis of motion as it pertains to human movement in exercise will be emphasized.

Transfers to: CSU

† This course meets all Title 5 standards for Associate Degree Credit.

EXERCISE SCIENCE 292 † **Exercise Physiology for** **Fitness Specialists**

3 hours, 3 hours lecture

Corequisite: ES 291

This course is a study of human physiological responses, both short and long term, to physical activity and training. Students will examine the effects of exercise and the adaptation to training on the skeletal muscles, nervous system, cardiovascular and respiratory systems, body composition, and fatigue.

Transfers to CSU

EXERCISE SCIENCE 293 † **Strength Training/Fitness** **Assessments for Fitness** **Specialists**

2.5 units, 2 hours lecture, 1.5 hours laboratory

Prerequisite: A "C" grade or higher or "Pass" in ES 291 and 292.

Corequisite: ES 294

This course covers the mechanics of fitness training, including strength, endurance, and flexibility as well as provides students the necessary knowledge base to select appropriate fitness assessments. Discussion regarding training techniques, optimal workout environments, safety, contraindications, equipment and existing certification programs will help prepare students to work in the fitness industry. Students will evaluate existing standardized assessment batteries for cardiorespiratory endurance, muscular strength, muscular endurance, flexibility and body composition, blood pressure and cholesterol.

Transfers to CSU

EXERCISE SCIENCE 294 † **Exercise Program Design and** **Special Populations**

3 units, 3 hours lecture

Prerequisite: A "C" grade or higher or "Pass" in ES 291 and 292.

Corequisite: ES 293

This course addresses the topics of personal training and group exercise leadership in general program design as well as working with special populations. Information focuses on knowledge and skills (behaviors) associated with leading others to become more physically educated and healthy. Students will develop skills related to planning, informing (lecturing and demonstrating), managing learners and the environment, and assessing instructional processes and outcomes. In addition to general leadership development, information regarding exercise and special populations related to cardiac conditions, physical disabilities, diabetes, sensory impairment, seniors, mentally impaired, pregnancy, and infectious diseases will be emphasized.

Transfers to CSU

EXERCISE SCIENCE 296 † **Internship Seminar for** **Fitness Specialists**

.5 units, 8 hours lecture

Prerequisite: A "C" grade or higher or "Pass" in ES 255 and ES 294 and HED 158 or equivalent.

Corequisite: ES 297

This course is designed for the student in the Fitness Training Professional certificate program. Students will discuss current issues in the fitness field, insurance, liability, standard business practices, and national certifications. Students apply knowledge of basic anatomy, exercise physiology, kinesiology, personal information gathering, and exercise testing through enrollment in ES 297.

Transfers to CSU

EXERCISE SCIENCE 297 † **Internship for Fitness** **Specialists**

1 unit, 5 hours work experience per week
60 volunteer hours or 75 paid hours

Prerequisite: A "C" grade or higher or "Pass" in ES 255 and ES 294 and HED 158 or equivalent.

A work experience course that provides the student with an opportunity to apply and expand upon acquired skills in a selected fitness industry. Students will gain experience in the field of personal training, group exercise leadership, or other fitness specialties. This course will provide pertinent instruction in fitness testing, program and training development, wellness and health education, and management and administration of health and wellness facilities. Periodic review sessions will be held to access the students' progress. For work experience requirements, see page 44.

Transfers to CSU

FAMILY STUDIES (FS)

FAMILY STUDIES 110 † **Life Management**

3 units, 3 hours lecture

This course is a study of the different factors affecting one's physical, mental and socio-emotional health in relation to life management. The implication of culture and diversity on belief systems and perception of the world will be examined. Communication, thought processes, and interpersonal relationships will be analyzed for improved self and social awareness. Time and resource management skills will be developed. Special emphasis will be placed on developing critical thinking skills to effectively meet life management challenges.

Satisfies General Education for CSU E

Transfers to CSU

FAMILY STUDIES 115 † **(Child Development 115)** **Changing American Family**

3 units, 3 hours lecture

A survey of the contemporary American family with emphasis on changes in form, functions and expectations. The history of the family, both public and private, will be considered and examined in relation to the effects of class, ethnicity and social policy. The effects on the family of common life events experienced by individuals and family members will be covered including sexuality, mate selection, marriage, childbearing, the working family, divorce, domestic violence and aging. The future of the family including implications for the individual and society will be discussed.

Satisfies General Education for: Grossmont College D2; CSU D; IGETC 4

Transfers to: CSU, UC (credit limited: see page 53)

FAMILY STUDIES 120 † **Human Development**

3 units, 3 hours lecture

This course is a study of the dynamic forces influencing the biosocial, social/emotional and cognitive domains of human development throughout the lifespan. Development tasks faced at each lifespan stage are examined from different theoretical perspectives. Topics, from epigenetic influences to current findings in brain development and end-of-life care, are researched and discussed.

Satisfies General Education for: Grossmont College D2; CSU D, E; IGETC 4

Transfers to: CSU, UC (credit limited: see page 53)

† This course meets all Title 5 standards for Associate Degree Credit.

FAMILY STUDIES 129 †**Introduction to Human Aging**

3 units, 3 hours lecture

This course focuses on social, economic, physiological and psychological factors which relate to the older adults as their roles in the family and society change. It includes investigation of everyday issues of the aged with emphasis on health, housing, personal economics, family roles, sexuality, spirituality, retirement, and bereavement.

Satisfies General Education for CSU E
Transfers to CSU

FRENCH (FREN)**FRENCH 120 †
French I**

5 units, 5 hours lecture

An introductory course to the French language and the cultures of its speakers. This course is designed for students with very little or no knowledge of French. It facilitates the practical application of the language in everyday oral and written communication at the beginning level. Since the focus will be on basic communication skills, the class will be conducted in French as much as possible. Students will learn structures that will enable them to function in French in everyday contexts while becoming familiar with the French speaking world.

Satisfies General Education for: Grossmont College C2; CSU C2; IGETC 6A
Transfers to: CSU, UC

**FRENCH 121 †
French II**

5 units, 5 hours lecture

Prerequisite: A "C" grade or higher or "Pass" in French 120 or two years of high school French or equivalent.

French 121 is the continuation of French 120. The course will continue to develop oral and written skills based on practical everyday needs.

Satisfies General Education for: Grossmont College C2; CSU C2; IGETC 3B, 6A
Transfers to: CSU, UC

FRENCH 152 †

(Cross-Cultural Studies 152)

The French-Speaking World: A Cross-Cultural Perspective

3 units, 3 hours lecture

Major characteristics of the French-speaking world as reflected in its culture, civilization, and literature. The course will compare French-speaking European countries (such as France, Belgium, Switzerland, Luxembourg) to French-speaking countries of Northern Africa, Sub-Saharan Africa, Canada and the Caribbean. The class is conducted in English.

Satisfies General Education for: Grossmont College C1; CSU C2; IGETC 3B
Transfers to: CSU, UC (credit limited: see page 53)

FRENCH 196 †**Community Service Learning Experience**

1 unit, 5 hours work experience per week

60 volunteer hours or 75 paid hours

Prerequisite: A "C" grade or higher or "Pass" in French 120 or equivalent.

Community Service Learning Experience (CSLE) is a community outreach program which promotes the national agenda of volunteer engagement. The purpose of this course is to provide the student an opportunity to practice and use the French language in a community based site and to explore different career options. For work experience requirements, see page 44.

Transfers to CSU

**FRENCH 220 †
French III**

5 units, 5 hours lecture

Prerequisite: A "C" grade or higher or "Pass" in French 121 or three years of high school French or equivalent.

French 220 is the continuation of French 121. The course will continue to develop oral, listening, reading and writing skills in order to acquire proficiency in French.

Satisfies General Education for: Grossmont College C2; CSU C2; IGETC 3B, 6A
Transfers to: CSU, UC

**FRENCH 221 †
French IV**

5 units, 5 hours lecture

Prerequisite: A "C" grade or higher or "Pass" in French 220 or four years of high school French or equivalent.

French 221 is the continuation of French 220. The course will continue to develop oral, listening, reading, and writing skills in order to improve proficiency in French.

Satisfies General Education for: Grossmont College C2; CSU C2; IGETC 3B, 6A
Transfers to: CSU, UC

FRENCH 250 †**Conversational French I**

3 units, 3 hours lecture

Prerequisite: A "C" grade or higher or "Pass" in French 121 or three years of high school French or equivalent.

The course will continue to develop oral, listening, reading and writing skills with emphasis on oral proficiency.

Satisfies General Education for: Grossmont College C2; CSU C2; IGETC 6A
Transfers to: CSU, UC

FRENCH 251 †**Conversational French II**

3 units, 3 hours lecture

Prerequisite: A "C" grade or higher or "Pass" in French 250 or four years of high school French or equivalent.

The course will continue to develop at a higher level oral, listening, reading and writing skills with emphasis on oral proficiency.

Satisfies General Education for: Grossmont College C2; CSU C2; IGETC 6A
Transfers to: CSU, UC

GEOGRAPHY (GEOG)**GEOGRAPHY 100 †****Introduction to Global Studies**

3 units, 3 hours lecture

This course is an introduction to the interdisciplinary field of Global Studies, including the history, causes and evolution of globalization, as well as the role of geography in the process of globalization. The economic, political, social/cultural, and environmental/ecological dimensions of globalization will also be examined.

Satisfies General Education for: Grossmont College D1; CSU D
Transfers to CSU

**GEOGRAPHY 101 †
Global Issues**

3 units, 3 hours lecture

An introduction to the origins, current status, and future trends of major transnational issues confronting the global community. Students will learn about population trends, economic development and inequality, issues of access to basic human needs such as food, water, and healthcare, human rights, international conflict and security concerns, and environmental problems including those that contribute to climate change. Global governance and collective global responsibilities will also be examined.

Satisfies General Education for: Grossmont College D1; CSU D
Transfers to CSU

† This course meets all Title 5 standards for Associate Degree Credit.

GEOGRAPHY 104 † **Introduction to Geographic Information Science**

3 units, 2 hours lecture, 3 hours laboratory
Prerequisite: A "C" grade or higher or "Pass" or in MATH 103 or MATH 110 or equivalent.
 Fundamental concepts in geographic information systems including cartography, global positioning systems (GPS), remote sensing, and spatial statistics. Hands-on use of current, industry-standard computer technologies that enhance geographic analysis and improve decision-making abilities for solving geospatial problems in a wide range of applications.
Satisfies General Education for Grossmont College A3
Transfers to: CSU, UC

GEOGRAPHY 106 † **World Regional Geography**

3 units, 3 hours lecture
 Although open to all students, this course is designed for Liberal Studies education majors wishing to satisfy requirements for California Multiple Subject Teaching Credentials. World Regional Geography focuses on the overarching principles of both physical and cultural geography as applied to the different regions of the world. The regions' physical situation along with the demographic, linguistic, religious, political, and developmental patterns provide the framework for comparing and contrasting the various world regions. Current issues specific to individual regions are introduced and analyzed spatially in the context of globalization. Important features within each region will also be identified.
Satisfies General Education for: Grossmont College D1; CSU D; IGETC 4
Transfers to: CSU, UC

GEOGRAPHY 120 † **Physical Geography: Earth Systems**

3 units, 3 hours lecture
 Explore your world! Drought! Fire! Earthquakes! Flood! This physical science course describes and explains the Earth's major physical systems, the basic energy and material flows by which these systems operate, and the result of human interaction with these flows. Phenomena explored include storms, climate, ecosystems, seasonal change, plate tectonics, stream and glacial activity, and beach systems.
Satisfies General Education for: Grossmont College B2; CSU B1; IGETC 5A
Transfers to: CSU, UC

GEOGRAPHY 121 † **Physical Geography: Earth Systems Laboratory**

1 unit, 3 hours laboratory
Prerequisite: A "C" grade or higher or "Pass" or concurrent enrollment in Geography 120 or Geology 104 or equivalent.
 Get outside and into the field! Explore Earth's physical environment! This course satisfies the science lab requirement, and complements either the Physical Geography lecture course (Geog 120) or the Earth Science lecture course (Geol 104). It examines Earth's atmospheric, hydrospheric, lithospheric, and biospheric systems, and the Earth's seasonal orbit about the Sun. Students will study plate tectonics including faulting, earthquakes, volcanism, and the rock cycle, and will investigate landforms, seasons, weather, climate, and the evolutionary response to climate variation as studied in the natural habitats surrounding Grossmont College. Students will use topographic maps, weather maps, satellite loops, compass, clinometer, GPS, weather sensors, and the campus-wide outdoor educational "Rock and Native-Vegetation Zones."
Satisfies General Education for: Grossmont College B2; CSU B3; IGETC 5C
Transfers to: CSU, UC

GEOGRAPHY 130 † **Human Geography: The Cultural Landscape**

3 units, 3 hours lecture
 UNDERSTAND CRUCIAL WORLD EVENTS! Examine the role of culture and the physical environment in shaping the world's major regions and landscapes. Special attention will be given to: globalization, geopolitical interactions, the diffusion of religions and languages, population dynamics, food production, the global economy, and environmental issues. Use these components of culture to explain global connections, events, and conflicts.
Satisfies General Education for: Grossmont College D1; CSU D; IGETC 4
Transfers to: CSU, UC

GEOGRAPHY 140 † **Meteorology: Weather and Climate**

3 units, 3 hours lecture
 This physical science course explains the principles that drive daily weather and long-term climate variation. Explanations will focus upon the composition and structure of the atmosphere, the input of solar radiation, the corresponding atmospheric energy budget, the resultant changes in the state of the atmosphere (in terms of temperature, pressure, humidity, winds, air masses, fronts, clouds, and fog), and the average situation as expressed by

the climate distribution and its change-over-time. Highlights include explanation of jet streams and winter cyclonic storms, as well as late-summer hurricanes and monsoonal thunderstorms, autumnal Santa Ana-driven fires, and springtime "marine layer" stability vs Tornado Alley "severe weather" instability. Special attention is given to real-time weather events and forecasting, especially by way of current weather maps and satellite imagery vs. climatological data.

Satisfies General Education for: Grossmont College B2; CSU B1; IGETC 5A
Transfers to: CSU, UC

GEOGRAPHY 150 † **Field Study of the Natural History of the Greater San Diego Region**

3 units, 2 hours lecture, 3 hours laboratory
Prerequisite: A "C" grade or higher or "Pass" in Biology 110 or 120; or Geography 120 or 121 or 140; or Geology 110 or 111; or Oceanography 112 or equivalent.
 An exciting, team-taught, interdisciplinary, field-based study of the natural environment of the San Diego region, including related parts of Imperial, Riverside, and Orange Counties. Vans are utilized to visit sites that best illustrate (1) the region's physical environment (including tectonics, geologic history, geomorphology, hydrology, meteorology, climatology, and soils), (2) the evolutionary response to environmental variation (focusing on coastal sage scrub, chaparral, and desert ecosystems), and (3) the interaction of humans with the natural environment. Emphasis on field measurement includes use of GPS, compass, clinometer, maps, the current Jepson plant taxonomy, etc. Four weekends in spring semester only. Overnight campouts required. Students with credit in Geography 150 will not be able to enroll in Biology 150, Geology 150 or Oceanography 150.
Transfers to: CSU, UC (credit limited: see page 53)

GEOGRAPHY 170 † **The Geography of California**

3 units, 3 hours lecture
 This course is an exciting exploration of the physical and cultural regions of California and their interrelationships. Emphasis on the geographic factors that would broaden a student's knowledge of the California environment; climate, natural vegetation, plate tectonic situation, agriculture, industry, and

† This course meets all Title 5 standards for Associate Degree Credit.

population.

Satisfies General Education for: Grossmont College D1; CSU D; IGETC 4
Transfers to: CSU, UC

GEOGRAPHY 172 †

Field Exploration: Colorado Plateau

(Geology 172)

3 units, 2 hours lecture, 3 hours laboratory

This week-long course involves lecture and field study of natural processes and features in selected areas of the Colorado Plateau. Lectures en route and on site may include the origin, evolution, and significance of the region's tectonic setting, geomorphic features, hydrology, native plants, and weather. The course may also examine human-environment interactions as well as spatial and temporal variations in areas such as the Grand Canyon, Zion National Park, Sunset Crater, and the Mogollon Rim. Students will learn various field study techniques including map interpretation, map analysis, and the use of field instruments including mineral and rock identification tools, compasses, and global positioning devices (GPS). The course requires field trip travel, including overnight camping and light to moderate hiking.

Transfers to CSU

GEOGRAPHY 173 †

Field Exploration: Cascade Range/Modoc Plateau

(Geology 173)

3 units, 2 hours lecture, 3 hours laboratory

This week-long course involves lecture and field study of natural processes and features in selected areas of the southern Cascade Range and the Modoc Plateau. Lectures en route and on site may include origin, evolution, and significance of the region's tectonic setting, geomorphic features, hydrology, native plants and weather. The course may also examine human-environment interactions as well as spatial and temporal variations in areas such as Lava Beds National Monument, McArthur-Burney Falls State Park, and Lassen Volcanic National Park. Students will learn various field study techniques including map interpretation, map analysis, and the use of field instruments including mineral and rock identification tools, compasses, and global positioning devices (GPS). The course requires field trip travel, including overnight camping and light to moderate hiking.

Transfers to CSU

GEOGRAPHY 174 †

Field Exploration: Basin and Range Province

(Geology 174)

3 units, 2 hours lecture, 3 hours laboratory

This week-long course involves lecture and field study of natural processes and features in selected areas of the Basin and Range Province. Lectures en route and on site may include the origin, evolution, and significance of the region's tectonic setting, geomorphic features, hydrology, native plants, and weather. The course may also examine human-environment interactions as well as spatial and temporal variations in areas such as Owens Valley, Death Valley, the Lake Mead area, and Great Basin National Park. Students will learn various field study techniques including map interpretations, map analysis, and the use of field instruments including mineral and rock identification tools, compasses, and global positioning devices (GPS). The course requires field trip travel, including overnight camping and light to moderate hiking.

Transfers to CSU

GEOGRAPHY 175 †

Field Exploration: California Coastal Mountains

(Geology 175)

3 units, 2 hours lecture, 3 hours laboratory

This week-long course involves lecture and field study of natural processes and features in selected areas of the California coastal mountain region. Lectures en route and on site will examine the origin, evolution, and significance of the region's tectonic setting, geomorphic features, hydrology, native plants, and weather. The course may also examine human-environment interactions as well as spatial and temporal variations in areas such as along the San Andreas fault system, the Coast Ranges, and the Klamath Mountains. Students will learn various field study techniques including map interpretation, map analysis, and the use of field instruments including mineral and rock identification tools, compasses, and global positioning devices (GPS). The course requires field trip travel, often including overnight camping and light to moderate hiking.

Transfers to CSU

GEOGRAPHY 176 †

Field Exploration: Sierra Nevada

(Geology 176)

3 units, 2 hours lecture, 3 hours laboratory

This week-long course involves lecture and field study of natural processes and features in selected areas of the Sierra Nevada mountains. Lectures en route and on site may include the origin, evolution, and significance of the

region's tectonic setting, geomorphic features, hydrology, native plants, and weather. The course may also examine human-environment interactions as well as spatial and temporal variations in areas such as the Yosemite, Sequoia, and Kings Canyon National Parks, the Mammoth Lakes area, and Mono Lake. Students will learn various field study techniques including map interpretation, map analysis, and the use of field instruments including mineral and rock identification tools, compasses, and global positioning devices (GPS). The course requires field trip travel, often including overnight camping and light to moderate hiking.

Transfers to CSU

GEOLOGY (GEOL)

GEOLOGY 104 †

Earth Science

3 units, 3 hours lecture

This course is designed for Liberal Studies education majors wishing to satisfy requirements for California Multiple Subject Teaching Credentials. This physical science course describes and explains the Earth's major physical systems, the basic energy and material flows by which these systems operate, and the comparative place of our planet within the larger solar systems. As such, this course provides a brief synthesis of the disciplines of astronomy, physical geography, meteorology, oceanography, and geology.

Satisfies General Education for: Grossmont College B2; CSU B1; IGETC 5A

Transfers to: CSU, UC

GEOLOGY 110 †

Planet Earth

3 units, 3 hours lecture

This introductory physical science course investigates the composition of the earth and the geologic processes by which it formed. Emphasis is placed on the earth's unifying theory – "plate tectonics" and the associated activities of volcanism, earthquakes, and mountain building. Topics will include crystals, minerals and rocks, their distribution within the planet, and the evolution of the earth across deep time. The sculpturing of the surface of the planet by wind, waves, streams, glaciers, and landslides will also be considered.

Satisfies General Education for: Grossmont College B2; CSU B1; IGETC 5A

Transfers to: CSU, UC

† This course meets all Title 5 standards for Associate Degree Credit.

GEOLOGY 111 † **Planet Earth Laboratory**

1 unit, 3 hours laboratory

Prerequisite: A "C" grade or higher or "Pass" or concurrent enrollment in Geology 110 or equivalent.

Provides hands-on experience to accompany and augment Geology 110. This course will include laboratory and field investigations of the Earth, emphasizing experience with minerals, rocks, and fossils, as well as interpreting topographic and geologic maps. Field trips will acquaint students with local rock units, and past and present geologic processes.

Satisfies General Education for: Grossmont College B2; CSU B3; IGETC 5C

Transfers to: CSU, UC

GEOLOGY 121 † **Earth History**

4 units, 3 hours lecture, 3 hours laboratory

Recommended Preparation: A "C" grade or higher or "Pass" in Geology 104 or 110 or equivalent.

This is a required course for geology majors and minors. The lecture portion will cover the geologic and tectonic development of earth and its importance to the evolution of life on this planet as evidenced in the fossil record. Laboratory work will include, but is not limited to, the detailed study of sedimentary petrology, stratigraphy, identification of fossil phyla, and local field investigations. Emphasis will be placed on the application of rock and fossil interpretations to the reconstruction of ancient environments and their evolution through geologic time.

Satisfies General Education for: Grossmont College B2; CSU B1; IGETC 5A

Transfers to: CSU, UC

GEOLOGY 150 †

(Biology 150, Geography 150, Oceanography 150)

Field Study of the Natural History of the Greater San Diego Region

3 units, 2 hours lecture, 3 hours laboratory

Prerequisite: A "C" grade or higher or "Pass" in Biology 110 or 120; or Geography 120 or 121 or 140; or Geology 110 or 111; or Oceanography 112 or equivalent.

An exciting, team-taught, interdisciplinary, field-based study of the natural environment of the San Diego region, including related parts of Imperial, Riverside, and Orange Counties. Vans are utilized to visit sites that best illustrate (1) the region's physical environment (including tectonics, geologic history, geomorphology, hydrology, meteorology, climatology, and soils), (2) the evolutionary response to environmental variation (focusing on

coastal sage scrub, chaparral, and desert ecosystems), and (3) the interaction of humans with the natural environment. Emphasis on field measurement includes use of GPS, compass, clinometer, maps, the current Jepson plant taxonomy, etc. Four weekends in spring semester only. Overnight campouts required. Students with credit in Geology 150 will not be able to enroll in Biology 150, Geography 150 or Oceanography 150.

Transfers to: CSU, UC (credit limited: see page 53)

GEOLOGY 162 † **Geologic Field Studies: Southern California Mountain Areas**

1 unit, 1 hour lecture

This course involves lecture and field study of geologic processes and features in selected areas of the southern California mountains. Lectures will examine the regional geomorphic features, identify the specific rock types, and discuss the tectonic setting of the area to be visited, with emphasis on the overall geologic evolution of the area. Study areas will include, but are not limited to, various locations within the Peninsular Ranges and Transverse Ranges. Students are trained in various field study techniques such as map and cross-section development, identification of geologic specimens, and the use of geologic instruments. The course requires field trip travel, often including overnight camping and light to moderate hiking.

Transfers to CSU

GEOLOGY 163 † **Geologic Field Studies: Mojave Desert and Adjacent Areas**

1 unit, 1 hour lecture

This course involves lecture and field study of geologic processes and features in selected areas of the Mojave Desert and adjacent areas. Lectures will examine the regional geomorphic features, identify the specific rock types, and discuss the tectonic setting of the area to be visited, with emphasis on the overall geologic evolution of the area. Study areas will include, but are not limited to, various locations within the Mojave Desert and Joshua Tree National Park. Students are trained in various field study techniques such as map and cross-section development, identification of geologic specimens, and the use of geologic instruments. The course requires field trip travel, often including overnight camping and light to moderate hiking.

Transfers to CSU

GEOLOGY 164 † **Geologic Field Studies: Southern California Coastal Areas**

1 unit, 1 hour lecture

This course involves lecture and field study of geologic processes and features in selected areas of the southern California coastline. Lectures will examine the regional geomorphic features, identify the specific rock types, and discuss the tectonic setting of the area to be visited, with emphasis on the overall geologic evolution of the area. Study areas will include, but are not limited to, various locations within the Channel Islands, southern Coast Ranges, and coastal regions from San Diego County northward to Santa Barbara County. Students are trained in various field study techniques such as map and cross-section development, identification of geologic specimens and the use of geologic instruments. The course requires field trip travel, often including overnight camping, kayaking, and light to moderate hiking.

Transfers to CSU

GEOLOGY 165 † **Geologic Field Studies: Colorado Desert/Salton Trough Area**

1 unit, 1 hour lecture

This course involves lecture and field study of geologic processes and features in selected areas of the Colorado Desert/Salton Trough region. Lectures will examine the regional geomorphic features, identify the specific rock types, and discuss the tectonic setting of the area to be visited, with emphasis on the overall geologic evolution of the area. Study areas will include, but are not limited to, various locations within the Anza Borrego Desert State Park and the Salton Trough. Students are trained in various field study techniques such as map and cross-section development, identification of geologic specimens, and the use of geologic instruments. The course requires field trip travel, often including overnight camping and light to moderate hiking.

Transfers to CSU

GEOLOGY 172 † **Field Exploration: Colorado Plateau**

3 units, 2 hours lecture, 3 hours laboratory

This week-long course involves lecture and field study of natural processes and features in selected areas of the Colorado Plateau. Lectures en route and on site may include the origin,

† This course meets all Title 5 standards for Associate Degree Credit.

evolution, and significance of the region's tectonic setting, geomorphic features, hydrology, native plants, and weather. The course may also examine human-environment interactions as well as spatial and temporal variations in areas such as the Grand Canyon, Zion National Park, Sunset Crater, and the Mogollon Rim. Students will learn various field study techniques including map interpretation, map analysis, and the use of field instruments including mineral and rock identification tools, compasses, and global positioning devices (GPS). The course requires field trip travel, including overnight camping and light to moderate hiking.

Transfers to CSU

GEOLOGY 173 †

(Geography 173)

Field Exploration: Cascade Range/Modoc Plateau

3 units, 2 hours lecture, 3 hours laboratory

This week-long course involves lecture and field study of natural processes and features in selected areas of the southern Cascade Range and the Modoc Plateau. Lectures en route and on site may include origin, evolution, and significance of the region's tectonic setting, geomorphic features, hydrology, native plants and weather. The course may also examine human-environment interactions as well as spatial and temporal variations in areas such as Lava Beds National Monument, McArthur-Burney Falls State Park, and Lassen Volcanic National Park. Students will learn various field study techniques including map interpretation, map analysis, and the use of field instruments including mineral and rock identification tools, compasses, and global positioning devices (GPS). The course requires field trip travel, including overnight camping and light to moderate hiking.

Transfers to CSU

GEOLOGY 174 †

(Geography 174)

Field Exploration: Basin and Range Province

3 units, 2 hours lecture, 3 hours laboratory

This week-long course involves lecture and field study of natural processes and features in selected areas of the Basin and Range Province. Lectures en route and on site may include the origin, evolution, and significance of the region's tectonic setting, geomorphic features, hydrology, native plants, and weather. The course may also examine human-environment interactions as well as spatial and temporal variations in areas such as Owens Valley, Death Valley, the Lake Mead area, and Great

Basin National Park. Students will learn various field study techniques including map interpretations, map analysis, and the use of field instruments including mineral and rock identification tools, compasses, and global positioning devices (GPS). The course requires field trip travel, including overnight camping and light to moderate hiking.

Transfers to CSU

GEOLOGY 175 †

(Geography 175)

Field Exploration: California Coastal Mountains

3 units, 2 hours lecture, 3 hours laboratory

This week-long course involves lecture and field study of natural processes and features in selected areas of the California coastal mountain region. Lectures en route and on site will examine the origin, evolution, and significance of the region's tectonic setting, geomorphic features, hydrology, native plants, and weather. The course may also examine human-environment interactions as well as spatial and temporal variations in areas such as along the San Andreas fault system, the Coast Ranges, and the Klamath Mountains. Students will learn various field study techniques including map interpretation, map analysis, and the use of field instruments including mineral and rock identification tools, compasses, and global positioning devices (GPS). The course requires field trip travel, often including overnight camping and light to moderate hiking.

Transfers to CSU

GEOLOGY 176 †

(Geography 176)

Field Exploration: Sierra Nevada

3 units, 2 hours lecture, 3 hours laboratory

This week-long course involves lecture field study of natural processes and features in selected areas of the Sierra Nevada mountains. Lectures en route and on site may include the origin, evolution, and significance of the region's tectonic setting, geomorphic features, hydrology, native plants, and weather. The course may also examine human-environment interactions as well as spatial and temporal variations in areas such as the Yosemite, Sequoia, and Kings Canyon National Parks, the Mammoth Lakes area, and Mono Lake. Students will learn various field study techniques including map interpretation, map analysis, and the use of field instruments including mineral and rock identification tools, compasses, and global positioning devices (GPS). The course requires field trip travel, often including overnight camping and light to moderate hiking.

Transfers to CSU

GEOLOGY 210 †

Geology of California

3 units, 3 hours lecture

This course examines the development of California's landscape and scenery by various tectonic and geomorphic processes throughout geologic time. Each of California's physiographic provinces will be studied in terms of geologic structures, natural resources, minerals, rock and fossil occurrences, and natural hazards. Field trips may be required.

Satisfies General Education for: Grossmont College B2; CSU B1; IGETC 5A

Transfers to: CSU, UC

GEOLOGY 220 †

Geology of the National Parks

3 units, 3 hours lecture

This course explores the most distinctive and intriguing geological features of America's National Parks. Each park will be examined separately in slide show / travelogue format, with emphasis placed on their formation and evolution. The theory of plate tectonics will provide the organizational structure for the course with each park representing a distinct stage in the Wilson Cycle.

Satisfies General Education for: Grossmont College B2; CSU B1

Transfers to CSU

GEOLOGY 230 †

Natural Disasters

3 units, 3 hours lecture

This course examines the geological and meteorological principles underlying natural disasters such as earthquakes, landslides, flooding, volcanic eruptions, and severe weather phenomena. Students will explore how dynamic earth processes affect human activities and discuss options for mitigation of these natural phenomena.

Satisfies General Education for Grossmont College B2

Transfers to: CSU, UC

GERMAN (GERM)

GERMAN 120 †

German I

5 units, 5 hours lecture

An introductory course to the German language and the cultures of its speakers. This course is designed for students with very little or no knowledge of German. It facilitates the practical application of the language in everyday oral and written communication at the beginning level. Since the focus will be on basic communication skills, the class will be conducted in German as much as possible. Students will learn structures that will enable them to function in German in everyday contexts while becoming familiar with the German

† This course meets all Title 5 standards for Associate Degree Credit.

speaking world.

Satisfies General Education for: Grossmont College C2; CSU C2; IGETC 6A
Transfers to: CSU, UC

GERMAN 121 † German II

5 units, 5 hours lecture

Prerequisite: A "C" grade or higher or "Pass" in German 120 or two years of high school German or equivalent.

German 121 is the continuation of German 120. The course will continue to develop oral and written skills based on practical everyday needs.

Satisfies General Education for: Grossmont College C2; CSU C2; IGETC 3B, 6A
Transfers to: CSU, UC

GERMAN 196 † Community Service Learning Experience

1 unit, 5 hours work experience per week
60 volunteer hours or 75 paid hours

Prerequisite: A "C" grade or higher or "Pass" in German 120 or equivalent.

Community Service Learning Experience (CSLE) is a community outreach program which promotes the national agenda of volunteer engagement. The purpose of this course is to provide the student an opportunity to practice and use the German language in a community based site and to explore different career options. For work experience requirements, see page 44.
Transfers to CSU

GERMAN 220 † German III

5 units, 5 hours lecture

Prerequisite: A "C" grade or higher or "Pass" in German 121 or three years of high school German or equivalent.

German 220 is the continuation of German 121. The course will continue to develop oral, listening, reading and writing skills in order to acquire proficiency in German.

Satisfies General Education for: Grossmont College C2; CSU C2; IGETC 3B, 6A
Transfers to: CSU, UC

GERMAN 221 † German IV

5 units, 5 hours lecture

Prerequisite: A "C" grade or higher or "Pass" in German 220 or four years of high school German or equivalent.

German 221 is the continuation of German 220. The course will continue to develop oral, listening, reading and writing skills in order to improve proficiency in German.

Satisfies General Education for: Grossmont College C2; CSU C2; IGETC 3B, 6A
Transfers to: CSU, UC

GERMAN 250 † Conversational German I

3 units, 3 hours lecture

Prerequisite: A "C" grade or higher or "Pass" in German 121 or three years of high school German or equivalent.

The course will continue to develop oral, listening, reading and writing skills with emphasis on oral proficiency.

Satisfies General Education for: Grossmont College C2; CSU C2; IGETC 6A
Transfers to: CSU, UC

GERMAN 251 † Conversational German II

3 units, 3 hours lecture

Prerequisite: A "C" grade or higher or "Pass" in German 250 or four years of high school German or equivalent.

The course will continue to develop at a higher level oral, listening, reading and writing skills with emphasis on oral proficiency.

Satisfies General Education for: Grossmont College C2; CSU C2; IGETC 6A
Transfers to: CSU, UC

HEALTH EDUCATION (HED)

HEALTH EDUCATION 101 † Keys to Successful Weight Control

1.5 units, 1.5 hours lecture

Recommended Preparation: A "C" grade or higher or "Pass" in English 110 or English as a Second Language 119 or equivalent.

This course explores the determinants of weight gain, loss and maintenance including food intake, energy expenditure, genetics, social pressures and psychological factors. Students will learn the proven keys to successful and long term weight control. A variety of approaches to weight control will be examined with thought to effectiveness, safety and nutritional adequacy. Disordered eating, including emotional eating, compulsive eating, bulimia and anorexia nervosa will be examined relative to their relationship to weight control.

Transfers to CSU

HEALTH EDUCATION 105 † Health Education for Teachers

1 unit, 1 hour lecture

Recommended Preparation: A "C" grade or higher or "Pass" in English 110 or English as a Second Language 119 or equivalent.

This course is designed for multiple or single subject teacher candidates and provides introductory knowledge of broad health-related issues that are relevant to K-12 curriculum. Topic areas covered include primary and secondary school health education curriculum

design, basic legal issues of health education in California, discussion of community resources, behavior modification techniques, stress management, benefits of regular exercise, nutrition and eating disorders, disease prevention, childhood obesity; contraception, sexually transmitted diseases, substance abuse, including alcohol and tobacco, safety in the home and school, and violence, including gang and domestic violence. This course is designed to meet the state of California health education requirement for the K-12 teaching credential.
Transfers to: CSU

HEALTH EDUCATION 120 † Personal Health and Lifestyles

3 units, 3 hours lecture

Recommended Preparation: A "C" grade or higher or "Pass" in English 110 or English as a Second Language 119 or equivalent.

A course emphasizing the information required to make important decisions concerning lifestyle and total health. An examination of stress, drugs, major diseases, nutrition, weight control, sexuality, aging, environmental issues, and other topics related to health and fitness with an emphasis on applying the information to personal behaviors. This course challenges the student to assume responsibility for, and take charge of his/her own health and well being.
Satisfies General Education for: Grossmont College D2; CSU E
Transfers to: CSU, UC

HEALTH EDUCATION 155 † Realities of Nutrition

3 units, 3 hours lecture

Recommended Preparation: A "C" grade or higher or "Pass" in English 110 or English as a Second Language 119 or equivalent.

This course is an introduction of the fundamentals of nutrition as it relates to good health. Understanding of current nutritional information (and misinformation) will be discussed to determine optimal dietary choices. Study of dietary goals and guidelines using current tools is incorporated as each student analyzes their own lifestyle choices. Further current issues covered are those in relation to weight maintenance techniques, eating disorders, food labeling, food safety and special needs at various stages in the lifecycle. The information covered will be practical and relevant to assist in making wise choices the rest of one's life.

Satisfies General Education for: Grossmont College D2; CSU E
Transfers to: CSU, UC

† This course meets all Title 5 standards for Associate Degree Credit.

HEALTH EDUCATION 158 † Nutrition for Fitness and Sports

3 units, 3 hours lecture

Recommended Preparation: A "C" grade or higher or "Pass" in English 110 or English as a Second Language 119 or equivalent.

A course investigating the effects of nutrition and various dietary regimens on athletic performance, physical fitness and general health. Students will compare the physiological effects of optimal nutrition vs. inadequate nutrition for the general population as well as athletes. Cultural, sociological and psychological influences on diet, nutrition and performance will be examined thoroughly. Discussion of current "fad" and supposed performance-enhancing diets and supplements will be addressed.

Satisfies General Education for: Grossmont College D2; CSU E

Transfers to CSU

HEALTH EDUCATION 159 † Cultural Aspects of Food and Nutrition

3 units, 3 hours lecture

Recommended Preparation: A "C" grade or higher or "Pass" in English 110 or ESL 119 or equivalent.

This course explores the regional, ethnic, cultural, religious, historical, economic, and social influences on food patterns, cuisines, and health as well as how food is viewed as an expression of cultural diversity. An overview of nutritional problems of ethnic groups are discussed and assessed along with geographic factors within cultures. Also examined are traditional foods, food availability, global food issues, religious influences and dietary habits. Connections are drawn between major historical events and how and why these events affected and defined the culinary traditions of different societies. The course also addresses nutrition and health and health consequences of ethnic food choices, on health sanitation, and safety practices.

Satisfies General Education for: Grossmont College D2; CSU E

Transfers to: CSU

HEALTH EDUCATION 201 † Introduction to Public Health

3 units, 3 hours lecture

Recommended Preparation: A "C" grade or higher or "Pass" in English 110 or English as a Second Language 119 or equivalent.

The purpose of this course is to provide an introduction to the environmental, biological and socio-cultural determinants of public health. The areas of emphasis are: environmental

health, health and community behavior, infectious disease, chronic disease, public health policy, implementation and regulation. Within these topic areas examination of the matrix of physiological, socio-cultural and psychological determinants of health will be addressed including an overview of various public health professions and institutions, the epidemiology of infectious and chronic disease and their impact on society as a whole, environmental health, health promotion, global health (including health disparities and cultural competence) and public health policy and management (including disaster preparedness).

Satisfies General Education for: Grossmont College D2; CSU E

Transfers to: CSU, UC

HEALTH EDUCATION 255 † Science of Nutrition

3 units, 3 hours lecture

Prerequisite: A "C" grade or higher or "Pass" in BIO 120 and CHEM 115 or CHEM 120 or equivalent.

Recommended Preparation: A "C" grade or higher or "Pass" in English 110 or English as a Second Language 119 or equivalent.

This course will establish the relationship between foods and science through the study and integration of chemistry, biology and nutrition science. Understanding of the metabolism, functions and sources of nutrients will be covered in detail to correlate the role they have in promotion of health and disease prevention. Discussion of the challenges that occur during the human lifecycle and how nutrient needs change will be covered. This course includes evaluation from a scientific perspective of current concepts, controversies, and dietary recommendations. Nutritional issues as they relate to weight maintenance, eating disorders, food labeling, food safety and special needs at various stages in the lifestyle will be thoroughly examined.

Satisfies General Education for: CSU E

Transfers to: CSU, UC

HEALTH SCIENCES (HESC)

HEALTH SCIENCES 099 †† Introduction to the United States Health Care System

3 units, 3 hours lecture

This course is designed for internationally trained health workers, health program students and health professionals interested in learning about the organization of the United States health care system. The course provides an overview of financing, insurance and expenditures. The course

will also address major health professions and occupations, educational pathways, licensure, practice and culture. Content areas include: Public Health; measuring health status and disparities; American beliefs/values and their consequence for health care delivery and the history and evolution of biomedicine in the U.S. This course is offered on a Pass/No Pass basis only. (Nondegree credit course)

HEALTH SCIENCES 110 † Disability and Society

3 units, 3 hours lecture

This course will explore the range of human experience of individuals with disabilities; attitudes toward persons who have been identified as gifted or who have learning, mental, physical or severe disabilities; interrelationships between societal institutions and needs of persons with disabilities; and historical responses to these needs. Current research and contemporary issues will be examined with particular emphasis on normalization, integration and community living. Increased understanding and appreciation of the factors impacting the quality of life for persons with disabilities will be achieved through observations and interviews conducted in the home, community, and other social environments of a person with a disability.

Satisfies General Education for: Grossmont College D1; CSU E

Transfers to CSU

HEALTH SCIENCES 112 † Cardiopulmonary Resuscitation (CPR)

.5 unit, 3/4 hour lecture/laboratory (6 hours lecture, 6 hours laboratory in short course format of 1.5 days)

Presents basic life support and cardiopulmonary resuscitation techniques as recommended by the American Heart Association. This includes management of airway obstruction and cardiopulmonary arrest in the infant, child and adult. A two year American Heart Association Certificate is issued for a \$2 fee upon successful completion of the course. American Red Cross and the American Heart Association cross-recognize course completion cards. This course is offered on a Pass/No Pass basis only.

† This course meets all Title 5 standards for Associate Degree Credit.

†† This course meets all Title 5 standards for Nondegree Credit.

HEALTH SCIENCES 150 † **Techniques for** **Developmental Disability** **Specialist**

3 units, 3 hours lecture

Corequisite: A "C" grade or higher or concurrent enrollment in Health Sciences 110 or equivalent.

This course is designed for persons involved in support services for people with developmental disabilities including those who have learning, mental, physical, or severe disabilities. It provides technical knowledge for support personnel to promote social skills and integration, adaptation, self dependence, health, safety, nutrition, recreation, leisure and communication for persons with disabilities.

Transfers to CSU

HEALTH SCIENCES 152 A-B † **Work Experience for** **Disability Services** **Management**

2 units, 10 hours work experience per week

120 volunteer hours or 150 paid hours

Prerequisite: A "C" grade or higher in Health Sciences 205 and 206.

Work experience for individuals desiring directed practical experience in support services for persons with disabilities. This course provides students the opportunity to apply knowledge and skills gained through Health Sciences 110, 150, 205 and 206. Emphasis is on inclusive support strategies and practices. For work experience requirements, see page 44.

Transfers to CSU

HEALTH SCIENCES 154 † **Work Experience for** **Disability Services** **Management**

4 units, 20 hours work experience per week

240 volunteer hours or 300 paid hours

Prerequisite: A "C" grade or higher in Health Sciences 205 and 206.

Work experience for individuals desiring directed practical experience in support services for persons with disabilities. This course provides students the opportunity to apply knowledge and skills gained through Health Sciences 110, 150, 205 and 206. Emphasis is on inclusive support strategies and practices. For work experience requirements, see page 44.

Transfers to CSU

HEALTH SCIENCES 205 † **Alternative/Augmentative** **Communication and Assistive** **Technology for People with** **Disabilities**

3 units, 3 hours lecture

Prerequisite: A "C" grade or higher in Health Sciences 110 and 150.

This course introduces principles and procedures in assessing and accommodating the needs of individuals with disabilities in the following areas:

1) alternative and augmentative communication (AAC) systems and strategies and 2) other assistive technology (AT) equipment and services. The course will include the historical and legislative development of these supports and services; a foundation of speech and language acquisition; person-centered assessment strategies, instrument strategies, and intervention techniques; and access to assistive technology (AT) resources and materials, locally and via the Internet. Students will develop case studies demonstrating the effective use of assistive technology, including alternative augmentative communication, in relation to school, work, recreation, home, or community environments.

Transfers to CSU

HEALTH SCIENCES 206 † **Behavioral Management and** **Training Techniques**

3 units, 3 hours lecture

Prerequisite: A "C" grade or higher in Health Sciences 110 and 150 or equivalent.

This course presents more advanced theory and rationale for the use of management and training techniques with people with developmental disabilities in four major areas: (1) training, (2) behavior management, (3) management of assaultive behavior, and (4) general learning theory. Emphasis is on problem solving and application of theory in specific settings that involve individuals with multiple needs.

Transfers to CSU

HISTORY (HIST)

HISTORY 100 † **Early World History**

3 units, 3 hours lecture

Recommended Preparation: A "C" grade or higher or "Pass" in English 110 or English as a Second Language 119 or equivalent.

A historical survey of civilizations from ancient times to 1500 C.E. with particular focus on Asia, Africa, Europe, the Americas, the Indian Subcontinent, Mediterranean Basin, the Middle East and Oceania. Emphasis placed on the origins, development and interconnections of diverse cultures, political systems, social/cultural forces,

major religions, noted empires, artistic/intellectual achievements and technological breakthroughs.

Satisfies General Education for: Grossmont College C1; CSU C2, D; IGETC 3B, 4

Transfers to: CSU, UC

HISTORY 101 † **Modern World History**

3 units, 3 hours lecture

Recommended Preparation: A "C" grade or higher or "Pass" in English 110 or English as a Second Language 119 or equivalent.

A survey of world history from 1500 C.E. to the present with particular focus on modern Asia, Europe, Africa, the Americas, the Indian subcontinent and the Middle East. Emphasis will be placed on the origins of maritime exploration, artistic/intellectual movements, revolutions, nationalism, empires, technological breakthroughs, industrialization, imperialism, world wars, totalitarianism, decolonization and economic globalization.

Satisfies General Education for: Grossmont College C1; CSU C2, D; IGETC 3B, 4

Transfers to: CSU, UC

HISTORY 103 † **Twentieth Century World** **History**

3 units, 3 hours lecture

Recommended Preparation: A "C" grade or higher or "Pass" in English 110 or English as a Second Language 119 or equivalent.

A global historical survey of the political, social, economic, and cultural events that defined and shaped the 20th century. Particular emphasis includes height of European imperialism, First World War, rise of totalitarian regimes, Second World War, Cold War, decolonization and the rise of nation-states, genocides and civil wars, revolutions in Asia, Africa and Latin America, Middle East conflict, fall of the Soviet bloc, social and intellectual movements, scientific and technological breakthroughs, and economic globalization.

Satisfies General Education for: Grossmont College C1; CSU C2, D; IGETC 3B, 4

Transfers to: CSU, UC

HISTORY 105 † **Early Western Civilization**

3 units, 3 hours lecture

Recommended Preparation: A "C" grade or higher or "Pass" in English 110 or English as a Second Language 119 or equivalent.

A historical survey tracing the political, social, economic, cultural, and intellectual events that have shaped and defined Western Civilization from ancient times to 1650. Emphasis is placed upon ancient Mesopotamia, ancient Egypt, eastern Mediterranean

† This course meets all Title 5 standards for Associate Degree Credit.

civilizations, pre and classical Greece, Hellenistic era, Roman civilization and empire, rise of Christianity and Islam, Byzantine Empire, medieval Europe, Renaissance and Reformation.

Satisfies General Education for: Grossmont College C1; CSU C2, D; IGETC 3B, 4
Transfers to: CSU, UC

HISTORY 106 † **Modern Western Civilization**

3 units, 3 hours lecture

Recommended Preparation: A "C" grade or higher or "Pass" in English 110 or English as a Second Language 119 or equivalent.

A historical survey tracing the events and development of the modern Western world from 1500 to the present. Particular emphasis upon the making of modern European political/economic systems, institutions, values, and ideas. Such topics include Reformation/Age of Religious Wars, Absolutism, Scientific Revolution, Enlightenment, Age of Revolutions, Napoleonic Era, nineteenth-century ideologies, industrialization, nationalism, imperialism, modern western science, modern western art/literature, world wars, totalitarianism, the Cold War and contemporary Europe.

Satisfies General Education for: Grossmont College C1; CSU C2, D; IGETC 3B, 4
Transfers to: CSU, UC

HISTORY 108 † **Early American History**

3 units, 3 hours lecture

Recommended Preparation: A "C" grade or higher or "Pass" in English 110 or English as a Second Language 119 or equivalent.

A historical survey tracing the political, social, and cultural events that have shaped and created the United States from pre-Columbian times to 1877. Emphasis is placed upon pre-Columbian past, European contact during Age of Exploration, colonial America, American Revolution, Constitutional and Federalist Era, Jeffersonian democracy, Jacksonian Era, Old South and slavery, Age of Reform, antebellum society, westward expansion, sectional crisis, American Civil War and Reconstruction. The course also explores the origin and development of significant American institutions, ideals, thought, constitutional features and various social and ideological struggles.
Satisfies General Education for: Grossmont College D3; CSU D; IGETC 4
Transfers to: CSU, UC (credit limited: see page 53)

HISTORY 109 † **Modern American History**

3 units, 3 hours lecture

Recommended Preparation: A "C" grade or higher or "Pass" in English 110 or English as a Second Language 119 or equivalent.

A historical survey tracing the political, social, and cultural events that have developed and transformed the United States from 1865 to the present. Emphasis is placed upon Reconstruction, Big Business, Industrialization, Labor, Immigration, Native American Wars, Westward/Frontier Expansion, Gilded Age, Overseas Colonial Expansion, Progressive Era, World War I, Roaring 20s, Depression Era, World War II, Cold War, 1950s and 1960s, Civil Rights Movement, social and political movements/protests, late 20th and early 21st century domestic and international events. The course also explores the creation of significant modern American institutions, ideals, thought, ideologies and legal/constitutional features.

Satisfies General Education for: Grossmont College D3; CSU D; IGETC 4
Transfers to: CSU, UC (credit limited: see page 53)

HISTORY 113 † **American Military History**

3 units, 3 hours lecture

Recommended Preparation: A "C" grade or higher or "Pass" in English 110 or English as a Second Language 119 or equivalent.

This course introduces the student to military history of the United States from the colonial period to the present with emphasis on institutional, technological, social, political, cultural, and diplomatic contexts in times of peace and conflict. Major themes and coverage of noted wars will focus on three periods: colonial, continental expansion, and overseas expansion.

Satisfies General Education for: Grossmont College C1; CSU D; IGETC 4
Transfers to: CSU, UC

HISTORY 114 † **Comparative History of the Early Americas**

3 units, 3 hours lecture

Recommended Preparation: A "C" grade or higher or "Pass" in English 110 or English as a Second Language 119 or equivalent.

The Americas from ancient times to the nineteenth century. Emphasis on ancient American civilizations and the interactions among Native American, European, and African American cultures in the formation of new nations. The social, political, and cultural developments of the early United States, Latin America and Canada and their political systems.

Satisfies General Education for: Grossmont College D1; CSU D; IGETC 4
Transfers to: CSU, UC

HISTORY 115 † **Comparative History of the Modern Americas**

3 units, 3 hours lecture

Recommended Preparation: A "C" grade or higher or "Pass" in English 110 or English as a Second Language 119 or equivalent.

A survey of the political, social, economic, and cultural development of the modern Americas. Emphasis on interactions among Native American, European, and African American cultures and the social, political, and economic transformations of the modern United States, Latin America and Canada from the early nineteenth century to the present.

Satisfies General Education for: Grossmont College D1; CSU D; IGETC 4
Transfers to: CSU, UC

HISTORY 118 † (Cross-Cultural Studies 118) **U.S. History: Chicano/Chicana Perspectives I**

3 units, 3 hours lecture

Recommended Preparation: A "C" grade or higher or "Pass" in English 110 or English as a Second Language 119 or equivalent.

This course is designed to explore the role and development of the Mexican/Chicano/Chicana people in the history of the Southwest United States. An examination of significant aspects of United States history with emphasis on the social, economic, political and cultural implications to Mexican/Chicano/Chicana people in the United States. Beginning with pre-Colombian Meso-America to the Mexican-American War (1848) selected aspects of history will be highlighted for the purpose of examining the experiences and contributions of this unique indigenous ethnic group. The U.S. Federal Constitution is studied with special emphasis on the impact and effects of the Treaty of Guadalupe Hidalgo. Particular attention is given to the political philosophies of both countries and its impact on the Mexican American community.

Satisfies General Education for: Grossmont College D3; CSU D; IGETC 4
Transfers to: CSU, UC (credit limited: see page 53)

† This course meets all Title 5 standards for Associate Degree Credit.

HISTORY 119 †

(Cross-Cultural Studies 119)

U.S. History: Chicano/Chicana Perspectives II

3 units, 3 hours lecture

Recommended Preparation: A "C" grade or higher or "Pass" in English 110 or English as a Second Language 119 or equivalent.

This course is designed to explore the role and development of the Chicano/Chicana people in the history of the Southwest United States. An examination of significant aspects of United States history with emphasis on the social, economic, political and cultural implications to Chicano/Chicana people in the United States. Beginning with the Mexican-American War (1848) to the present period selected aspects of history will be highlighted for the purpose of examining the experiences and contributions of this unique indigenous ethnic group. The Federal Constitution is studied with special emphasis on the impact and effects on Chicanos/Chicanas. Particular attention is given to political philosophies and impact of legislation on the Chicano/Chicana community leading to contemporary U.S. Society. Satisfies General Education for: Grossmont College D3; CSU D; IGETC 4 Transfers to: CSU, UC (credit limited: see page 53)

HISTORY 122 †**Women in Early American History**

3 units, 3 hours lecture

Recommended Preparation: A "C" grade or higher or "Pass" in English 110 or English as a Second Language 119 or equivalent.

This course covers the social, political, cultural, economic and intellectual development of women in United States history from pre-European contact to 1877. Women's experiences are placed in the context of the origins of American institutions and ideals.

Satisfies General Education for: Grossmont College D3; CSU D; IGETC 4 Transfers to: CSU, UC (credit limited: see page 53)

HISTORY 123 †**Women in Modern American History**

3 units, 3 hours lecture

Recommended Preparation: A "C" grade or higher or "Pass" in English 110 or English as a Second Language 119 or equivalent.

This course covers the social, political, cultural, economic and intellectual development of women in United States history from 1877 to the present. Women's experiences are placed in the context of evolving American institutions.

Satisfies General Education for: Grossmont College D3; CSU D; IGETC 4 Transfers to: CSU, UC (credit limited: see page 53)

HISTORY 124 †**History of California**

3 units, 3 hours lecture

Recommended Preparation: A "C" grade or higher or "Pass" in English 110 or English as a Second Language 119 or equivalent.

Survey of the political, social, and economic development of the State of California from pre-Columbian Native Americans to the present. Emphasis upon European exploration and interaction with California's Native Americans, Spanish colonization, Mexican California, statehood, late 19th century, pre-WWI Progressive Era, 1910s and 1920s, Depression Era, WWII, Post-WWII era, 1960s to the 1990s, and early 21st century. Course will also include a unit of study in California State and local government.

Satisfies General Education for: Grossmont College D1; CSU D; IGETC 4 Transfers to: CSU, UC

HISTORY 126 †**History of Mexico**

3 units, 3 hours lecture

Recommended Preparation: A "C" grade or higher or "Pass" in English 110 or English as a Second Language 119 or equivalent.

A general survey of the history of Mexico from its pre-conquest origins to the twenty-first century. Emphasis on the Toltec, the Maya, the Aztec and other native societies; the conquest; the interactions among Native, Spanish and African cultures; colonial society; independence; the Mexican Revolution and the development of modern Mexico. Particular attention will be given to the social, political, economic and cultural transformation of Mexico across five centuries.

Satisfies General Education for: Grossmont College C1; CSU C2, D; IGETC 3B, 4 Transfers to: CSU, UC

HISTORY 130 †

(Cross-Cultural Studies 130)

U.S. History and Cultures: Native American Perspectives I

3 units, 3 hours lecture

Recommended Preparation: A "C" grade or higher or "Pass" in English 110 or English as a Second Language 119 or equivalent.

An historical survey of the indigenous people throughout the North American Continent from the earliest recorded knowledge to the period of 1850. Attention will be given to Indian perspectives of native and nonnative cultures. The influence of American Indians on the Federal Constitution and the political philosophies of early Americans will be studied. Indian political organization and its parallels and differences in early American political organizations and philosophies are studied. Particular attention is given to legislation and its impact on Indian culture and society.

Satisfies General Education for: Grossmont College D3; CSU D; IGETC 4 Transfers to: CSU, UC (credit limited: see page 53)

HISTORY 131 †

(Cross-Cultural Studies 131)

U.S. History and Cultures: Native American Perspectives II

3 units, 3 hours lecture

Recommended Preparation: A "C" grade or higher or "Pass" in English 110 or English as a Second Language 119 or equivalent.

An historical survey of the indigenous peoples of the North American Continent from the period of 1850 to the present. Attention will be given to contemporary, historical, political, and socio-economic issues affecting the American Indian nationwide, statewide and locally. Indian perspectives of native and nonnative cultures will be included. The Federal and California State Constitutions are studied with special emphasis on the effects on and influence of the Indian culture and society. Particular attention is given to political philosophies and the impact of legislation on Indian culture and society. Satisfies General Education for: Grossmont College D3; CSU D; IGETC 4 Transfers to: CSU, UC (credit limited: see page 53)

† This course meets all Title 5 standards for Associate Degree Credit.



HISTORY 135 † **Ancient History of Western Civilization**

3 units, 3 hours lecture

Recommended Preparation: A "C" grade or higher or "Pass" in English 110 or English as a Second Language 119 or equivalent.

A historical survey tracing the political, social, intellectual and cultural events of the ancient civilizations within the Near East and Mediterranean basin from 3500 B.C.E. to 500 C.E. This course will focus on the contributions and achievements of civilizations within Mesopotamia, Egypt, Persia, Asia Minor, the Levant, Crete, Greece, North Africa, and Rome and their significance in shaping Western Civilization. Further emphasis will be placed upon their political systems, religion, philosophy, science/technology, laws, role of women, and arts/literature.

Satisfies General Education for: Grossmont College C1; CSU C2; IGETC 3B, 4
Transfers to: CSU, UC

HISTORY 136 † **Survey of Medieval History**

3 units, 3 hours lecture

Recommended Preparation: A "C" grade or higher or "Pass" in English 110 or English as a Second Language 119 or equivalent.

A historical survey tracing the political, social, economic, intellectual, religious and cultural events that occurred during Europe's medieval period c.500-1500 C.E. This course begins with the decline of the Western Roman Empire and then focuses upon rise of Germanic kingdoms, role of the papacy, monasticism, establishment of Christendom, Carolingian Empire, feudalism, Vikings, England, German

States, Eastern Europe, Muslim invasions, Crusades, Black Death, medieval philosophy and science, art and literature, role of women, gender and sexuality, and the demise of medieval era and birth of modern Europe. The course also explores the creation of significant lasting institutions, ideas, and thought from the medieval era that remains part of the present-day Western world.

Satisfies General Education for: Grossmont College C1; CSU C2, D; IGETC 3B, 4
Transfers to: CSU, UC

HISTORY 137 † **History of East Asia**

3 units, 3 hours lecture

Recommended Preparation: A "C" grade or higher or "Pass" in English 110 or English as a Second Language 119 or equivalent.

A historical survey of China and Japan from prehistory to modern times. Emphasis on their comparative and intertwining histories with particular attention to historical origins, political institutions, social/economic structures, religious/philosophical beliefs, literary/cultural achievements, technological/scientific contributions, interactions with Korea and the West, participation in major wars, and current geopolitical status and power.

Satisfies General Education for: Grossmont College C1; CSU C2, D; IGETC 3B, 4
Transfers to: CSU, UC

HISTORY 148 † **Emergence of the Modern Middle East**

3 units, 3 hours lecture

Recommended Preparation: A "C" grade or higher or "Pass" in English 110 or English as a Second Language 119 or equivalent.

A historical survey exploring the events leading to the creation and emergence of the modern Middle East. Ranging from the 7th century to the present, the course includes the origin and spread of Islam, Islamic dynasties and civilization, Crusades, Ottoman Empire, Persia/Iran, interactions with and colonization by Western powers, rise of 20th century independent nation-states, creation of Israel and the Arab-Israeli conflict, 20th century wars and conflicts, famous political/religious leaders, intellectual/scientific accomplishments, and artistic/literary works.

Satisfies General Education for: Grossmont College C1; CSU C2, D; IGETC 3B, 4
Transfers to: CSU, UC

HISTORY 154 † **(Cross-Cultural Studies 154)** **Early History of Women in World Civilization**

3 units, 3 hours lecture

Recommended Preparation: A "C" grade or higher or "Pass" in English 110 or English as a Second Language 119 or equivalent.

This course covers the transnational/global concepts of gender, social, economic, political, cultural and intellectual/creative aspects of women in world society from prehistoric times to the early modern era (1500 C.E.). Societal structures, cultural norms, legal/sociological constructs, religious paradigms affecting women throughout Asia, Africa, Middle East, the Americas and Europe will be explored. The course will also focus upon gaining an understanding of women's past accomplishments, both major and mundane, as well as limitations, which may illuminate their present and future. *Satisfies General Education for: Grossmont College D1; CSU D; IGETC 4*
Transfers to: CSU, UC (credit limited: see page 53)

† This course meets all Title 5 standards for Associate Degree Credit.

HISTORY 155 †

(Cross-Cultural Studies 155)

Modern History of Women in World Civilization

3 units, 3 hours lecture

Recommended Preparation: A "C" grade or higher or "Pass" in English 110 or English as a Second Language 119 or equivalent.

This course covers the transnational/global concepts of gender, social, economic, political, cultural and intellectual/creative aspects of women in world society from 1500 C.E. to the present. Societal structures, cultural norms, legal/sociological constructs, religious paradigms affecting women throughout modern Asia, Africa, Middle East, the Americas and Europe will be explored. The course will also focus upon gaining an understanding of women's past accomplishments, both major and mundane, as well as limitations, which may illuminate their present and future.

Satisfies General Education for: Grossmont College D1; CSU D; IGETC 4

Transfers to: CSU, UC (credit limited: see page 53)

HISTORY 180 †

(Cross-Cultural Studies 180)

U.S. History: Black Perspectives I

3 units, 3 hours lecture

Recommended Preparation: A "C" grade or higher or "Pass" in English 110 or English as a Second Language 119 or equivalent.

A survey of United States history from colonial times to the American Civil War seen from the perspective and experiences of African-Americans. The course will begin with examining the historical backdrop of African peoples in continental Africa and trace their story through early modern European contact, the slave trade, enslavement in the Americas, colonial America, the revolutionary and Constitutional era, the early Republic, participation in American institutions, sectional issues between North and South over slavery, the Civil War and emancipation. Course will also examine the contradictions, paradoxes and constitutional challenges of the American experiment of freedom alongside the institution of slavery. The course also explores the political, social, economic, legalistic, cultural, spiritual, literary and artistic life of African-Americans during this historical period.

Satisfies General Education for: Grossmont College D3; CSU D; IGETC 4

Transfers to: CSU, UC (credit limited: see page 53)

HISTORY 181 †

(Cross-Cultural Studies 181)

U.S. History: Black Perspectives II

3 units, 3 hours lecture

Recommended Preparation: A "C" grade or higher or "Pass" in English 110 or English as a Second Language 119 or equivalent.

A survey of United States history from Reconstruction to the present seen from the perspective and experience of African-Americans. The course begins with examining the historical backdrop of the Civil War's aftermath and the emancipation of slaves and then traces the African-American experience through modern American history. Topics include Reconstruction, Jim Crow South, late 19th century, pre WWI and the Progressive Era, WWI and the Roaring 20s, Depression Era, WWII and the home front, post-WWII era and segregation, Civil Rights Era, struggles of the 1960s and 1970s, and current times. Course also explores the contradictions, paradoxes and constitutional challenges, both federal and state, of the American experiment of equality alongside racial segregation and injustices. The course also explores the political, social, economic, legalistic, cultural, spiritual, literary and artistic life of African-Americans during modern American history.

Satisfies General Education for: Grossmont College D3; CSU D; IGETC 4

Transfers to: CSU, UC (credit limited: see page 53)

HISTORY 194 †**Community Service Learning Experience**

1 unit, 5 hours work experience per week

60 volunteer hours or 75 paid hours

Community Service Learning Experience (CSLE) is a community outreach program which promotes the national agenda of volunteer engagement. The purpose is to provide students an opportunity to expand their citizenship consciousness while exploring options and careers in a selected area of study. This course includes placement in a community based historical site, archives, museum, institute, research library or with K-12 history/social studies students. For work experience requirements, see page 44.

Transfers to CSU

HUMANITIES (HUM)**HUMANITIES 110 †****Principles of the Humanities**

3 units, 3 hours lecture

An introduction to the field of humanities through an integrated study of culture and the creative products of humanity. The fine arts as well as dominant philosophic, political and religious ideas are evaluated as a means of understanding cultural expression.

Satisfies General Education for: Grossmont College C1; CSU C1, C2; IGETC 3B

Transfers to: CSU, UC

HUMANITIES 120 †**European Humanities**

3 units, 3 hours lecture

An integrated approach to European cultural values as expressed in representative masterpieces of literature, philosophy, drama, music, visual art and architecture.

Satisfies General Education for: Grossmont College C1; CSU C1, C2; IGETC 3B

Transfers to: CSU, UC (credit limited: see page 53)

HUMANITIES 125 †**Women and Western Culture**

3 units, 3 hours lecture

This course examines women and Western culture through a humanistic lens, exploring the place of women in literature and poetry, history, visual and performing arts, philosophy, politics and science. Emphasis is placed on the manifestations of women's struggles across the spectrum of human experience.

Satisfies General Education for: Grossmont College C1; CSU C2; IGETC 3B

Transfers to: CSU, UC (credit limited: see page 53)

HUMANITIES 130 †**East Asian Humanities**

3 units, 3 hours lecture

An integrated approach to the culture of East Asia from earliest civilization to present. The cultural development of Japan, China and India, as well as Southeast Asia, will be explored in relation to literature, music, drama, architecture, visual arts, and film. Cultural expression will be examined using a religious and historical context.

Satisfies General Education for: Grossmont College C1; CSU C2; IGETC 3B

Transfers to: CSU, UC (credit limited: see page 53)

† This course meets all Title 5 standards for Associate Degree Credit.

HUMANITIES 135 † **Blues as Literature, History, and Culture**

3 units, 3 hours lecture

An examination of blues music and its influence on American culture. Blues will be explored in musical, literary, historical and socio-political contexts in order to understand the factors that gave rise to the art form. Particular emphasis will be on the rich and expressive African-American culture and its profound contribution to the American identity.

Satisfies General Education for: Grossmont College C1; CSU C2; IGETC 3B

Transfers to: CSU, UC

HUMANITIES 140 † **Humanities of the Americas**

3 units, 3 hours lecture

Integrated exploration of broadly representative examples of literature, philosophy, drama, music, visual art, and architecture of the Americas—the geographical scope of which will include the United States, Canada, the Caribbean, and Latin America.

Satisfies General Education for: Grossmont College C1; CSU C2

Transfers to CSU

HUMANITIES 160 † **Humanities of the Future**

3 units, 3 hours lecture

An integrated approach to the possible culture humans may create in the future. Beginning with an analysis of past and contemporary trends in literature, music, religion, painting and/or architecture, an attempt will be made to project these trends into the future. Emphasis will be on methods of projection using science fiction (writing and/or film) as well as the prophecies of scientists, artists, sociologists, and political scientists.

Satisfies General Education for: Grossmont College C1; CSU C2

Transfers to: CSU, UC

HUMANITIES 170 † **Modern World Humanities**

3 units, 3 hours lecture

A comparative study of the modern cultural domains of the world: 1) East Asia, 2) Middle East and Near East, 3) Europe, and 4) the Americas. A global perspective of culture will be acquired through the experience of representative works of art, literature, philosophy and religion. Emphasis will be on the transition of cultures to the modern world and the interaction of cultures in the modern world.

Satisfies General Education for: Grossmont

College C1; CSU C2; IGETC 3B

Transfers to: CSU, UC (credit limited: see page 53)

HUMANITIES 194 † **Community Service Learning Experience**

1 unit, 5 hours work experience per week

60 volunteer hours or 75 paid hours

Community Service Learning Experience (CSLE) is a community outreach program which promotes volunteer engagement. The purpose is to provide students an opportunity to explore options and careers in a selected area of study. This course includes placement in a community based site. For work experience requirements, see page 44.

Transfers to CSU

INTERDISCIPLINARY STUDIES (IDS)

INTERDISCIPLINARY STUDIES 198 **Supervised Tutoring**

0 units, 50 hours TBA

Corequisite: Official enrollment in Grossmont College.

This course uses a variety of educational tools to assist students with various learning needs. It could be used to strengthen prerequisite skills prior to enrolling in a specific course or to receive supplemental assistance while enrolled in another course. The course may be repeated with different content. This is a no fee/no credit course.

ITALIAN (ITAL)

ITALIAN 120 † **Italian I**

5 units, 5 hours lecture

An introductory course to the Italian language and the cultures of its speakers. This course is designed for students with very little or no knowledge of Italian. It facilitates the practical application of the language in everyday oral and written communication at the beginning level. Since the focus will be on basic communication skills, the class will be conducted in Italian as much as possible. Students will learn structures that will enable them to function in Italian in everyday contexts while becoming familiar with the Italian speaking world.

Satisfies General Education for: Grossmont College C2; CSU C2; IGETC 6A

Transfers to: CSU, UC

ITALIAN 121 † **Italian II**

5 units, 5 hours lecture

Prerequisite: A "C" grade or higher or "Pass" in Italian 120 or two years of high school Italian or equivalent.

Italian 121 is the continuation of Italian 120. The course will continue to develop oral and written skills based on practical everyday needs. *Satisfies General Education for: Grossmont College C2; CSU C2; IGETC 3B, 6A*

Transfers to: CSU, UC

ITALIAN 220 † **Italian III**

5 units, 5 hours lecture

Prerequisite: A "C" grade or higher or "Pass" in Italian 121 or three years of high school Italian or equivalent.

Italian 220 is the continuation of Italian 121. The course will continue to develop oral, listening, reading and writing skills in order to acquire proficiency in Italian.

Satisfies General Education for: Grossmont College C2; CSU C2; IGETC 3B, 6A

Transfers to: CSU, UC

ITALIAN 221 † **Italian IV**

5 units, 5 hours lecture

Prerequisite: A "C" grade or higher or "Pass" in Italian 220 or four years of high school Italian or equivalent.

Italian 221 is the continuation of Italian 220. The course will continue to develop oral, listening, reading and writing skills in order to improve proficiency in Italian.

Satisfies General Education for: Grossmont College C2; CSU C2; IGETC 3B, 6A

Transfers to: CSU, UC

ITALIAN 250 † **Conversational Italian I**

3 units, 3 hours lecture

Prerequisite: A "C" grade or higher or "Pass" in Italian 121 or three years of high school Italian or equivalent.

The course will continue to develop oral, listening, reading and writing skills with emphasis on oral proficiency.

Satisfies General Education for: Grossmont College C2; CSU C2; IGETC 6A

Transfers to: CSU, UC

ITALIAN 251 † **Conversational Italian II**

3 units, 3 hours lecture

Prerequisite: A "C" grade or higher or "Pass" in Italian 250 or four years of high school Italian or equivalent.

The course will continue to develop at a higher level oral, listening, reading and writing skills with emphasis on oral proficiency.

Satisfies General Education for: Grossmont College C2; CSU C2; IGETC 6A

Transfers to: CSU, UC

† This course meets all Title 5 standards for Associate Degree Credit.

JAPANESE (JAPN)

JAPANESE 120 † Japanese I

5 units, 5 hours lecture

An introductory course to the Japanese language and the cultures of its speakers. This course is designed for students with very little or no knowledge of Japanese. It facilitates the practical application of the language in everyday oral and written communication at the beginning level. Since the focus will be on basic communication skills, the class will be conducted in Japanese as much as possible. Students will learn structures that will enable them to function in Japanese in everyday contexts while becoming familiar with the Japanese speaking world.

Satisfies General Education for: Grossmont College C2; CSU C2; IGETC 6A

Transfers to: CSU, UC

JAPANESE 121 † Japanese II

5 units, 5 hours lecture

Prerequisite: A "C" grade or higher or "Pass" in Japanese 120 or two years of high school Japanese or equivalent.

Japanese 121 is the continuation of Japanese 120. The course will continue to develop oral and written skills based on practical everyday needs.

Satisfies General Education for: Grossmont College C2; CSU C2; IGETC 3B, 6A

Transfers to: CSU, UC

JAPANESE 149 † (Cross-Cultural Studies 149) Japanese Culture and Civilization

3 units, 3 hours lecture

A survey of major characteristics of Japanese culture as seen in Japan today. This course will compare and contrast traditional Japanese culture and values with the modern Japanese culture. This course will examine what role history has played in the development of traditional Japanese culture and the role western culture has played in the development of the modern Japanese culture. It will examine the issues that this dichotomy creates and the relationship between Japan and the western world. This course will be taught in English.

Satisfies General Education for: Grossmont College C1; CSU C2; IGETC 3B

Transfers to: CSU, UC (credit limited: see page 53)

JAPANESE 196 † Community Service Learning Experience

1 unit, 5 hours work experience per week

60 volunteer hours or 75 paid hours

Prerequisite: A "C" grade or higher or "Pass" in Japanese 120 or equivalent.

Community Service Learning Experience (CSLE) is a community outreach program which promotes the national agenda of volunteer engagement. The purpose of this course is to provide the student an opportunity to practice and use the Japanese language in a community based site and to explore different career options. For work experience requirements, see page 44.

Transfers to CSU

JAPANESE 220 † Japanese III

5 units, 5 hours lecture

Prerequisite: A "C" grade or higher or "Pass" in Japanese 121 or three years of high school Japanese or equivalent.

Japanese 220 is the continuation of Japanese 121. The course will continue to develop oral, listening, reading and writing skills in order to acquire proficiency in Japanese.

Satisfies General Education for: Grossmont College C2; CSU C2; IGETC 3B, 6A

Transfers to: CSU, UC

JAPANESE 221 † Japanese IV

5 units, 5 hours lecture

Prerequisite: A "C" grade or higher or "Pass" in Japanese 220 or four years of high school Japanese or equivalent.

Japanese 221 is the continuation of Japanese 220. The course will continue to develop oral, listening, reading and writing skills in order to improve proficiency in Japanese.

Satisfies General Education for: Grossmont College C2; CSU C2; IGETC 3B, 6A

Transfers to: CSU, UC

JAPANESE 250 † Conversational Japanese I

3 units, 3 hours lecture

Prerequisite: A "C" grade or higher or "Pass" in Japanese 121 or three years of high school Japanese or equivalent.

The course will continue to develop oral, listening, reading and writing skills with emphasis on oral proficiency.

Satisfies General Education for: Grossmont College C2; CSU C2; IGETC 6A

Transfers to: CSU, UC

JAPANESE 251 † Conversational Japanese II

3 units, 3 hours lecture

Prerequisite: A "C" grade or higher or "Pass" in Japanese 250 or four years of high school Japanese or equivalent.

The course will continue to develop at a higher level oral, listening, reading and writing skills with emphasis on oral proficiency.

Satisfies General Education for: Grossmont College C2; CSU C2; IGETC 6A

Transfers to: CSU, UC

JOURNALISM

see: Media Communications

LIBRARY INFORMATION RESOURCES (LIR)

LIBRARY INFORMATION RESOURCES 110 †

Research Methods in an Online World

1 unit, 1 hour lecture

Recommended Preparation: A "C" grade or higher or "Pass" in English 110 or English as a Second Language 119 or equivalent.

Designed for the student who would like to improve critical research skills. Students will learn to navigate research tools – such as databases and search engines, for specific information needs. Students will develop search strategies and express their research questions in relevant search terms. In addition, they will evaluate information and create citations in accordance with style manuals. Ethical issues about information will also be introduced. Familiarity with basic computer operation is strongly recommended.

Transfers to CSU

MATHEMATICS (MATH)

Course eligibility is required of all students prior to enrolling in any math course. Course eligibility is obtained by one of the following:

- Satisfactorily completing all prerequisite courses.
- Taking a math assessment to determine current math skills.
- Obtaining a math waiver form from the Counseling Center.
- Present college transcripts to the counseling staff showing satisfactory completion of equivalent prerequisite courses. When possible, bring a course description to assist in determining course equivalency. Students with transcripts from foreign colleges should contact the Mathematics Department or the Counseling Center.

MATHEMATICS 080 †† Basic Mathematics

2 units, 2 hours lecture

Fundamentals of arithmetic including addition, subtraction, multiplication, and division are reviewed with stress placed upon mental arithmetic involving whole numbers. Operations with fractions, decimals and percent are stressed. This course is offered on a Pass/No Pass only. (Nondegree credit course)

MATHEMATICS 087 †† Strategies for Success in Math 080 – Math 090

1 unit, 1 hour lecture

An introduction to strategies to improve success in math courses. Included in the course are test taking strategies, techniques to deal with math anxiety, textbook reading skills, ways to improve note taking and memory, and effective homework practices. Students will identify various aspects of their learning style and use the information to develop study strategies that are appropriate for a math course. This course may be taken prior to taking a math class or concurrently with Math 080, 088, 089 or 090. This course is offered on a Pass/No Pass basis only. (Nondegree credit course)

MATHEMATICS 088 †† Pre-Algebra

4 units, 4 hours lecture

This course covers the derivation and use of selected measurement concepts; and the development of pre-algebra ideas such as variable, signed numbers and equations. This course is offered on a Pass/No Pass basis only. (Nondegree credit course)

MATHEMATICS 088L †† Computer Tutorial Review for Pre-Algebra

1 unit, 3 hours laboratory

This course uses a variety of educational tools to assist students. It could be used to strengthen prerequisite skills prior to enrolling in a specific course or to receive supplemental assistance while enrolled in a basic mathematics or pre-algebra course. Educational tools include computer-aided tutorials, drills, and problem sets. This course is offered on a Pass/No Pass basis only. (Nondegree credit course)

MATHEMATICS 089 †† Pre-Algebra for the Math Anxious

5 units, 5 hours lecture

This course will teach students to overcome mathematics anxiety and prepare them for elementary algebra. Emphasis in the course will be on developing self confidence through successfully solving arithmetic, algebraic and geometric problems. Students will learn effective skills, including cooperative learning and test taking techniques. A variety of nontraditional materials and techniques will be used in the presentation of concepts. This course is offered on a Pass/No Pass basis only. (Nondegree credit course)

MATHEMATICS 090 †† Elementary Algebra

5 units, 5 hours lecture, or 4 hours lecture plus 2 hours computer assisted instruction (4.5 hours lecture and 1.5 hours laboratory)

Recommended Preparation: A "Pass" grade in MATH 088 or equivalent.

This course is the first of a two-course sequence in algebra intended to help prepare students for transfer level mathematics. An introduction to the following topics is included: the vocabulary of algebra, evaluation of literal expressions, and functions. Topics covered in more depth include solving and graphing linear equations and inequalities in one and two variables; solving and graphing systems of equations in two variables; factoring;

algebraic operations on polynomial, rational, and radical expressions; solving quadratics using factoring, and rational equations. This course is recommended for students with little or no recent knowledge of algebra and is offered on a Pass/No Pass basis only. (Nondegree credit course)

MATHEMATICS 090L †† Computer Tutorial Review for Elementary Algebra

1 unit, 3 hours laboratory

This course uses a variety of educational tools to assist students. It could be used to strengthen prerequisite skills prior to enrolling in a specific course or to receive supplemental assistance while enrolled in an elementary algebra course. Educational tools include computer-aided tutorials, drills, and problem sets. This course is offered on a Pass/No Pass basis only. (Nondegree credit course)

MATHEMATICS 097 †† Plane Geometry

3 units, 3 hours lecture

Prerequisite: A "Pass" grade in MATH 090 or equivalent.

This course introduces essential vocabulary, properties and characteristics of geometric objects and geometric constructions. The concepts of plane geometry are developed inductively and then deductively. Integrated computer instruction offers a dynamic presentation of geometric concepts. This course is offered on a Pass/No Pass basis only. (Nondegree credit course)

MATHEMATICS 103 † Intermediate Algebra

3 units, 3 hours lecture

Prerequisite: A "Pass" grade in MATH 090 or equivalent.

Math 103 is the second of a two-course sequence in algebra and serves as the prerequisite for a limited number of transferable mathematics courses. This course completes some topics from the first course, such as factoring and operations on rational and radical expressions, and includes the addition of new topics such as exponential and logarithmic expressions and equations, and conic sections. The concept of functions is developed including composition and inverses. Quadratic functions are covered in depth. Computational techniques developed in beginning algebra are prerequisite skills for this course. This course is appropriate for students with a knowledge of beginning algebra or who have had at least two years of high

† This course meets all Title 5 standards for Associate Degree Credit.

†† This course meets all Title 5 standards for Nondegree Credit.

school algebra but have not used it for several years. A student can earn a maximum of (five) 5 units for taking MATH 103 and MATH 110. This course serves as a prerequisite for MATH 120, MATH 125, and MATH 160.
Satisfies General Education for Grossmont College A3

MATHEMATICS 110 † **Intermediate Algebra for Business, Math, Science and Engineering Majors**

5 units, 5 hours lecture or 4 hours lecture plus 2 hours computer assisted instruction (4.5 hours lecture and 1.5 hours laboratory)

Prerequisite: A "Pass" grade in MATH 090 or equivalent.

Math 110 is the second of a two-course sequence in algebra. This course completes some topics from the first course, such as factoring and operations on rational and radical expressions, and includes the addition of new topics such as exponential and logarithmic expressions and equations, conic sections and an introduction to matrices and sequences and series. The concept of functions is developed including composition and inverses. Quadratic functions are covered in depth. Graphing calculators are required for this course. Computational techniques developed in beginning algebra are prerequisite skills for this course. This course is appropriate for students with a knowledge of beginning algebra or who have had at least two years of high school algebra but have not used it for several years. This course serves as a prerequisite for Math 120, Math 125, Math 150, Math 160, Math 170, Math 175, Math 176, and Math 178. A student can earn a maximum of (five) 5 units for taking Math 103 and Math 110.
Satisfies General Education for Grossmont College A3

MATHEMATICS 110L †† **Computer Tutorial Review for Intermediate Algebra**

1 unit, 3 hours laboratory

This course is designed for students who wish to review and master previously completed coursework. It should be taken to help strengthen concepts needed for the next course. This course consists of computer-aided tutorials, drills, and problem sets for the purpose of helping the student master the concepts of intermediate algebra. This course is offered on a Pass/No Pass basis only. (Nondegree credit course)

MATHEMATICS 120 † **Quantitative Reasoning**

3 units, 3 hours lecture

Prerequisite: A "C" grade or higher or "Pass" in MATH 103 or 110 or equivalent.

Use skills developed in Intermediate Algebra to survey the historical development of and apply topics such as: logic, geometry, probability, statistics, problem solving, sequences and patterns, numeration systems, and personal finance to develop quantitative reasoning skills.

Satisfies General Education for: Grossmont College A3; CSU B4, IGETC 2A

Transfers to: CSU, UC (credit limited see page 53)

MATHEMATICS 125 † **Structure and Concepts of Elementary Mathematics I**

3 units, 3 hours lecture, 1 hour laboratory

Prerequisite: A "C" grade or higher or "Pass" in MATH 103 or 110 AND MATH 097, or equivalent.

Blending the mathematical topics of sets, whole numbers, numeration, number theory, integers, rational and irrational numbers, measurement, relations, functions and logic. The course will investigate the interrelationships of the above topics using a problem-solving approach. The course will also investigate appropriate use of technology in the classroom.

Satisfies General Education for: Grossmont College A3; CSU B4, IGETC 2A

Transfers to: CSU, UC (credit limited: see page 53)

MATHEMATICS 126 † **Structure and Concepts of Elementary Mathematics II**

3 units, 3 hours lecture, 1 hour laboratory

Prerequisite: A "C" grade or higher or "Pass" in MATH 125 or equivalent.

Blending the mathematical topics of probability, statistics, relations, graphs, measurement, coordinate geometry, plane geometry, solid geometry, logic, and number sense. The course will investigate the interrelationships of the above topics using a problem-solving approach. The course will also investigate the appropriate use of technology in the classroom.

Satisfies General Education for: Grossmont College A3; CSU B4, IGETC 2A

Transfers to: CSU, UC (credit limited: see page 53)

MATHEMATICS 128 † **Children's Mathematical Thinking**

1.5 units, 1.5 hours lecture

Prerequisite: A "C" grade or higher or "Pass" in Math 125 or equivalent or concurrent enrollment in Math 125.

An in-depth analysis of children's mathematical thinking and understanding of operations (addition, subtraction, multiplication, and division), place value and fractions. Students will observe individual children solving mathematical problems.

Transfers to CSU

MATHEMATICS 150 † **Introduction to Computer Programming Applications in Mathematics**

3 units, 3 hours lecture

Prerequisite: A "C" grade or higher or "Pass" in MATH 110 or equivalent.

Use of computers to analyze mathematical application problems and their solutions from statistics, engineering and the physical sciences. Fundamentals of structured technical programming including language commands and computational algorithms.

Satisfies General Education for Grossmont College A3

Transfers to: CSU, UC

MATHEMATICS 160 † **Elementary Statistics**

4 units, 4 hours lecture

Prerequisite: A "C" grade or higher or "Pass" in MATH 103 or 110 or equivalent.

This course provides an introduction to descriptive statistics, probability theory and inferential statistics. Topics include data collection; summary and graphical displays of data; measures of central tendency and variability; elementary probability theory; standard procedures involving the normal, binomial, student's t, chi-square, and F distributions; confidence intervals and hypothesis testing; linear correlation and regression; and ANOVA. Students will learn technology for statistical analysis and interpret the relevance of the statistical findings. Applications come from various fields such as biology, business, economics, education, social sciences, health science, life sciences and psychology.

Satisfies General Education for: Grossmont College A3; CSU B4; IGETC 2A

Transfers to: CSU, UC (credit limited: see page 53)

† This course meets all Title 5 standards for Associate Degree Credit.

†† This course meets all Title 5 standards for Nondegree Credit.

MATHEMATICS 160L †† **Computer Tutorial for** **Elementary Statistics**

1 unit, 3 hours laboratory

This course consists of computer-aided tutorials, drills, and problem sets for the purpose of helping the student master the concepts of statistics. This course is offered on a Pass/No Pass basis only. (Nondegree credit course)

MATHEMATICS 170 † **Analytic Trigonometry**

3 units, 3 hours lecture

Prerequisite: A "Pass" grade in MATH 097 or equivalent and a "C" grade or higher in MATH 110 or equivalent. Note: MATH 103 is not equivalent to MATH 110.

A theoretical approach to the study of the trigonometric functions with emphasis upon circular functions, trigonometric identities, trigonometric equations, graphical methods, inverse functions, vectors and applications, complex numbers and solving triangles with applications.

Satisfies General Education for: Grossmont College A3; CSU B4

Transfers to CSU

MATHEMATICS 175 † **College Algebra**

4 units, 4 hours lecture

Prerequisite: A "C" grade or higher in MATH 110 or equivalent. Note: MATH 103 is not equivalent to MATH 110.

Graphic, numeric, and analytic approaches to the study of precalculus concepts from college algebra. Application of appropriate technology including but not limited to graphic utilities to model, analyze, and interpret a collection of data or to solve real-world application problems from a wide variety of disciplines. Topics include the real number system; algebraic, exponential, and logarithmic functions and their inverses; graphing techniques for polynomial and rational functions; complex numbers; theory of equations; partial fractions; mathematical induction; sequences and series; matrices; and the binomial theorem. A student can receive credit for only MATH 170 and 175, or MATH 176.

Satisfies General Education for: Grossmont College A3; CSU B4; IGETC 2A

Transfers to: CSU, UC (credit limited: see page 53)

MATHEMATICS 176 † **Precalculus: Functions and** **Graphs**

6 units, 6 hours lecture

Prerequisite: A "C" grade or higher in MATH 110 or equivalent and MATH 097 or equivalent. (MATH 103 is not equivalent to MATH 110.)

Unification of college algebra and analytical trigonometry based on the function concept. Topics include properties of real number system, inequalities, theory of equations, complex numbers, the study of functions including inverse functions, logarithmic and exponential functions, trigonometric functions with emphasis on circular functions, trigonometric identities, trigonometric equations, graphical methods and solving triangles with applications, matrices, binomial theorem, mathematical induction, sequences and series. Completion of the Matriculation Process is highly recommended. Completion of college algebra or trigonometry will enhance the student's preparation for this course. A student can earn a maximum of 6 units when taking MATH 170, 175, and 176.

Satisfies General Education for: Grossmont College A3; CSU B4; IGETC 2A

Transfers to: CSU, UC (credit limited: see page 53)

MATHEMATICS 177 † **Introduction to Teaching** **Secondary Mathematics**

3 units, 2 hours lecture, 3 hours laboratory

Prerequisite: A "C" grade or higher or "Pass" in MATH 175 or equivalent.

Introduction to the teaching and learning of mathematics in secondary school classrooms. Designed for students with an interest/background in mathematics particularly those who may consider teaching mathematics as a career. The course includes seminar work with mathematical problems as well as discussions on assessment and methodology used in the secondary school environment. It includes on-site field experience in secondary schools with a mentor teacher, as a service learning component, and provides students with insight to a secondary school teaching career in mathematics. The course will be designed to allow students to address a variety of learning modalities by observation in the field and discussing learning approaches through their own mathematical problem solving experiences.

Transfer to: CSU, UC

MATHEMATICS 178 † **Calculus for Business, Social** **and Behavioral Sciences**

4 units, 4 hours lecture

Prerequisite: A "C" grade or higher in MATH 110 or equivalent. Note: MATH 103 is not equivalent to MATH 110.

Recommended Preparation: A "C" grade or higher or "Pass" in MATH 175.

An introduction to matrix algebra, differential and integral calculus with applications specifically designed for business, social and behavioral sciences. Not open to students with credit in MATH 180.

Satisfies General Education for: Grossmont College A3; CSU B4; IGETC 2A

Transfers to: CSU, UC (credit limited: see page 53)

MATHEMATICS 180 † **Analytic Geometry and** **Calculus I**

5 units, 5 hours lecture

Prerequisite: A "C" grade or higher or "Pass" in MATH 170 and MATH 175 or MATH 176 or equivalent.

A first course in differential and integral calculus of a single variable; functions; limits and continuity; techniques and applications of differentiation and integration; Fundamental Theorem of Calculus. Primarily for science, technology, engineering and mathematics majors.

Satisfies General Education for: Grossmont College A3; CSU B4; IGETC 2A

Transfers to: CSU, UC (credit limited: see page 53)

MATHEMATICS 245 † **Discrete Mathematics**

3 units, 3 hours lecture

Prerequisite: A "C" grade or higher or "Pass" in MATH 280 or equivalent.

Introduction to discrete mathematics. Topics to include sets, relations, summations, elementary counting techniques, recurrence relations, logic and proofs. This course is appropriate for mathematics and computer science majors.

Satisfies General Education for: Grossmont College A3; CSU B4; IGETC 2A

Transfers to: CSU, UC

MATHEMATICS 280 † **Analytic Geometry and** **Calculus II**

4 units, 4 hours lecture

Prerequisite: A "C" grade or higher or "Pass" in MATH 180 or equivalent.

A second course in differential and integral calculus of a single variable: integration; techniques of integration; infinite sequences and series; polar and parametric equation; conics. Primarily for Science, Technology, Engineering and Math majors.

Satisfies General Education for: Grossmont College A3; CSU B4; IGETC 2A

Transfers to: CSU, UC

† This course meets all Title 5 standards for Associate Degree Credit.

†† This course meets all Title 5 standards for Nondegree Credit.

MATHEMATICS 281 † **Multivariable Calculus**

4 units, 4 hours lecture

Prerequisite: A "C" grade or higher or "Pass" in MATH 280 or equivalent.

Math 281 is the third of a three-course sequence in calculus. Topics include vector valued functions, calculus of functions of more than one variable, partial derivatives, multiple integration, Green's Theorem, Stokes' Theorem, divergence theorem.

Satisfies General Education for: Grossmont College A3; CSU B4; IGETC 2A

Transfers to: CSU, UC

MATHEMATICS 284 † **Linear Algebra**

3 units, 3 hours lecture

Prerequisite: A "C" grade or higher or "Pass" in MATH 280 or equivalent.

This course develops the techniques and theory needed to solve and classify systems of linear equations. Solution techniques include row operations, Gaussian elimination, and matrix algebra. Investigates the properties of vectors in two and three dimensions, leading to the notion of an abstract vector space. Vector space and matrix theory are presented including topics such as inner products, norms, orthogonality, eigenvalues, eigenspaces, and linear transformations. Selected applications of linear algebra are included.

Satisfies General Education for: Grossmont College A3; CSU B4; IGETC 2A

Transfers to: CSU, UC

MATHEMATICS 285 † **Differential Equations**

3 units, 3 hours lecture

Prerequisite: A "C" grade or higher or "Pass" in MATH 280 or equivalent.

The course is an introduction to ordinary differential equations including both quantitative and qualitative methods as well as applications from a variety of disciplines. Introduces the theoretical aspects of differential equations and systems of equations, including establishing when solutions exist and various techniques for obtaining solutions (series solutions, Laplace transforms, separation of variables, variation of parameters, etc.)

Satisfies General Education for: Grossmont College A3; CSU B4; IGETC 2A

Transfers to: CSU, UC

MEDIA COMMUNICATIONS (MCOM)

MEDIA COMMUNICATIONS 105 † **Introduction to Electronic Media**

3 units, 3 hours lecture

This course introduces the history, structure, function, economics, content, and evolution of radio, television, film, the Internet, and new media, including traditional and mature formats. The social, political, regulatory, ethical and occupational impact of the electronic media are also studied.

Transfers to CSU

MEDIA COMMUNICATIONS 110 † **Mass Media and Society**

3 units, 3 hours lecture

Survey of the forms, functions and controls of the mass media, including television, motion pictures, radio, the recording industry, magazines, print journalism, multi-media, and current or emerging mass media technologies. Emphasis will be placed upon the ways in which the media and society influence and change each other.

Satisfies General Education for: Grossmont College D1; CSU D; IGETC 4

Transfers to: CSU, UC

MEDIA COMMUNICATIONS 111 † **Introduction to Media Aesthetics and Cinematic Arts**

3 units, 3 hours lecture

Introduces the close analysis of film and television texts. Examines the broad questions of form and content, aesthetics and meaning, and history and culture. Explores the diverse possibilities presented by the cinematic art form through an examination of a wide variety of productions, national cinemas, and film movements. Topics include modes of production, narrative and non-narrative forms, visual design, editing, sound, genre, ideology and critical analysis.

Satisfies General Education for: Grossmont College C3; CSU C1

Transfers to: CSU, UC

MEDIA COMMUNICATIONS 112 † **Introduction to Reporting and News Writing**

3 units, 3 hours lecture

An introduction to gathering, synthesizing/organizing, and writing news in journalistic style across multiple platforms. Includes role of the journalist and related legal and ethical issues. Students will report and write based on their original interviews and research to produce news content for hard copy, social, and electronic media. Experiences may include covering speeches, meetings, and other events, writing under deadline, and use of Associated Press style.

Transfers to CSU

MEDIA COMMUNICATIONS 113 † **Media Announcing**

3 units, 2 hours lecture, 3 hours laboratory

Preparation and delivery of materials created by the student, or adapted from other works, before the microphone and/or camera. Participation in productions for radio and television and other media.

Transfers to CSU

MEDIA COMMUNICATIONS 116 † **Introduction to Audio Production**

3 units, 2 hours lecture, 3 hours laboratory

This course serves as an introduction to the theory and practice of audio production for radio, television, film and digital recording applications. Students will learn the fundamentals of sound design and aesthetics, microphone use, and digital recording equipment. Students gain hands-on experience recording, editing, mixing, and mastering audio. Upon completion, students will have basic knowledge of applied audio concepts, production workflow, equipment functions, and audio editing software.

Transfers to CSU

MEDIA COMMUNICATIONS 117 † **Television Studio Operations**

4 units, 3 hours lecture, 3 hours laboratory

This course introduces theory, terminology, and operation of a multi-camera television studio and control room. Topics include studio signal flow, directing, theory and operation of camera and audio equipment, switcher operation, fundamentals of lighting, graphics, video control and video recording, and real-time video production.

Transfers to CSU

† This course meets all Title 5 standards for Associate Degree Credit.

MEDIA COMMUNICATIONS 118 † **Media Script Writing**

3 units, 3 hours lecture

An introductory course in writing for the film and electronic media. Emphasis on preparing scripts in proper formats, including fundamental technical, conceptual and stylistic issues related to writing fiction and non-fiction scripts for informational and entertainment purposes in film and electronic media. Includes a writing evaluation component as a significant part of the course requirement.

Transfers to CSU

MEDIA COMMUNICATIONS 119 A-B-C † **Fundamentals of Radio Broadcasting**

3 units, 1 hour lecture, 6 hours laboratory

Corequisite: A "C" grade or higher or "Pass" or concurrent enrollment in MCOM 113 or 116.

This course focuses on both production (studio operations) and non-production (business operations) functions in a radio broadcasting station. Emphasis is placed on individual involvement in all aspects of station operations, including news, sports and music program production, sales, traffic, promotion and public affairs. New students will, under faculty supervision, observe day-to-day station operations and assist staff members. As they progress, students will be assigned to live operation of the Griffin Radio on a regular basis. They are also assigned departmental manager duties on a rotating basis. Griffin Radio is recognized as the official student radio station of Grossmont College, and is operated as a lab through the Media Communication's curriculum.

Transfers to CSU

MEDIA COMMUNICATIONS 120 † **Single Camera Video Cinematography**

3 units, 2 hours lecture, 3 hours laboratory

The course provides an introduction to the theory, terminology, and operation of single camera video production, including composition and editing techniques, camera operation, portable lighting, video recorder operation, audio control and basic editing. This course focuses on the aesthetics and fundamentals of scripting, producing, directing on location, postproduction, and exhibition/distribution.

Transfers to: CSU, UC

MEDIA COMMUNICATIONS 132A † **Media News Practicum I**

3 units, 1 hour lecture, 6 hours laboratory

Prerequisite: A "C" grade or higher or "Pass" in MCOM 112.

Student media practicum that includes a lab that regularly produces a news or feature non-fiction product with a journalism emphasis by and for students and distributed to a campus or community audience. Includes weekly news assignments and a variety of student media across multiple platforms, including photo journalism, print, broadcast, and online. The student will gain practical experience in design/layout, visual, online, multimedia journalism and emerging technologies. The publications will be student produced and with student leadership.

Transfers to CSU

MEDIA COMMUNICATIONS 132B † **Media News Practicum II**

3 units, 1 hour lecture, 6 hours laboratory

Prerequisite: A "C" grade or higher or "Pass" in MCOM 132A or equivalent.

This course requires higher skill level and/or leadership/management involvement than MCOM 132A. Intermediate student media practicum that includes a lab that regularly produces a news or feature non-fiction product with a journalism emphasis by and for students and distributed to a campus or community audience. Include weekly news assignments and a variety of student media across multiple platforms, including photo journalism, print, broadcast, and online. The student will gain practical experience in design/layout, visual, online, multimedia journalism, emerging technologies, and leadership/management. The publication will be student produced with student leadership.

Transfers to CSU

MEDIA COMMUNICATIONS 132C † **Media News Practicum III**

3 units, 1 hour lecture, 6 hours laboratory

Prerequisite: A "C" grade or higher or "Pass" in MCOM 132B or equivalent.

This course requires higher skill level and/or leadership/management involvement than MCOM 132B. Student media practicum includes both on-and off-campus reporting and writing/news presentation for a variety of news purposes and through multiple platforms and distributed to a campus or community audience. Includes practical experience leadership/management. Includes weekly news assignments. Writing and presentation of advanced level journalistic articles for print, online, or broadcast. Includes practical experience in design/layout,

visual, online, multimedia journalism and emerging technologies. Students will be assigned leadership/managerial duties to oversee, produce news content, layout and distribution of student news media.

Transfers to CSU

MEDIA COMMUNICATIONS 151 † **Electronic Media Internship I**

1 unit, 5 hours work experience per week

60 volunteer hours or 75 paid hours

Prerequisite: A "C" grade or higher or "Pass" in MCOM 112 or MCOM 116 or MCOM 117 or equivalent.

Students will observe operations and work in radio stations, television stations, CCTV production centers, and film production companies. Students will work for five hours per week on-site. A diary will be kept on student activities at the production site. For work experience requirements, see page 44.

Transfers to CSU

MEDIA COMMUNICATIONS 153 † **Electronic Media Internship II**

2 units, 10 hours work experience per week

120 volunteer hours or 150 paid hours

Prerequisite: A "C" grade or higher or "Pass" in MCOM 112 or MCOM 116 or MCOM 117 or equivalent.

Students will observe operations and work in radio stations, television stations, CCTV production centers, and film production companies. Students will work for ten hours per week on-site. A diary will be kept on student activities at the production site. For work experience requirements, see page 44.

Transfers to CSU

MEDIA COMMUNICATIONS 155 † **Electronic Media Internship III**

3 units, 15 hours work experience per week

180 volunteer hours or 225 paid hours

Prerequisite: A "C" grade or higher or "Pass" in MCOM 112 or MCOM 116 or MCOM 117 or equivalent.

Students will observe operations and work in radio stations, television stations, CCTV production centers, and film production companies. Students will work for fifteen hours per week on-site. A diary will be kept on student activities at the production site. For work experience requirements, see page 44.

Transfers to CSU

† This course meets all Title 5 standards for Associate Degree Credit.



MEDIA COMMUNICATIONS 189 †
(Art 189, Music 189, Theatre Arts 189)
Multimedia and the Creative Arts

3 units, 3 hours lecture

The creative potential that multimedia allows us cannot be studied in a vacuum. Today's powerful new technologies demand a critical examination of the disciplines of art, music, theatre, audio-video and film to fully understand the impact that multimedia can have in every aspect of our contemporary lives. This cross-disciplinary survey course will provide the perspective needed to fully understand the computer's relevance to the creative endeavors of visual and performing artists, photographers, musicians, filmmakers and videographers. This course will present a short history of each discipline, attempting to isolate important issues within a larger historical context as well as providing the cultural, aesthetic and ethical implications each medium has encountered with the introduction of the computer as a creative tool. Students will be guided toward defining the relevance of each medium within the broader context of multimedia, as well as exploring the convergence of these disciplines within the broader context of multimedia, as well as exploring the convergence of these disciplines within the ever-changing new technologies of this century.

Satisfies General Education for Grossmont College C3

Transfers to: CSU, UC (credit limited: see page 53)

MEDIA COMMUNICATION 210 †
Social Media in the Digital Age

3 units, 3 hours lecture

This course explores social media from a content perspective. Students will learn the fundamentals of social media and the theories behind writing for it, as well as the ethics and standards of consuming and communicating information via digital, social and mobile technologies in a global environment.

Transfers to CSU

MEDIA COMMUNICATIONS 212 †
Multimedia Reporting

3 units, 2 hours lecture, 3 hours laboratory

Prerequisite: A "C" grade or higher in MCOM 112 or equivalent

This course will provide an introduction to multimedia storytelling with a journalism emphasis. Techniques that will be explored include use of video, photos, audio, animation, and text to convey interactive news and feature stories through the Internet and other electronic media. It also will include techniques in digital research, critical thinking, and synthesis.

Transfers to CSU

MEDIA COMMUNICATIONS 216 A-B-C †
Audio Multitrack Production

3 units, 2 hours lecture, 3 hours laboratory

Prerequisite: A "C" grade or higher or "Pass" in MCOM 116 or equivalent.

This course focuses on contemporary audio studio multitrack production and the use of multi-channel audio studio recording and mixing. Emphasis is placed on pre-production, production, and post-production with the goal of enabling students to produce broadcast quality audio and music projects for use

throughout the entertainment industry, specifically in the areas of audio for video, film scoring, and CD production. Audio majors will have the option of taking up to four semesters experience in this course to allow them to develop industry standard skills. This class is particularly appropriate for students wishing to pursue a career in recording studio engineering or sound design for video and film.

Transfers to CSU

MEDIA COMMUNICATIONS 217 †
Television and Video Producing and Directing

3 units, 1 hour lecture, 6 hours laboratory

Recommended Preparation: A "C" grade or higher or "Pass" in MCOM 117 or equivalent.

Students will learn to produce and direct narrative and non-narrative television studio and field production. The course will cover various stages and practices of TV and video production, including the responsibilities of producer and director and production personnel. Students will produce short form TV programs in studio and documentary style video content in the field.

Transfers to CSU

MEDIA COMMUNICATIONS 226 †
Digital Audio Production

3 units, 2 hours lecture, 3 hours laboratory

Prerequisite: A "C" grade or higher or "Pass" in MCOM 116 or equivalent.

This course focuses on the use of the digital audio workstations in contemporary digital audio recording studios. Additional applications in the hands-on use of computers and digital editing software, organizational skills in digital audio signal production, processing, and sound effects, as well as synchronization of digital audio tracks to visual electronic media. Students will complete several digital audio projects in the area of dialog, music and sound effects for recording, broadcast and/or visual electronic media.

Transfers to CSU

MEDIA COMMUNICATIONS 230 †
Digital Program Production I

3 units, 2 lecture hours, 3 laboratory hours

Prerequisite: A "C" grade or higher or "Pass" in MCOM 120 or equivalent.

Recommended Preparation: A "C" grade or higher or "Pass" in MCOM 118 or equivalent.

This course provides the theory, terminology, and process of motion picture production for film and television. Topics include basic cinematography including the operation, function and creative uses of pre-production, production and post-

† This course meets all Title 5 standards for Associate Degree Credit.

production equipment, scriptwriting, camera operations, shot composition, lighting, sound recording and mixing, and editing.

Transfers to CSU

MEDIA COMMUNICATION 231 † Digital Program Production II

3 units, 2 hours lecture, 3 hours laboratory
Prerequisite: A "C" grade or higher or "Pass" in MCOM 230 or equivalent.

This course is the second of a capstone sequence, after MCOM 230, for the Media Communications major with video production emphasis. An application of digital film processes and technology including computer hardware and software in the editing and post-production of a narrative or documentary film program. The techniques of preparation logs, non-linear editing, special effects software, digital titling, audio mixing and storage options will be applied. Students, working in small teams, will compare program distribution options including the Internet digital film domain and prepare and output programs for distribution.

Transfers to CSU

MEDIA COMMUNICATIONS 250 A-B-C † Journalism Internship Seminar

.5 unit, 1 hour lecture

Prerequisite: A "C" grade or higher or "Pass" in MCOM 112 or equivalent.

Corequisite: Concurrent enrollment in MCOM 251 or 253 or 255.

A seminar for students currently enrolled in the internship program. Seminar discussions will include problems and examples of work situations, human relations, and job-search techniques.

Transfers to CSU

MEDIA COMMUNICATIONS 251 † Journalism Internship

1 unit, 5 hours work experience per week
60 volunteer hours or 75 paid hours

Prerequisite: A "C" grade or higher or "Pass" in MCOM 112 or equivalent.

Corequisite: Concurrent enrollment in MCOM 250A.

Special work in journalism at specified locations on or off campus. For work experience requirements, see page 44.

Transfers to CSU

MEDIA COMMUNICATIONS 253 † Journalism Internship

2 units, 10 hours work experience per week
120 volunteer hours or 150 paid hours

Prerequisite: A "C" grade or higher or "Pass" in MCOM 112 or equivalent.

Corequisite: Concurrent enrollment in MCOM 250B.

Special work in journalism at specified locations on or off campus. For work experience requirements, see page 44.

Transfers to CSU

MEDIA COMMUNICATIONS 255 † Journalism Internship

3 units, 15 hours work experience per week
180 volunteer hours or 225 paid hours

Prerequisite: A "C" grade or higher or "Pass" in MCOM 112 or equivalent.

Corequisite: Concurrent enrollment in MCOM 250C.

Special work in journalism at specified locations on or off campus. For work experience requirements, see page 44.

Transfers to CSU

MULTIMEDIA (MM)

MULTIMEDIA 190 † Digital Multimedia I

4 units, 3 hours lecture, 3 hours laboratory

Prerequisite: A "C" grade or higher or "Pass" in CSIS 110 or CSIS 105 or ART 170 or equivalent.

This interdisciplinary course is an introduction to the theory and practice of digital media as the digital integration of art, video, graphics, sound, and music for design and production in art, communications, entertainment, science, engineering and industrial applications. This course is an overview of simple 2D and 3D graphics and animation, digital still-image processing, digital sound and music generation, and the steps involved in multimedia. Instructors from the departments involved will participate in team teaching this class.

Transfers to: CSU, UC

MULTIMEDIA 192 † Digital Multimedia II

4 units, 3 hours lecture, 3 hours laboratory

Prerequisite: A "C" grade or higher or "Pass" in MM 190 or equivalent. Completion of a Multimedia Area of Emphasis.

An application-oriented course in digital multimedia production with emphasis on techniques integrating 2D and 3D still and animated graphics and model with digital video, sound, and music. Use and programming of multimedia local area networks will also be explored. The emphasis is on the completion of an actual commercial grade project. Instructors from the departments involved will participate in team teaching this class.

Transfers to CSU

MULTIMEDIA 196 † Multimedia Internship

2 units, 10 hours work experience per week
120 volunteer hours or 150 paid hours

Prerequisite: A "C" grade or higher or "Pass" of MM 190 or equivalent. Completion of a Multimedia Area of Emphasis.

Corequisite: Completion of or concurrent enrollment in Multimedia 192.

Students will observe operations and work in the multimedia industry. Students will work for ten hours per week, on-site. A diary will be kept on student activities at the production site. For work experience requirements, see page 44.

Transfers to CSU

MULTIMEDIA 197 † Multimedia Internship

3 units, 15 hours work experience per week
180 volunteer hours or 225 paid hours

Prerequisite: A "C" grade or higher or "Pass" of MM 190 or equivalent. Completion of a Multimedia Area of Emphasis.

Corequisite: Completion of or concurrent enrollment in Multimedia 192.

Students will observe operations and work in the multimedia industry. Students will work for fifteen hours per week, on-site. A diary will be kept on student activities at the production site. For work experience requirements, see page 44.

Transfers to CSU

MUSIC (MUS)

Unless specifically required by a transfer institution for preparation for a Music major, students are limited to four enrollments in any combination of courses related in content (families). Students intending to major in Music at a California State University or University of California campus that requires more than the limit should see a counselor. Refer to page 38 to see "Limitations on Enrollment" for specific groups of families in music.

Music 001 † Music Fundamentals

4 units, 4 hours lecture

Basic elements of music. Notation, major and minor keys, intervals, triads and 7th chords with inversions. Musical terms and analysis of chord structures. Keyboard application.

Transfers to: CSU, UC

† This course meets all Title 5 standards for Associate Degree Credit.

Music 002 † **Ear Training I**

3 units, 3 hours lecture

The first semester of a four-semester sequence, this is an introductory course designed to familiarize the student with the techniques necessary for musical transcription and dictation. Various approaches will be explored and examined in detail. These techniques will then be employed by the students in transcription and dictation of assigned music.

Transfers to: CSU, UC

Music 003 † **Ear Training II**

3 units, 3 hours lecture

Prerequisite: A "C" grade or higher or "Pass" in Music 002 or equivalent.

The second semester of a four-semester sequence, this course is a continuation of Music 002 and is designed to further skill development in the techniques necessary for musical transcription and dictation. Various approaches will be explored and examined in detail. These techniques will then be employed by the students in transcription and dictation of assigned music.

Transfers to: CSU, UC

Music 004 † **Ear Training III**

3 units, 3 hours lecture

Prerequisite: A "C" grade or higher or "Pass" in Music 003 or equivalent.

The third semester of a four semester sequence, this course is a continuation of Music 003 and is designed to further skill development in the techniques necessary for musical transcription and dictation. Various approaches will be explored and examined in detail. These techniques will then be employed by the students in transcription and dictation of assigned music.

Transfers to: CSU, UC

Music 005 † **Ear Training IV**

3 units, 3 hours lecture

Prerequisite: A "C" grade or higher or "Pass" in Music 004 or equivalent.

The fourth semester of a four semester sequence, this course is a continuation of Music 004 and is designed to further skill development in the techniques necessary for musical transcription and dictation. Various approaches will be explored and examined in detail. These techniques will then be employed by the students in transcription and dictation of assigned music.

Transfers to: CSU, UC

Music 038 **Chorale for Adult Learner**

0 units, 2.5 hours lecture, 2.5 hours laboratory

Prerequisite: Audition and a "C" grade or higher or "Pass" in Music 239 or equivalent.

This course is designed for mature students who are interested in improving existing skills or developing a higher degree of expertise in the performance of choral music. This is a no fee/no credit course.

Music 050 **Orchestra for Adult Learner**

0 units, 2.5 hours lecture, 2.5 hours laboratory

Prerequisite: Audition and a "C" grade or higher or "Pass" in Music 251 or equivalent.

This course is designed for mature students who are interested in improving existing skills or developing a higher degree of expertise in the performance of orchestral music. This is a no fee/no credit course.

Music 090 †† **Preparatory Performance Studies I**

.5 units, 1.5 hours laboratory

An introductory course designed to begin the preparation of the student for entrance into Music 190, Performance Studies. This course will enhance the musical progress of students who are currently receiving the equivalent of fifteen one-half hour lessons per semester of individual vocal or instrumental instruction. This course is offered on a Pass/No Pass basis only. (Non-degree credit course.)

Music 091 †† **Preparatory Performance Studies II**

.5 units, 1.5 hours laboratory

This course is designed to continue the preparation of the student for entrance into Music 190, Performance Studies. This course will enhance the musical progress of students who are currently receiving the equivalent of fifteen one-half hour lessons per semester of individual vocal or instrumental instruction. This course is offered on a Pass/No Pass basis only. (Non-degree credit course.)

Music 101 † **Jazz Improvisation I**

3 units, 3 hours lecture

Prerequisite: A "C" grade or higher or "Pass" in MUS 001 or 128 or 132 or equivalent.

This course will introduce the student to concepts and skills utilized in improvisation. Along the way, students will actively participate in exercises, experiments, and performances utilizing jazz vocabulary, scales, and theory. Major scales and diatonic arpeggios are memorized and applied to various jazz styles. The harmonic minor scale is

applied to secondary dominants in chord progressions.

Transfers to: CSU, UC

Music 102 † **Jazz Improvisation II**

3 units, 3 hours lecture

Prerequisite: A "C" grade or higher or "Pass" in Music 101 or equivalent

Continuation of Music 101. This course will expand upon the concepts and skills utilized in improvisation. Along the way, students will participate in exercises, experiments, and performances utilizing jazz vocabulary, scales, and theory. Pentatonic scales and quartal/quintal harmony are introduced. The melodic minor scale as well as diminished and whole tone scales are applied to secondary dominants in various jazz styles.

Transfers to: CSU, UC

Music 105 † **Music Theory and Practice I**

4 units, 4 hours lecture, 2 hours laboratory

Recommended Preparation: A "C" grade or higher or "Pass" in Music 001 or equivalent. Concurrent enrollment in Music 132.

An introduction to music theory and ear-training. Study of harmonic concepts of the 18th and 19th centuries. Rhythmic and melodic ear-training. Keyboard application and sight singing. *Transfers to:* CSU, UC (credit limited: see page 53)

Music 106 † **Music Theory and Practice II**

4 units, 4 hours lecture, 2 hours laboratory

Prerequisite: A "C" grade or higher or "Pass" in Music 105 or equivalent.

Recommended Preparation: Concurrent enrollment in Music 133.

Continuation of Music 105. Four-part writing, 7th chords, cadences and non-chord tones. Rhythmic and melodic dictation and harmonic ear-training. Sight singing. Analysis of Bach Chorales and of binary and ternary forms. *Transfers to:* CSU, UC (credit limited: see page 53)

Music 110 † **Great Music Listening**

3 units, 3 hours lecture

A listening and reading survey course to acquaint students with fundamental elements of musical style. Covers repertoire from a variety of cultures and periods with primary emphasis on the Western concert tradition.

Satisfies General Education for: Grossmont College C3; CSU C1; IGETC 3A

Transfers to: CSU, UC

† This course meets all Title 5 standards for Associate Degree Credit.

†† This course meets all Title 5 standards for Nondegree Credit.

Music 111 † **The History of Jazz**

3 units, 3 hours lecture

A listening and reading survey course covering the history of jazz from its origins to the present. Coverage includes style periods, signature artists, the broad cultural context of jazz, and the development of critical listening skills.

Satisfies General Education for: Grossmont College C3; CSU C1; IGETC 3A

Transfers to: CSU, UC

Music 115 † **The History of Rock Music**

3 units, 3 hours lecture

This course will present an overview of rock and rock-related music styles from the early 1950s up to the present. Coverage will also include the interplay of social and cultural trends with the innovations and achievements of individual artists, the ongoing influence of technology on music, the cross-fertilization of black and white popular music styles, and recurring cycles of rebellion against and assimilation by the popular music industry. In addition, basic musical concepts such as pitch, rhythm, and form will be introduced and applied to the music under consideration.

Satisfies General Education for: Grossmont College C3; CSU C1; IGETC 3A

Transfers to: CSU, UC

Music 116 † **Introduction to World Music**

3 units, 3 hours lecture

This course is designed to expand the student's perspective about the nature of music around the world and also to demonstrate the relationship between musics in different cultures and will highlight elements common to all musics. Content may include the music of the cultures of India, China, Japan, Indonesia, Africa, Pacific Islands, the Middle East, Europe and the Americas.

Satisfies General Education for: Grossmont College C3; CSU C1; IGETC 3A

Transfers to: CSU, UC

Music 117 † **Introduction to Music History and Literature**

3 units, 3 hours lecture

Prerequisite: A "C" grade or higher or "Pass" in Music 001 or equivalent.

An introduction to the study of music history of the seven musical eras from the Ancient through the Twentieth Century periods. Parallel events in society, politics, and the other arts will be identified.

Satisfies General Education for: Grossmont College C3; CSU C1; IGETC 3A

Transfers to: CSU, UC

Music 118 † **Introduction to Music**

4 units, 4 hours lecture

The study of basic music theory including notation, rhythm, scales, intervals, triads, and sight singing. Introduction to basic rhythm instruments, development of keyboard facility and vocal skill. Designed for the pre-school and elementary education major.

Transfers to: CSU, UC

Music 123 † **History of Hip Hop Culture**

3 units, 3 hours lecture

This is a survey course that will examine the origins and rise of Hip-Hop as an artistic form and global cultural phenomenon. It is designed for students who wish to examine and explore Hip-Hop culture, while developing background knowledge of Hip-Hop history from the early 1970's South Bronx to its national and international role today. The connections between rap music and the other elements of Hip-Hop culture will be explored and students will be challenged to think critically about rap music and its place in society. Controversial subjects such as censorship, racism, sexism, and racial politics in America will be discussed as they relate to the subject matter.

Satisfies General Education for Grossmont College C3; CSU C1; IGETC 3A

Transfers to CSU, UC

Music 124 † **Classical Guitar I**

2 units, 2 hours lecture

Beginning study of classical guitar technique and performance. Emphasis on reading music and guitar notation, left- and right-hand studies and performing simple guitar pieces.

Transfers to: CSU, UC

Music 125 † **Classical Guitar II**

2 units, 2 hours lecture

Prerequisite: A "C" grade or higher or "Pass" in Music 124 or equivalent.

Continuation of Classical Guitar I (Music 124). Two and three octave major and minor scales. Playing in upper positions. Sight reading and intermediate guitar solos.

Transfers to: CSU, UC

Music 126 † **Class Guitar I**

2 units, 2 hours lecture

A beginning course in guitar. Fundamentals of music as related to the guitar will be covered and will include scales and chords in all common keys, culminating in an ability to read guitar music at sight.

Transfers to: CSU, UC

Music 127 † **Class Guitar II**

2 units, 2 hours lecture

Prerequisite: A "C" grade or higher or "Pass" in Music 126 or equivalent.

Class Guitar II continues the studies begun in Class Guitar I. Fundamentals of music taught will include the playing of major and minor scales and the playing and use of chords in all keys, including chords used in the contemporary idioms. Fingerstyle and fingerboard work is refined. Student will be able to read at sight appropriate music for the guitar.

Transfers to: CSU, UC

Music 128 † **Music Theory for Guitar I**

3 units, 3 hours lecture, 1 hour laboratory

Music theory through guitar will focus on the understanding of scales, chords and fundamental harmony and their application to the guitar. This course will enhance the student's playing skills, develop the ability to understand music one hears, and help students to improvise and write their own music.

Transfers to: CSU, UC (credit limited: see page 53)

Music 129 † **Music Theory for Guitar II**

3 units, 3 hours lecture, 1 hour laboratory

Prerequisite: A "C" grade or higher or "Pass" in Music 128 or equivalent.

Music Theory for the Guitar II is an advanced course for the student who has intermediate technical and theoretical skill on the guitar. The class will include advanced principles of theory on the guitar (playing in thirds, sixths, chord substitutions, different guitar turnings, etc.). There will also be advanced composition projects and improvisation sessions.

Transfers to: CSU, UC (credit limited: see page 53)

Music 130 † **Beginning Bass Guitar**

2 units, 2 hours lecture

Fundamentals of music will be covered as they relate to the bass guitar will be covered and will include scales, rhythm, music reading, grooves, slap technique, and various playing styles.

Transfers to: CSU, UC

† This course meets all Title 5 standards for Associate Degree Credit.

Music 132 † Class Piano I

3 units, 3 hours lecture

Note reading in treble and bass clefs. Major and minor key signatures. Scales, arpeggios and primary triads in major and minor keys. Transposition, improvisation and harmonization. Development of sight reading ability, two-handed coordination, correct fingering techniques and proper use of weight and relaxation in production of tone.

Transfers to: CSU, UC

Music 133 † Class Piano II

3 units, 3 hours lecture

Prerequisite: A "C" grade or higher or "Pass" in Music 132 or equivalent.

Continuation of Music 132. Scales in minor keys. Scales with hands together. Music literature performed in major and minor keys. Harmonization and sight reading in major and minor keys. Piano pieces in binary form with mixed texture including parallel, contrary and oblique motion.

Transfers to: CSU, UC

Music 134 † Jazz and Pop Piano I

2 units, 2 hours lecture

An entry level piano class designed for non-music majors. Basic keyboard, music reading, and improvisational skills will be developed through the study of music from jazz and popular idioms.

Transfers to: CSU, UC

Music 135 † Jazz and Pop Piano II

2 units, 2 hours lecture

Recommended Preparation: A "C" grade or higher or "Pass" in Music 134 or equivalent.

A continuation of Music 134. A second semester class for students learning to play basic piano music with emphasis on jazz and popular idioms.

Transfers to: CSU, UC

Music 136-137-236-237 † Chamber Singers

1 unit, 2.5 hours lecture, 2.5 hours laboratory

Prerequisite: Audition.

The study of standard and contemporary choral literature (classics to jazz) for small choral ensemble. Performances on campus and in local schools and communities. Enrollment open to all singers in the community and to students in college.

Transfers to: CSU, UC

Music 138-139-238-239 † Grossmont Master Chorale

1 unit, 2.5 hours lecture, 2.5 hours laboratory

Prerequisite: Audition.

An activity based course that studies representative choral compositions in a wide variety of styles at regular rehearsals and public performances. Musical literature differs each semester to allow the student to meet course objectives through weekly/semesterly repetition in rehearsals and in-class performances.

Transfers to: CSU, UC

Music 140-141-240-241 † String Orchestra

1 unit, 2.5 hours lecture, 2.5 hours laboratory

Prerequisite: Audition

An activity based course that studies representative string orchestra compositions in a wide variety of styles at regular rehearsals and public performances. Musical literature differs each semester to allow the student to meet course objectives through weekly/semesterly repetition in rehearsals and in-class performances.

Transfers to: CSU.

(Note: Music 240 is UC Transferable)

Music 148-149-248-249 † Classical Guitar Ensemble

1 unit, 2.5 hours lecture, 2.5 hours laboratory

Prerequisite: Audition.

An activity based course that studies representative guitar compositions in a wide variety of styles at regular rehearsals and public performances. Musical literature differs each semester to allow the student to meet course objectives through weekly/semesterly repetition in rehearsals and in-class performances.

Transfers to: CSU, UC

Music 150-151-250-251 † Grossmont Symphony Orchestra

1 unit, 2.5 hours lecture, 2.5 hours laboratory

Prerequisite: Audition.

An activity based course that studies representative orchestral compositions in a wide variety of styles at regular rehearsals and public performances. Musical literature differs each semester to allow the student to meet course objectives through weekly/semesterly repetition in rehearsals and in-class performances.

Transfers to: CSU, UC

Music 152-153-252-253 † Concert Band

1 unit, 2.5 hours lecture, 2.5 hours laboratory

Prerequisite: Audition.

An activity based course that studies representative concert band ensemble compositions in a wide variety of styles at regular rehearsals and public performances. Musical literature differs each semester to allow the student to meet course objectives through weekly/semesterly repetition in rehearsals and in-class performances.

Transfers to: CSU, UC

Music 154-155-254-255 † Afro-Cuban Ensemble

1 unit, 2.5 hours lecture, 2.5 hours laboratory

Prerequisite: Audition.

An activity based course that studies representative Afro-Cuban compositions in a wide variety of styles at regular rehearsals and public performances. Though the musical literature differs each semester, the students meet course objectives through weekly/semesterly repetition in rehearsals and in-class performances.

Transfers to: CSU, UC

Music 156-157-256-257 † Jazz Ensemble

1 unit, 2.5 hours lecture, 2.5 hours laboratory

Prerequisite: Audition.

An activity based course that studies representative jazz compositions in a wide variety of styles at regular rehearsals and public performances. Though the musical literature differs each semester, the students meet course objectives through weekly/semesterly repetition in rehearsals and in-class performances.

Transfers to: CSU, UC

Music 160 † Introduction to Afro-Cuban Percussion

3 units, 3 hours lecture

An introductory course designed to familiarize the student with Afro-Cuban percussion instruments. Topics will include the role of each instrument, rhythmic concepts, forms, structure, and application. Experience in Afro-Cuban music is not required.

Transfers to: CSU

† This course meets all Title 5 standards for Associate Degree Credit.



Music 164-165-264-265 † **Musical Theatre Orchestra**

1 unit, 2.5 hours lecture, 2.5 hours laboratory

Prerequisite: Audition.

A course emphasizing the performance of a variety of orchestral music ranging from Broadway musicals, semi-classical, classical, contemporary music and orchestral jazz standards.

Transfers to: CSU, UC

Music 166-167-266-267 † **Jazz Vocal Ensemble**

1 unit, 2.5 hours lecture, 2.5 hours laboratory

Prerequisite: Audition.

An activity based course that studies representative compositions for vocal jazz ensemble in a wide variety of styles at regular rehearsals and public performances. Though the musical literature differs each semester the student meets course objectives through weekly/semesterly repetition in rehearsals and in-class performances.

Transfers to: CSU, UC

Music 168 † **Jazz Combo Performance I**

3 units, 3 hours lecture

Prerequisite: Ability to play a musical instrument. Audition.

An introductory course designed to familiarize the student with the techniques and musical styles necessary for performing in a jazz combo. The roles played by each instrument will be explored and examined in detail. These techniques will then be employed by the students in performing assigned music together.

Transfers to: CSU, UC

Music 169 † **Jazz Combo Performance II**

3 units, 3 hours lecture

Prerequisite: A "C" grade or higher or "Pass" in Music 168 or equivalent.

An intermediate level course designed to provide the student with the techniques and musical styles necessary for performing in a jazz combo. The roles played by each instrument will be explored and examined in detail. These techniques will then be employed by the students in performing assigned music together.

Transfers to: CSU, UC

Music 170-171-270-271 † **Class Voice**

2 units, 2 hours lecture

Recommended Preparation: A "C" grade or higher or "Pass" in Music 001 or ability to read music.

A course designed to help the student learn to use the voice correctly. Principles of vocal placement, posture, balance, breath control and vocal tone emphasized through individual performances.

Transfers to: CSU, UC

Music 172-173-272-273 † **Musical Theatre Chorale**

1 unit, 2.5 hours lecture, 2.5 hours laboratory

Prerequisite: Audition.

A course emphasizing the performance of a variety of choral music ranging from Broadway musicals, semi-classical, classical, contemporary music and choral jazz standards.

Transfers to: CSU, UC

Music 174-175-274-275 † **Gospel Choir**

1 unit, 2.5 hours lecture, 2.5 hours laboratory

Prerequisite: Audition.

An activity based course that studies representative compositions of African, African-American, and Gospel traditions. Musical literature differs each semester to allow the student to meet course objectives through weekly/semesterly repetition in rehearsals and in-class performances.

Transfers to: CSU, UC

Music 180 † **Modern Drumset Technique I**

3 units, 3 hours lecture

This course will present, by demonstration, description, and notation, the skills and knowledge that are necessary for a drummer to play in a variety of musical styles, including rock, funk, slow blues and shuffle. The student will develop the techniques needed to perform such music.

Emphasis will be on reading, writing, and coordination, as the student develops his/her drumset musicianship.

Transfers to: CSU, UC

Music 181 † **Modern Drumset Technique II**

3 units, 3 hours lecture

Prerequisite: A "C" grade or higher or "Pass" in Music 180 or equivalent.

This course will present an overview of jazz drumset styles. The student will be introduced to the various techniques necessary to play in the jazz idiom. The styles of historically significant drummers will be presented and discussed.

Transfers to: CSU, UC

Music 183 † **Basic Synthesizer Programming**

2 units, 2 hours lecture, 1 hour laboratory

An introduction to the basic parameters of electronic music leading to programming of monophonic and polyphonic synthesizers. Includes experience in the use of analog, digital, and computer music systems.

Transfers to: CSU

Music 187 † **Midi Sequencing and Recording**

2 units, 2 hours lecture, 1 hour laboratory

Production of multi-track recordings through the use of MIDI synthesizers, sequencers and related equipment.

Transfers to: CSU

† This course meets all Title 5 standards for Associate Degree Credit.

Music 189 †

(Art 189, Media Communication 189, Theatre Arts 189)

Multimedia and the Creative Arts

3 units, 3 hours lecture

The creative potential that multimedia allows us cannot be studied in a vacuum. Today's powerful new technologies demand a critical examination of the disciplines of art, music, theatre, audio-video and film to fully understand the impact that multimedia can have in every aspect of our contemporary lives. This cross-disciplinary survey course will provide the perspective needed to fully understand the computer's relevance to the creative endeavors of visual and performing artists, photographers, musicians, filmmakers and videographers. This course will present a short history of each discipline, attempting to isolate important issues within a larger historical context as well as providing the cultural, aesthetic and ethical implications each medium has encountered with the introduction of the computer as a creative tool. Students will be guided toward defining the relevance of each medium within the broader context of multimedia, as well as exploring the convergence of these disciplines within the broader context of multimedia, as well as exploring the convergence of these disciplines within the ever-changing new technologies of this century.

Satisfies General Education for Grossmont College C3

Transfers to: CSU, UC (credit limited: see page 53)

**Music 190-191-290-291 †
Performance Studies**

.5 unit, 1.5 hours laboratory

Prerequisite: Audition.

Primarily for music majors, this course is designed to enhance the musical progress of students who are currently receiving the equivalent of fifteen one-half hour lessons per semester of individual vocal or instrumental instruction. In-depth study of performances and techniques. Participation in class performances and student recitals is required.

Transfers to: CSU, UC

**Music 201 †
Jazz Improvisation III**

3 units, 3 hours lecture

Prerequisite: A "C" grade or higher or "Pass" in Music 102 or equivalent.

Continuation of Music 102. This course will expand upon the concepts and skills utilized in improvisation. Along the way, students will actively participate in exercises, experiments, and performances utilizing jazz

vocabulary, scales, and theory.

Developing pentatonic and melodic minor arpeggios in a jazz solo. Breaking down the jazz lines for the sake of making more music with fewer notes.

Transfers to: CSU, UC

**Music 202 †
Jazz Improvisation IV**

3 units, 3 hours lecture

Prerequisite: A "C" grade or higher or "Pass" in Music 201 or equivalent.

Continuation of Music 201. This course will expand upon the concepts and skills utilized in improvisation. Along the way, students will actively participate in exercises, experiments, and performances utilizing jazz vocabulary, scales, and theory.

Applying at will, six different sounds during the jazz solo: (1) melodic minor, (2) harmonic minor, (3) whole tone, (4) diminished, (6) modality.

Transfers to: CSU, UC

**Music 203 †
Jazz Piano III**

3 units, 3 hours lecture

Prerequisite: A "C" grade or higher or "Pass" in Music 133 or equivalent.

Continuation of Music 133. Review of major and minor scales and modes. Common jazz chord progressions. Ensemble playing and accompaniment. Jazz pieces in blues and rounded ternary form. Designed for the jazz studies emphasis in the music degree.

Transfers to: CSU, UC

**Music 204 †
Jazz Piano IV**

3 units, 3 lecture hours

Prerequisite: A "C" grade or higher or "Pass" in Music 203 or equivalent.

Continuation of Music 203. Keyboard harmony and chord progression cycles. Reading fake books. Ensemble playing and accompaniment. Piano literature from jazz history. Designed for the jazz studies in the music degree.

Transfers to: CSU, UC

**Music 205 †
Music Theory and Practice III**

4 units, 4 hours lecture, 2 hours laboratory

Prerequisite: A "C" grade or higher or "Pass" in Music 106 or equivalent.

Recommended Preparation: Concurrent enrollment in Music 232.

Continuation of Music 106. Chromatic harmony of the 18th and 19th centuries including secondary dominants, borrowed chords and altered chords. Rhythmic, melodic and harmonic dictation. Sight singing. Analysis of Bach Chorales. Form analysis of Sonata-form, Minuet/Scherzo, Rondo, and Theme and Variations.

Transfers to: CSU, UC

Music 206 †**Music Theory and Practice IV**

4 units, 4 hours lecture, 2 hours laboratory

Prerequisite: A "C" grade or higher or "Pass" in Music 205 or equivalent.

Recommended Preparation: Concurrent enrollment in Music 233.

Continuation of Music 205. Harmony of the Post-Romantic and 20th century styles. Expanded tonality. Use of church modes, pentatonic, synthetic and dodecaphonic scales. Parallelism, pandiatonicism, twelve-tone technique, aleatory music and electronic music. Study of the 18th century two-part counterpoint. Ear-training and sight singing.

Transfers to: CSU, UC

**Music 210 †
Elements of Jazz I**

4 units, 4 hours lecture

Prerequisite: A "C" grade or higher or "Pass" in Music 106 or equivalent.

This class will introduce the student to the creative language of jazz via the study of chord voicings, harmonic and melodic analysis, ear training, and improvisational concepts. Jazz scales, form and harmonic chord structure will be examined. Standard repertoire in jazz style will be used for analysis.

Transfers to: CSU, UC

**Music 211 †
Elements of Jazz II**

4 units, 4 hours lecture

Prerequisite: A "C" grade or higher or "Pass" in Music 210 or equivalent.

The genre of music known as Be Bop represents the innovations of Charlie Parker, Dizzy Gillespie, Bud Powell, Thelonious Monk, Charles Mingus, Max Roach, and Kenny Clarke. Elements of Jazz II extends and elaborates the principles that were introduced in Elements of Jazz I.

Transfers to: CSU, UC

**Music 212 †
Piano III**

2 units, 2 hours lecture

Prerequisite: A "C" grade or higher or "Pass" in Music 113 or equivalent.

.Piano for non-music majors.

Continuation of Music 113.

Harmonization of melodies using primary and secondary triads. Playing solo piano pieces.

Transfers to: CSU, UC

† This course meets all Title 5 standards for Associate Degree Credit.

Music 213 † **Piano IV**

2 units, 2 hours lecture

Prerequisite: A "C" grade or higher or "Pass" in Music 212 or equivalent.

Piano for non-music majors.

Continuation of Music 212.

Harmonization with different forms of accompaniment. Solo piano pieces and duet playing.

Transfers to: CSU, UC

Music 224 † **Classical Guitar III**

2 units, 2 hours lecture

Prerequisite: A "C" grade or higher or "Pass" in Music 125 or equivalent.

Continuation of Classical Guitar II.

Advanced right and left-hand studies.

Playing in upper positions. Sight reading and performance of advanced guitar solos.

Transfers to: CSU, UC

Music 226 † **Class Guitar III**

2 units, 2 hours lecture

Prerequisite: A "C" grade or higher or "Pass" in Music 127 or equivalent.

Continuation of Music 127.

Introduction of chord and scale alterations. Theory of how chords and scales are used in contemporary music.

Transfers to: CSU, UC

Music 232 † **Class Piano III**

3 units, 3 hours lecture

Prerequisite: A "C" grade or higher or "Pass" in Music 133 or equivalent.

Continuation of Music 133. Multiple octave performance of major and minor scales. Authentic and plagal cadences. Reading of four-part chorales.

Ensemble playing and accompaniment. Intermediate piano pieces in ternary form.

Transfers to: CSU, UC

Music 233 † **Class Piano IV**

3 units, 3 hours lecture

Prerequisite: A "C" grade or higher or "Pass" in Music 232 or equivalent.

Continuation of Music 232. Keyboard harmony and deceptive cadence.

Reading an open score. Ensemble playing and accompaniment. Piano literature from the 18th through the 20th centuries.

Transfers to: CSU, UC

Music 236-237 † See Music 136-137-236-237

Music 238-239 † See Music 138-139-238-239

Music 240-241 † See Music 140-141-240-241

Music 248-249 † See Music 148-149-248-249

Music 250-251 † See Music 150-151-250-251

Music 252-253 † See Music 152-153-252-253

Music 254-255 † See Music 154-155-254-255

Music 256-257 † See Music 156-157-256-257

Music 264-265 † See Music 164-165-264-265

Music 266-267 † See Music 166-167-266-267

Music 268 † **Jazz Combo III**

3 units, 3 hours lecture

Prerequisite: A "C" grade or higher or "Pass" in Music 169 or equivalent.

An intermediate/advanced course designed to increase students' expertise with the techniques and musical styles necessary for performing in a jazz combo. The roles played by each instrument will be explored and examined in detail. These techniques will then be employed by the students in performing assigned music together.

Transfers to: CSU, UC

Music 269 † **Jazz Combo Performance IV**

3 units, 3 hours lecture

Prerequisite: A "C" grade or higher or "Pass" in Music 268 or equivalent.

An advanced course designed to enhance the students' expertise with the techniques and musical styles necessary for performing in a jazz combo. The roles played by each instrument will be explored and examined in detail. These techniques will then be employed by the students in performing assigned music together.

Transfers to: CSU, UC

Music 270-271 † See Music 170-171-270-271

Music 272-273 † See Music 172-173-272-273

Music 274-275 † See Music 174-175-274-275

Music 290-291 † See Music 190-191-290-291

NURSING (NURS)

NURSING 118 † **Nursing Pharmacology I**

1 unit, 1 hour lecture

Corequisite: NURS 120 or equivalent.

This course is designed to familiarize nursing students with the knowledge needed for safe administration of medications in the clinical setting. Students will be introduced to basic pharmacological concepts, including pharmacotherapeutics, pharmacodynamics, and pharmacokinetics. Special consideration for the nursing role in administering drugs such as those affecting blood coagulation, gastrointestinal motility, blood glucose, and blood pressure will be presented. As the students utilize the nursing process, emphasis will be placed on safety, critical thinking, pharmacologic principles related to aging, patient education and effective communication across the healthcare continuum. This is a required course for the Nursing Program.

Transfers to: CSU

NURSING 119 † **Nursing Pharmacology II**

1 unit, 1 hour lecture

Prerequisite: A "C" grade or higher in Nursing 118 or equivalent.

This course is a continuation of Nursing 118. Students will continue to apply basic pharmacological concepts to additional drug classifications. Special consideration for the nursing role in administering drugs such as antidepressants, antibiotics, anti-seizure medications, and lipid-lowering drugs will be presented. As the students utilize the nursing process, emphasis will be placed on safety, critical thinking, pharmacologic principles related to aging, patient education and effective communication across the healthcare continuum. This is a required course for the Nursing Program.

Transfers to: CSU

NURSING 120 † **Introduction to Nursing: Theory and Practice**

8 units, 3.5 hours lecture, 13.5 hours laboratory

Prerequisite: Admission to the Registered Nursing Programs.

Corequisite: NURS 118 or equivalent.

Nursing 120 is the introductory nursing course. The focus is on the development of technical skills and related theory as a basis for further nursing coursework. Nursing theory addresses assessment of persons and their environment in determining their

† This course meets all Title 5 standards for Associate Degree Credit.

state of health. The focus is on adult patients throughout the lifespan. Nursing care planning is introduced. Course content includes the normal aging process, communication skills, basic physical assessment and the nursing process. Scientific principles are used to support the nursing diagnosis. Concurrent clinical experience is in acute settings. This is a required course for the Nursing Program.

Transfers to CSU

NURSING 130 † Perioperative Nursing

5 units, 3 hours lecture, 6 hours laboratory

Prerequisite: Admission to the Registered Nursing Programs.

This course focuses on the biological, psychological, social, cultural and spiritual changes patients and their families experience before, during and after surgery. This course builds on previous coursework, utilizing the nursing process, therapeutic communication and critical thinking in meeting the surgical health care needs of adult individuals and families across the healthcare continuum. The focus is on adult patients throughout the lifespan. Emphasis is placed on genitourinary, orthopedic and gastrointestinal disorders requiring surgery. Concepts of evidence-based practice will be integrated throughout the course. Concurrent clinical experience in acute care settings, the operating room and post-anesthesia care units are designed to reinforce concepts learned and practiced during the course. This is a required course for the Nursing Program.

Transfers to CSU

NURSING 132 † Maternal/Newborn and Child Health Nursing

5 units, 3 hours lecture, 6 hours laboratory

Prerequisite: A "C" grade or higher in Nursing 120 or equivalent.

Building on the knowledge and skill of Nursing 120, the student learns about nursing care of obstetric and pediatric patient populations. Obstetric nursing addresses the physiologic and psychosocial changes women and their families experience during pre-conception, pregnancy, birth, and postpartum, as well as the impact of the childbearing cycle on the family, population health, and outcomes. Pediatric nursing addresses the nursing management of children with alternations in health, many of which result in chronic illnesses.

Environmental factors such as physical, psychological, social, spiritual and cultural elements are discussed in the way they impact the pediatric and obstetric patients and their families.

Refinement of critical thinking skills, clinical decision-making, and a focus on growth and development are emphasized. Concurrent clinical experience is in acute and ambulatory care settings. This is a required course for the Nursing Program.

Transfers to CSU

NURSING 155 † Clinical Reasoning Skills for First Semester Nursing Students

1.5 units, 4.5 hours laboratory

Corequisite: NURS 120 or equivalent.

This course is designed so that first semester nursing students may practice fundamental clinical nursing techniques, and clinical reasoning skills under the direct supervision of a nurse faculty member. Experiences may involve practice with clinical reasoning skills required on the National Council Licensure Examination, and participation in patient simulations with the option of low or high-fidelity simulation. This course is offered on a Pass/No Pass basis only. This is an elective course in the Nursing Program.

Transfers to CSU

NURSING 156 † Clinical Reasoning Skills for Second Semester Nursing Students

1.5 units, 4.5 hours laboratory

Corequisite: Nursing 130 or 132 or equivalent.

This course is designed so that second semester nursing students may practice medical/surgical, pediatric, and maternal/newborn clinical nursing techniques and clinical reasoning skills under the direct supervision of a nursing faculty member. Experiences may involve practice with clinical reasoning skills required on the National Council Licensure Examination, and participation in patient simulations with the option of low or high-fidelity simulation. This course is offered on a Pass/No Pass basis only. This is an elective course in the Nursing Program.

Transfers to CSU

NURSING 220 † Nursing Management in Nutritional-Metabolic Disorders

5 units, 3 hours lecture, 6 hours laboratory

Prerequisite: A "C" grade or higher in Nursing 130 and 132 or equivalent.

This course addresses patient focused nursing care of individuals with alterations in body organ systems to include endocrine, renal, hepatobiliary, and immune diseases or disorders. The focus is on adult patients throughout the

lifespan. The nurse considers the unique characteristics and abilities of the person, including the impact of the environment on the state of health and illness in the context of acute and chronic disorders, with a focus on the effects of aging on organ function. Concurrent clinical experience is in acute settings. This is a required course for the Nursing Program.

Transfers to CSU

NURSING 222 † Neurologic and Psychiatric Nursing

5 units, 3 hours lecture, 6 hours laboratory

Prerequisite: A "C" grade or higher in Nursing 130 and 132 or equivalent.

This course focuses on the nursing management of patients who have neurological illnesses and psychosocial and behavioral disorders. The focus is on nursing considerations regarding environmental factors such as physical, psychological, social, spiritual and cultural elements and the way they impact both hospitalized patients and those in the outpatient setting throughout the lifespan. Concurrent clinical experiences are in acute and outpatient settings, and day treatment centers. This is a required course for the Nursing Program.

Transfers to CSU

NURSING 230 † Nursing Management in Cardio-Pulmonary and Circulatory Disorders

6 units, 2.5 hours lecture, 10.5 hours laboratory

Prerequisite: A "C" grade or higher in Nursing 220 and 222 or equivalent.

This course focuses on the nursing theory and nursing management of adult patients across the lifespan with acute cardio-pulmonary and circulatory disorders, which are more complex than those studied previously. There is a strong emphasis on the application of critical thinking and clinical decision making in high acuity settings. The course also offers a campus laboratory designed to teach the students technical skills necessary to manage complex cardio-pulmonary patients. Tracheostomy care, ventilator management, hemodynamic monitoring, ECG interpretation, and other complex skills are presented. Concurrent clinical experience is in acute care and critical care settings. This is a required course for the Nursing Program.

Transfers to CSU

† This course meets all Title 5 standards for Associate Degree Credit.

NURSING 235 † **Preceptored Patient Care Management**

3 units, 1 hour lecture, 6 hours laboratory

Prerequisite: A "C" grade or higher in Nursing 230 or equivalent

This advanced course addresses nursing leadership, professional, legal and ethical aspects of nursing and current issues in nursing and health care delivery. Concurrent clinical experience is with a registered nurse preceptor in selected health care facilities. The clinical focus is on assuming the registered nurse role. This is a required course for the Nursing Program.

Transfers to CSU

NURSING 251 A-B-C † **Work-Study Externship**

1 unit, 5 hours work experience per week
60 volunteer hours or 75 paid hours

Prerequisite: A "C" grade or higher in NURS 130 or equivalent and approval by the nursing faculty.

A work-study course authorized by the California Board of Registered Nursing in which a Grossmont College nursing student is employed by or volunteers at a clinical site with clinical facilities that have an established affiliation agreement with the Nursing Program. The clinical site supports the objectives of the course and provides supervision through RN mentors and preceptors. The student applies previously acquired nursing theory and clinical skills in the management of patient care. The college instructor and practice site mentors meet periodically to evaluate progress towards meeting objectives. This course is offered on a Pass/No Pass basis only and may be taken three times. This is an elective course in the Nursing Program. For work experience requirements, see page 44.

Transfers to CSU

NURSING 252 A-B-C † **Work-Study Externship**

2 units, 10 hours work experience per week
120 volunteer hours or 150 paid hours

Prerequisite: A "C" grade or higher in NURS 130 or equivalent and approval by the nursing faculty.

A work-study course authorized by the California Board of Registered Nursing in which a Grossmont College nursing student is employed by or volunteers at a clinical site with clinical facilities that have an established affiliation agreement with the Nursing Program. The clinical site supports the objectives of the course and provides supervision through RN mentors and preceptors. The student applies previously acquired nursing theory and clinical skills in the

management of patient care. The college instructor and practice site mentors meet periodically to evaluate progress towards meeting objectives. This course is offered on a Pass/No Pass basis only and may be taken three times. This is an elective course in the Nursing Program. For work experience requirements, see page 44.

Transfers to CSU

NURSING 253 A-B-C † **Work-Study Externship**

3 units, 15 hours work experience per week
180 volunteer hours or 225 paid hours

Prerequisite: A "C" grade or higher in NURS 130 or equivalent and approval by the nursing faculty.

A work-study course authorized by the California Board of Registered Nursing in which a Grossmont College nursing student is employed by or volunteers at a clinical site with clinical facilities that have an established affiliation agreement with the Nursing Program. The clinical site supports the objectives of the course and provides supervision through RN mentors and preceptors. The student applies previously acquired nursing theory and clinical skills in the management of patient care. The college instructor and practice site mentors meet periodically to evaluate progress towards meeting objectives. This course is offered on a Pass/No Pass basis only and may be taken three times. This is an elective course in the Nursing Program. For work experience requirements, see page 44.

Transfers to CSU

NURSING 255 † **Clinical Reasoning Skills for Third Semester Nursing Students**

1.5 units, 4.5 hours laboratory

Corequisite: NURS 220 or NURS 222 or equivalent.

This course is designed so that third semester nursing students may practice advanced medical/surgical and mental health clinical nursing techniques and clinical reasoning skills under the direction of a nursing faculty member. Experiences may involve practice with clinical reasoning skills required on the National Council Licensure Examination, and participation in patient simulations with the option of low or high-fidelity simulation. This course is offered on a Pass/No Pass basis only. This course is an elective course in the Nursing Program.

Transfers to CSU

NURSING 256 † **Clinical Reasoning Skills for Fourth Semester Nursing Students**

1.5 units, 4.5 hours laboratory

Corequisite: Nursing 230 or equivalent.

This course is designed so that fourth semester nursing students may practice advanced medical/surgical nursing techniques and clinical reasoning skills under the direct supervision of a nursing faculty member. Experiences may involve practice with clinical reasoning skills required on the National Council Licensure Examination, and participation in patient simulations with the option of low or high-fidelity simulation. High Fidelity simulation may be used as a means of providing students with scenarios involving critical, life-threatening patient scenarios they might not ordinarily encounter in the clinical setting. This course is offered on a Pass/No Pass basis only. This is an elective course in the Nursing Program.

Transfers to CSU

OCCUPATIONAL THERAPY ASSISTANT (OTA)

OCCUPATIONAL THERAPY ASSISTANT 100 † **Fundamentals of Occupational Therapy**

2 units, 2 hours lecture

Prerequisite: Admission to Occupational Therapy Assistant Program.

Corequisite: OTA 101 and 110 and 111.

The philosophical base, definition and history of occupational therapy is examined. Through an historical approach, frames of reference and models of practice within the profession are reviewed. Occupation as a health determinant is emphasized. The meaning of professionalism is examined. A broad range of practice areas is investigated. Various systems and service models are described. Ethics of the profession and standards of practice are examined and applied to practice situations. Legislation and legal issues affecting the profession are reviewed.

Transfers to CSU

† This course meets all Title 5 standards for Associate Degree Credit.

**OCCUPATIONAL THERAPY ASSISTANT
101 †****Fundamentals of****Activity/Therapeutic Media**

2 units, 1 hour lecture, 3 hours laboratory

Corequisite: OTA 100 and 110 and 111.

Through experiential learning, students will explore and develop skills in performing processes required in minor crafts, gross motor activities, games and simple work tasks. The focus of OT in daily life activities is reviewed.

Emphasis is on activity analysis and adaptation from the perspective of work and play/leisure tasks throughout the life span, and addresses physical, psychosocial and cognitive needs. Safety in the use of therapeutic activities is emphasized. Students will learn to teach techniques in applying therapeutic media to a group.

Transfers to CSU

**OCCUPATIONAL THERAPY ASSISTANT
102 †****Rehabilitation Terminology,
Diseases and Diagnoses**

2 units, 2 hours lecture

Prerequisite: Admission to Occupational Therapy Assistant Program.

A comprehensive course that is designed to offer students proficiency in the use of terminology utilized in a variety of rehabilitation settings. Basic medical terminology will be incorporated including prefixes, roots and suffixes. This course will include an in-depth study of common diseases and diagnoses found in rehabilitation. Occupational therapy databases, sites and resources will be explored via the internet.

Transfers to CSU

**OCCUPATIONAL THERAPY ASSISTANT
110 †****Occupational Skills-
Psychosocial**

4 units, 4 hours lecture

Corequisite: OTA 100 and 101 and 111

Interpersonal communication is explored and practiced on many different levels including: didactic communication, group process, teamwork, supervision and collaboration. Occupational Therapy models of practice in psychiatry and psychiatric conditions and treatment approaches are examined. Techniques for intervention are observed and practiced such as: interviewing, clinical observation, documentation, and communication. Group tasks, roles, stages and processes are examined.

Transfers to CSU

**OCCUPATIONAL THERAPY ASSISTANT
111 †****Clinical Practicum I**

1 unit, 3 hours laboratory

Corequisite: OTA 100 and 101 and 110.

Clinical Practicum I is designed to acquaint the student with the day to day activities in the clinical setting when caring for individuals with psychosocial issues that interfere with occupations and roles. This experience enables students to apply academic knowledge to practice and develop an understanding of the needs of clients, setting and staff.

Transfers to CSU

**OCCUPATIONAL THERAPY ASSISTANT
120 †****Documentation in
Occupational Therapy**

3 units, 3 hours lecture

Prerequisite: A "C" grade or higher in OTA 100 and 101 and 110.

Corequisite: OTA 130 and 140 and 141.

Record keeping for accountability and reimbursement is examined. Emphasis is placed on learning the structure and function of daily note writing. Patient/client evaluation techniques including data gathering, reassessment, treatment recommendations, and treatment termination are presented. Students learn to write behavioral objectives and assist the OT with goal writing. Techniques of quality assurance are introduced. Insurance systems and various methods for documentation are explored. The ethics of documentation are examined. Medical terminology is emphasized. Students will practice documentation for different practice settings (e.g. psychiatry, physical dysfunction).

Transfers to CSU

**OCCUPATIONAL THERAPY ASSISTANT
130 †****Dynamics of Human
Movement**

4 units, 3 hours lecture, 3 hours laboratory

Prerequisite: A "C" grade or higher in OTA 100 and 101 and 110.

Corequisite: OTA 120 and 140 and 141.

The structure and organization of the human body are examined and analyzed in relation to functional movements required for work, play and self-care activities. Occupational therapy theory for treating the physically disabled is reviewed with special attention to neurological and musculoskeletal systems. Physical conditions typically seen by the occupational therapist are defined and examined. Functional manual muscle testing, goniometry, and sensory perception testing are learned and practiced. Principles of kinesiology are presented in relation to functional

mobility, body mechanics, energy conservation and joint protection.

Transfers to CSU

**OCCUPATIONAL THERAPY ASSISTANT
140 †****Occupational Skills
Development in Pediatric
Roles**

2 units, 1 hour lecture, 3 hours laboratory

Prerequisite: A "C" grade or higher in OTA 100 and 101 and 110.

Corequisite: OTA 120 and 130 and 141.

Current knowledge related to the causes, course and prognosis of problems that occur from birth through adolescence will be examined. The principles and theories underlying learning and the developmental process will be reviewed. The OTA's use of play in the development of self-discovery, decision-making, work role skills will be discussed. The role of the OTA in prevention and rehabilitation programs within different types of service facilities will be explored. The role of families, care givers, teachers and significant others in the treatment process will be discussed. Assessment, program planning and treatment will be defined and performance skills necessary for successful occupational behaviors will be presented.

Transfers to CSU

**OCCUPATIONAL THERAPY ASSISTANT
141 †****Clinical Practicum II**

1 unit, 3 hours laboratory

Corequisite: OTA 120, 130 and 140.

A laboratory experience that includes observing and identifying normal and abnormal developmental behaviors in the pediatric population. This course builds on previous introduction practicum experience and is designed to reinforce and augment understanding of principles and techniques for observing, assessing, planning and implementing occupational therapy treatment sessions with pediatric clients.

Transfers to CSU

† This course meets all Title 5 standards for Associate Degree Credit.

OCCUPATIONAL THERAPY ASSISTANT 200 †**Introduction to Occupational Therapy Skills in Physical Rehabilitation***3 units, 3 hours lecture***Prerequisite:** A "C" grade or higher in OTA 101

The normal occupational performance in development of adult and geriatric roles is explored. The physical, socioeconomic, environmental factors, lifestyle choices, and physical factors that influence adult and geriatric occupational performance in their roles. Exploration of the recovery process, from acute care to rehabilitation for physical and psychosocial conditions, is reviewed. The role of the occupational therapy assistant in prevention and rehabilitation programs is defined. Involvement in assessment, intervention, and therapeutic activities that facilitate age appropriate occupational behaviors is practices. The discharge process and collaboration with other professionals and community agencies is included as part of the treatment continuum.

*Transfers to CSU***OCCUPATIONAL THERAPY ASSISTANT 210 †****Assistive Technology in Occupational Therapy***3 units, 2 hours lecture, 3 hours laboratory***Prerequisite:** A "C" grade or higher in OTA 200.**Corequisite:** OTA 220 and 221 and 230.

The knowledge and application of assistive devices are fundamental in the practice of occupational therapy across diagnostic categories and age groups. This course presents an introduction to a broad range of equipment from "low-technology" to complex "high-technology" devices involving micro-electronics. Topics include: adapted equipment for activities of daily living, home modifications, personal mobility and adapted driving, computer accessibility, communication aides. The environments in which assistive technologies are used will be explored including home, school, work, play and recreation.

*Transfers to CSU***OCCUPATIONAL THERAPY ASSISTANT 220 †****Advanced Occupational Therapy Skills for Physical Dysfunction***3 units, 1 hour lecture, 6 hours laboratory***Prerequisite:** A "C" grade or higher in OTA 200.**Corequisite:** OTA 210 and 221 and 230.

This course focuses on treatment techniques and adaptations to assist individuals with physical dysfunction in various setting and the role of the occupational therapy assistant. The course builds on the theory, foundation and skills learned in OTA 200 with laboratory activities that allow students to apply screening, assessment, analysis, intervention, implementation, documentation, discharge planning and outcome activities.

*Transfers to CSU***OCCUPATIONAL THERAPY ASSISTANT 221 †****Clinical Practicum III***1 unit, 3 hours laboratory***Corequisite:** OTA 210 and 220 and 230

A laboratory course providing a continuation of clinical practicum with a focus on treatment planning, safety precautions, contraindications and documentation in OTA Program affiliated adult and geriatric rehabilitation settings.

*Transfers to CSU***OCCUPATIONAL THERAPY ASSISTANT 230 †****Occupational Therapy Management***2 units, 2 hour lecture***Prerequisite:** A "C" grade or higher in OTA 200.**Corequisite:** OTA 210 and 220 and 221.

Occupational Therapy Management explores the operations of an occupational therapy department. This course presents an introduction to basic management issues including: clerical, organizational, fiscal and supervisory components. Topics relate to traditional and nontraditional settings where occupational therapy assistants may be employed. Legal and ethical issues are explored. Quality assurance, research and continuing education to support continued professional growth are emphasized. Techniques for developing a resume, participating in an interview and requirements to practice are discussed and practiced. Practice opportunities in community-based programs will be explored.

*Transfers to CSU***OCCUPATIONAL THERAPY ASSISTANT 235 †****OTA Review***3 units, 3 hours lecture*

This course is designed for occupational therapy assistants and/or recent graduates of occupational therapy assistant programs who intend to sit for the National Board for Certification in Occupational Therapy (NBCOT) certification examination. This course will include a review of kinesiology concepts and measurements, theories and frames of reference, the practice framework, code of ethics issues, clinical case studies and treatment interventions, modalities, splinting, management issues and practice areas.

*Transfers to CSU***OCCUPATIONAL THERAPY ASSISTANT 240 †****Clinical Practicum IV***6 units, 18 hours laboratory***Prerequisite:** A "C" grade or higher in OTA 140 and 230.

This experience involves a ten-week assignment for 40 hours per week of clinical experience under the direct supervision of a registered occupational therapist or a certified occupational therapy assistant. The student will assist in all phases of practice including observation, evaluation, treatment and documentation. This course must be successfully completed in order to continue on with Occupational Therapy 241, Clinical Practicum V course. This course is offered on a Pass/No Pass basis only. For work experience requirements, see page 44.

*Transfers to CSU***OCCUPATIONAL THERAPY ASSISTANT 241 †****Clinical Practicum V***6 units, 18 hours laboratory***Prerequisite:** A "C" grade or higher in OTA 230.

This experience is the second ten-week 40 hours per week assignment of clinical fieldwork under the direct supervision of a registered occupational therapist or a certified occupational therapist assistant. This experience will take place in a different practice setting than the first ten week rotation. The student will assist in all phases of practice including observation, evaluation, treatment and documentation. Successful completion of this course is necessary for the student to be eligible to sit for the national Certification Examination. This course is offered on a Pass/No Pass basis only. For work experience requirements, see page 44.

Transfers to CSU

† This course meets all Title 5 standards for Associate Degree Credit.

**OCCUPATIONAL THERAPY ASSISTANT
250 †****Introduction to Hand Therapy**

2 units, 2 hours lecture

This course is an introduction to the diagnoses that lead to a client needing hand therapy intervention. Included are symptoms, preventative techniques and treatments that are seen with a variety of repetitive hand injuries. The detailed anatomy of the hand and upper extremity will be examined.

Requirements to receive advanced practice certification in hand therapy in the State of California will be discussed. This course is offered on a Pass/No Pass basis only.

Transfers to CSU

**OCEANOGRAPHY
(OCEA)****OCEANOGRAPHY 112 †****Introduction to Oceanography**

3 units, 3 hours lecture

A physical science course which examines major aspects of the marine environment. Topics include origin of the oceans, plate tectonics, sea floor features, properties of sea water, ocean climate, currents, waves, tides, coastal landforms, marine ecology, pollution and resources. The development of the field of oceanography and the present and future importance of the oceans are also discussed.

Satisfies General Education for: Grossmont College B2; CSU B1; IGETC 5A

Transfers to: CSU, UC

OCEANOGRAPHY 113 †**Oceanography Laboratory**

1 unit, 3 hours laboratory

Prerequisite: A "C" grade or higher or "Pass" in OCEA 112 or equivalent or concurrent enrollment.

Provides hands-on oceanographic experience to accompany and augment Oceanography 112. The course will include laboratory and field investigations of the marine environment, emphasizing the geological, chemical, physical, and biological aspects of the ocean. Lab activities may include, but are not limited to, field trips to obtain samples and analysis of data, visits to oceanographic facilities (such as research institutions and aquariums), and half-day ocean research voyages.

Satisfies General Education for: Grossmont College B2; CSU B3; IGETC 5C

Transfers to: CSU, UC

OCEANOGRAPHY 150 †

(Biology 150, Geography 150, Geology 150)

Field Study of the Natural History of the Greater San Diego Region

3 units, 2 hours lecture, 3 hours laboratory

Prerequisite: A "C" grade or higher or "Pass" in Biology 110 or 120; or Geography 120 or 121 or 140; or Geology 110 or 111; or Oceanography 112 or equivalent.

An exciting, team-taught, interdisciplinary, field-based study of the natural environment of the San Diego region, including related parts of Imperial, Riverside, and Orange Counties. Vans are utilized to visit sites that best illustrate (1) the region's physical environment (including tectonics, geologic history, geomorphology, hydrology, meteorology, climatology, and soils), (2) the evolutionary response to environmental variation (focusing on coastal sage scrub, chaparral, and desert ecosystems), and (3) the interaction of humans with the natural environment. Emphasis on field measurement includes use of GPS, compass, clinometer, maps, the current Jepson plant taxonomy, etc. Four weekends in spring semester only. Overnight campouts required. Students with credit in Oceanography 150 will not be able to enroll in Biology 150, Geography 150 or Geology 150.

Transfers to: CSU, UC (credit limited: see page 53)

**ORTHOPEDIC
TECHNOLOGY (OT)****ORTHOPEDIC TECHNOLOGY 110 †
Orthopedic Anatomy and Physiology**

5 units, 5 hours lecture

Prerequisite: Admission to the Orthopedic Technology Program

Corequisite: Orthopedic Technology 111.

A study of the development of the muscular-skeletal systems with the emphasis on gross anatomy of the bones, arterial and venous perfusion, and relevant nervous innervation as they relate to the treatment of orthopedic injuries.

Transfers to CSU

**ORTHOPEDIC TECHNOLOGY 111 †
Orthopedic Techniques I**

4 units, 1 hour lecture, 9 hours laboratory

Prerequisite: Admission to the Orthopedic Technology Program.

Corequisite: Orthopedic Technology 110.

An introduction to cast room protocols, including instrumentation, the techniques for the application of the basic types of casts and the special considerations required for treatment of orthopedic trauma cases. The course will include the application of orthopedic casts in the campus laboratory setting and clinical setting.

Transfers to CSU

**ORTHOPEDIC TECHNOLOGY 210 †
Diagnosis and Treatment of Orthopedic Disorders**

5 units, 4.5 hours lecture, 1.5 hours laboratory

Prerequisite: A "C" grade or higher in Orthopedic Technology 110 and 111 or equivalent.

Corequisite: Orthopedic Technology 211 and 212.

This course provides advanced instruction in the diagnosis and treatment of orthopedic disorders. Students will be provided techniques for the treatment of orthopedic injuries. This course also offers a campus laboratory designed to teach students advanced application of orthopedic devices for patients with acute and chronic injuries.

Transfers to CSU

**ORTHOPEDIC TECHNOLOGY 211 †
Orthopedic Techniques II**

4 units, 2 hours lecture, 6 hours laboratory

Prerequisite: A "C" grade or higher in Orthopedic Technology 110 and 111.

Corequisite: Orthopedic Technology 210 and 212.

This course is a continuation of Orthopedic Technology 111 with emphasis on advanced cast room protocols, instrumentation, orthopedic casting techniques and the assessment and treatment of casting complications. Emphasis will be on the application of advanced assessment and diagnosis of orthopedic injuries through the analysis of x-rays. Application of special casts, pediatric casts, full-body casts and various traction configurations and techniques.

Transfers to CSU

† This course meets all Title 5 standards for Associate Degree Credit.

ORTHOPEDIC TECHNOLOGY 212 † Supervised Hospital Clinical Practicum I

2 units, 6 hours laboratory

Prerequisite: A "C" grade or higher in Orthopedic Technology 110 and 111.

Corequisite: Orthopedic Technology 210 and 211.

This course is designed to provide clinical application of orthopedic technology in a hospital environment. Students participate in the normal day-to-day activities of an orthopedic service where they develop and refine their skills in the application of orthopedic casts, set up and application of traction devices and the pre and post operative care of the orthopedic patient. The student is required to demonstrate clinical orthopedic competencies as part of this course.

Transfers to CSU

ORTHOPEDIC TECHNOLOGY 214 † Supervised Hospital Clinical Practicum II

4 units, 12 hours laboratory

Prerequisite: A "C" grade or higher in Orthopedic Technology 210 and 211 and 212.

This course is a continuation of Orthopedic Technology 212, Supervised Clinical Practicum I, and is designed to teach the clinical application of orthopedic techniques in the clinical environment. Students will apply casts, assist in the reduction of fractures, apply and maintain traction configurations and devices, apply total body casts, and assist the orthopedic surgeon in minor and major surgical procedures. Students will also participate in pre-and post-operative patient teaching.

Transfers to CSU

PERSONAL DEVELOPMENT – SPECIAL SERVICES (PDSS)

The Personal Development – Special Services courses have been designed to meet the needs of students participating in the Disabled Students Program. For other course offerings related to the Disabled Students Program, see Exercise Science and Speech Development.

PERSONAL DEVELOPMENT – SPECIAL SERVICES 080 †† Educational Assessment and Prescriptive Planning

.5 unit, 1 hour lecture (total of 8 hours for 4 weeks)

A course to assess, interpret, and diagnose learning strengths and weaknesses for the purpose of identifying specific learning disabilities. Guidelines mandated by the California Community College system will be utilized to determine eligibility for Learning Disabilities Services. An orientation to the Learning Disabilities Program will also be provided, as well as prescriptive planning and IEP development. A conference will be held with a qualified DSPS faculty member prior to the assessment process. This course is offered on a Pass/No Pass basis only. (Nondegree credit course)

PERSONAL DEVELOPMENT – SPECIAL SERVICES 085 †† Adapted Computer Basics

1 unit, .5 hours lecture, 1.5 hours laboratory

An individualized course of study for students with verifiable disabilities. The course is designed to acquaint the student with basic assistive technology and techniques that may improve his or her ability to succeed in mainstream college-level courses and vocational programs. This course is offered on a Pass/No Pass basis only. (Nondegree credit course)

PERSONAL DEVELOPMENT – SPECIAL SERVICES 092 †† Math Strategies for Students with Disabilities

1 unit, 1 hour lecture

Instruction in strategies to improve success in developmental math courses for students with disabilities. Included in the course are test taking strategies, techniques to deal with math anxiety, textbook reading skills, ways to improve note taking and memory, and effective homework practices. Students will identify various aspects of their learning styles and use the information to develop study strategies that are appropriate for a math course. Students with disabilities enrolled in Math 088, 090, 103 or 110 would benefit from this course. This course is offered on a Pass/No Pass basis only. (Nondegree credit course)

PERSONAL DEVELOPMENT – SPECIAL SERVICES 095 †† Study Strategies for Students with Disabilities

1 unit, 1 hour lecture

Students with disabilities will receive instruction and practical experience in time management, study reading, note-taking, studying for tests and test-taking. The course emphasizes the development of compensatory strategies that enhance disabled students' opportunities for academic success. This course is offered on a Pass/No Pass basis only. (Nondegree credit course)

PERSONAL DEVELOPMENT – SPECIAL SERVICES 097 †† Basic Writing for Students with Disabilities

2 units, 2 hours lecture

This course provides instruction in basic written language skills and knowledge to improve grammar, mechanics, usage, and composing skills for students with disabilities. Students will write narrative and expository paragraphs, focusing on the application of grammatical and mechanical rules and concepts in the context of writing. This course is offered on a Pass/No Pass basis only. (Nondegree credit course)

PERSONAL DEVELOPMENT – SPECIAL SERVICES 098 †† Writing Fundamentals for Students with Disabilities

2 units, 2 hours lecture

This course provides instruction in fundamental written language skills and knowledge to improve grammar, mechanics, usage, and composing skills for students with disabilities. Students will write narrative and expository paragraphs as well as expository essays, focusing on the application of grammatical and mechanical rules and concepts in the context of writing. This course is offered on a Pass/No Pass basis only. (Nondegree credit course)

† This course meets all Title 5 standards for Associate Degree Credit.

†† This course meets all Title 5 standards for Nondegree Credit.

PHILOSOPHY (PHIL)

PHILOSOPHY 110 † **A General Introduction to Philosophy**

3 units, 3 hours lecture

Students in this course explore fundamental philosophical issues by investigating theories and problems about the nature of reality, human knowledge, and values. Familiar and unfamiliar views are examined, which exhibit various philosophic methodologies, and such views are related to our actions and experiences. Students will have the opportunity to assess their own views in light of the answers provided by philosophers, past and present.

Satisfies General Education for: Grossmont College C1; CSU C2; IGETC 3B

Transfers to: CSU, UC

PHILOSOPHY 111 † **Philosophy and Popular Culture**

3 units, 3 hours lecture

Philosophy and Popular Culture is designed to render relevant the insights, theories and conclusions of philosophers through the ages to the 21st Century American thinker. In contemporary times, people find themselves confronted with a unique set of dilemmas: moral and political relativism, ethical dilemmas, gender issues, consumerism, economic inequalities, the rising distrust of intellectualism and the dissolution of the American Dream. In this course, we investigate how the philosophical tradition has evaluated such developments and how philosophical thinking of the past can be a valuable tool in the quest to live an autonomous and meaningful life amidst these apparently dehumanizing trends.

Satisfies General Education for: Grossmont College C1; CSU C2; IGETC 3B

Transfers to: CSU, UC

PHILOSOPHY 112 † **The Classical Mind**

3 units, 3 hours lecture

Classical philosophy is concerned with the emergence of what we understand as a systematic attempt to grasp the nature of humanity and the world. This study is an exploration of the significant figures and movements within Greek philosophy and surveys the ideas that have shaped and guided Western civilization for 2500 years.

Satisfies General Education for: Grossmont College C1; CSU C2; IGETC 3B

Transfers to: CSU, UC



PHILOSOPHY 114 † **The Medieval Mind**

3 units, 3 hours lecture

Medieval philosophy begins with the decline of classical thought and ends in the 16th century. It is distinguished by an attempt to incorporate classical philosophy, predominately Plato and Aristotle, into the doctrine of Christianity. The medieval (scholastic) school of philosophy focuses on the relation between philosophy and theology.

Satisfies General Education for: Grossmont College C1; CSU C2; IGETC 3B

Transfers to: CSU, UC

PHILOSOPHY 116 † **The Modern Mind**

3 units, 3 hours lecture

The Modern Mind surveys the significant philosophers and theories beginning with the Renaissance and continuing through the nineteenth century, from Descartes to Kant. This period of ideas coincides with the development of the scientific method and the discovery of the new world. The study presents the growth of modern ideas and the response to the new world. It attends to the problem of how humanity, with its system of values, fits into a world of neutral, indifferent facts.

Satisfies General Education for: Grossmont College C1; CSU C2; IGETC 3B

Transfers to: CSU, UC

PHILOSOPHY 118 † **The Contemporary Mind**

3 units, 3 hours lecture

Contemporary philosophy is an effort to trace new paths of meaning when traditional sources (religion, science, and society) are questioned. This course is a survey of the major trends in philosophy in the late 19th and 20th centuries. It also examines the recent developments in the early 21st century. Three of the most significant schools of thought are: 1) the analytic movement of Moore, Russell, and Wittgenstein; 2) the existential/phenomenological thought of Nietzsche, Husserl, Heidegger, and Sartre; and 3) the pragmatic tradition beginning with Pierce, James and Dewey.

Satisfies General Education for: Grossmont College C1; CSU C2; IGETC 3B

Transfers to: CSU, UC

PHILOSOPHY 125 † **Critical Thinking**

3 units, 3 hours lecture

Students will focus on the development of fundamental critical reasoning skills and the application of those skills to important areas of life. The analysis and construction of both inductive and deductive arguments are emphasized. Students learn how to use reasoning skills to make sound decisions, evaluate claims and assertions, and avoid logical errors.

Satisfies General Education for: Grossmont College A3; CSU A3

Transfers to: CSU, UC

† This course meets all Title 5 standards for Associate Degree Credit.

PHILOSOPHY 130 †**Logic***3 units, 3 hours lecture*

Logic is the study of the principles of correct reasoning. These principles deal with the nature of rational thought and the criteria for making critical judgments. The course undertakes the analysis of human thinking using both natural language and symbolic language. Students will develop logical skills to evaluate their opinions and beliefs and will apply these skills to the practical problems of everyday life.

Satisfies General Education for: Grossmont College A3; CSU A3

Transfers to: CSU, UC

PHILOSOPHY 140 †**Problems in Ethics***3 units, 3 hours lecture*

This course is an introduction to ethics in theory and in practice. This study involves the exploration of moral theories and principles in order to see how they apply to the individual and society. We will critically examine some of the major schools of moral thought in Western philosophy, as well as some Eastern philosophy. These theories will be applied to some of the primary ethical problems that we face, as individuals and as societies, and will continue to confront.

Satisfies General Education for: Grossmont College C1; CSU C2; IGETC 3B

Transfers to: CSU, UC

PHILOSOPHY 141 †**Bioethics***3 units, 3 hours lecture*

This course introduces students to the range of issues that define bioethics, the fundamental moral issues that arise in medicine, health, and biotechnology. These philosophical issues involve critical dilemmas at the intersections of law, society, culture, public policy, religion and economics.

Satisfies General Education for: Grossmont College C1; CSU C2; IGETC 3B

Transfers to: CSU, UC

PHILOSOPHY 145 †**Social and Political Philosophy***3 units, 3 hours lecture*

A philosophical examination into the nature of the relationship between morality, politics and social justice from a multi-cultural perspective. Topics may include: the political significance of religion and culture, the concept of natural law, the existence and nature of rights, the obligation of citizens to their society; the nature of a just society; and theories of reward and punishment. Focus will be on the topics of: justice, equality, liberty, human rights and the nature and limits of authority.

Satisfies General Education for: Grossmont College C1; CSU C2; IGETC 3B

Transfers to: CSU, UC

PHILOSOPHY 150 †**The Philosophy of Art***3 units, 3 hours lecture*

Human beings make aesthetic judgments every day. Why do we decide that something is either beautiful or ugly? What criteria do we use to decide if a movie is good or not? Do our likes and dislikes connect to moral and intellectual judgments? This course is an introduction to major theories in aesthetics designed to help the students clarify and evaluate their own aesthetic judgments.

Satisfies General Education for: Grossmont College C1; CSU C2; IGETC 3B

Transfers to: CSU, UC

PHILOSOPHY 155 †**The Philosophy of Science***3 units, 3 hours lecture*

Philosophy of science is a branch of epistemology (theory of knowledge) which deals with the truths of science. As a theory of knowledge it asks what it means for a theory to be "true," and how does science yield knowledge? It is an investigation into the nature and methods of scientific reasoning, in order to evaluate the truth claims of science. It also forces us to distinguish between scientific and non-scientific methodology.

Satisfies General Education for: Grossmont College C1; CSU C2; IGETC 3B

Transfers to: CSU, UC

PHILOSOPHY 194 †**Community Service Learning Experience***1 unit, 5 hours work experience per week**60 volunteer hours or 75 paid hours*

Community Service Learning Experience (CSLE) is a community outreach program which promotes volunteer engagement. The purpose is to provide students the opportunity to comprehend the importance of community involvement and to expand their understanding of citizenship while exploring options and careers in a selected area of study. The course includes placement in a community-based social service site, museum, political agency, environmental organization or with appropriate K-12 students. For work experience requirements, see page 44.

Transfers to CSU

PHOTOGRAPHY (PHOT)

PHOTOGRAPHY 150 †**Introduction to Photography***3 units, 2 hours lecture, 4 hours laboratory*

An introductory course that examines the nature of photography and visual literacy through the personal exploration and making of photographic images as well as the critical discourse of photography's role and function in society and culture. The primary focus of the course will be to engage in photographic practice as a means to respond subjectively as well as objectively to the conceptual and aesthetic experiences of the photographic image as a visual document of creative expression and communication. Historical and contemporary photographic works from the contexts of the family album, art photography, commercial/advertising photography, photography and media, and cyberspace will be examined and discussed to further cultivate and refine each student's visual literacy of the photographic image. Appropriate for students without prior photographic experience.

Satisfies General Education for: Grossmont College C3

Transfers to: CSU, UC

† This course meets all Title 5 standards for Associate Degree Credit.

PHOTOGRAPHY 151 † **Personal Photographic Vision**

3 units, 2 hours lecture, 4 hours laboratory

This course examines the foundations of photographic seeing, thought and analysis, and the advanced uses of analog and digital photographic materials and processes, including black and white, grayscale and color. Primary focus of the course is the development of a personal photographic vision through the use of photography's aesthetic attributes and a refined sense of technical execution and craft. Appropriate for students with prior exposure to photography and basic photographic experience. Discussion and practice with small and medium format cameras, image exposure methods, basic artificial lighting techniques, image optimization and use of the dynamic tonal range with film processing and digital imaging techniques, and photographic printing practices in both darkroom and digital environments.

Transfers to: CSU, UC

PHOTOGRAPHY 152 † **Contemporary Photographic Practice**

3 units, 2 hours lecture, 4 hours laboratory

Prerequisite: A "C" grade or higher or "Pass" in Photography 150 or Photography 151 or equivalent.

This course explores various advanced analog and digital photographic imaging systems, including medium- and large- format cameras, emerging technologies, and artificial lighting techniques in providing a foundation within the medium. Conceptual, aesthetic and technical principles, theories and strategies will be examined, including the application of one's photographic vision with medium- and large-format cameras, digital capture and/or emerging technology systems, appropriate image exposure, processing and printing applications, as well as artificial lighting techniques on location and in the studio.

Transfers to CSU

PHOTOGRAPHY 154 † **History of Photography**

3 units, 3 hours lecture

A survey that examines the role and function of photography and its cultural history, including its relationship to art, science, social sciences, travel, fashion, and mass media. Topics of discussion will focus on the important cultural, aesthetic and technical considerations in photography within the historical and contemporary contexts of works by photographers from the United States, Latin America, Europe, Africa, the

Middle East and Asia. Such topics will include Looking At and Understanding Photographs, The Origins and Development of Photography, A New Aesthetic- 19th Century Photography, Photography and Modernity, Lens culture and Mass Media as well as The Globalization of Photography in the Digital Age.

Satisfies General Education for: Grossmont College C3; CSU C1; IGETC 3A

Transfers to CSU, UC

PHOTOGRAPHY 166 † **Image and Idea**

3 units, 2 hours lecture, 4 hours laboratory

Prerequisite: A "C" grade or higher or "Pass" in Photography 150 or 151 or equivalent.

This course is an in-depth exploration of photographic imaging with an emphasis on relating historical and contemporary conceptual thought, practice and processes while directing the students' energies toward a balance of image and idea. Students will develop a language specific for the communication of meaning within their photographs, pushing the medium beyond its pictorial qualities and engaging it into the service of ideas. Lens- and time-based concepts will challenge students' ongoing work developed in previous classes, as they further examine present day realities, the function of memory, our cultural history, gender identity and the new visceral nature of the medium through contemporary methods, technical strategies, and alternative approaches thus achieving a stronger personal vision.

Transfers to CSU, UC

PHOTOGRAPHY 252 † **Photographer's Portfolio**

3 units, 2 hours lecture, 4 hours laboratory

Prerequisite: A "C" grade or higher or "Pass" in Photography 151 or equivalent.

An advanced course to further the development and refinement of the techniques necessary to support serious photographic communication will be the primary objective of this final course within the major. Skillful control of modern technological options and clear understanding of historical and contemporary issues within the medium will be applied with a high degree of critical analysis in the production and interpretation of the student's photographs. A final portfolio, including a print, portfolio book and/or website, will be produced describing the depth and scope of the student's interest, craft ability and vision.

Transfers to CSU

PHYSICAL EDUCATION

See: Exercise Science

PHYSICAL SCIENCE (PSC)

PHYSICAL SCIENCE 100 † **Physical Science for Elementary Education**

3 units, 3 hours lecture

Prerequisite: A "Pass" grade in Math 090 or equivalent

This course is an introduction to scientific methodology, with an emphasis on knowledge and understanding of chemistry and physics. It is especially designed for those who are interested in teaching science in a primary school setting in which students must both understand the scientific method and master content in the physical sciences. The connection between physical science and global issues such as energy and environment will be emphasized. Topics to be covered include motion, gravity, heat and energy transfer, light and color, electricity, magnetism, the periodic table, ionic and covalent chemical bonding, chemical nomenclature, chemical reactions, solutions, and nuclear reactions.

Satisfies General Education for: Grossmont College B2; CSU B1; IGETC 5A

Transfers to: CSU, UC

PHYSICAL SCIENCE 110 † **Introduction to the Physical Sciences**

3 units, 3 hours lecture

A broad approach to the physical sciences designed primarily for the student who is not majoring in science. Main concepts of such sciences as astronomy, physics, chemistry and the earth sciences will be developed and discussed. Emphasis is on the understanding and significance of fundamental principles. Application of certain concepts to contemporary issues such as energy production and environmental problems will be explored (e.g. nuclear energy). Within this context, the methods and limitations of science will be demonstrated and societal implications will be discussed.

Satisfies General Education for: Grossmont College B2; CSU B1; IGETC 5A

Transfers to: CSU, UC (credit limited: see page 53)

† This course meets all Title 5 standards for Associate Degree Credit.

PHYSICAL SCIENCE 111 † **Physical Science Laboratory**

1 unit, 3 hours laboratory

Prerequisite: A "C" grade or higher or "Pass" or concurrent enrollment in Physical Science 110 or equivalent.

Designed to accompany and augment Physical Science 110. An introductory approach to scientific investigation designed primarily for the student who is not majoring in science. The course provides an opportunity to explore a variety of physical materials, phenomena, and concepts such as motion, power, sound, light, solar energy, and radioactivity.

Satisfies General Education for: Grossmont College B2; CSU B3; IGETC 5C

Transfers to: CSU, UC (credit limited: see page 53)

PHYSICAL SCIENCE 120 **Fundamentals of Scientific Computing (MATLAB)**

4 units, 3 hours lecture, 3 hours laboratory

Prerequisite: A "C" grade or higher or "Pass" in Math 103 or Math 110 or equivalent.

This course will focus on problem solving, data manipulation, and visualization using the MATLAB computing environment using applications from: physical science, engineering, life sciences, mathematics and statistics. Students will learn to analyze data, write simple algorithms for data processing and simulation, and visualize the results. Topics include: operations and variables; graphics and programming; solving equations and model fitting.

Satisfies General Education for: Grossmont College A3; CSU B4

Transfers to: CSU, UC

PHYSICS (PHYC)

PHYSICS 110 † **Introductory Physics**

4 units, 3 hours lecture, 3 hours laboratory

This physics course is structured for students who have had little or no previous physics or mathematics. The math which is needed is explained as the course progresses. Physics is a study of the real and natural events, laws and phenomena which exist and interact in the universe around us. In this course those laws and events are studied with particular emphasis on the physics normally encountered in everyday living, such as motion, light and human vision, sound and hearing, energy and its use and conservation, gas laws and breathing.

Satisfies General Education for: Grossmont College B2; CSU B1; IGETC 5A

Transfers to: CSU, UC (credit limited: see page 53)

PHYSICS 130 † **Fundamentals of Physics**

4 units, 3 hours lecture, 3 hours laboratory

Prerequisite: A "C" grade or higher or "Pass" or concurrent enrollment in Math 180 or equivalent.

This calculus-level course is the first of a sequence of two physics courses for life science majors. It provides a thorough basis in mechanics, kinematics, work, energy, properties of matter, heat, and vibrations. The course assumes no previous physics study, but makes extensive use of algebra, trigonometry, geometry, and calculus, as appropriate. The laboratory provides applications of physics principles to measurements of translational motion, forces, torques, rotational systems, and heat. Physics 130 is not open to students with credit in Physics 140.

Satisfies General Education for: Grossmont College B2; CSU B1; IGETC 5A

Transfers to: CSU, UC (credit limited: see page 53)

PHYSICS 131 † **Fundamentals of Physics**

4 units, 3 hours lecture, 3 hours laboratory

Prerequisite: A "C" grade or higher or "Pass" in Physics 130 or equivalent.

A continuation of Physics 130 covering electric charges, electric and magnetic fields and forces, DC and AC circuits, electromagnetic waves, light, optical instruments, relativity, modern physics, and atomic and nuclear physics. The course makes extensive use of algebra, trigonometry, geometry, and calculus, as appropriate. The laboratory provides emphasis on measurement techniques involving electric charge, electric circuits, oscilloscopes, optics, interference, lasers, and nuclear counting. The course is primarily designed for life science majors and pre-med students. Physics 131 is not open to students with credit in Physics 240 or 241.

Satisfies General Education for: Grossmont College B2; CSU B1; IGETC 5A

Transfers to: CSU, UC (credit limited: see page 53)

PHYSICS 140 † **Mechanics of Solids**

4 units, 3 hours lecture, 3 hours laboratory

Prerequisite: A "C" grade or higher or "Pass" in Mathematics 180 or equivalent.

This course is the first course of a three-semester, calculus level sequence of physics courses designed for engineering, physics, math, and science majors. The course assumes no previous physics study, but makes extensive use of algebra, trigonometry, geometry, and calculus, as appropriate. Topics include linear and rotational kinematics and

dynamics with graphical analysis, energy and energy conservation, linear and angular momentum and their conservation laws, and gravitation. Applications include period motion, vibration, fluids, and wave propagation. *Satisfies General Education for:* Grossmont College B2; CSU B1; IGETC 5A
Transfers to: CSU, UC (credit limited: see page 53)

PHYSICS 240 † **Electricity, Magnetism and Heat**

4 units, 3 hours lecture, 3 hours laboratory

Prerequisite: A "C" grade or higher or "Pass" in Physics 140 or equivalent. A "C" grade or higher or "Pass" or concurrent enrollment in Math 280 or equivalent.

This is part of a three-semester, calculus level sequence of physics courses designed for science, mathematics, physics, and engineering students. The topics of heat, electricity, and magnetism are introduced at the beginning level with reliance upon students' ability to apply topics introduced in Physics 140. The laboratory provides emphasis on measurements using gas laws and of electric and magnetic fields, DC and AC circuits, and oscilloscope techniques. *Satisfies General Education for:* Grossmont College B2; CSU B1; IGETC 5A
Transfers to: CSU, UC (credit limited: see page 53)

PHYSICS 241 † **Light, Optics, and Modern Physics**

4 units, 3 hours lecture, 3 hours laboratory

Prerequisite: A "C" grade or higher or "Pass" in Physics 240 or equivalent. A "C" grade or higher or "Pass" or concurrent enrollment in Math 281 or equivalent.

This is part of a three-semester, calculus-level sequence of physics courses designed for science, mathematics, physics and engineering students. The topics of wave motion, electromagnetic waves, optics, quantum mechanics, special relativity and atomic and nuclear physics are introduced at the beginning level with reliance upon ability to apply topics introduced in Physics 140. The laboratory provides experiments in mechanical waves, optics, interference and diffraction, and nuclear physics. *Satisfies General Education for:* Grossmont College B2; CSU B1; IGETC 5A
Transfers to: CSU, UC (credit limited: see page 53)

† This course meets all Title 5 standards for Associate Degree Credit.

POLITICAL SCIENCE (POSC)

POLITICAL SCIENCE 120 † **Introduction to Politics and Political Analysis**

3 units, 3 hours lecture

The primary aim of this course is to assist the student/citizen in the development of a set of skills which can be helpful in analyzing political situations in the world today. In order to accomplish this objective, the student will be introduced to the basic approaches, perspectives, techniques and models of the political scientist. Accordingly, this course covers some universal aspects of political stability and change, ideologies, conflicts, institutions, political economy, and issues.

(Does not meet American Institutions requirement.)

Satisfies General Education for: Grossmont College D1; CSU D; IGETC 4
Transfers to: CSU, UC

POLITICAL SCIENCE 121 † **Introduction to U.S. Government and Politics**

3 units, 3 hours lecture

Recommended Preparation: A "C" grade or higher or "Pass" in English 110 or English as a Second Language 119 or equivalent.

This course analyzes the evolution of the structures and functions of the U.S. and California political systems from the time of the nation's founding to the current day in what is now the United States. This course emphasizes the continuity and uniqueness of the American political experience and how that experience has derived from other political cultures. This will be examined in the context of the larger cultural, economic, and sociological forces shaping the U.S. political system. Attention will also be given to significant events affecting the evolution of the U.S. political system since its founding. The development and evolution of the U.S. Constitution and policy making role of traditional political institutions such as the presidency, the Congress, and the judiciary will be explored. The impact of other political forces such as mass movements, the media, the bureaucracy, interest groups and ethnic and social groups will also be examined. All topics covered in the course will be illustrated through reference to actual political events occurring as the course progresses.

Satisfies General Education for: Grossmont College D3; CSU D; IGETC 4
Transfers to: CSU, UC

POLITICAL SCIENCE 124 † **Introduction to Comparative Government and Politics**

3 units, 3 hours lecture

Students in this course will analyze the political systems of selected developed, transitional, and developing countries of the world in order to understand the importance of political development, political institutions, political actors, political processes, and political change for the dynamics of today's global society.

Satisfies General Education for: Grossmont College D1; CSU D; IGETC 4
Transfers to: CSU, UC

POLITICAL SCIENCE 130 † **Introduction to International Relations**

3 units, 3 hours lecture

Recommended Preparation: A "C" grade or higher or "Pass" in English 110 or English as a Second Language 119 or equivalent.

This course is a survey of the field of international relations. Students will be introduced to the major theories of international relations and will learn to apply them to contemporary problems in world politics. Issues examined include global peace and security, international political economy, international law and organization, sustainable development, and human rights.

Satisfies General Education for: Grossmont College D1; CSU D; IGETC 4
Transfers to: CSU, UC

POLITICAL SCIENCE 135 † **Model United Nations**

1 unit, 1 hour lecture

A course designed to provide students with a thorough understanding of the role of the United Nations in world affairs. By assuming the role of different countries and by researching crucial topical issues, students will prepare for participation in United Nations simulations. The course will include participation in regional Model United Nations.

Transfers to: CSU

POLITICAL SCIENCE 140 † **Introduction to California Governments and Politics**

3 units, 3 hours lecture

Recommended Preparation: A "C" grade or higher or "Pass" in Political Science 121 or equivalent.

This course examines the structure and functions of California state and local governments and politics. Attention will be given to the evolution of the principal features, organization, and operation of state and local governments within the framework of U.S. federalism from the time of the nation's founding. Emphasis is placed on the role of significant events, major ethnic groups, major social groups in the development of the political structures and processes of California state and local governments and contemporary political issues.

Satisfies General Education for: Grossmont College D3; CSU D; IGETC 4
Transfers to: CSU, UC

POLITICAL SCIENCE 150 † **Introduction to Political Theory**

3 units, 3 hours lecture

Recommended Preparation: A "C" grade or higher or "Pass" in Political Science 120 or Philosophy 110

A comparative and conceptual analysis of the principal ideological and philosophical approaches to government. This course surveys the important political ideas and alternatives which have been suggested from ancient to modern times. A major emphasis of the course will be to introduce and clarify for the student the basic aspects of nationalism, democracy, orthodox Marxism, anarchism, philosophical conservatism, New Left thought and fascism.

Satisfies General Education for: Grossmont College D1; CSU D
Transfers to: CSU, UC

POLITICAL SCIENCE 155 † **State and Society in the Asia Pacific**

3 units, 3 hours lecture

An historical, cultural and social science based comparative analysis of the evolution and current conditions of significant political/economic/social communities within the Asia Pacific Region. The course will focus on the endurance of traditional cultures, the intermingling and grafting of the Asian tradition, the influence of Western values and institutions, socioeconomic development and change, the relationship between individuals and

† This course meets all Title 5 standards for Associate Degree Credit.

institutions of state, national identity and nationalism, and the importance of globalization for the region. States studied through the above lenses may include China, India, Japan, states of Southeast Asia, the Koreas, Australia, New Zealand, the Russian Pacific, the island states of the Pacific, and states of Central and South Asia.

Satisfies General Education for: CSU D; IGETC 4

Transfers to: CSU, UC

POLITICAL SCIENCE 160 † **Politics in Film**

3 units, 3 hours lecture

This course uses film to explore major aspects of political life and to examine the cultural creation of meaning about social and political power, values, and activities. Films are studied as social and political products and to enhance understanding of political phenomena in the American and other cultures. These phenomena include social/political movements, civil liberties, electoral politics, war, law, political economy, and race, gender, and class differences and conflict. This course explains for students how they can view films in different political contexts and view politics from different theoretical lenses to gain insight about contemporary political life.

Satisfies General Education for: Grossmont College D1; CSU D; IGETC 4

Transfers to: CSU, UC

POLITICAL SCIENCE 195 † **Internship in Political Science**

*1 unit, 5 hours work experience per week
60 volunteer hours or 75 paid hours*

Community Service Learning Experience (CSLE) is a community outreach program which promotes the national agenda of volunteer engagement. The purpose is to provide students an opportunity to explore options and careers in a selected area of study. This course places students with political office holders at the federal, state, and local levels; government and social agencies; non-profit and lobbying groups; law firms, and similar locations. For work experience requirements, see page 44.

Transfers to: CSU

POLITICAL SCIENCE 197 † **Internship in Political Science**

*2 units, 10 hours work experience per week
120 volunteer hours or 150 paid hours*

Community Service Learning Experience (CSLE) is a community outreach program which promotes the national agenda of volunteer

engagement. The purpose is to provide students an opportunity to explore options and careers in a selected area of study. This course places students with political office holders at the federal, state, and local levels; government and social agencies; non-profit and lobbying groups; law firms, and similar locations. For work experience requirements, see page 44.

Transfers to: CSU

PSYCHOLOGY (PSY)

PSYCHOLOGY 120 † **Introductory Psychology**

3 units, 3 hours lecture

An introduction of the facts and theories that enhance understanding of human behavior as studied by psychologists. A general overview of the research methods and major research findings of psychology is examined. Topics covered include physiology, learning, perception and cognitive process, development, motivation and emotion, personality, abnormal behavior, therapy, and social psychology.

Satisfies General Education for: Grossmont College D2; CSU D; IGETC 4

Transfers to: CSU, UC

PSYCHOLOGY 125 † **(Cross-Cultural Studies 125)**

Cross-Cultural Psychology

3 units, 3 hours lecture

An introduction to theories and research findings regarding cultural influences on human behavior and cognitive processes (life-span development, abnormal behavior and mental health, drug use, self-concept, emotion, gender schemas and gender roles, social behavior, perception, learning, intelligence, and memory). By providing students with a non-judgmental understanding of how culture influences human behavior, this course will make them more equipped to interact in a world where there is increasing contact among different cultures.

Satisfies General Education for: Grossmont College D2; CSU D; IGETC 4

Transfers to: CSU, UC (credit limited: see page 53)

PSYCHOLOGY 132 † **Psychology of Health**

3 units, 3 hours lecture

The goal of health psychology is to understand the psychological influences on health promotion and maintenance, on prevention and treatment of illness and on the individual's response to illness. The course will focus on the etiology and correlates of health and illness, as well as analyze the health care system and the formulation of health policies.

Satisfies General Education for: Grossmont College D2; CSU E
Transfers to: CSU

PSYCHOLOGY 134 † **Human Sexuality**

3 units, 3 hours lecture

An overview of the biological, psychological, social and cultural aspects of human sexuality. Topics include historical, social and cultural variations, the influence of gender in sexual behavior, the anatomy and physiology of human sexuality and reproduction, sexuality throughout the lifespan, sexual orientation, communication and relationships, sex therapy, rape and sexual assault, contraception and new reproductive technologies, sexual morality and STDs.

Satisfies General Education for: Grossmont College D2; CSU D, E; IGETC 4

Transfers to: CSU, UC

PSYCHOLOGY 138 † **(Sociology 138)**

Social Psychology

3 units, 3 hours lecture

An examination of individuals in social contexts to reveal how one's thoughts, feelings and actions can be influenced by other people. Includes topics such as social perception and attribution processes, dissonance, reduction, altruism, aggression, prejudice, conformity, and group processes.

Satisfies General Education for: Grossmont College D2; CSU D; IGETC 4

Transfers to: CSU, UC (credit limited: see page 53)

PSYCHOLOGY 140 † **Physiological Psychology**

3 units, 3 hours lecture

Prerequisite: A "C" grade or higher or "Pass" in Psychology 120 or equivalent.

An examination of the relationships between bodily processes and aspects of behavior. A review of the fundamental research methods and major research findings in physiological psychology. The application of experimental methods in psychology, physiology, and related disciplines to the understanding of perceptual processes, the control of movement, sleep and walking, reproductive behaviors, ingestive behaviors, emotion, learning, language, and mental disorders is explored. Ethical standards for human and animal research are discussed in the context of both invasive and non-invasive experimental research.

Satisfies General Education for: Grossmont College D2; CSU D or E; IGETC 4

Transfers to: CSU, UC

† This course meets all Title 5 standards for Associate Degree Credit.

PSYCHOLOGY 150 † **Developmental Psychology**

3 units, 3 hours lecture

Prerequisite: A "C" grade or higher or "Pass" in Psychology 120 or equivalent.

An introduction to psychological theories and research regarding human physical, cognitive, and socio-emotional development from infancy, through childhood, adolescence and maturity. Emphasis is placed on critical analysis of existing theories, research methodology, and research findings, taking into account the influence of factors such as culture, gender, ethnicity, historical cohort, and socio-economic status. The focus of the course is on understanding and applying empirical research and theories in developmental psychology.

Satisfies General Education for: CSU D or E; IGETC 4

Transfers to: CSU, UC (credit limited: see page 53)

PSYCHOLOGY 170 † **Abnormal Psychology**

3 units, 3 hours lecture

Overview of psychological research and theory involving the causes and treatment of abnormal behavior. The major disorders include anxiety disorders (such as phobias, panic attacks and obsessive-compulsive), mood disorders (such as depression and bipolar disorders), schizophrenia, personality disorders, childhood/adolescent disorders (such as ADHD, eating disorders and disorders of the autism spectrum), substance-related disorders and cognitive disorders.

Satisfies General Education for: Grossmont College D2; CSU D; IGETC 4

Transfers to: CSU, UC

PSYCHOLOGY 180 † **Psychology of Interpersonal Skills**

3 units, 3 hours lecture

A study of those skills important for helpful interpersonal relating, accompanied by structured experience and training in their practice. The skill of empathic responding is emphasized, with a focus on theory and research, application in helping relationships, and implementation in one-on-one and group interaction in class.

Satisfies General Education for CSU E

Transfers to CSU, UC

PSYCHOLOGY 201 † **Academic and Career Opportunities in Psychology**

1 unit, 1 hour lecture

Prerequisite: A "C" grade or higher or "Pass" in PSY 120 or equivalent.

Psychology 201 is designed for students interested in majoring in psychology. The course provides an overview of academic and career options in the field of psychology. Emphasis will be placed on academic planning, post-baccalaureate options in psychology and related field, and identification of career-related strengths and interests. Recommended after completion of thirty (30) units of coursework. This course is offered on a Pass/No Pass basis only.

Transfers to CSU

PSYCHOLOGY 205 † **Research Methods for Psychology**

3 units, 3 hours lecture

Prerequisite: A "C" grade or higher or "Pass" in PSY 120 and PSY 215 or ANTH 215 or SOC 215 or equivalent.

An introduction to the scientific methodology used in psychology and the behavioral sciences. This course surveys various research methods with an emphasis on research design, experimental procedures, descriptive methods, mixed methods (qualitative and quantitative) instrumentation, and the collection, analysis, interpretation, and reporting of research data. Research design and methodology will be examined through a review of research in a variety of the sub-disciplines of psychology.

Transfers to: CSU, UC

PSYCHOLOGY 215 † (Anthropology 215, Sociology 215) **Statistics for the Behavioral Sciences**

4 units, 3.5 hours lecture, 1.5 hours laboratory

Prerequisite: A "C" grade or higher in Mathematics 103 or 110 or equivalent.

Methods and experience in defining and solving quantitative problems in the behavioral sciences. Emphasis is on the design of experiments and the application of a variety of parametric and nonparametric techniques to the analysis of data.

Satisfies General Education for: Grossmont College A3; CSU B4; IGETC 2A

Transfers to: CSU, UC (credit limited: see page 53)

PSYCHOLOGY 220 † **Learning**

3 units, 3 hours lecture

Prerequisite: A "C" grade or higher or "Pass" in Psychology 120 or equivalent.

An examination of the basic principles and research in animal and human learning.

Satisfies General Education for: Grossmont College D2; CSU D or E; IGETC 4

Transfers to: CSU, UC

RELIGIOUS STUDIES (RELG)

RELIGIOUS STUDIES 120 † **World Religions**

3 units, 3 hours lecture

This course is an introduction to the major religions of the world and the primary figures associated with those religious systems. Students will study the content of religious beliefs and examine the rituals and practices through which those beliefs are expressed.

Satisfies General Education for: Grossmont College C1; CSU C2; IGETC 3B

Transfers to: CSU, UC

RELIGIOUS STUDIES 130 † **Scriptures of World Religions**

3 units, 3 hours lecture

This course is a study of religion based on in-depth reading and careful analysis of the primary sacred texts associated with major religions of the East and the West.

Satisfies General Education for: Grossmont College C1; CSU C2; IGETC 3B

Transfers to: CSU, UC

RELIGIOUS STUDIES 140 † **Religion and Culture**

3 units, 3 hours lecture

A study of the relationship between religious beliefs and practices and aspects of culture as represented through literary, performing and visual arts. Emphasis is on major world religions and dominant traditions of Eastern and Western culture.

Satisfies General Education for: Grossmont College C1; CSU C1, C2; IGETC 3B

Transfers to: CSU, UC

† This course meets all Title 5 standards for Associate Degree Credit.

RELIGIOUS STUDIES 150 † **Scriptures of India and China**

3 units, 3 hours lecture

A focused study of the religious writings of India and China. The major modes of Eastern thought are explored through the examination of sacred texts. Satisfies General Education for: Grossmont College C1; CSU C2; IGETC 3B
Transfers to: CSU, UC

RELIGIOUS STUDIES 170 † **Introduction to the New Testament**

3 units, 3 hours lecture

This course is the study of the history and culture of the New Testament period. The content of the books of the New Testament will be studied while learning and applying modern scholarly methods of critical analysis to these Biblical materials.

Satisfies General Education for: Grossmont College C1; CSU C2; IGETC 3B

Transfers to CSU, UC

RESPIRATORY THERAPY (RESP)

RESPIRATORY THERAPY 105 † **Cardiopulmonary Physiology and Disease Entities**

4 units, 4 hours lecture

Prerequisite: Admission to the Respiratory Therapy Program.

Corequisite: RESP 108 and 112 and 114.

Building on previous coursework, this course will elaborate on the specific concepts of normal cardiopulmonary anatomy and physiology. This semester stresses importance of cardiopulmonary anatomy, the process of ventilation, gaseous diffusion, gaseous transport to the periphery matching of ventilation and perfusion, acid base balance or imbalance and basic pharmacology. The dynamics of human physiological functions are studied in relationship to functional disease patterns. Special emphasis is given to the assessment of the physiological processes and the recognition of alterations in pathophysiology.

Transfers to CSU

RESPIRATORY THERAPY 108 † **Basic Respiratory Therapy Equipment, Procedures and Life Support Systems**

5 units, 3 hours lecture, 6 hours laboratory

Prerequisite: Admission to the Respiratory Therapy Program.

Corequisite: RESP 105 and 112 and 114.

An introduction to the principles of equipment operation, equipment care

and maintenance, and basic therapeutic techniques employed in the care of cardiopulmonary patients.

Transfers to CSU

RESPIRATORY THERAPY 112 † **Supervised Clinical Practicum I**

1 unit, 3 hours laboratory

Prerequisite: Admission to the Respiratory Therapy Program.

Corequisite: RESP 105 and 108 and 114.

Basic respiratory therapy procedures and general patient assessment are practiced in the general care environment. Included in the supervised experiences are laboratory and physical assessment, oxygen therapy, humidity and aerosol therapy and general medication delivery by inhalation.

Transfers to CSU

RESPIRATORY THERAPY 114 † **Cardiopulmonary Pharmacology**

2 units, 2 hours lecture

Prerequisite: Admission to the Respiratory Therapy Program.

Corequisite: RESP 105 and 108 and 112.

This course is designed for the Respiratory Therapy student. Major emphasis will be given to cardiac, cardiovascular, and pulmonary drugs. Specific drugs in these categories will be addressed in terms of action, indication, possible allergic reactions and contraindications.

Transfers to CSU

RESPIRATORY THERAPY 116 † **Assessment in Respiratory Care**

2.5 units, 2.5 hours lecture

Prerequisite: A "C" grade or higher in RESP 105 and 108 and 112 and 114 or equivalent.

Corequisite: RESP 118 and 122 and 150.

This course will examine the patient assessment process utilized in management of the patient with cardiopulmonary dysfunction. Development of skills for data collection and decision-making are refined through examination of case studies. Physical examination, respiratory physiology, pulmonary modalities, information gathering, decision-making and assessment of clinical situations is integrated in the management of the simulated pulmonary patient. Special emphasis is given to the assessment of the physiological processes and the recognition of patterns associated with pathophysiology.

Transfers to CSU

RESPIRATORY THERAPY 118 † **Critical Care Life Support Equipment and Procedures**

4.5 units, 3 hours lecture, 4.5 hours laboratory

Prerequisite: A "C" grade or higher in RESP 105 and 108 and 112 and 114 or equivalent.

Corequisite: RESP 116 and 122 and 150.

Advanced concepts of respiratory therapy equipment and therapeutic procedures will be explored with emphasis on complex principles of equipment operation and care, quality control and advanced therapeutic techniques as employed in the critical care environment. Special emphasis is placed on life support systems.

Variation in ventilation oxygenation, and current weaning techniques are discussed for various disease entities.

Transfers to CSU

RESPIRATORY THERAPY 122 † **Supervised Clinical Practicum II**

3 units, 9 hours laboratory

Prerequisite: A "C" grade or higher in RESP 105 and 108 and 112 and 114 or equivalent.

Corequisite: RESP 116 and 118 and 150.

General respiratory therapy procedures and pulmonary assessment are carried out in the acute care hospital environment. Included in the supervised experiences are oxygen, aerosol and medication delivery therapy, chest physiotherapy techniques, hyperinflation therapy, airway care techniques and mechanical ventilation management, with both acute and critical care patients. Pulmonary assessment and pathophysiology are applied to modify appropriate patient care management.

Transfers to CSU

RESPIRATORY THERAPY 141 † **Anesthesia Technology I**

2 units, 1 hour lecture, 3 hours laboratory

Prerequisite: A "C" grade or higher in BIO 140 and BOT 161 or equivalent.

Corequisite: RESP 142 and 143.

This course will offer an introduction to anesthesia technology, describing and demonstrating anesthesia machine technology used in patient care. Information on airway management will also be provided, highlighting the devices used to manage artificial airways during general anesthesia procedures. Various types of artificial airways and intubation techniques will be demonstrated.

Transfers to CSU

† This course meets all Title 5 standards for Associate Degree Credit.

RESPIRATORY THERAPY 142 † **Anatomy & Physiology for the Anesthesia Technician**

2 units, 2 hours lecture

Corequisite: RESP 141 and 143

This course will offer an introduction to anatomy and physiology of the human body for the anesthesia technician. Rather than providing a broad overview of human systems, course content will be directly related to the job skills of the anesthesia technician learning to assist the anesthesiologist, surgeon and surgical team.

Transfers to CSU

RESPIRATORY THERAPY 143 † **Introduction to the Operating Room**

1.5 units, 1.5 hours lecture

Corequisite: RESP 141 and 142

This course provides an introduction to the basic clinical skills required of all health care workers in an operating room environment. The culture of the operating room will be emphasized, including aseptic technique, appropriate employee behaviors, understanding of the job description and outcomes of job performance, and legal and regulatory constraints. Employee safety will also be stressed through training in universal precautions and the application of good body mechanics.

Transfers to CSU

RESPIRATORY THERAPY 144 † **Supervised Clinical Practicum I for the Anesthesia Technician**

3 units, 9 hours laboratory

Prerequisite: A "C" grade or higher in RESP 141 and 142 and 143.

Corequisite: RESP 145 and 146

This course is an introduction to the application of general principles of anesthesia technology in an operating room setting at local clinical affiliates. Emphasis is placed on utilizing information and skills learned in RESP 141, 142, and 143. Information on the role of the anesthesia technician will be provided, highlighting the clinical assistance required by the anesthesia provider.

Transfers to CSU

RESPIRATORY THERAPY 145 † **Anesthesia Technology II**

2.5 units, 1.5 hours lecture, 3 hours laboratory

Prerequisite: A "C" grade or higher in RESP 141 and 142 and 143.

Corequisite: RESP 144 and 146

This course provides an introduction to monitoring devices and techniques used in the care of patients who are undergoing an anesthetic. Techniques and devices used to assess ventilation, oxygenation, and circulation will be described and demonstrated. Methods

and devices used to gain vascular access, basic hemodynamic monitoring, and techniques for monitoring and management of patient temperature will be presented in lecture and demonstration formats.

Transfers to CSU

RESPIRATORY THERAPY 146 † **Pharmacology for the Anesthesia Technician**

2 units, 2 hours lecture

Prerequisite: A "C" grade or higher in RESP 141, 142, and 143.

Corequisite: RESP 144 and 145

This course is an introduction to the general principles of pharmacology, medications and drug delivery systems used in anesthesia. Commonly used drugs, their clinical action, possible side effects and route of administration will be presented. Information on the prevention of medication errors and substance abuse, and quality control measures will also be stressed.

Transfers to CSU

RESPIRATORY THERAPY 147 † **Anesthesia Technology III**

2.5 units, 1.5 hours lecture, 3 hours laboratory

Prerequisite: A "C" grade or higher in RESP 144, 145, and 146.

Corequisite: RESP 148

This course will provide an introduction to the laboratory tests used to facilitate care of patients undergoing an anesthetic. Information on blood products, fluid balance and fluid management will also be provided, highlighting the devices used to deliver fluids and drugs during general anesthesia procedures. The course will include theoretical instruction in the use of autologous blood collection and intra-aortic balloon therapy as well as the anesthetic management of high acuity patients and anesthesia emergencies.

Transfers to CSU

RESPIRATORY THERAPY 148 † **Supervised Clinical Practicum II for the Anesthesia Technician**

2 units, 6 hours laboratory

Prerequisite: A "C" grade or higher in RESP 144, 145, and 146.

Corequisite: RESP 147

This course will provide further experience in clinical anesthesia technology, focusing on information and skills learned in RESP 145 and 146, as well as the application of laboratory tests used to facilitate patient care. Clinical exposure to the use of blood products, fluid balance and fluid management will also be provided, highlighting the devices used to deliver fluids and drugs during general anesthesia procedures. Emphasis will be placed on the anesthetic management of high acuity

patients and anesthesia emergencies in a clinical setting in area hospitals.

Transfers to CSU

RESPIRATORY THERAPY 150 † **Neonatal Pediatric Respiratory Care**

3 units, 3 hours lecture

Prerequisite: A "C" grade or higher in RESP 105 and 108 and 112 and 114 or equivalent.

Corequisite: RESP 116 and 118 and 122.

Overview of fetal physiology, fetal monitoring, trauma to the neonate and neonatal management in critical care will be emphasized. Pediatric techniques utilized by the therapist are reviewed.

Transfers to CSU

RESPIRATORY THERAPY 200 A-B-C † **Work-Study Externship – Patient Care Management**

1 unit, 5 hours work experience per week

60 volunteer hours or 75 paid hours

Prerequisite: A "C" grade or higher in RESP 122 or equivalent and recommendation of the RESP faculty or equivalent.

A work-study course in which a Grossmont College Respiratory Therapy student is employed by or volunteers at a clinical site with whom the Respiratory Therapy Program has established an affiliation agreement. The clinical site supports the objectives of the course and provides supervision through licensed Respiratory Care Practitioner preceptors. The student applies previously acquired respiratory therapy theory and clinical skills in the management of patient care. This course is offered on a Pass/No Pass basis only and may be taken three times. For work experience requirements, see page 44.

Transfers to CSU

RESPIRATORY THERAPY 201 † **Cardiopulmonary Pathology and Pathophysiology**

4 units, 4 hours lecture

Prerequisite: A "C" grade or higher in RESP 105, 108 and 112 or equivalent.

Corequisite: RESP 118 and 122.

Introduction to basic respiratory pathology and resulting abnormal physiology. The role of the respiratory therapist in management of cardiorespiratory disease entities commonly found in the general care environment, in the intensive care unit, and in the home care setting is developed. Emphasis is placed on the pathological processes.

Transfers to CSU

† This course meets all Title 5 standards for Associate Degree Credit.

RESPIRATORY THERAPY**202 A-B-C †****Work-Study Externship – Patient Care Management**

2 units, 10 hours work experience per week
120 volunteer hours or 150 paid hours

Prerequisite: A "C" grade or higher in RESP 122 or equivalent and recommendation of the RESP faculty or equivalent.

A work-study course in which a Grossmont College Respiratory Therapy student is employed by or volunteers at a clinical site with whom the Respiratory Therapy Program has established an affiliation agreement. The clinical site supports the objectives of the course and provides supervision through licensed Respiratory Care Practitioner preceptors. The student applies previously acquired respiratory therapy theory and clinical skills in the management of patient care. This course is offered on a Pass/No Pass basis only and may be taken three times. For work experience requirement, see page 44.

Transfers to CSU

**RESPIRATORY THERAPY 205 †
Cardiopulmonary Patient Management**

3.5 units, 3.5 hours lecture

Prerequisite: A "C" grade or higher in RESP 201 and 208 and 222 or equivalent.

Corequisite: RESP 232 and 268.

Critical thinking and problem solving skills are refined for management of the cardiopulmonary patient from diagnosis through end-of-life-care. Specialties within the field of respiratory therapy as well as current events, controversies, and research are explored. This is the capstone course for the Respiratory Therapy Program and each student will develop and present a final project, which includes a research paper, poster, and community presentation.

Transfers to CSU

**RESPIRATORY THERAPY 208 †
Invasive and Noninvasive
Cardiopulmonary Monitoring**

4 units, 3 hours lecture, 3 hours laboratory

Prerequisite: A "C" grade or higher in RESP 116 and 118 and 122 and 150 or equivalent.

Corequisite: RESP 201 and 222 or equivalent.

This course is designed to provide theory and hands on practice in various means of monitoring the patient in the acute care setting. An introductory level of advanced modes of ventilation, principles of weaning from mechanical ventilation as well as monitoring the cardiovascular system with capnography, electrocardiography and hemodynamic monitoring in the critical

care setting will be presented.

Transfers to CSU

**RESPIRATORY THERAPY 222 †
Supervised Clinical Practicum
III**

4 units, 12 hours laboratory

Prerequisite: A "C" grade or higher in RESP 116 and 118 and 122 and 150 or equivalent.

Corequisite: RESP 201 and 208 or equivalent.

Advanced respiratory procedures and therapeutic techniques are practiced in the critical care environment. Therapeutic management of critical pulmonary patients is practiced under direct instructor supervision. Assessment of patient pulmonary status by the student is required prior to the convening of clinical.

Transfers to CSU

**RESPIRATORY THERAPY 232 †
Supervised Clinical Practicum
IV**

4 units, 12 hours laboratory

Prerequisite: A "C" grade or higher in RESP 201 and 208 and 222 or equivalent.

Corequisite: RESP 205 and 268.

Advanced cardiopulmonary specialty techniques are practiced in the hospital environment or simulation lab under direct supervision of specialty experts. Assessment of patient pulmonary status by the student is required prior to the convening of clinical.

Transfers to CSU

**RESPIRATORY THERAPY 268 †
Respiratory Therapy Home
Care Techniques**

1.5 units, 1.5 hours lecture.

Prerequisite: A "C" grade or higher in RESP 201 and 208 and 222 or equivalent.

Corequisite: RESP 205 and 232.

This course will provide the student with a review of various apparatuses utilized by patients in their home. This will include home oxygen therapy modalities, home sterilization techniques and home ventilator life support systems.

Transfers to CSU

**RESPIRATORY THERAPY 270 †
Respiratory Therapy Review**

2 units, 2 hours lecture

Prerequisite: A "C" grade or higher in RESP 201 and 208 and 222 or equivalent.

This course will review all areas of Respiratory Therapy as preparation for the Respiratory Therapy advanced level credentialing examinations. Emphasis will be given to credentialing examination matrices.

RUSSIAN (RUSS)**RUSSIAN 120 †
Russian I**

5 units, 5 hours lecture

An introductory course to the Russian language and the cultures of its speakers. This course is designed for students with very little or no knowledge of Russian. It facilitates the practical application of the language in everyday oral and written communication at the beginning level. Since the focus will be on basic communication skills, the class will be conducted in Russian as much as possible. Students will learn structures that will enable them to function in Russian in everyday contexts while becoming familiar with the Russian speaking world.

Satisfies General Education for: Grossmont College C2; CSU C2; IGETC 6A

Transfers to: CSU, UC

**RUSSIAN 121 †
Russian II**

5 units, 5 hours lecture

Prerequisite: A "C" grade or higher or "Pass" in Russian 120 or two years of high school Russian or equivalent.

This second course in the Russian language will continue to develop oral skills based on practical everyday needs and written skills based on formal communication.

Satisfies General Education for: Grossmont College C2; CSU C2; IGETC 3B, 6A

Transfers to: CSU, UC

**RUSSIAN 196 †
Community Service Learning
Experience**

1 unit, 5 hours work experience per week
60 volunteer hours or 75 paid hours

Prerequisite: A "C" grade or higher or "Pass" in Russian 120 or equivalent.

Community Service Learning Experience (CSLE) is a community outreach program which promotes the national agenda of volunteer engagement. The purpose of this course is to provide the student an opportunity to practice and use the Russian language in a community based site and to explore different career options. For work experience requirements, see page 44.

Transfers to CSU

† This course meets all Title 5 standards for Associate Degree Credit.

RUSSIAN 220 † **Russian III**

5 units, 5 hours lecture

Prerequisite: A "C" grade or higher or "Pass" in Russian 121 or three years of high school Russian or equivalent.

The course continues to develop oral, listening, reading, and writing skills in order to acquire proficiency in Russian. Satisfies General Education for: Grossmont College C2; CSU C2; IGETC 3B, 6A
Transfers to: CSU, UC

RUSSIAN 221 † **Russian IV**

5 units, 5 hours lecture

Prerequisite: A "C" grade or higher or "Pass" in Russian 220 or four years of high school Russian or equivalent.

The course will continue to develop oral, listening, reading, and writing skills in order to improve proficiency in Russian.

Satisfies General Education for: Grossmont College C2; CSU C2; IGETC 3B, 6A
Transfers to: CSU, UC

RUSSIAN 250 † **Conversational Russian I**

3 units, 3 hours lecture

Prerequisite: A "C" grade or higher or "Pass" in Russian 121 or three years of high school Russian or equivalent.

This course focuses on intermediate level conversation development with vocabulary building and improvement of speaking proficiency in the context of Russian culture. Conversations are based on everyday situations and cultural events.

Satisfies General Education for: Grossmont College C2; CSU C2; IGETC 6A
Transfers to: CSU, UC

RUSSIAN 251 † **Conversational Russian II**

3 units, 3 hours lecture

Prerequisite: A "C" grade or higher or "Pass" in Russian 250 or four years of high school Russian or equivalent.

This course continues to focus and expand on intermediate level conversation development with more complex and varied vocabulary building and improvement of speaking proficiency in the context of Russian-speaking culture. Conversations are based on current and cultural events.

Satisfies General Education for: Grossmont College C2; CSU C2; IGETC 6A
Transfers to: CSU, UC

SCIENCE (SCI)

SCIENCE 110 † **Introduction to Scientific Thought**

3 units, 3 hours lecture

This is a course on the methodology, history and philosophy of science for those who have a background in neither science nor philosophy. It emphasizes what scientists do and how they think by drawing on the history of physical and biological sciences. The concepts of scientific revolutions, scientific skepticism, experimental design, the ethical implications of scientific discovery, and the impact of the scientific enterprise on the world are covered. Pseudoscientific claims are investigated, with an eye toward critical thinking, and students are exposed to the notion that there may be more excitement in stem cell research and nanotechnology than in horoscopes, magnet therapy, and the like. The relationship between science and religion is discussed.

Satisfies General Education for: Grossmont College B2; CSU A3 or B1; IGETC 5A
Transfers to: CSU, UC

SOCIOLOGY (SOC)

SOCIOLOGY 114 † (Cross-Cultural Studies 114) **Introduction to the Sociology of Minority Group Relations**

3 units, 3 hours lecture

An introduction to the sociological analysis of ethnicity, race and immigration in a global context. Topics include the history of minority groups in the United States, patterns of interaction between racial and ethnic groups, colonialism, immigration, identity formation, prejudice, discrimination, racism, institutional racism, civil rights movements, and the intersection between race, social class and gender.

Satisfies General Education for: Grossmont College D1; CSU D; IGETC 4
Transfers to: CSU, UC (credit limited: see page 53)

SOCIOLOGY 120 † **Introductory Sociology**

3 units, 3 hours lecture

Introduction to major concepts, theoretical perspectives, and methods in the study of society. Topics include social structure, culture, social control, deviance, social stratification, globalization, ethnic and racial relations, gender, sexuality, complex organizations, social institutions, the material and symbolic dimensions of human social interactions, socialization, the social construction of the self and social change.

Satisfies General Education for: Grossmont College D2; CSU D; IGETC 4
Transfers to: CSU, UC

SOCIOLOGY 125 † **Marriage, Family and Alternative Life Styles**

3 units, 3 hours lecture

An introduction to the sociological analysis of families, marriages, and intimate relationships. Emphasis is placed on the analysis of the family's relationship to economic structures, political institutions, belief systems in different socio-cultural and historical contexts. Topics include: history of the family, socialization, sexuality, friendship, singlehood, courtship, marriage, communication patterns, parenting, adoption, divorce, remarriage, stepfamilies, and widowhood. Family life and intimate relationships in the contemporary USA are examined from the perspectives of different ethnic and racial groups.

Satisfies General Education for: Grossmont College D2; CSU D or E; IGETC 4
Transfers to: CSU, UC

SOCIOLOGY 130 † **Contemporary Social Problems**

3 units, 3 hours lecture

A study of contemporary American and global social problems, with emphasis on the sociological theories and scientific research methods. Topics include poverty, unemployment, global economic inequality, racism, gender inequality, health care issues, crime, war, violence, terrorism, environmental degradation and the concentration of political and economic power. A critical evaluation of policies and programs for social betterment is also presented.

Satisfies General Education for: Grossmont College D2; CSU D; IGETC 4
Transfers to: CSU, UC

† This course meets all Title 5 standards for Associate Degree Credit.

**Sociology 138 †**

(Psychology 138)

Social Psychology

3 units, 3 hours lecture

An examination of individuals in social contexts to reveal how one's thoughts, feelings and actions can be influenced by other people. Includes topics such as social perception and attribution processes, dissonance, reduction, altruism, aggression, prejudice, conformity, and group processes. Satisfies General Education for: Grossmont College D2; CSU D; IGETC 4

Transfers to: CSU, UC (credit limited: see page 53)

Sociology 140 †**Sex and Gender Across Cultures**

3 units, 3 hours lecture

An introduction to the sociological analysis of sex, gender and sexual orientation in a variety of socio-economic and cultural contexts. The course examines the impact sex, gender and sexual orientation have on the lives of men and women from different cultures in the areas of work, ethnicity, kinship, sexuality, politics, religion, health, arts, sports and communication. Gender and sexual relations in the contemporary USA are examined from the perspectives of different ethnic and racial groups.

Satisfies General Education for: Grossmont College D2; CSU D; IGETC 4

Transfers to: CSU, UC

Sociology 215 †

(Anthropology 215, Psychology 215)

Statistics for the Behavioral Sciences

4 units, 3.5 hours lecture, 1.5 hours laboratory

Prerequisite: A "C" grade or higher in MATH 103 or 110 or equivalent.

Methods and experience in defining and solving quantitative problems in the behavioral sciences. Emphasis is on the design of experiments and the application of a variety of parametric and nonparametric techniques to the analysis of data.

Satisfies General Education for: Grossmont College A3; CSU B4; IGETC 2A

Transfers to: CSU, UC (credit limited: see page 53)

SPANISH (SPAN)**SPANISH 120 †****Spanish I**

5 units, 5 hours lecture

An introductory course to the Spanish language and the cultures of its speakers. This course is designed for students with very little or no knowledge of Spanish. It facilitates the practical application of the language in everyday oral and written communication at the beginning level. Since the focus will be on basic communication skills, the class will be conducted in Spanish as much as possible. Students will learn structures that will enable them to function in Spanish in everyday contexts while becoming familiar with the Spanish speaking world.

Satisfies General Education for: Grossmont College C2; CSU C2; IGETC 6A

Transfers to: CSU, UC (credit limited: see page 53)

SPANISH 121 †**Spanish II**

5 units, 5 hours lecture

Prerequisite: A "C" grade or higher or "Pass" in Spanish 120 or two years of high school Spanish or equivalent.

Spanish 121 is the continuation of Spanish 120. The course will continue to develop oral and written skills based on practical everyday needs.

Satisfies General Education for: Grossmont College C2; CSU C2; IGETC 3B, 6A

Transfers to: CSU, UC (credit limited: see page 53)

SPANISH 122 †

(Cross-Cultural Studies 122)

Spanish for the Native Speaker I

5 units, 5 hours lecture

Fundamentals of spoken and written Spanish for the bilingual speaker. This course is designed to help Spanish-speaking students further improve their oral and written communication skills. Emphasis on writing, reading comprehension, and vocabulary building at intermediate level in a cultural context. Exposure to the diversity within the cultures of the Spanish-speaking world. This course is designed to provide the bilingual speaker with the linguistic and learning skills required for successfully completing upper division courses in Spanish. This course will be taught in Spanish.

Satisfies General Education for: Grossmont College C2; CSU C2; IGETC 6A

Transfers to: CSU, UC (credit limited: see page 53)

SPANISH 123 †

(Cross-Cultural Studies 123)

Spanish for the Native Speaker II

5 units, 5 hours lecture

Prerequisite: A "C" grade or higher or "Pass" in SPAN 122 or equivalent.

This course is a continuation of Spanish 122 with emphasis on grammar, vocabulary building, precision in word choice, readings, and writing in selected topics within cultural contexts in art, literature, culture, history, and film as these appear in the Spanish speaking world.

Satisfies General Education for: Grossmont College C2; CSU C2; IGETC 3B, 6A,

Transfers to: CSU, UC (credit limited: see page 53)

† This course meets all Title 5 standards for Associate Degree Credit.

SPANISH 141 † **Spanish and Latin American Cultures**

3 units, 3 hours lecture

A survey of major characteristics of Spanish, Latin American and Chicano cultures as reflected in literature, the arts, philosophy and folklore.

Satisfies General Education for: Grossmont College C1; CSU C2; IGETC 3B

Transfers to: CSU, UC

SPANISH 145 † **Hispanic Civilizations**

3 units, 3 hours lecture

A general overview of the cultures of Spain and Latin America while directly providing an opportunity to explore the cultural richness of the Hispanic world through a particular country.

The course may be offered as an on-site tour of a selected Hispanic country.

Satisfies General Education for: Grossmont College C1; CSU C2

Transfers to CSU

SPANISH 196 † **Community Service Learning Experience**

1 unit, 5 hours work experience per week

60 volunteer hours or 75 paid hours

Prerequisite: A "C" grade or higher or "Pass" in SPAN120 or equivalent.

Community Service Learning Experience (CSLE) is a community outreach program which promotes the national agenda of volunteer engagement. The purpose of this course is to provide the student an opportunity to practice and use the Spanish language in a community based site and to explore different career options. For work experience requirements, see page 44.

Transfers to CSU

SPANISH 220 † **Spanish III**

5 units, 5 hours lecture

Prerequisite: A "C" grade or higher or "Pass" in SPAN 121, or three years of high school Spanish or equivalent.

Spanish 220 is the continuation of Spanish 121. The course will continue to develop oral, listening, reading and writing skills in order to acquire proficiency in Spanish.

Satisfies General Education for: Grossmont College C2; CSU C2; IGETC 3B, 6A

Transfers to: CSU, UC

SPANISH 221 † **Spanish IV**

5 units, 5 hours lecture

Prerequisite: A "C" grade or higher or "Pass" in SPAN 220 or four years of high school Spanish or equivalent.

Spanish 221 is the continuation of Spanish 220. The course will continue to develop oral, listening, reading and

writing skills in order to improve proficiency in Spanish.

Satisfies General Education for: Grossmont College C2; CSU C2; IGETC 3B, 6A

Transfers to: CSU, UC

SPANISH 250 † **Conversational Spanish I**

3 units, 3 hours lecture

Prerequisite: A "C" grade or higher or "Pass" in SPAN 121 or 122 or 123 or 220 or 221 or three years of high school Spanish or equivalent.

Focuses on intermediate level conversation development with vocabulary building and improvement of speaking proficiency in the context of Spanish speaking culture.

Conversations are based on everyday situations and cultural events.

Satisfies General Education for: Grossmont College C2; CSU C2; IGETC 6A

Transfers to: CSU, UC

SPANISH 251 † **Conversational Spanish II**

3 units, 3 hours lecture

Prerequisite: A "C" grade or higher or "Pass" in SPAN 250 or four years of high school Spanish or equivalent.

Continues to focus and expand on intermediate level conversation development with more complex and varied vocabulary building and improvement of speaking proficiency in the context of Spanish-speaking culture. Conversations are based on current and cultural events.

Satisfies General Education for: Grossmont College C2; CSU C2; IGETC 6A

Transfers to: CSU, UC

SPEECH COMMUNICATION

See: Communication

TELE-COMMUNICATIONS

See: Media Communications

THEATRE ARTS (THTR)

Unless specifically required by a transfer institution for preparation for a Theatre Arts major, students are limited to four enrollments in any combination of courses related in content (families). Students intending to major in Theatre Arts at a California State University or University of California campus that requires more than the limit should see a counselor. Refer to page 39 to see "Limitations on Enrollment" for specific groups of families in theatre arts.

THEATRE ARTS 101 † **Introduction to Narrative Theory**

3 units, 3 hours lecture

This class will present students with a fundamental understanding of classical and modern storytelling theory and structure. The evolution of narrative theory of dramatic literature, and the influence of film, television and new media, will be studied. The history and relationship of societal trends and aspirations, and the effects they have had on mankind's idea of storytelling, will be examined.

Satisfies General Education for Grossmont College C3; CSU C1; IGETC 3A

Transfers to: CSU, UC

THEATRE ARTS 102A † **Theatre Production Practicum: Costumes I**

2 units, 6 hours laboratory

Supervised participation in the technical component of basic costuming for a major theatre arts production.

Transfers to: CSU, UC

THEATRE ARTS 102B † **Theatre Production Practicum: Costumes II**

2 units, 6 hours laboratory

Prerequisite: A "C" grade or higher or "Pass" in Theatre Arts 102A or equivalent.

Supervised participation in the technical component of fundamental level costuming for a major theatre arts production.

Transfers to CSU

THEATRE ARTS 102C † **Theatre Production Practicum: Costumes III**

2 units, 6 hours laboratory

Prerequisite: A "C" grade or higher or "Pass" in Theatre Arts 102B or equivalent.

Supervised participation in the technical component of intermediate level costuming for a major theatre arts production.

Transfers to CSU

THEATRE ARTS 102D † **Theatre Production Practicum: Costumes IV**

2 units, 6 hours laboratory

Prerequisite: A "C" grade or higher or "Pass" in Theatre Arts 102C or equivalent.

Supervised participation in the technical component of advanced level costuming/design for a major theatre arts production.

Transfers to CSU

† This course meets all Title 5 standards for Associate Degree Credit.

THEATRE ARTS 103A †
Theatre Production
Practicum: Sets I

2 units, 6 hours laboratory

Supervised participation in the technical component of basic set construction for a major theatre arts production.

Transfers to: CSU, UC

THEATRE ARTS 103B †
Theatre Production
Practicum: Sets II

2 units, 6 hours laboratory

Prerequisite: A "C" grade or higher or "Pass" in Theatre Arts 103A or equivalent.

Supervised participation in the technical component of fundamental level set construction for a major theatre arts production.

Transfers to: CSU

THEATRE ARTS 103C †
Theatre Production
Practicum: Sets III

2 units, 6 hours laboratory

Prerequisite: A "C" grade or higher or "Pass" in Theatre Arts 103B or equivalent.

Supervised participation in the technical component of intermediate level set construction for a major theatre arts production.

Transfers to: CSU

THEATRE ARTS 103D †
Theatre Production
Practicum: Sets IV

2 units, 6 hours laboratory

Prerequisite: A "C" grade or higher or "Pass" in Theatre Arts 103C or equivalent.

Supervised participation in the technical component of advanced level set construction/design for a major theatre arts production.

Transfers to: CSU

THEATRE ARTS 104A †
Theatre Production
Practicum: Lighting/Sound I

2 units, 6 hours laboratory

Supervised participation in the technical component of basic lighting and sound for a major theatre arts production.

Transfers to: CSU, UC

THEATRE ARTS 104B †
Theatre Production
Practicum: Lighting/Sound II

2 units, 6 hours laboratory

Prerequisite: A "C" grade or higher or "Pass" in Theatre Arts 104A or equivalent.

Supervised participation in the technical component of fundamental level lighting and sound for a major theatre arts production.

Transfers to: CSU

THEATRE ARTS 104C †
Theatre Production
Practicum: Lighting/Sound III

2 units, 6 hours laboratory

Prerequisite: A "C" grade or higher or "Pass" in Theatre Arts 104B or equivalent.

Supervised participation in the technical component of intermediate level lighting and sound for a major theatre arts production.

Transfers to: CSU

THEATRE ARTS 104D †
Theatre Production
Practicum: Lighting/Sound IV

2 units, 6 hours laboratory

Prerequisite: A "C" grade or higher or "Pass" in Theatre Arts 104C or equivalent.

Supervised participation in the technical component of advanced level lighting and sound/design for a major theatre arts production.

Transfers to: CSU

THEATRE ARTS 110 †
Introduction to the Theatre

3 units, 3 hours lecture

This course is designed to introduce students to the fundamental concepts and practices of theatre. An overview of the creative processes of theatre will provide the student with a basic insight and understanding of the art of theatre.

A study of drama as a reflection of humanities ideals and aspirations will lead to the development of a theatre aesthetic. Attendance at selected performances.

Satisfies General Education for: Grossmont College C3; CSU C1; IGETC 3A

Transfers to: CSU, UC

THEATRE ARTS 111A †
Rehearsal and Performance:
Acting I

2 units, 6 hours laboratory

Prerequisite: Audition

Supervised participation in the area of ensemble acting for a major theatre arts production.

Transfers to: CSU, UC

THEATRE ARTS 111B †
Rehearsal and Performance:
Acting II

2 units, 6 hours laboratory

Prerequisite: Audition and a "C" grade or higher or "Pass" in Theatre Arts 111A or equivalent.

Supervised participation in the area of acting, fundamental level, for a major theatre arts production.

Transfers to: CSU, UC

THEATRE ARTS 111C †
Rehearsal and Performance:
Acting III

2 units, 6 hours laboratory

Prerequisite: Audition and a "C" grade or higher or "Pass" in Theatre Arts 111B or equivalent.

Supervised participation in the area of acting, intermediate level, for a major theatre arts production.

Transfers to: CSU, UC

THEATRE ARTS 111D †
Rehearsal and Performance:
Acting IV

2 units, 6 hours laboratory

Prerequisite: Audition and a "C" grade or higher or "Pass" in Theatre Arts 111C or equivalent.

Supervised participation in the area of acting, advanced level/leading roles, for a major theatre arts production.

Transfers to: CSU, UC

THEATRE ARTS 112A †
Rehearsal and Performance:
Stage Management I

2 units, 6 hours laboratory

Prerequisite: Audition

Supervised participation in the area of stage management for a major theatre arts production.

Transfers to: CSU, UC

THEATRE ARTS 112B †
Rehearsal and Performance:
Stage Management II

2 units, 6 hours laboratory

Prerequisite: Audition and a "C" grade or higher or "Pass" in Theater Arts 112A or equivalent.

Supervised participation in the area of stage management, fundamental level, for a major theatre arts production.

Transfers to: CSU, UC

THEATRE ARTS 112C †
Rehearsal and Performance:
Stage Management III

2 units, 6 hours laboratory

Prerequisite: Audition and a "C" grade or higher or "Pass" in Theater Arts 112B or equivalent.

Supervised participation in the area of stage management, intermediate level, for a major theatre arts production.

Transfers to: CSU, UC

† This course meets all Title 5 standards for Associate Degree Credit.

THEATRE ARTS 112D † **Rehearsal and Performance:** **Stage Management IV**

2 units, 6 hours laboratory

Prerequisite: Audition and a "C" grade or higher or "Pass" in Theater Arts 112C or equivalent.

Supervised participation in the area of stage management, advanced level, for a major theatre arts production.

Transfers to: CSU, UC

THEATRE ARTS 113A † **Rehearsal and Performance:** **Production Crew I**

2 units, 6 hours laboratory

Prerequisite: Audition

Supervised participation in the areas of production crew for a major theatre arts production.

Transfers to: CSU, UC

THEATRE ARTS 113B † **Rehearsal and Performance:** **Production Crew II**

2 units, 6 hours laboratory

Prerequisite: Audition and a "C" grade or higher or "Pass" in Theatre Arts 113A or equivalent.

Supervised participation in the areas of production crew fundamental level, for a major theatre arts production.

Transfers to: CSU, UC

THEATRE ARTS 113C † **Rehearsal and Performance:** **Production Crew III**

2 units, 6 hours laboratory

Prerequisite: Audition and a "C" grade or higher or "Pass" in Theatre Arts 113B or equivalent.

Supervised participation in the areas of production crew at an intermediate level, for a major theatre arts production.

Transfers to: CSU, UC

THEATRE ARTS 113D † **Rehearsal and Performance:** **Production Crew IV**

2 units, 6 hours laboratory

Prerequisite: Audition and a "C" grade or higher or "Pass" in Theatre Arts 113C or equivalent.

Supervised participation in the areas of production crew at an advanced level, for a major theatre arts production.

Transfers to: CSU, UC

THEATRE ARTS 115 † **Voice and Movement for the Stage**

3 units, 2 hours lecture, 3 hours laboratory

Prerequisite: A "C" grade or higher or "Pass" or concurrent enrollment in Theatre Arts 131 or equivalent.

Expanded training of movement and voice through exercises using voice production, dance and mime and the study of stylistic devices that apply to major theatrical periods. Leading exponents of voice and movement training will be studied and applied. Emphasis placed on both individual and ensemble performance.

Transfers to: CSU, UC

THEATRE ARTS 119A † **Theatre Mime I**

3 units, 2 hours lecture, 3 hours laboratory

Basic Theatre Mime and Pantomime techniques through direct participation and demonstrations: students will learn how to act with the whole body, to communicate non-verbal statements, emotions, and characterizations.

Students will work with masks, props, and music, constructing approaches to focus on movement, control, and believability. Students may also be involved in a theatre mime production.

Transfers to: CSU, UC (credit limited: see page 53)

THEATRE ARTS 119B † **Theatre Mime II**

3 units, 2 hours lecture, 3 hours laboratory

Prerequisite: A "C" grade or higher or "Pass" in Theatre Arts 119A or equivalent.

Intermediate Theatre Mime and Pantomime techniques through direct participation and demonstrations: students will learn how to act with the whole body, to communicate non-verbal statements, emotions, and characterizations. Students will work with masks, props, and music, constructing approaches to focus on movement, control, and believability. Students may also be involved in a theatre mime production.

Transfers to: CSU, UC (credit limited: see page 53)

THEATRE ARTS 122A † **Theatre Workshop** **Laboratory: Acting I**

1 unit, 4 hours laboratory

Prerequisite: Audition

Supervised participation in the area of ensemble acting for a theatre arts production.

Transfers to: CSU, UC

THEATRE ARTS 122B † **Theatre Workshop** **Laboratory: Acting II**

1 unit, 4 hours laboratory

Prerequisite: Audition and a "C" grade or higher or "Pass" in Theatre Arts 122A or equivalent.

Supervised participation in the area of fundamental acting for a theatre arts production.

Transfers to: CSU, UC

THEATRE ARTS 122C † **Theatre Workshop** **Laboratory: Acting III**

1 unit, 4 hours laboratory

Prerequisite: Audition and a "C" grade or higher or "Pass" in Theatre Arts 122B or equivalent.

Supervised participation in the area of intermediate acting for a theatre arts production.

Transfers to: CSU, UC

THEATRE ARTS 122D † **Theatre Workshop** **Laboratory: Acting IV**

1 unit, 4 hours laboratory

Prerequisite: Audition and a "C" grade or higher or "Pass" in Theatre Arts 122C or equivalent.

Supervised participation in the area of advanced level/leading roles acting for a theatre arts production.

Transfers to: CSU, UC

THEATRE ARTS 123A † **Theatre Workshop** **Laboratory: Construction I**

1 unit, 4 hours laboratory

Prerequisite: Audition

Supervised participation in the basic technical/construction components of a theatre arts production.

Transfers to: CSU, UC

THEATRE ARTS 123B † **Theatre Workshop** **Laboratory: Construction II**

1 unit, 4 hours laboratory

Prerequisite: Audition and a "C" grade or higher or "Pass" in Theatre Arts 123A or equivalent.

Supervised participation in the fundamental technical/construction components of a theatre arts production.

Transfers to: CSU, UC

† This course meets all Title 5 standards for Associate Degree Credit.

THEATRE ARTS 123C †
Theatre Workshop
Laboratory: Construction III

1 unit, 4 hours laboratory

Prerequisite: Audition and a "C" grade or higher or "Pass" in Theatre Arts 123B or equivalent.

Supervised participation in the intermediate technical/construction components of a theatre arts production.
Transfers to: CSU, UC

THEATRE ARTS 123D †
Theatre Workshop
Laboratory: Construction IV

1 unit, 4 hours laboratory

Prerequisite: Audition and a "C" grade or higher or "Pass" in Theatre Arts 123C or equivalent.

Supervised participation in the advanced technical/construction components of a theatre arts production.
Transfers to: CSU, UC

THEATRE ARTS 124A †
Theatre Workshop
Laboratory: Production
Crew I

1 unit, 4 hours laboratory

Prerequisite: Audition

Supervised participation in the basic management and technical crew components of a Theatre Arts production.
Transfers to: CSU, UC

THEATRE ARTS 124B †
Theatre Workshop
Laboratory: Production
Crew II

1 unit, 4 hours laboratory

Prerequisite: Audition and a "C" grade or higher or "Pass" in Theatre Arts 124A or equivalent.

Supervised participation in the fundamental management and technical crew components of a Theatre Arts production.
Transfers to: CSU, UC

THEATRE ARTS 124C †
Theatre Workshop
Laboratory: Production
Crew III

1 unit, 4 hours laboratory

Prerequisite: Audition and a "C" grade or higher or "Pass" in Theatre Arts 124B or equivalent.

Supervised participation in the intermediate management and technical crew components of a Theatre Arts production.
Transfers to: CSU, UC

THEATRE ARTS 124D †
Theatre Workshop
Laboratory: Production
Crew IV

1 unit, 4 hours laboratory

Prerequisite: Audition and a "C" grade or higher or "Pass" in Theatre Arts 124C or equivalent.

Supervised participation in the advanced level management and technical crew components of a Theatre Arts production.
Transfers to: CSU, UC

THEATRE ARTS 130 †
Acting I

3 units, 2 hours lecture, 3 hours laboratory

This course is designed for the beginning actor, laying a foundation in the fundamental skills and methods of acting. Exercises in reading, memorization, body/voice and improvisation. Analysis and presentation of monologues and scenes. The development of characterization, the collaborative process and an understanding of theatrical terminologies and etiquette.

Satisfies General Education for: Grossmont College C3

Transfers to: CSU, UC

THEATRE ARTS 131 †
Acting II

3 units, 2 hours lecture, 3 hours laboratory

Prerequisite: A "C" grade or higher or "Pass" in Theatre Arts 130 or equivalent and a "C" grade or higher or "Pass" or concurrent enrollment in Theatre Arts 101 or equivalent.

Through scenes and monologues the student will explore physical and vocal techniques in intermediate acting with special emphasis on theory and practice, script analysis, and dissecting modern and classical language as a major interpretive tool.

Transfers to: CSU, UC

THEATRE ARTS 132 †
Acting for the Camera

3 units, 2 hours lecture, 3 hours laboratory

Prerequisite: A "C" grade or higher or "Pass" in Theatre Arts 131 or equivalent.

Introduces students to the techniques and skills for on camera editing. Emphasis is placed on script/side analysis, audition techniques for television and film, character development, and on camera performance. Students will be exposed to both the practical and artistic issues that must be taken into consideration when performing in front of a camera.

Transfers to: CSU

THEATRE ARTS 134A †
Fundamentals of Costume
Design and Construction I

3 units, 2 hours lecture, 3 hours laboratory

Recommended Preparation: A "C" grade or higher or "Pass" or concurrent enrollment in Theater Arts 101 or equivalent.

This introductory course is designed to study current equipment, materials, techniques, creative theories and applications used in the design and construction of costumes for theatre and film. Current fabric and fabric treatments will be utilized. Students will be instructed in the production of costume accessories.

Transfers to: CSU, UC

THEATRE ARTS 134B †
Fundamentals of Costume
Design and Construction II

3 units, 2 hours lecture, 3 hours laboratory

Prerequisite: A "C" grade or higher or "Pass" in Theatre Arts 134A or equivalent.

Recommended Preparation: A "C" grade or higher or "Pass" or concurrent enrollment in Theater Arts 101 or equivalent.

This course is an intermediate study of materials, specialized techniques, creative theories and applications used in the design and construction of costumes for theatre and film. Current fabric and fabric treatments will be utilized. Students will be instructed in the production of costume accessories

Transfers to: CSU, UC

THEATRE ARTS 136 †
Theatre Makeup I

2 units, 1 hour lecture, 3 hours laboratory

Recommended Preparation: A "C" grade or higher or "Pass" or concurrent enrollment in Theatre Arts 101 or equivalent.

Basic principles, applications, techniques, and design of makeup for theatre, television, and film.

Transfers to: CSU, UC

THEATRE ARTS 137 †
Theatre Makeup II

2 units, 1 hour lecture, 3 hours laboratory

Prerequisite: A "C" grade or higher or "Pass" in Theater Arts 136 or equivalent.

The study and implementation of advanced makeup techniques used in theatre, television, and film. Techniques will include: casting prosthesis and air brushed makeup as well as using water based and pressed powder makeup. Emphasis will be placed on the creation of realistic and non-realistic character development and makeup design.

Transfers to: CSU, UC

† This course meets all Title 5 standards for Associate Degree Credit.

THEATRE ARTS 140A † Costume Patternmaking I

2 units, 1 hour lecture, 3 hours laboratory

Recommended Preparation: A "C" grade or higher or "Pass" or concurrent enrollment in Theatre Arts 134A or B or equivalent.

An introduction to costume design using the basic flat pattern method. Students will develop a personal master pattern, create original pattern designs, and learn to manipulate basic templates into patterns for different historical periods.

Transfers to CSU

THEATRE ARTS 140B † Costume Patternmaking II

2 units, 1 hour lecture, 3 hours laboratory

Prerequisite: A "C" grade or higher or "Pass" in Theatre Arts 140A or equivalent.

Recommended Preparation: A "C" grade or higher or "Pass" or concurrent enrollment in Theatre Arts 134A or B or equivalent.

An introduction to costume design using the flat pattern or draping method. Students will develop a personal master pattern, create original pattern designs, and learn to manipulate basic templates into patterns for different historical periods. Students will also learn specialized construction techniques for creating historical undergarments and/or outer garments.

Transfers to CSU

THEATRE ARTS 143 † Historic Costume for the Theatre

3 units, 3 hours lecture

Survey of historic costume in the Western World, beginning with Ancient Egypt to the end of the nineteenth century.

Satisfies General Education for: Grossmont College C1; CSU C1 or C2; IGETC 3B

Transfers to: CSU, UC

THEATRE ARTS 144 † 20th Century Fashion and Costume

3 units, 3 hours lecture

A survey of 20th century fashion in the western world. An in-depth study of fashion trends, designers, fabrics, and accessories from 1900-2000. A view of how religious, political and economic conditions affect popular clothing trends and the design of theatrical costumes.

Satisfies General Education for: Grossmont College C1; CSU C1 or C2; IGETC 3A, 3B

Transfers to: CSU, UC

THEATRE ARTS 145 † Arena Theatre Production I

2 units, 6 hours laboratory

Prerequisite: Audition

Supervised participation in the basic level of specialized theatre productions including community outreach tours, intercession/short term productions and student one-act play productions.

Transfers to: CSU, UC

THEATRE ARTS 146 † Arena Theatre Production II

2 units, 6 hours laboratory

Prerequisite: Audition and a "C" grade or higher or "Pass" in Theatre Arts 145 or equivalent.

Supervised participation in the intermediate level of specialized theatre productions including community outreach tours, intercession/short term productions and student one-act play productions.

Transfers to: CSU, UC

THEATRE ARTS 147 † Arena Theatre Production III

2 units, 6 hours laboratory

Prerequisite: Audition and a "C" grade or higher or "Pass" in Theatre Arts 146 or equivalent.

Supervised participation in the advanced level of specialized theatre productions including community outreach tours, intercession/short term productions and student one-act play productions.

Transfers to: CSU, UC

THEATRE ARTS 148 † Arena Theatre Production IV

2 units, 6 hours laboratory

Prerequisite: Audition and a "C" grade or higher or "Pass" in Theatre Arts 147 or equivalent.

Supervised specialized participation (including stage management, assistant director, and design) in the advanced level of specialized theatre productions including community outreach tours, intercession/short term productions and student one-act play productions.

Transfers to: CSU, UC

THEATRE ARTS 155 † Stagecrafts

3 units, 2 hours lecture, 3 hours laboratory

Recommended Preparation: A "C" grade or higher or "Pass" or concurrent enrollment in Theater Arts 101 or equivalent.

This course is designed to introduce students to the planning and construction of scenery for the stage, television and film. The tools, methods and materials of scenic production will be examined and put to use. Work in the scene shop for Theatre Arts Department productions is required.

Transfers to: CSU, UC

THEATRE ARTS 156 † Fundamentals of Scenic Design

3 units, 2 hours lecture, 3 hours laboratory

Recommended Preparation: A "C" grade or higher or "Pass" or concurrent enrollment in Theater Arts 155 or equivalent.

This course is designed to introduce students to the fundamental theory and practice of modern scenic design, the tools that are available to scenic designers, methods of research and historical investigation for scenery and properties, the function of scenery and properties in the theatre, and modeling and rendering techniques for scenic design presentation.

Transfers to: CSU, UC

THEATRE ARTS 157 † Fundamentals of Stage Lighting and Sound

3 units, 2 hours lecture, 3 hours laboratory

This course is designed to introduce students to the fundamental theory and practice of modern stage lighting and sound design, functions of light and sound in the theatre, and practical experience with a wide variety of lighting and sound equipment.

Transfers to: CSU, UC

THEATRE ARTS 189 † (Art 189, Media Communications 189, Music 189) Multimedia and the Creative Arts

3 units, 3 hours lecture

The creative potential that multimedia allows us cannot be studied in a vacuum. Today's powerful new technologies demand a critical examination of the disciplines of art, music, theatre, audio-video and film to fully understand the impact that multimedia can have in every aspect of our contemporary lives. This cross-disciplinary survey course will provide the perspective needed to fully understand the computer's relevance to the creative endeavors of visual and performing artists, photographers, musicians, filmmakers and videographers. This course will present a short history of each discipline, attempting to isolate important issues within a larger historical context as well as providing the cultural, aesthetic and ethical implications each medium has encountered with the introduction of the computer as a creative tool. Students will be guided toward defining the relevance of each medium within the broader context of multimedia, as well as exploring the convergence of these disciplines within the broader context of

† This course meets all Title 5 standards for Associate Degree Credit.

multimedia, as well as exploring the convergence of these disciplines within the ever-changing new technologies of this century.

Satisfies General Education for Grossmont College C3

Transfers to: CSU, UC (credit limited: see page 53)

THEATRE ARTS 207 † Techniques of Directing I

3 units, 2 hours lecture, 3 hours laboratory

Prerequisite: A "C" grade or higher or "Pass" in Theatre Arts 131 or equivalent.

Elementary techniques of directing, including casting, rehearsal scheduling, blocking, focusing, interpreting and translating of dramatic literature in acting; a basic study of character and environmental analysis.

Transfers to: CSU, UC

THEATRE ARTS 208 † Techniques of Directing II

3 units, 2 hours lecture, 3 hours laboratory

Prerequisite: A "C" grade or higher or "Pass" in Theatre Arts 207 or equivalent.

Intermediate techniques of directing, including casting, rehearsal scheduling, blocking, focusing, interpreting and translating of dramatic literature in acting; a basic study of character and environmental analysis.

Transfers to: CSU, UC

THEATRE ARTS 230 † Acting III

3 units, 2 hours lecture, 3 hours laboratory

Prerequisite: A "C" grade or higher or "Pass" in Theatre Arts 131 or equivalent.

Recommended Preparation: A "C" grade or higher or "Pass" in Theatre Arts 115 or equivalent.

Advanced development and strengthening of individual insights, abilities, and discipline needed to create a dramatic character on stage. Focus on collaboration and individual development, creative process, and reading skills with special emphasis on Shakespeare, Classic, and Modern Realism.

Transfers to: CSU, UC

THEATRE ARTS 234A † Fundamentals of Musical Theatre – Performance I

3 units, 2 hours lecture, 3 hours laboratory

Prerequisite: Audition.

Recommended Preparation: A "C" grade or higher or "Pass" in THTR 110 and 130 and Music 001 or equivalent.

Fundamentals of Musical Theatre – Performance is a performance-oriented course in which students learn to apply basic acting techniques to musical-

theatre performance. The course will help the student integrate acting and singing training by applying acting skills to both dialogue and lyrics, thus bridging the gap between speaking and singing through the creation of a whole, unified character – one who logically and believably sings, moves and acts. The course accommodates an introduction for students with little or no previous musical-theatre experience. Primary emphasis in this class is placed on the three basic core areas of performing: singing, acting, and movement.

Transfers to: CSU, UC

THEATRE ARTS 234B † Fundamentals of Musical Theatre – Performance II

3 units, 2 hours lecture, 3 hours laboratory

Prerequisite: Audition and a "C" grade or higher or "Pass" in THTR 234A or equivalent.

Recommended Preparation: A "C" grade or higher or "Pass" in THTR 110 and 130 and Music 001 or equivalent.

Fundamentals of Musical Theatre – Performance is a performance-oriented course in which students learn to apply intermediate acting techniques to musical-theatre performance. The course will help the student integrate acting and singing training by applying acting skills to both dialogue and lyrics, thus bridging the gap between speaking and singing through the creation of a whole, unified character – one who logically and believably sings, moves and acts. The course accommodates performing arts students with previous musical-theatre experience, and as a continuing performance forum. Primary emphasis in this class is placed on the three basic core areas of performing: singing, acting, and movement.

Transfers to: CSU, UC

THEATRE ARTS 235A † Fundamentals of Musical Theatre – Scene/Song I

3 units, 2 hours lecture, 3 hours laboratory

Prerequisite: Audition.

Recommended Preparation: A "C" grade or higher or "Pass" in THTR 110 and 130 and MUS 001 or equivalent.

Fundamentals of Musical Theatre – Scene/Song is a performance-oriented course in which students participate in a variety of musical theatre projects incorporating basic singing, acting, blocking, and choreographed movement. During the course, students will perform basic duets, and ensemble musical scenes from the musical theatre repertoire. Ballad and up-tempo songs introduce students to a body of musical theatre literature, and will be used to prepare for auditions and performance work outside of class; while duets and musical scenes help to further integrate

singing, acting, and movement skills, as well as develop appreciation of the Musical Theatre as an art form requiring the synthesis and mastery of these diverse skills.

Transfers to: CSU, UC

THEATRE ARTS 235B † Fundamentals of Musical Theatre – Scene/Song II

3 units, 2 hours lecture, 3 hours laboratory

Prerequisite: Audition and a "C" grade or higher or "Pass" in Theatre Arts 235A or equivalent.

Recommended Preparation: A "C" grade or higher or "Pass" in THTR 110 and 130 and MUS 001 or equivalent.

Fundamentals of Musical Theatre – Scene/Song is a performance-oriented course in which students participate in a variety of musical theatre projects incorporating intermediate level singing, acting, blocking, and choreographed movement. During the course, students will perform intermediate level duets, and ensemble musical scenes from the musical theatre repertoire. Ballad and up-tempo songs introduce students to a body of musical theatre literature, and will be used to prepare for auditions and performance work outside of class; while duets and musical scenes help to further integrate singing, acting, and movement skills, as well as develop appreciation of the Musical Theatre as an art form requiring the synthesis and mastery of these diverse skills.

Transfers to: CSU, UC

THEATRE ARTS 241 † Theatre Arts Technical Internship

1 unit, 5 hours work experience per week

60 volunteer hours or 75 paid hours

Prerequisite: Completion of Theatre Arts Technical Training Program.

Students will observe operations and work in a professional theatre center. Students will work for five hours per week, on-site, and will report progress to the Grossmont College Theatre Arts advisor weekly. An internship log will be kept of student activities at the production site. All necessary paperwork will be maintained and regularly reviewed. For work experience requirements, see page 44.

Transfers to CSU

† This course meets all Title 5 standards for Associate Degree Credit.

THEATRE ARTS 242 † **Theatre Arts Technical** **Internship**

2 units, 10 hours work experience per week
120 volunteer hours or 150 paid hours

Prerequisite: Completion of Theatre Arts
Technical Training Program.

Students will observe operations and work in a professional theatre center. Students will work for ten hours per week, on-site, and will report progress to the Grossmont College Theatre Arts advisor weekly. An internship log will be kept of student activities at the production site. All necessary paperwork will be maintained and regularly reviewed. For work experience requirements, see page 44.

Transfers to CSU

THEATRE ARTS 243 † **Theatre Arts Technical** **Internship**

3 units, 15 hours work experience per week
180 volunteer hours or 225 paid hours

Prerequisite: Completion of Theatre Arts
Technical Training Program.

Students will observe operations and work in a professional theatre center. Students will work for fifteen hours per week, on-site, and will report progress to the Grossmont College Theatre Arts advisor weekly. An internship log will be kept of student activities at the production site. All necessary paperwork will be maintained and regularly reviewed. For work experience requirements, see page 44.

Transfers to CSU

THEATRE ARTS 254A † **Advanced Design I**

3 units, 2 hours lecture, 3 hours laboratory

Prerequisite: A "C" grade or higher or "Pass" in THTR 134A or 134B or 136 or 156 or 157 or equivalent.

Development and strengthening of insights and skills needed to undertake a theatrical design project. Special emphasis in at least one area of design introduced in Fundamentals of Costume Design and Construction, Theatre Makeup, Fundamentals of Scenic Design or Fundamentals of Stage Lighting and Sound.

Transfers to: CSU, UC

THEATRE ARTS 254B † **Advanced Design II**

3 units, 2 hours lecture, 3 hours laboratory

Prerequisite: A "C" grade or higher or "Pass" in THTR 254A or equivalent.

Advanced development and strengthening of insights and skills needed to undertake a theatrical design project. Special emphasis in at least one area of design introduced in Fundamentals of Costume Design and Construction, Theatre Makeup, Fundamentals of Scenic Design or Fundamentals of Stage Lighting and Sound.

Transfers to: CSU, UC

WOMEN'S STUDIES

There is no department of Women's Studies at Grossmont College; however, the following courses are of value to those who are interested in the changing role of women today:

| | |
|--------------------------|-------------------|
| Cross-Cultural | Images of the |
| Studies 127 | Chicana/Latina |
| Cross-Cultural | Images of Black |
| Studies 143 | Women |
| Cross-Cultural | Early History of |
| Studies/ | Women in World |
| History 154 | Civilization |
| Cross-Cultural | Modern History of |
| Studies/ | Women in World |
| History 155 | Civilization |
| English 201 | Images of Women |
| | in Literature |
| Exercise | Self-Defense for |
| Science 180 | Women |
| History 122 | Women in Early |
| | American History |
| History 123 | Women in Modern |
| | American History |
| Humanities 125 | Women and Western |
| | Culture |
| Sociology 140 | Sex and Gender |
| | Across Cultures |

In addition, selected classes bearing the division prefix and the numbers 298, 299A, and 299B are offered on a variety of topics that could be related to women's changing lifestyles and alternatives. See the current class schedule for offerings.

† This course meets all Title 5 standards for Associate Degree Credit.

